

#PowerInPrevention

Ending Child Sexual Abuse Web Conference Series



Preventing the Harm, Promoting the Helpful: Healthy

Wednesday, January 21, 2015
11am Pacific Time, 2pm Eastern Time

ways to incorporate more training on healthy sexuality.
strategies, tools, any information I can get
things to communicate with parents
Basic understanding. Resources and handouts.
more knowledge to work with parents of my clients
update on healthy sexuality...
Learning alternative ways or tools that assist in promoting healthy sexuality
Different strategies and tools to help convey these issues to teens.
New ideas
prevention strategies and evidence supporting link between health sexuality education and child
better understanding of the topic
Tools to better assist victims of sexual assault.
Sally Berenzweig - Cofounder KidSafe Foundation
It's a bit hard to hear Joan.
more tools for promoting healthy sexuality
What research and best/promising practices are being utilized in the sexual health field.
i can barely hear joan speaking?
yes very difficult to hear Joan
Anita Parker New information to work with youth and parent.?
A better awareness
how to promote healthy sexuality w/o scaring people
we work with women engaged in street level "sex work" looking for ways to promote healthy

Tools to help provide information to other local agencies understand the challenges in recognizing
arol Reynolds- More tools
sexuality*

you are still not very loud

How it impacts the work I do in preventing child sexual exploitation/abuse

I am a military victim advocate and I am hoping to gain a better understanding of issues our
servicemembers face. I have to train Sailors of all different backgrounds so I hope to learn ways to
Joan can you speak up please

Powerpoint slides are available at <http>

Hi all! So glad this webinar is being offered. I include healthy sexually of children in all of my

Jessica Barraca your hand is raised, do you have a question?

No, I am sorry.

Karen Villegas, your hand is raised, do you have a question?

Oops.

Tessa Toregson, your hand is up do you have a question?

Hello All

Use SAAM annually.

Yes

We always have an event for SAAM

Yes

We acknowledge SAAM EVERY YEAR.

use saam yearly

We use SAAM Annually. Cheryl Cherie Perry-Rowell and Brandi Turner for Madison and Taylor

If you use SAAM, let us also know where you use it! Thanks

We wear teal for the month of April SAAM and have a 10,000 steps toward healing march in our town

We have SAAM events annually in Camden, Gloucester, and Cumberland counties NJ

TAASA develops a SAAM took kit

We do an annual walk around SAAM and weave in the theme for the year

SAAM is actually March in KY, April everywhere else.

If you have questions during the presentation, please type them here and we will try to circle back to

Joan can you talk about your involvement with the Enough Abuse campaign here in Mass?

Changing Adults minds about how to talk with children about sexual health/issues... feeling more
empowerment

It brings awareness and help facilitate the conversation of healthy sexuality.

People saying, after a healthy sexuality piece in a presentation, "Thank you for talking about this."

THE Stewards of Children training

Help distinguish/recognize healthy from unhealthy behavior

Healthy children become healthy adults.

empowerment for survivors and creating awareness about harmful social norms and beliefs within

talking and recognizing the difference with healthy and unhealthy

reduces the stigma of talking about child sexual abuse

I've seen parents find healing from their own trauma by teaching their kids about healthy sexuality prevention is healing

I am just starting to do this work with teens and am not familiar yet.

Witnessed parents see they had opportunities to impact their children's futures.

giving teens a safe space to begin thinking and talking about their concerns

At KidSafe we provide comfortable language through the KidSafe children's book *My Body is Special and Belongs to Me* - an easy conversation to start at a very young age - helping the adults understand Normalizes conversations for worried parents.

establish sexual health education policies in schools

We also talk with the adults about their cultural issues that they bring to this conversation.

