

## Men of Color and Community Trauma Prevention: What links sexual and domestic violence efforts to trauma prevention?

- \*Welcome, we will start soon
- \*ok I am glad I was able to log on because half the times I am unsuccessful. How can I hear the audio through the computer though?
- \*Kenny and Patricia please call in with the special code
- \*We will start soon
- \*Hi David! I also don't seem to be able to connect to the audio or video
- \*I'll call in
- \*Audio should starts soon
- \*ok I think I might have figured it out but I am not sure
- \*Audio should start soon we will start in about 7 minutes
- \*Do you have the power point ready
- \*City, state, organization name, weather
- \*still no audio coming thru.
- \*Wilmington, DE, Delaware Coalition Against Domestic Violence, colder than it should be
- \*Indiana University of Pennsylvania overcast
- \*If you are having audio issues, please call 1-888-447-7153. The passcode is 879736.
- \*Sacramento, CA. WEAVE. Sunny!
- \*Karen Largent, Our Family Services, Tucson, AZ, sunny 70s!

- \*Cathlamet, Washington The Charlotte House DV & SA Services weather is cool & sunny :)
- \*Chicago, IL, Chicago Rape Crisis Hotline, thunderstorms just ended
- \*Hi, I'm Melinda, a WEAVE volunteer in Sacramento, CA. Weather is gorgeous today! Thanks for presenting today.
- \*I'm with Center for Community Solutions in San Diego, CA. It's a little chillier than usual, which ends up being warmer than everywhere else
- \*Riverside, CA. Riverside Area Rape Crisis Center, 75 degrees.
- \*Hi Sharonda from New Jersey!
- \*Richmond, California, California Dept. of Public Health STD Control Branch, sunny but chilly!
- \*Safe Futures New London, CT cloudy and 42 degrees
- \*Kelsey Johnson, St. Paul, MN, Women's Advocates, Inc., overcast
- \*Marian Firke, Maryland Coalition Against Sexual Assault, Silver Spring, MD. It's cold and windy here!
- \*Webster, TX, Bay Area Turning Point, Shannon Nevol, Weather is sunny, partly cloudy
- \*Greetings! From Detroit
- \*Milwaukee, WI Wisconsin Community Services...Rain
- \*Tracee Parker, KCCADV, Seattle, Sunny and Beautiful:)
- \*Lena Des Moines, IA. Monsoon United Asian Women of Iowa, cloudy and raining
- \*\*I just joined via phone
- \*Call in for audio 1-888-447-7153 Password 879 736#
- \*Andrea Pinnell, Beyond Survival, Aberdeen WA SUNNY!
- \*Covina California. Nice
- \*how do I mute the phone?
- \*San Francisco, CA City College of San Francisco, Trauma Prevention & Recovery Certificate program
- \*Greenville, MS Our House, Inc. Partly Cloudy
- \*The presenter has muted all lines.
- \* San Jacinto, Ca. Center Against Sexual Assault. Nice weather over here
- \*Thank you for having us--from New Mexico!

- \*Denver Colorado, Colorado Department of Public Health and Environment, Cloudy

  \*Concord, NH. Cold and snow

  \*http://www.preventconnect.org/2015/03/men-of-color-and-community-trauma-prevention-what-links-sexual-and-domestic-violence-efforts-to-trauma-prevention/
- \*Shelagh Carrick, Crescent City, CA
- \*Hello. Stockton, CA. Sunny and beautiful. Women's Center YFS
- \*Denise Guidry, San Francisco Corps of Engineers and it looks very nice outside!
- \*Chicago, IL thunder storm
- \*Community Violence Solutions in sunny San Pablo CA
- \*Hello from chilly and overcast Doylestown, PA:)
- \*Northwest Georgia Family Crisis Center, Dalton, GA It is beautiful outside here!!!
- \*Child Abuse Prevention Center, Sacramento CA. Sunny with a high of 72 today
- \*Tillamook County, Oregon sunny today
- \*Men's Resources International. We've been leading a Men of Color Health Awareness (MOCHA) program based at the YMCA in Springfield Massachusetts since 2010
- \*hey 'Latte' from YWCA
- \*Oil O Joy House Christian based domestic violence program in Sauk Village, IL. Provide domestic violence counseling, 24 hr. crisis line, and computer literacy
- \*Hey Janet!
- \*Hey C Mack!!! How's it going? Have you had a shift yet?
- \*University of Illinois at Chicago, Office for Access and Equity/Title IX Office.
- \*It
- \*lt'
- \*www.muawi.org Monsoon United Women of Iowa
- \*J. Robinson, it's going good so far. Start shift next Saturday
- \*Charlotte and Janet, can you take your conversation to a private chat please?
- \*Wavette Davis MS Coalition Against Sexual Assault

