

Ending Child Sexual Abuse

web conference series



Ms. Foundation for Women
Building women's collective power to ignite change

The Role of Arts in Ending Child Sexual Abuse

Recording, slides, and other materials can be found at
<http://preventconnect.org/2012/09/web-conference-ending-child-sexual-abuse-6/>

Chat October 10, 2012

(names have been deleted)

The slides are now available at <http://preventconnect.org/2012/09/web-conference-ending-child-sexual-abuse-6/>

I do not have audio. Is it currently available?

Op eds are a great outlet for that frustration.

Leona was loud and clear, Cordelia's voice is a bit soft and difficult to hear. Just sayin'

If you are listening through your computer please call in.

877.681.3373 passcode

I'll tweet as well. Use #arts hashtag.

Please ask Joan to speak more loudly.

doodle or zen tangle

Supervision

Mindfulness meditation

Breath, exercise, meditation

I talk with my trauma therapy team at work and do a lot of yoga

I play with my dog

walk or exercise

And knit

listen to music, do yoga, run

I'm careful if I read it - take time

Read a book I've been wanting to read, exercise, discuss with fellow staff

I bake

gradening, walking my dog

nature hike

write

puzzles

pain

Blog the rage
debrief with a trusted coworker or friend
photography
Remind myself why I'm in the work, ground myself in my reason.
paint
talk with coworkers, gardening, farm work
make friendship bracelets
journal entries/ song writing/poetry
pray
talk to my supervisor. go for a hike
read
read, write, take a walk with husband
walk, read, watch fun tv
play write and acting out
ground myself in truth, supervision, meditate, cook
All too often. Can't believe we have not moved the needle. We turn to lots of physical activities and make sure everyone has access to therapists.
camping, art and music
walk, garden, read, sleep
I can't hear sound...is there sound to it?
<http://thesmoochproject.com/>
There may be a delay for some.
beautiful!
I can not hear or see anything
Sooooo cute!
Kimberly, you may need to update your flash player
Video can be found at <http://www.youtube.com/watch?v=pAkEdgC4Mbw>
this is such a happy, positive project!
no audio
I love it! It gives viewers a visual on healthy, happy, touches/affection!
LOVE IT!
Turn on the audio on your computer
thank you
yep. its nice to see positivity!
I am aware that in the context of CSA this could be very triggering. Some people evidently were not comfortable with being smooched.
is the audio working over the phone?
smooch on!
please send us the youtube address later, can't view or hear it.
the audio is through your computer speakers
got it...

here is the link

<http://www.youtube.com/watch?v=pAkEdgC4Mbw>

@ Frances, I agree.

Out of curiosity, are there any licensed/certified art/expressive therapists watching or involved besides me?

Yes, I hope Frances' question/comment is addressed.

Maybe Frances should raise her hand?

yes I am an Art Therapist!

@Frances, I am an MA, MT-BC - music therapist

if it's voluntary... but could see i

it if they were not able to say no

no audio

Paola, please call in if you are listening through your computer.

Thank you soooo much, these are amazing & I feel happy

it's a beautiful simple concept!

I think it shows that love is across ages, stages and income lines....

you made me smile from ear 2 ear! thank you!

It's easy expression

I see it supports our work by educating others in the community by allowing them to have a voice and participation in the movement.

I do art expression clients.

The pic's are beautiful. They make me smile.

It's fun and involves the community. Who doesn't love a nice smooch? I am uplifted for the day.

giving people a voice and chance to express themselves is very powerful.

some people need random acts of "smooches" to realize the impact it has.

I agree, it's a beautiful project that can be a great conversation starter which in turn can raise awareness.

One of our hardest tasks is to change the face of abuse/neglect from that of ugly scenes to that of happy faces. Certainly these pix will help and perhaps motivate others who continue to use negative images.

I think this concept could be adapted in a more distanced way; perhaps create a "smooch" out of art materials, give to someone and allow recipient to respond/reciprocate as they wish.

what a wonderful idea to show these images to children to offset the negative images bombarding them every day.

Hannah!

Hey April~!

This song/video is by Travis Monford <http://www.youtube.com/watch?v=dYRmj5qvG9M>

Thanks Frances for the art materials idea!

What a fabulous testimony.... so powerful

very

So moving!

Goose bumps

Brave, eloquent, extraordinary
brave and honest
oh. my. goodness.
powerful, moving, chilling
wow Travis what strength
speaking the truth
moved, inspired, saddened
intense, powerful and moving
powerful courageous truth speaking!
powerful, haunting, honest, saddening
powerful and real
daYum, true dat
Honest, pure
sounds like so many of my clients stories---you have given them a voice!
Hopefully will transfer to others
LOVED IT!
Intensity, powerful, inspiring
truth needs to be spoken
loved it
powerful, tragic, inspirational
Awesome. Empowered. Healing.
Sad stories paralyze; positive images inspire
very real
great to hear a man
sad too
Keeping your children now safe - so powerful.
Congrats bro!!! Travis is my brother in law. The spoken word is powerful and speaks on
truth and revealing family secrets.
powerful, courageous, using and reclaiming the scary language
powerful must share reality truth shall set you free
Truth owned
NO SHAME or BLAME
Breaking the cycle
brave, moving, truthful
raw and uncut with no apologies
very revealing and honest
honest, focused, unafraid
So much violence is constantly in front of us, this is a breath of fresh air and healing power!
I wrote a play as well
out here on my own
Good for you Theresa
and many people got saved and healed and delivered never forget
Can we find this play recorded anywhere?

online?

Intense, powerful play

<http://timetotell.org/pdf/WSK-Flyer.pdf>

why are we surprised by that? we know abusers seek positions of access and power...

I certainly agree, April.