Cheryl Cherie Perry-Rowell Madison, FLI am proud that we are bringing awareness to our youth; while at the same time we are reaching out to their parent's at the same time. With SAAM we are able to talk about promoting sexual health in a positive way that has helped keep the negative attitudes that

We are 40 plus years doing this work in Calgary, working in schools grades 7-11, WiseGuyz with grade 9 boys and work with parents...amazing changes happening in our communities! youth agency is

We use this in the classroom with students!! CONSENT means you can freely and comfortably choose whether or not to engage in sexual activity. You are able to stop the activity at any time during the sexual contact. It also means that you respect when someone else does not want to engage in a more dialogue with women who have experienced sexual abuse or trauma and addressing how to Circles of Sexuality – a model designed by Dennis Dailey [http](http://www.kidsafefoundation.org)

Sally Berenzweig - KidSafe Foundation we teach children starting at age 4 refusal skills through role www.nsvrc.org/saam

The faith community I work in is more open to promote sexual health with children, pre-adolescent, and adolescent. Also that when we promote sexual health it is use has prevention tool in bully. ??

do you have good ideas for talking with kids about songs that talk about being sexy and how to address that in age-appropriate ways for younger kids (like 4-9) and whether they should be singing handouts are available at [http](http://www.kidsafefoundation.org)

The Crime Victims' Center of Chester County in PA has a prevention Education department. it is like Kidsafe, where we go into schools and community centers to do prevention education programs with do you have that table or a link?

Ilene Stohl the handout is available at [http](http://www.kidsafefoundation.org)

thanks@!

Dorothy we would like to connect with you info@kidsafefoundation.org www.kidsafefoundation.org www.enoughabuse.org has great trainings that focus on understanding and responding to sexual behaviors of children. They have one specific for child care workers for children 0 to 5.

[http](http://www.kidsafefoundation.org)

thank you Melissa Gopnik!!

That is our agency website

thanks

If your state has not joined the Enough Abuse campaign you need to encourage participation so www.enoughabuse.org

the training for child care workers on understanding and responding is available in english and

That's great Melissa!

I am apart of the PREP grant, and we teach a variety of life skills as well as the Be Proud Be Responsible Program, one of the life skills focuses on Healthy relationships. I have had a few teachers The community and their parents.

societal values/beliefs

Parents!

Very conservative parents.

Professionals are afraid parents they are working with won't want to talk about it.

Parents

resistance by community leaders

stigmas, lack of knowledge, afraid of opening "Pandora's box?"

school administrations...hopefully the implementation of Erin's Law will change this sometime soon.

parents in many cases, as well as professionals. There are some teachers who don't believe that their Fear!

parents not wanting their children to have the information for fear they may be taught to have sex

Parents (and others) think "it" can wait

could you talk more about separating "Sexualizing" children vs. educating and providing prevention education? How can advocates and educators help make this distinction?

That is very important that you identify that not everyone experiences what we do and are at the

a "conservative community"... still waiting for someone to explain to me how that should be

Parents are everywhere and no where. They are busy and it is difficult to get people out to

Yes, getting people to workshops!

misunderstanding between "developmentally expected behaviors" and saying that a behavior is ok

There is a responsibility for parents to talk to children and an emphasis in conservative communities - this provides materials to allow parents to do this. Beth Malchus in Ohio

Parents worry if they give their child sexual information, their child will go and tell all their friends

Many parents share that they simply dont have the language and comfort level about talking about "it" We find redefining the "it" to sending a healthy message from a young age can be so simple. "Your body is speacial, and belongs to you." In our seminars we aim to create some humor, and comfort

we have been working in ethnocultural communities where staff/organizaitons have been gate keepers...important to find early adopters in community to bridge. we have found if we could talk from a "medical" perspective then more conservative groups are open. our name is the Calgary Sexual Healthy Sexual Development in Children

Becoming Sex-Wise

Both workshops will be presented at the National Children's Advocacy Center's International

Yes, our challenge is always around getting parents and people who work with children to the table.