- \*ok. I start next Friday..Sorry about that everyone
- \*http://www.apa.org/news/press/releases/2014/03/black-boys-older.aspx
- \*Oops!!! Apologies...
- \*Thanks for posting that link, can't wait to read it!
- \*What are you most interested in learning about today?
- \*Samuel Clayborn Family Violence and Rape Crisis police violence
- \*Other programs working with men of color from a gender transformative perspective.
- \*How we can support men in preventing violence against women?
- \*Interested most in advocating and immediate crisis intervention of men of color in Chicago\*
- \*Ways to help Black males "overcome" their childhood specific strategies other agencies have used to shift social norms. The relationship of historical trauma, community trauma with the effectiveness of prevention initiatives i.e. the language we use
- \*To become more aware of the race/gender injustices
- \*how to get men more involved in prevention
- \*General prevention interventions with men.
- \*What areas of the country are you trying to target the most?
- \*How we can connect men's experiences of oppression to their perpetration of violence as a vehicle for prevention.
- \*Ways to engage boys and young men to want to intervene as a bystander
- \*Integrating efforts to prevent street violence, police violence, sexual violence and IPV
- \*I like Hilda's question too!
- \*I am most interested in learning about how we can change the perception of our society to be aware of DV and injustices?
- \*How to address trauma in our communities as to stop violence against women
- \*how to engage men of color in prevention
- \*I want to learn about models for creating effective interagency partnerships. Also, more about how evaluation can be used to support community trauma prevention.
- \*Reframing the issue of sexual violence to be more intersectional across identities

- \*is there any training directed at education police nationwide about how to deal with black men and mental illness
- \*Approaches for educating and speaking with white males on men of color issues and how to focus on empathy and cooperation
- \*I want to learn more about sexual violence prevention and what are the most important keys to prevention?
- \*The use of story-telling to help connect boys and men together
- \*I am interested in improving the consultation between men and women sharing the same concern about violence towards women and children.
- \*Seeking to understand the dynamics affecting the lives of the men in my group men mandated to DV prevention/education.
- \*Intersections between oppression and identity: gender, race, orientation, age, etc.
- \*My community has very limited exposure to black men, I'm here to become more informed.
- \*How to identify and successfully implement community and society-wide approaches to trauma and violence prevention
- \*To build awareness around the issues surrounding men of color and how to empower and support them
- \*Lindsay Craven, Child Advocate at New Beginnings Transitional Housing in Seattle: I work primarily with children of color, who have witnessed men of color abuse their mothers and who are consistently rejected from services, and while I work with them to help recover and heal from this, I worry about what i can do to help prevent them from becoming perpetrators.
- \* All of the above...
- \*Information on what to look for or observe trauma in men of color and also what about the experience of the perpetrator?
- \*What are ways we can relate to one another? Seems like we know the differences, I would like to know some ways we can relate.
- \*How to use this information to be clear and culturally specific when doing training
- \*Awareness that men of color does not equal to DV and sexual violence

How to communicate/counsel men of different color, about DV and sexual violence.

- \*How we as an agency can make a difference in the lives of black men and boys of color in our city.
- \*How to teach men and adolescent as agents of prevention. cents how they can act
- \*to act as agents of prevention
- \*What city is Kenny coming from? Thanks.

