

**Welcome,
This Web Conference
Will Begin Soon**



A Project of



**STOP SV:
A Technical Package to
Prevent Sexual Violence**

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How to use this technology



- Raise hand
- Text chat & private chat
- PowerPoint slides
- Polling questions
- Phone
- Closed captioning
- Web conference guidelines

Please send a private chat message for help.

Call iLinc Technical Support at 800.799.4510.



PreventConnect

- Domestic violence/intimate partner violence
- Sexual violence
- Violence across the lifespan
- Prevent before violence starts
- Connect to other forms of violence & oppression
- Connect to other prevention practitioners



Beyond Partnerships: Shared Linkages for Prevention

February 3: From Foundations to the Future: A prevention approach to sexual and domestic violence

March 9: Harmful Gender Norms: How can we build alliances with queer (LGBTQ) movements to help prevent sexual and domestic violence?

March 23: Harmful Gender Norms: Moving beyond binary and heteronormative approaches to preventing sexual and domestic violence

May 4: Shared Roots: Sexual and domestic violence prevention strategies in support of social justice

June 2: STOP SV: A Technical Package to Prevent Sexual Violence

June 8: : Engaging Youth in Shaping Strategies and Solutions to Prevent Sexual and Domestic Violence

July 13: What about Power and Patriarchy? Examining social cohesion strategies to prevent sexual and domestic violence

August 3: Equity, Trauma and Preventing Sexual and Domestic Violence

August 17: Using Shared Risk and Protective Factors : Research into practice and policy to prevent sexual and domestic violence

September 7: Authentically Engaging Communities to Prevent Sexual and Domestic Violence



2016 PreventConnect Campus Web Conferences

Wednesday, February 10

Comprehensive Prevention on Campus

CAMPUS

Intentional • Strategic • Comprehensive

Tuesday, March 22

Selecting the Right Online Module
for Interpersonal Violence Prevention

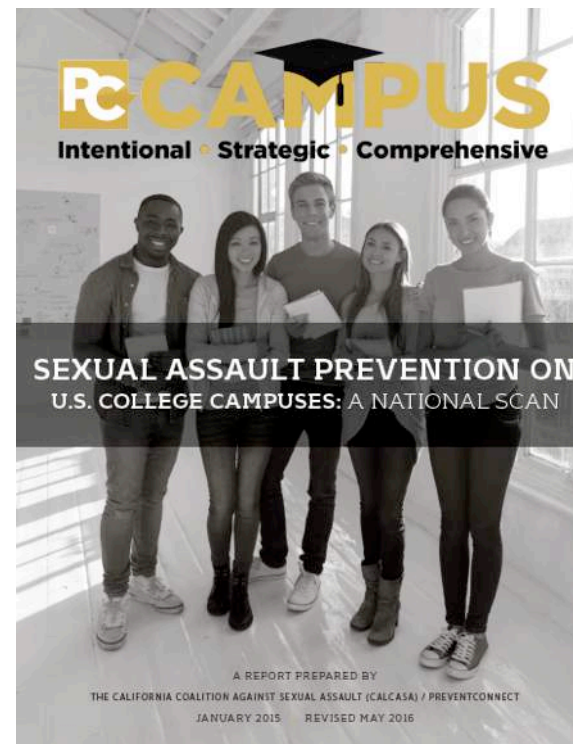
Tuesday, May 17

Campus Culture, Heteronormativity
and Implications for Sexual Violence
Prevention

Tuesday, June 7

The Role of Consent Education in
Sexual Assault Prevention

More topics to be announced





STOP SV:

A technical package to prevent sexual violence

June 2, 2016

11am-12:30pm PT; 2pm-3:30pm ET

PreventConnect is a national project of the California Coalition Against Sexual Assault sponsored by U.S. Centers for Disease Control and Prevention. The views and information provided in this web conferences do not necessarily represent the official views of the U.S. government, CDC or CALCASA.