Some families and communities aren't just wary of kids learning about sex in schools or parents having control over the conversation, but they believe that sex is valuable as a mystery to be

The workshops happening in India right now teach children about their "danger zones" that no one is

Living West, Facing East

We've found that it is a good approach to tell parents that if they do not talk to their kids about what kind of relationships they have (sexual or otherwise), they will hear about it from society around them. I think we can empower parents to talk to kids about the kind of adult relationships they want we teach children starting at age 4 using our two award winning childrens books - the books are for children but have a section for adults on how to use the book with kids - "My Body is Special and Grandparents and elders are an untapped resource!!

PCAR has a great curriculum for parents that was developed by the Pittsburgh rape crisis center

How has LGBTQ topics in sexuality been addressed in more culturally conservative

Does anyone have any good activities about boundaries for middle/high school age??

@Tang Moua, if you get any good resources on that, I'd love to see them

I am working with grandparents raising grandchildren and they seem to be even more reluctant to talk
Lisa Huendorf

Re. activities, check out kidpower.org

I am apart of the PREP grant, and we teach a variety of life skills as well as the Be Proud Be Responsible Program, one of the life skills focuses on Healthy relationships. I have had a few teachers
Thanks!

We have done a personal space activity that helps teenagers realize when someone begins to cross their boundaries and make them feel uncomfortable.

Amy Schalet's work on "Not Under My Roof" is a great book on parents permission of sex and under what circumstances they would allow their teens to have sex (Holland vs. US cultural values).

one of the biggest jobs we need to do as educators is to check our own values like when talking about hooking up culture...if it is consensual, respectful, protected and pleasurable then is it a problem and The digital world also complicates this boundaries conversation---where kids see boundaries crossed
Flash is really good!

I find Deborah Roffman's book "Talk to Me First

space invaders is really good with folks who have experienced violence as well.

I was really drawn to the idea of "Consent Is Sexy" workshops for young people -- although I haven't really dug into the Consent Is Sexy curriculum and can't vouch for it's content/effectiveness, the notion naming that consent itself is a sexually appealing seems like a good way to be getting out of
Can I kiss you? Using candy kisses. A n activity for consent. Beth Malchus in Ohio

I can't speak for the consent is sexy workshop, but we have worked with that company to customize a caign for Ohio State, which I love! It's amazing the amount of push-back I get on framing consent is
*customize a campaign

we use a tool called Head, Heart, Body where we get youth to practice clarifying their values, emotions and body messages in order to understand embodied consent

Interesting blog on Huffington Post. [http](http://)

YES personal definitions and communitcation....consent is ongoing.

advocates for youth have a great parent resource center.

Diana Wark - where does one find the Head, Heart, Body tool you shared??

How to be sensitive in discussing abstinence for those child/teen survivors who have been sexually abused. Some abstinence curriculum can be shaming for those youth.

@Debra Seltzer - got the can I have a kiss? from previous web conference and LOVE it

http

Highly recommend the genderbread person posted above!

Can we attach these awesome questions and answers to the slides? =)

I love the Genderbread person as a visual tool for students, but adults too!

Can you repeat the evidence-based curriculums?

I strongly suggest NOT using the genderbread person. I'm non-binary transgender myself and find that the model is not accurate. Also, Sam Killerman who "created" the genderbread person actually

Can anyone comment on how you are pushing back against the backlash for talking about healthy

Differing Boundaries I think is one

add information into trainings

Thanks for your input Liat, can you say why you don't find the model accurate? I wouldn't want to
More of a consent focused attitude in lessons.

Look at new websites/activities to incorporate into my programs.

Be careful not to put my own views into my teachings

As part of my coursework for my masters, I will be doing a needs assessment for my agency's community to help develop a program to educate the educators about discussing sexual abuse and sexuality in schools.

I would like to find/read literature that support healthy sexuality as violence prevention....please

I will be speaking with my supervisor and executive director about how we can include more healthy sexuality conversations with our agency and families we work with

@ Natalie Spiert - Same here!