- \*Serious applause for both these guests, I'm so excited to hear from both of them!
- \*ditto
- \*Any connections to the viral videos we have been seeing and how we can address these issues among youth?
- \*Sorry I have to go.
- \*we talk a lot about educating black America but I as a black man believe white men of America really needs to be educated about black America and not feed into the stereo types
- \*We have a small local population of black men, but a significant college population from other states. So I want to know how to reach the population that has such a different culture from our own locally.
- \*Tony has done great work for CA
- \*Anyone know of any male advocacy groups tying traditional culture into their program like ours?
- \*traditional culture is a bit vague
- \*strong fathers out of Durham North Carolina
- \*I think someone isn't on mute
- \*We are a Tongan Male Domestic Violence Advocacy Group that goes to Kava Circles starting the discussion about violence
- \*We tie our non-violent Pacific Island culture into the discussion
- \*Looking for other male advocacy groups that are doing the same in other ethnic groups
- \*I agree with Patricia. Too many ignorant assumptions and whitewashing
- \*Slides to today's web conference can be found at <a href="http://www.preventconnect.org/2015/03/men-of-color-and-community-trauma-prevention-what-links-sexual-and-domestic-violence-efforts-to-trauma-prevention/">http://www.preventconnect.org/2015/03/men-of-color-and-community-trauma-prevention-what-links-sexual-and-domestic-violence-efforts-to-trauma-prevention/</a>
- \*an example of this in the transgender community most people think that Black families reject their trans kids more often than white families. In fact this is not true, and many Black families are more accepting and protective.
- \*We don't have good data for Pacific Island DV
- \*YES YES Patricia.. Thank you! there is incredible strength and depth that is denied acknowledgment
- \*YES!!
- \*Loving the point Patricia is making
- \*"Empowerment is an intrinsic value!"

## \*LOVE THAT

- \*snapping in agreement
- \*applaud!
- \*I think part of the issue that sometimes we take the aggressiveness personally that some individuals show
- \*YES to asking what THEY want. This is all so valuable and really speaks to my question about prevention, I'm thinking of all the protective factors I already see in the families at work and how I can better support those.
- \*We explored this them of moving from educating to facilitating during this web conference http://www.preventconnect.org/2015/03/community\_culture/
- \*http://preventioninstitute.org/component/jlibrary/article/id-358/127.html
- \*I worry about the language we use, it's almost as if we are subliminally telling folks their positions but the truth of the matter is for every successful white family there is an equally successful black family... this issue isn't exclusive to black America the truth is black folks have be discriminated in the courts and other institutions in America.... the educators have a great deal of bias and racist attitudes that has to be resolved within themselves first. Transference counter-transference

\*6

- \*YES chronic adversity also is encoded in genes as intergenerational trauma
- \*I agree that we must check our biases and increase our understanding of "other" because many times the misunderstand and biases leads to further criminalization among men of color
- \*I see to many professionals impose as well as jump to their own conclusions based on there misunderstands
- \* Agreed
- \*Source: Links Between Violence and Mental Health Available at: http://www.preventioninstitute.org/component/ilibrary/article/id-301/127.html
- \*We have developed Black men Advisory Council here at Wisconsin Community Services to begin addressing the disparities of men and boys of color here at our agency and expand our influence into the Milwaukee community. We are in our initial development stages but we plan to meet the men and boys where they are and provide support. We want to begin by acknowledging their life experiences.
- \*Really like that graphic. Would be great for our prevention materials!
- \*Found a link to the original graphic, with some additional text on the bottom <a href="https://s-media-cache-ak0.pinimg.com/736x/20/07/6c/20076c99188d4c4d6732c3dbfc4eaecf.jpg">https://s-media-cache-ak0.pinimg.com/736x/20/07/6c/20076c99188d4c4d6732c3dbfc4eaecf.jpg</a>
- \*Thank you Matt
- \*Thanks Matt!

- \*The issue is that it is still stigmatized and those that "help" are often viewed as actually invasive, callous drones
- \*asking for help in some ways shows/means weakness at least it does in the Pacific Island culture
- \*I don't believe introducing MH into the black community is the issue it's the mistrust of the institutions that we have to go to get the services
- \*http://www.preventioninstitute.org/component/jlibrary/article/id-347/127.html?tmpl=component&print=1
- \*Summer Night Lights? What else is included?
- \*folks in the black community want to get the assistance needed but the history of those services are suspect in black America
- \*Integrating social/emotional health and relationship skills into education. Our youth spend most of their time here and need more than academic knowledge when they leave
- \*Safe, supportive schools
- \*empathy, compassion. Not sympathy and over-intellectualized assumptions
- \*nice Dixie Tanya
- \*Green spaces in communities deliver lasting mental health benefits. There are many studies to back this up!
- \*grassroots small community based organizations do it from love cause the funding goes to the big, white organizations that waste a lot of money on wrong messaging and there services are underused, that is my message to the mainstream organizations with the money
- \*peer outreach to destigmatize "getting therapy/counseling", so young man who has been in therapy himself talks openly about it and how helpful it was for him.
- \*I think the issue with schools isn't the individual schools or blame-gaming. I think it's state policies and testing and funding pressures that keep the good stuff out
- \*sex Ed should include information about healthy relationships
- \*The use of the arts to help communities to express from their comfort level. An example, an event sharing cultural dance.
- \* give them access to make changes in governmental level
- \*agree Kristen and Sambo these are very good points
- \*the messaging to our youth is wrong and they don't see the connection
- \*Katia Sambo hopefully was a type o