Thank you for sharing your story, for validating the time and challenge of recovery, and reaching perpetrators. The only way CSA will stop is when the people who perpetrate it stop.

Breathe

Breathe and keep listening

Fill myself and try and fill the room with light

I go into my studio and make art

Do something that focuses on myself or something I enjoy

realize that I am part of the solution... that helps

breathe, ground myself and continue listening

listen to and meet my own needs

I actively remember and think about exceptions while not forgetting the abuse

journaling

Finding things to be grateful for

moving,

Thank you for your strength!

deeply honest

heavy & real

It encourages the inner voice to come out, whatever media

release

real, gritty, moving

validating and hopeful

empowering and healing

unvarnished

inspiring

so powerful!!!

Moving

riveting

We had a similar speaker here two years ago and are still getting requests for her video and her new book. The message is powerful.

makes me wonder how we can become better observers and bystanders

The message was repeated until it became her own...not your fault...that's a call to action for all of us

Please ask all speakers to raise their voices considerably, we can't raise our phone volume any higher and can't hear your comments and monologues.

Powerful and I am grateful she shared it with us!

courageous!

moved and reality

I really enjoyed the line that said about how the cleansing happened drop by drop, because it speaks to how cleansing and healing doesn't happen in one big swoop

Donna's visualization of stretching her spine and declaring "Shame on you" repeatedly to the abuser is brilliant and positive.

wow, that's powerful

speaking out shines a light on the abuse and prohibits the perpetrator from hiding.

It also lets victims know they are not alone.

that someone will and has listened.

that they too deserve better

arts in prevention work is less confrontational, invites participation and opens the conversation for communities

good answer april!!

so powerful and expressive

TY

When there is a high level of emotion, expression through movement, visuals, observing someone else's story is more accessible than words. Words - and hopefully dialogue - can then follow.

amen...opens that door to walk through

...and believing

yes, listening...

It was his choice, that's the difference

absolutely. my former org held a survivor's art show with submissions from the community, all types of media accepted

some were professional, some were submitted by children

A caution. While people tend to think of the arts as soothing, empowering, healing, etc. they can also be extremely triggering and give voice to self-destructive thoughts, feelings, and imagery. This is why understanding the impact of various arts media and the dynamics of trauma is crucial. Trained arts therapists are trained in this. Artists are not.

Painting

mixed media with tissue paper - each color represents a feeling, and we layer the paper, layering feelings and emotions

My project is displaying our Clothesline Project this evening in honor of DVAM

Yes, I am doing arts-based research on the Clothesline Project, including photography, poetry, video, etc.

performing personally written monologues

Sculpture.

Focusing, symbolizing, and expressing symbol in drawing-pastels

Our show was meant to be empowering for the survivors. attendees were warned if there were violent or traumatic images...and they were placed in a separate viewing area

Creating masks, expressing feelings in pictures of the body, utilizing dance, music, pictures

I water color paint- It is alot like meditation for me

weekly creative workshops for clients focussed on processing trauma and practicing self-care

I do A Window Between Worlds workshops with clients and have done lots of collage, watercolor and pastels on my own.

photography, collages...

Drawing stories as part of storytelling to children
praise and worship dancer

It is not just about what project or medium, it's about how, whether, and when.

I performed as Dorothy of the Wiz for a number of years. This brought me to a personal place of healing along with my number years of working in the field as an advocate. As Dorothy I was quite challenged but discovered a new world of many possibilities!

Getting involved in the V-Day movement is a great way, www.vday.org I have directed "The Vagina Monologues" and other Eve Ensler plays and found the rehearsal process was very therapeutic outlet for women who had been sexually abused and a community way to raise awareness. Women expressed they felt they were given a voice to express what had happened to them as children through acting. Also the people generally involved in v-day become a huge support system for survivors.

Undesirable Elements' Secret Survivors' project is a great approach

Music... Artist name (Hawaii) "Malaya Lady Paisley."

www.soundcloud.com/dragonfruitladypaisley & <http://malayaellep.bandcamp.com/> for free music. Aloha..

<http://cleanslatediaries.com/>

of course...our show was sponsored by a local DV center with advocates available on site counselors, etc.

<http://visionaryaudacity.com/>

I agree, it can absolutely be a form of healing for many survivors.

We have a great volunteer in the school system that is teaching the children english through art. She is teaching them how to read expression from the photos and art she has.

And again, I really want to advocate for hiring and engaging trained expressive arts therapists who understand both the art AND the impact on people.

Sometimes a survivor will be best served to look at their experience through the arts to keep control of their experience before becoming strong enough to speak about it with a therapist.

Sometimes the art is the therapist

yes.

smaller communities like ours don't always have the funding to hire specialized therapists, must do with what we have. @ Christine, agreed!

Very interesting that we tend to scrutinize adult males who show that type of affection to children

the rose-colored glasses have been removed

if you have been in this work for any amount of time...it's almost an automatic reaction

yes, i agree, but it is unfair to assume that only of men, many women abuse as well

true

Our society needs those healthy examples of men exhibiting affection with their families

*our

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art has been instrumental in my own healing as a survivor. thank you for this awesome
webinar. we need more of this..

I feel that this is a great way to be able to communicate with the community that has
disabliities. So this is awesome!!!!!!!!!!!!!!

Thanks everybody!

yay!

Thank you all!

Thank you!

Thanks to all

Thank you so very much!

Thank You- good stuff!

Registration will be available soon at preventconnect.org. Keep checking back!

wonderful discussion-thank you

Thank you!!

thank you for th links

Thank you!

Thank you all for the information. It is great that we are seeking a way to bring closure to
victims in different ways.

Thank You very much

Please be sure to complete the evaluation that will be emailed to you in 30 minutes.

Thank you

Thank you for providing this service and your continued work

THank you!

Thank you this was gerat