Try to incorporate some activities to have a richer give and take with the teenage group I speak with
agreed Natalie Spiert!!

Talk more about the difference between sex and sexuality.

partner with child sexual abuse prevention agency

I am going to work more diligently to educate families about child sexual abuse and how they can

Include more activities in the classroom

what are assessment tools everyone is using to determine effectiveness

Kathleen - sure. Gender is not a spectrum at all. The way his model structures it is still using men and women, male and female, etc. as ends of a spectrum - which means that all other genders are positioned with respect to men and women. However all those other genders may have nothing at all

I will be doing more research on the concept of teaching healthy sexuality as a prevention tool with
could Brooke please repeat the full title of the Sexuality Standards?

Instead, I use a universe of stars model

I was unable to print the slides from today's webinar - it says it's a read-only document. is there a way
I further encourage a more open, and "richer give and take" discussion coupled with effective
evaluation tools. More collaboration and networking, a whole of society approach.

yes something less liner is helpful as well

Incorporate into my prevention work

Develop an around the kitchen table style conversation to have with parents about the importance of

Thanks! I see your points. Where can I find more info on that model?

National Sexuality Education Standards by "Future of Sex Education." The site also includes Educator With my occupation, we do not educate the group on how to take the training that we give home. We do not incorporate how important it is to educate your children on this subject. Teaching adults to be Encourage the families I work with to begin having the conversation regarding healthy sexuality with their children. Stress that there is a lot of misinformation regarding sexuality so it is important that the Would love to see more collaboration! And as a SV prevention practitioner, more support from others we are using an pre post test with our Gr 8, 9 and 11 students that is a mash of a number of different Beth Malchus in Ohio - bringing in the HIV folks too.

anyone who is interested in using an alternative (non-spectrum) model to describe gender is welcome to contact me at lwexler@ccssd.org and I'd love to share it with you

Place more of an emphasis moving towards healthy sexuality after the healing from the sexual
Diana

Thank you Liat, I will email you this week

I like that @Jessica Barraca

I will restart the Keeping Real ??Program / Breaking the Silence at the faith community and surrounding communities. I have text parents, faith leaders, and teens, while I was on website and they Diana, I would like a copy of the test. Nbaughman@refugehouse.com

I don't know if I can share it as well had to get permission from the researcher but I will find out!

I am a sexual assault advocate, and if people can't talk about sex, then they won't be able to talk

[//www.preventconnect.org/2014/12/preventing-the-harm-promoting-the-helpful-healthy-sexuality/](http://www.preventconnect.org/2014/12/preventing-the-harm-promoting-the-helpful-healthy-sexuality/)

)

//www.health.state.mn.us/topics/sexualhealth/circlesofsexuality.pdf

) thanks!

//www.preventconnect.org/2014/12/preventing-the-harm-promoting-the-helpful-healthy-sexuality/

//www.preventconnect.org/2014/12/preventing-the-harm-promoting-the-helpful-healthy-sexuality/

//www.cvcofcc.org/

//barcc.org/information/educators/ece

What's Okay, What's Not, and How Can I Help Jacqueline Page, PsyD | University of Tennessee
Health Science, Department of Psychiatry - Memphis, TN

How Accurate Information About Sexuality Supports Prevention, Investigation and Intervention
Janet Rosenzweig, MS, PhD, MPA | The Sex-Wise Parent - Yardley, PA

The (De)Construction of Muslim Youth Sexual Identities (Counterpoints

Shifting Boundaries is a nice curriculum on boundaries.

Everything You Need to Know to Become Your Kids' "Go To" Person about Sex"

/

//www.huffingtonpost.com/deborah-m-roffman/ . Very helpful resource for parents. The book talks about human sexual development as one part of child development that every parent should consider...just as physical, cognitive, emotional, spiritual. Her books are available on amazon or athttp

//itspronouncedmetrosexual.com/2012/01/the-genderbread-person/ genderbread person is a very helpful visual for gender/identity/orientation