- \*Nome, Alaska; mostly cloudy, a balmy 28 2 more degrees it will be tank top and shorts weather; Norton Sound Health Corporation SART Dept.
- \*connecting with communities of faith for healing and wellness
- \*It is important to understand that the community has the capacity to heal themselves but need the support and resources to do so. We must look to the community as experts and work in partnership with them. It is not an easy process, but an evolutionary process that is necessary.
- \*I agree Kristan.
- \*Accountability when agencies, schools, etc. engage in oppression, accountability within the "nonprofit industrial complex" in all areas like hiring, micro aggressions, talking down to clients, taking away chances for clients to empower THEMSELVES, the list goes on
- \* Yes Brandi!
- \* and Lindsey!
- \*A lot of white institutions are scared of working with faith communities but there's some really good community based participatory research that shows how effective partnerships between mental health resources and faith leaders can be.
- \*each community has the answers that will heal their own community
- \*Humble guidance and access
- \*Agree w/ Patricia. When it comes to working with communities, we need to accept what the people in the communities want to work on. And know that whatever it is that they choose to work on (street lights, etc.) exists on the spectrum of violence prevention. And trusting their knowledge of their community and facilitating the solution of what we may consider a smaller problem, will move the community towards being able to address the larger issues. You can't discuss the -isms of our society if you're afraid of leaving your house at night because the lighting is poor
- \*it's getting the resources and tools for community based organizations to do the work faster and impactful
- \*"teach how to fish"?
- \*yes Dixie
- \* it's such a societal issue. Not only community. Some of the disenfranchised communities need outside help.
- \* Agreed!!! We cannot just lower the ceiling but raising the floor for those who do not have an equal start
- \*new policies regarding food stamps.
- \*A lot of the issues surrounding mental health are result of disenfranchisement of African American males, their families and communities in this American society.
- \*How do we improve the attitude of the larger population about what they think about a person of color when they are interviewing a black qualified job seeker but can't get selected because of pre-set attitudes? The

research tells us that the first ten seconds of an interview is crucial for the formation of the interviewers' perception. The rest of the interview is about supporting that first impression.

- \* really, you think if we revamp the food stamp program, everything will be fine!!
- \*I wish Patricia could see how much I am nodding my head in agreement
- \*In Alaska we focus on being culturally sensitive and try to educate our presenters from outside of our culture about the unique challenges we as Alaska Native people have been dealing with all for the sake of assimilation; in order to serve the people effectively, you must understand the people that you serve
- \*we have the same issues Collen
- \*I agree Colleen
- \*It has a lot to do with addressing personal biases...identifying them and dealing with them.
- \*assimilation
- \*African American have got to stop waiting for someone to save them. This society and it history has taught us that it has no desire to see African America people prosper.
- \*that is a learned culture behavior like in the Pacific Island culture
- \*This is part of the problem, to become culturally sensitive. You can't believe the news and media.
- \*Working in the South Asian community I've found myself continually balancing solutions within the community, strengths in the community with the negative stereotypes of men in the community as misogynistic we need better ways to dealing this contradiction with prevention practitioners.
- \*We can't forget that every time we try to get ahead our leaders, communities and organizations are destroyed. These in my opinion are the primary contributors to mental health problems.
- \*I agree whole-heartedly Lawrence. More focus should be placed on how we help people help themselves instead of assisting others understand the Black experience and problems in the Black community
- \*I often discuss this issue with many of my WOC working in this field
- \*\*Having to address the social and neighborhood risk factors. (Connect the Dots) Many are social justice issues.
- \*It is urgent that we no longer wait for anyone to save us. This is something that has not happened in 400 years. African Americans must begin to identify themselves and take ownership of their communities in spite of years of persistent/post-traumatic stress by the hands of American Society.
- \*A) Not there yet
- \*B) support work of other in 2 or more
- \*C) lead or jointly lead 2 or more
- \*not there yet

