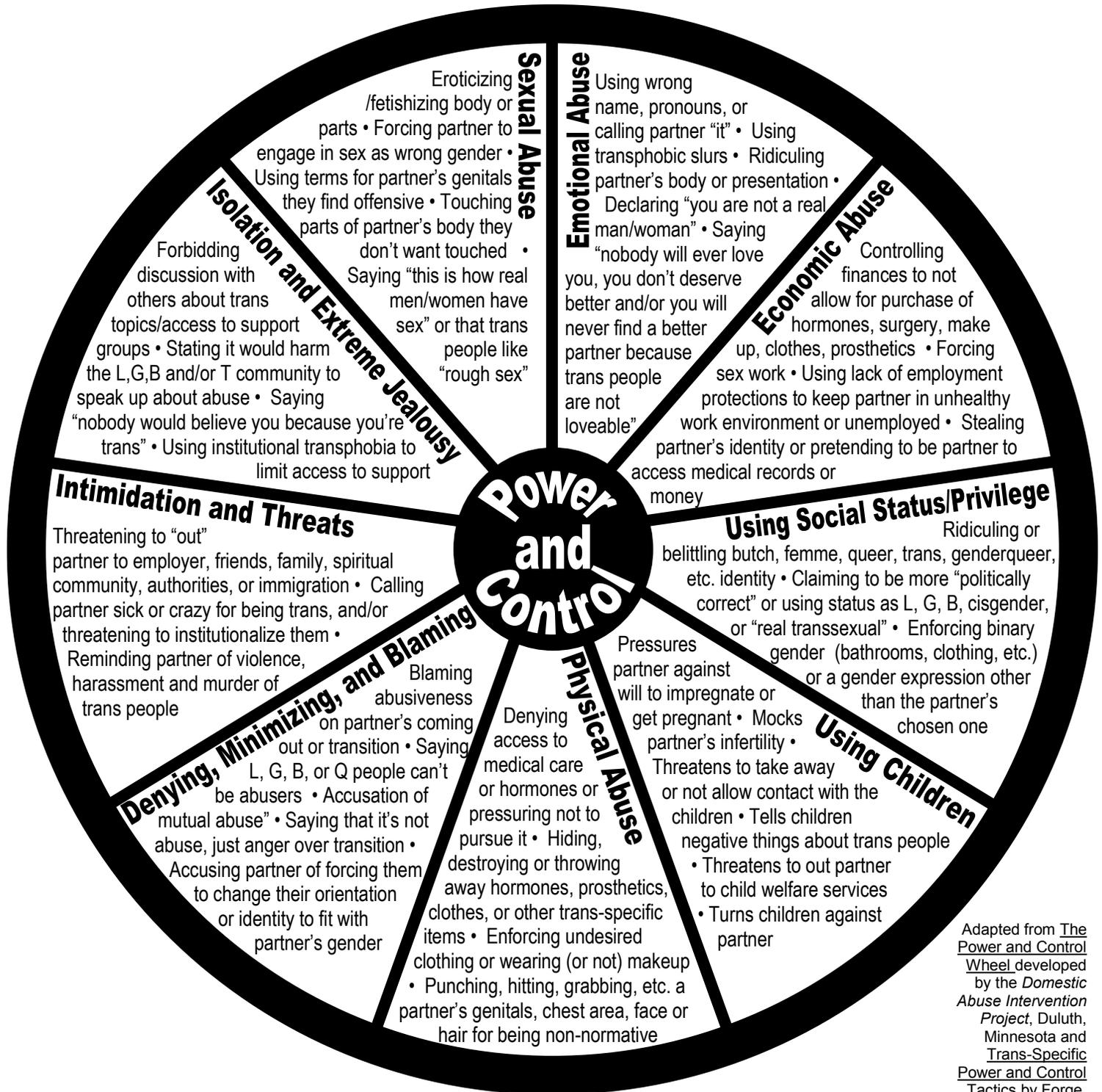


Trans Specific Power and Control Tactics

A deliberate pattern of assaultive and manipulative behaviors done by one partner (or ex partner) to gain power and control over the thoughts, feelings, or actions of another partner. Partners may be married, dating, seeing each other, hooking up, or broken up.



Adapted from [The Power and Control Wheel](#) developed by the [Domestic Abuse Intervention Project](#), Duluth, Minnesota and [Trans-Specific Power and Control Tactics](#) by Forge.