

WELCOME, THIS WEB CONFERENCE WILL BEGIN SOON

PRIMARY PREVENTION IN THE CONTEXT OF A TRAUMATIZED COMMUNITY



A Project of

CALCASA

PreventConnect
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Sacramento, CA 95814

Website: preventconnect.org
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Email: info@preventconnect.org
eLearning: learn.preventconnect.org



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How to use this technology



- Raise hand
- Text chat & private chat
- PowerPoint slides
- Polling questions
- Phone
- Closed captioning
- Web conference guidelines

Please send a private chat message for help.

Call iLinc Technical Support at 800.799.4510.

PreventConnect is a national project of the California Coalition Against Sexual Assault sponsored by U.S. Centers for Disease Control and Prevention. The views and information provided in this web conferences do not necessarily represent the official views of the U.S. government, CDC or CALCASA.



2013 Web Conferences

Preventing Sexual and Domestic Violence: Learning from the evidence of practice to create community action

- Tuesday, April 23: **Indicators of Change: Meaningful Ways to Measure Success in Preventing Sexual and Domestic Violence**
- Friday, May 10: **Understanding Evidence: A Demonstration of CDC's Interactive Tool to Support Evidence-Based Decision Making for Technical Assistance Providers**
- Wednesday, May 15: **Start Strong: Lessons learned from a four-year initiative to promote healthy relationships and prevent teen dating violence**
- Thursday, June 20: **Shifting Boundaries: Lessons Learned from Implementing a Sexual Violence Prevention Program**
- **Tuesday, July 9: Primary Prevention in the context of a traumatized community**
- **Tuesday, July 16: Understanding Evidence: An Interactive Web Resource for Evidence-Based Decision Making in Sexual Violence and Intimate Partner Violence Prevention**
- **Tuesday, July 30: Gender Transformative Programs: Lessons Learned from HIV Prevention and other health program**
- **Tuesday, September 12 tentative: Bystander Intervention: Continuing Discussion**



Ending Child Sexual Abuse Web Series

#PowerInPrevention
Ending Child Sexual Abuse Web Conference Series



- Thursday, July 18: **Faith Communities Engaged in Ending Child Sexual Abuse**
- Tuesday, Sept 17: **Secret Survivor's Tools for Strengthening your Prevention Efforts**
- Tuesday, Oct 15: **Power of Organizational Practices: Innovations to Keep Kids Safer**
- Thursday, Jan 16, 2014: **Child Sexual Abuse and Disabilities**
- Thursday, March 13, 2014: **Telling our Stories: Learning as we Build a Movement**



August 28-30, 2013

INSPIRE ^A
MOVEMENT
INVEST ^{IN}
CHANGE
IMAGINE...
NATIONAL SEXUAL
ASSAULT CONFERENCE
2013

calcasa.org/nsac



PreventConnect

- Domestic violence/Intimate partner violence
- Sexual violence
- Violence across the life-span
- Prevent before violence starts
- Connect to other forms of violence & oppression
- Connect to other prevention practitioners



Prevention in the Context of Community Trauma



Annie Lyles, MSW



Edward-Michael Muña, BA

July 9, 2013
11:00AM -12:30 PST; 2:00-3:30 PM EST



Primary Prevention in the Context of a Traumatized Community



Prevention in the Context of Community Trauma



Learning Objectives

- The evolution in our understanding of trauma and its impact on individuals
- The strengths and limitations of trauma-informed approaches for individuals
- The need for understanding the impact of community-level trauma and the implications for prevention practice



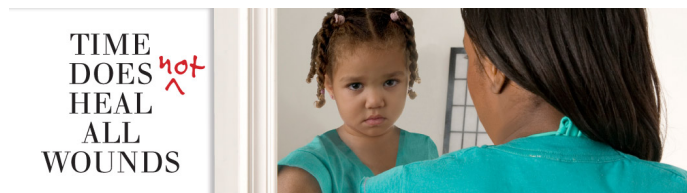
Howard Pinderhughes, Ph.D.
School of Nursing
University of California, San Francisco



<http://nursing.ucsf.edu/faculty/howard-pinderhughes>

Trauma

- Experiences or situations that are emotionally painful
- Chronic adversity (discrimination, racism, sexism, poverty, oppression)



<http://www.acesconference.info/>

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ACE Study

A collaborative effort by the Centers for Disease Control and the Kaiser Health Plan Department of Preventive Medicine in San Diego

- Recurrent physical abuse
- Recurrent emotional abuse
- Contact sexual abuse
- An alcohol and/or drug abuser in household
- An incarcerated household member
- Mother is treated violently
- One or no parents
- Emotional or physical neglect
- A household member who is chronically depressed, mentally ill, institutionalized or suicidal

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<http://www.cdc.gov/ace/>



ACE Poll

Are ACES incorporated into your work?