- \*D) lead or jointly lead 3 or more
- \* Now that we have been holding conversations about the historical trauma and how it has created huge challenges for our people; we clearly understand that no one is going to come in to "fix" us; we must educate and find the answers within our cultural values and the strengths of our people; we survived for 100's of years in our harsh climate and we are still here; we aren't going anywhere. Alaska is our home. And as Indigenous people, we continue to live our way of life; especially our subsistence fishing, hunting and gathering; we are still strong in that area

\*B

\*so we do C & D

\*Totally agree Lawrence

\*Thomas

\*C

\*Feel free to vote in the feedback poll in the bottom left

\* b

\*c

\*c

\*a

<sup>\*</sup>I'm curious about the intensity of those efforts. It's one thing to say that one does something. it's another thing for that to be a core principle of ones work.

<sup>\*</sup>http://www.preventioninstitute.org/component/jlibrary/article/id-356/127.html

<sup>\*</sup>Connecting the Dots - here is the PreventConnect web conference on this report <a href="http://www.preventconnect.org/2014/10/connecting-the-dots-understanding-and-addressing-the-links-between-multiple-forms-of-violence/">http://www.preventconnect.org/2014/10/connecting-the-dots-understanding-and-addressing-the-links-between-multiple-forms-of-violence/</a>

<sup>\*</sup>That's a good point Langston

<sup>\*</sup>social isolation = protective factor? or risk factor?

<sup>\*</sup>my question too Janey

<sup>\*</sup>breaking social isolation is protective factor

<sup>\*</sup>If we do not take into account the oppressive past and present of this county all data to understand these issues and strategy will be faulty.

<sup>\*</sup>Agreed Lawrence

<sup>\*</sup>Thank you Patricia for this example. It speaks to what are we educating the community on. Health is not an isolated incident but has a connection to the trauma of ancestral lineage.

- \*Instead of studying the victims of such mental health disparities within the African American community you would be better served to study the oppressors and the strategies of oppression. It's the root vs the fruit sort of thing.
- \*Social isolation is listed as a risk factor in the connecting the dots document. Here's a link of the CDC doc http://www.cdc.gov/violenceprevention/pub/connecting\_dots.html
- \*well said It
- \*YES Lawrence\*\*Ohio Schools are working on implementing Positive Behavior Interventions
- \*Family Place Libraries http://www.familyplacelibraries.org/locations.html
- \*Love The Halls!
- \* Yup. But maybe it is that we need help on both ends. Get to the root and help those who are currently stuck dealing with things
- \*Listen to PreventConnect podcast about the halls http://www.preventconnect.org/?s=halls
- \*The Halls is there a facilitator guide?
- \*Absolutely agree. Annie! And today's conversation has been a great continuation of the key points that were brought up on that call as well!
- \*Coaching Boys into Men http://www.coachescorner.org/
- \*Our people have turned their anger inward and now we find ourselves committing horrendous crimes against each other; child abuse, child sexual abuse, domestic violence, sexual assault against women and the list goes on; we have the highest rates of suicide and violence done against women. I appreciate the comment that mental health is not just about illness; we have people walking around as adults who were sexually, physically and verbally abused as children; our jails are full, the length of jail time has increased but yet no education offered to our people in the jails to address the crimes that were committed to them as children; it is a travesty. Hurting people hurt people.
- \*The Hall discussion guide <a href="http://thehallsboston.com/wp-content/uploads/2014/03/The-Halls-Discussion-Guide.pdf">http://thehallsboston.com/wp-content/uploads/2014/03/The-Halls-Discussion-Guide.pdf</a>
- \* Want to know more about Healing Ceremonies...
- \* Funding.
- \*I agree Collen. We have turned it inward. Have you ever heard of the word nihilism?
- \*@Debra The Halls discussion guide <a href="http://thehallsboston.com/wp-content/uploads/2014/03/The-Halls-Discussion-Guide.pdf">http://thehallsboston.com/wp-content/uploads/2014/03/The-Halls-Discussion-Guide.pdf</a>
- \* Lawrence, no I haven't. But I am a sponge to learn!
- \*Look it up.