Objectives

By the end of the web conference participants will be able to

- describe the five strategies highlighted in the technical package
- identify resources to support prevention decision-making
- identify potential sectors to involve in sexual violence prevention



About the Presenters



James A. Mercy, PhD,
Director, Division of
Violence Prevention,
Centers for Disease
Control and Prevention



Kathleen Basile, Ph.D.,
Division of Violence
Prevention,
Centers for Disease
Control and Prevention



About the Presenters



Sally Laskey

National Sexual Violence
Resource Center



Chad Sniffen

National Sexual Violence
Resource Center



NSVRC Resource Page

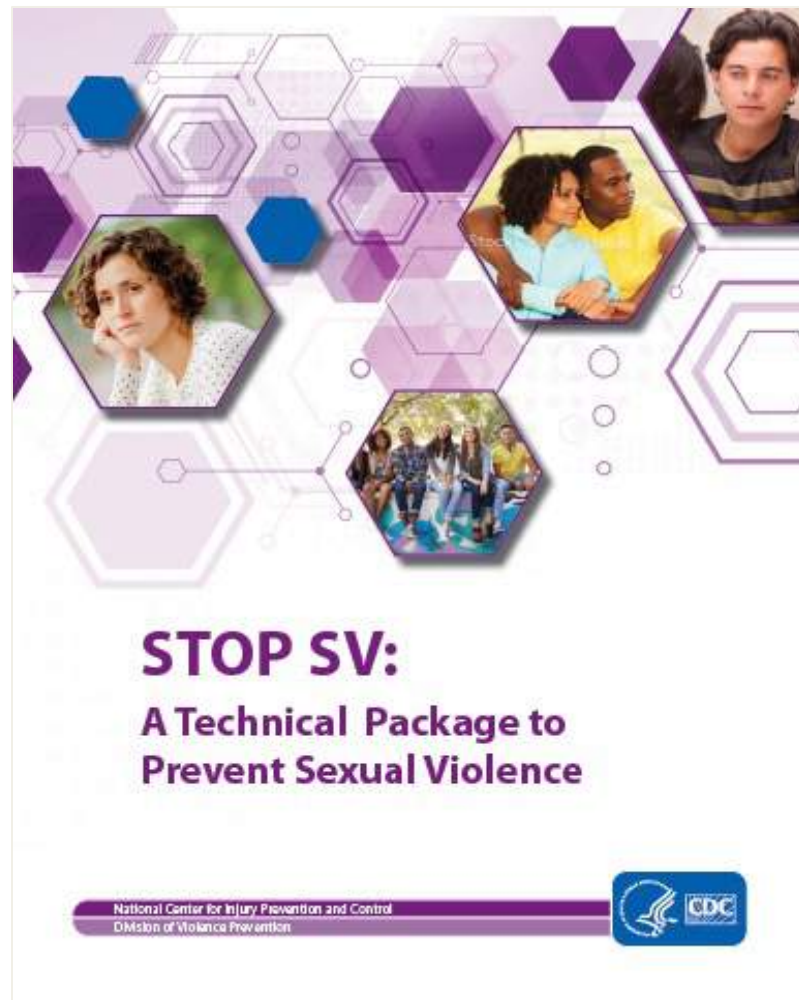


NSVRC

national sexual violence resource center

<http://www.nsvrc.org/stop-sv>



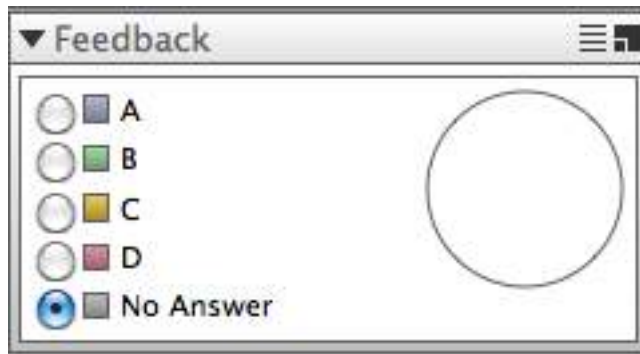


www.cdc.gov/violenceprevention/pdf/sv-prevention-technical-package.pdf



How familiar are you with the STOP S V Technical Package?