- Yes, fundamental to our work
- Yes, inform our work
- Not yet, we are thinking about it
- Not at this time

PTSD Symptoms

- Re-experiencing the trauma
- Emotional numbing
- Avoidance
- Increased arousal



Settings

- Hospital Care
- Community Health and Wellness Clinics
- Community Mental Health Settings
- Schools and After School Programs
- Youth Development Programs
- Juvenile Justice Programs

Trauma Specific Approach

- **Mental health therapies**
- **Hospital-based interventions** National Network of Hospital-Based Violence Intervention Programs - nnhvip.org
- **Psychological First Aid** The National Child Traumatic Stress Network and the National Center for PTSD - nctsn.org
- **The Effective Providers for Child Victims of Violence Program - The EP Program** American Psychological Association - apa.org

Trauma Specific Approach Poll

Is your agency talking about adjusting policies and practices to be more trauma-informed?

- Yes, some changes have already been made.
- Yes, we are talking about it.
- No, we talked about it but decided not to do anything now.
- No, we haven't discussed this.



Boston Public Health Commission



Boston Public Health Commission





Synergistic Trauma

AKA Complex Post-Traumatic Stress Disorder

- A psychological injury that results from exposure to multiple sources of trauma.
- The combination of individual trauma from exposures to violence and the trauma from exposures to structural violence.

Root Causes = Structural Violence

- Inequality
- Racism
- Sexism
- Poverty
- Oppression
- Power Dynamics
- Heterosexism



Trauma





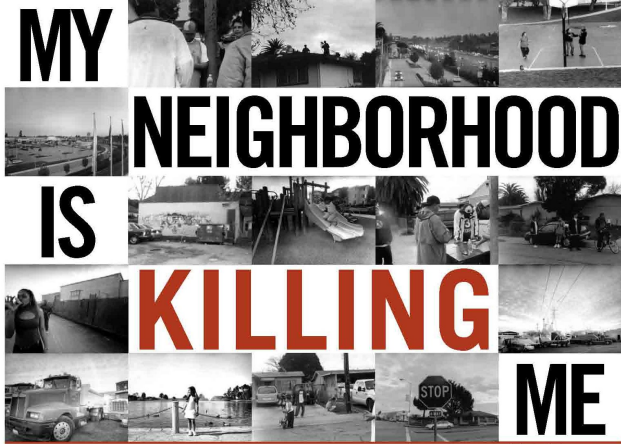
Root Causes Shape...

- Systems
- Neighborhoods
- School
- Families
- Peers




Image by Detroit Free Press

MY NEIGHBORHOOD IS KILLING ME



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Khalilah Collins
Project Manager
PACT in Action



<http://www.thecenteronline.org/>



Image by New York Times



Image by New York Times





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Justice That Promotes Healing

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Building Community Resilience

- Restorative Justice
- Healing Circles
- Reclaim and Improve Public Spaces
- Shift Community Social Norms
- Enhance Social Connections and Networks
- Build Intergenerational Connections and Networks
- Organize and Promote Regular Positive Community Activity
- Providing more of a voice and element of power for community folks around shifting and changing environmental factors as well



Image by L.A. for Youth





Image by New York Times



Prevention in the Context of Community Trauma



What types of community resilience strategies are you using?





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CALIFORNIA COMMUNITY CENTER



THE CENTER FOR WOMEN AND FAMILIES

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PreventConnect

This image shows a group of approximately ten people, including children and adults, posing for a group photo in front of the entrance to the California Community Center. The entrance is marked with a sign that reads "CALIFORNIA COMMUNITY CENTER". The walls on either side of the entrance are decorated with colorful murals of diverse people's faces. The group is standing on a set of concrete steps leading up to the entrance. The overall scene is bright and community-oriented.



THE CENTER FOR WOMEN AND FAMILIES

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PreventConnect

This image depicts a group of people, including men, women, and children, gathered around several long tables in a community room. They appear to be engaged in a meeting or a workshop. Some individuals are looking towards the front of the room, while others are looking at papers or talking to each other. The room has a simple, functional appearance with a white wall and a clock. The overall atmosphere is one of active participation and community engagement.



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Prevention
Putting prevention
at the center of | community well-being
Institute

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