- \*George, another example of healing circles can be found at <a href="http://nationalcompadresnetwork.com/lcc/lcc.html">http://nationalcompadresnetwork.com/lcc/lcc.html</a>. National Compadres Network has an incredibly impactful program called La Cultura Cura: Culture HealsTanya
- \*Thank you Dalila!
- \*I will. Thank you.
- \*That is such a good point Kenny.. thank you... "Been in survival so long..."Tanya
- \*Thank you Dalila for posting the link!
- \*I agree Kenny
- \*so sure on the lifetime of survival mode
- \*Instituto Familiar de la Raza in San Francisco also has a powerful practice of healing ceremonies and circles
- \*www.ifrsf.org
- \*So much TV devalues life
- \*YESSSSS
- \*We traditional have Kava Circles where men met already, making we think about how we coin them healing circles
- \*We have got to reach out to men and start having conversations and collaborations with men who will stand up against violence and violence in the family in particular. We also need to educate communities on how to talk to our boys and empower them instead of seeing themselves as victims of society but as victors and well able to do anything in this world. Also more support and education needs to be given to single women raising boys and how to raise them to respect themselves as well as others.
- \*That would be nice to show...
- \*\*The young men don't know who they are, there is an identity crisis. They have no purpose, they are hurt and angry. They don't know who they are in Christ.
- \*\*We are working on a marketable circulim that other ethnic groups can take and add there cultural pieces to it if anyone is interested in it
- \*\*thank you Tanya
- \*\*S. Malohifo'ou, do you have a web link to the Kava Circles? We would love to learn more abou it.\*\*Careful. They have a right to believe whatever they want. There are some that are very devout in beliefs outside of Christianity
- \*Thank you
- \*George Kilpatirick- I am interested!
- \*What is one thing you want to remember from today's discussion?
- \*How can we get a copy of the deck slides and the chat log?

- \*thanks all for sharing
- \*Our culture is beautiful; I remind our people of our strengths and I even put together a power point of all aspects of our culture and the beauty of it;
- \*Kava Circles is a cultural circle that is already in place by communities which helps us
- \*Slides are available at <a href="http://www.preventconnect.org/2015/03/men-of-color-and-community-trauma-prevention-what-links-sexual-and-domestic-violence-efforts-to-trauma-prevention/">http://www.preventconnect.org/2015/03/men-of-color-and-community-trauma-prevention-what-links-sexual-and-domestic-violence-efforts-to-trauma-prevention/</a>
- \*Every Pacific Island community has Kava Circles set up
- \*Thanks David!
- \*We will also put the chat up
- \*Make sure that we listen and hear what others in our communities have to say.
- \*tap into resilience not just of individuals who experience trauma, but whole communities
- \*I don't know if anyone saw this Ray Rice article but it includes a lot of what we've discussed. Thank you for all your work everyone. We should work in our own communities but also continue to work together! <a href="http://nymag.com/daily/intelligencer/2015/04/ray-rice-redemption-campaign.html">http://nymag.com/daily/intelligencer/2015/04/ray-rice-redemption-campaign.html</a>
  Tanya
- \*Thanks S Malohifo'ou!
- \*I found that addressing and educating my own people is very powerful; we understand each and I have their complete attention
- \*each other
- \*beautiful Colleen
- \*exactly! direct to the community
- \*The many opportunities that black men and women are blocked from and the doors that open to them in places they don't want to go. Attitudes and belief matters. This is the growing ground of trauma.
- \* I'm inspired to strive to reach out more to policymakers and local political groups
- \*I come away with images and ideas and inspiration to share with students
- \*Great closing comments Dr. McManas
- \*Incredibly thought provoking today! Thanks everyone. Please keep in touch.
- \*thank you
- \*are we going to get the slides emailed to us and the chat?
- \*Thank you, great information!

*Thank you all. Have a nice day.
*thank you
*MUCH LOVE to EVERYONE in solidarity!
*Thank you
*Thank you for hosting!
*will there be a certificate of attendance?
*thank you!
*thank you
*Thank you! Tanya
*Thank you everyone for being present and for all your contribution to the dialogue!
* Thank you!
* Qyanna! Thank you!
*Thank you!
*Thank you!!!
*Namaste'
*thank you, and everyone in the chat for broadening the conversation
*Thank you presenters, and attendees I learned as much from you all as well!
*Thank you