Answer on
the left



▼ Feedback

A

B

C

D

No Answer

- A. I know about it
- B. I have skimmed it
- C. I have read the entire
Technical Package
- D. I have used the
Technical Packet in
my work

CDC Infographic



Sexual Violence
Before It Starts.



About **1 in 5**
women have experienced
rape or attempted rape
in their lifetime.



About **1 in 15**
men have been made to
penetrate someone else
during their lifetime.



Stopping sexual violence
before it happens is a CDC priority.

It can be prevented.



CDC Infographic

CDC has developed a **technical package** to help states and communities use the best available evidence to prevent sexual violence.

STOP Sexual Violence



It is important to **monitor and evaluate** your efforts while the field of violence prevention **continues to evolve.**



CDC Infographic

Be a part of the solution.

www.cdc.gov/violenceprevention

Your prevention efforts may involve **developing new partnerships** or **working across sectors**.



Including:

Public Health, Government, Health Care Services, Social Services, Education, Businesses, Justice, Housing, Non-Governmental Organizations, Foundations

Together We Can Stop Sexual Violence.

ACT NOW!

Use CDC's technical package to begin or expand your prevention efforts.



Additional program planning & implementation resources can be found on our websites:

[www.cdc.gov/violenceprevention | vetoviolence.cdc.gov]



We know more about Sexual Violence Prevention

Sexual Violence Prevention: Beginning the Dialogue



STOP SV: A Technical Package to Prevent Sexual Violence

National Center for Injury Prevention and Control
Division of Violence Prevention



STOP Sexual Violence Technical Package



**Division of Violence Prevention
National Center for Injury Prevention and
Control
Centers for Disease Control and Prevention**



What is a Technical Package?

...a select group of strategies based on the best available evidence to help communities and states sharpen their focus on priorities with the greatest potential to reduce sexual violence.



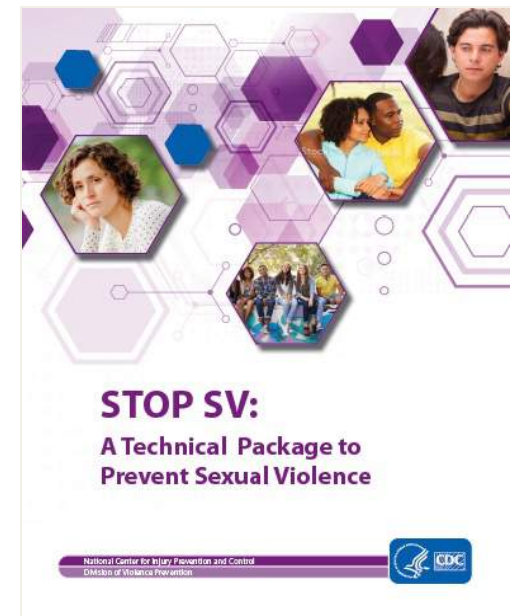
The Benefit of Technical Packages

- Technical packages are one of the six key components for effective public health program implementation because they
 - Sharpen and focus what otherwise might be vague commitments to "action" by encouraging implementation of specific interventions known to be effective.
 - Avoid a scattershot approach of using a large number of interventions, many of which have only a small impact.



Technical Package Development

- Review of literature
- Identification of strategies & approaches
- Written draft
- Review by partners
- Editing and formatting of final product



Basile KC, DeGue S, Jones K, Freire K, Dills J, Smith SG, Raiford JL. (2016). STOP SV: A Technical Package to Prevent Sexual Violence. Atlanta, GA: National Center for Injury Prevention and Control, Centers for Disease Control and Prevention.



Structure of STOP SV Technical Package

- A Technical Package has these components:
 - **Strategies** – direction or actions to achieve the goal of preventing violence
 - **Approaches** – specific ways to advance the strategy
 - **Example programs, policies, or practices**
 - **Evidence** – impact on violence or its associated risk factors



Considerations for Inclusion of Examples

- Example programs, policies, or practices were chosen based on the best available evidence:
 - Meta-analyses, systematic reviews or rigorous evaluation studies showing impacts on perpetration behaviors or established risk/protective factors for SV
 - Empirical support or a strong theoretical rationale for changing one or more forms of violence or the conditions that give rise to violence
 - Likelihood of achieving beneficial effects on multiple forms of violence.
 - Likelihood of similar outcomes with different populations and/or in different settings.
 - No evidence of harmful effects on specific outcomes or with particular subgroups.
 - Feasibility in a U.S. context if the program or policy has been implemented in another country.



Narrative of the Technical Package

- Describes the strategies, corresponding approaches, and examples of programs, policies, and practices with evidence of impact
 - Implemented directly by health departments or in collaboration between public health and other sectors
 - Implemented by other sectors
- Includes a section on monitoring and evaluation



Strategy

Approach

S – Promote *social norms* that protect against violence

- Bystander approaches
- Mobilizing men and boys as allies

T – *Teach* skills to prevent sexual violence

- Social-emotional learning
- Teaching healthy, safe dating and intimate relationship skills to adolescents
- Promoting healthy sexuality
- Empowerment-based training

O – Provide *opportunities* to empower and support girls and women

- Strengthening economic supports for women and families
- Strengthening leadership and opportunities for girls

P – Create *protective* environments

- Improving safety and monitoring in schools
- Establishing and consistently applying workplace policies
- Addressing community-level risks through environmental approaches

SV – *Support victims/* survivors to lessen harms

- Victim-centered services
- Treatment for victims of SV
- Treatment for at-risk children and families to prevent problem behavior including sex offending

CDC Infographic

STOP Sexual Violence





STRATEGIES & APPROACHES

Promote Social Norms that Protect Against Violence

- Bystander approaches
 - Green Dot
 - Bringing in the Bystander
- Mobilizing men & boys as allies
 - Coaching Boys into Men



Promote Social Norms Resources

Engaging Bystanders

- elearning
- Information packet
- Technical Assistance Guides
- Online Collection
- xCHANGE Forum with Dr. Banyard



Resources can be found at <http://www.nsvrc.org/stop-sv>



Promote Social Norms Resources

Mobilizing Men and Boys



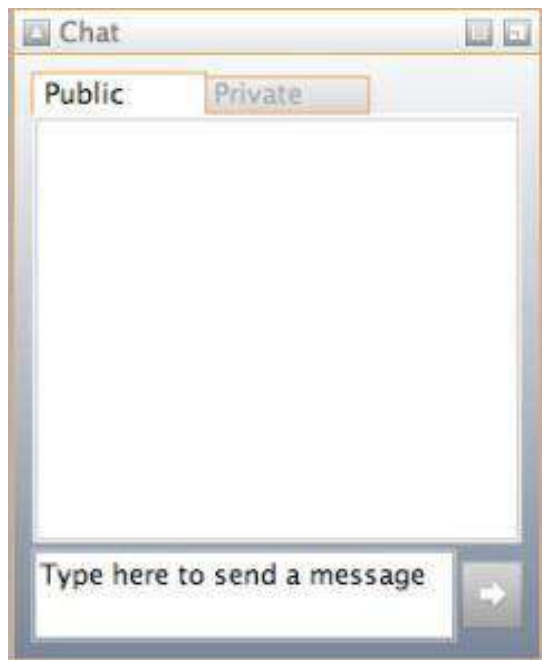
- Organizational Readiness
- Program Design, Community Engagement, and Adaptation



Resources can be found at <http://www.nsvrc.org/stop-sv>



Text Chat Question



What resources are you familiar with using this strategy and approaches?

Teach Skills to Prevent SV

- Social-emotional learning approaches
 - Second Step
- Teaching healthy, safe dating and intimate relationships
 - Safe Dates



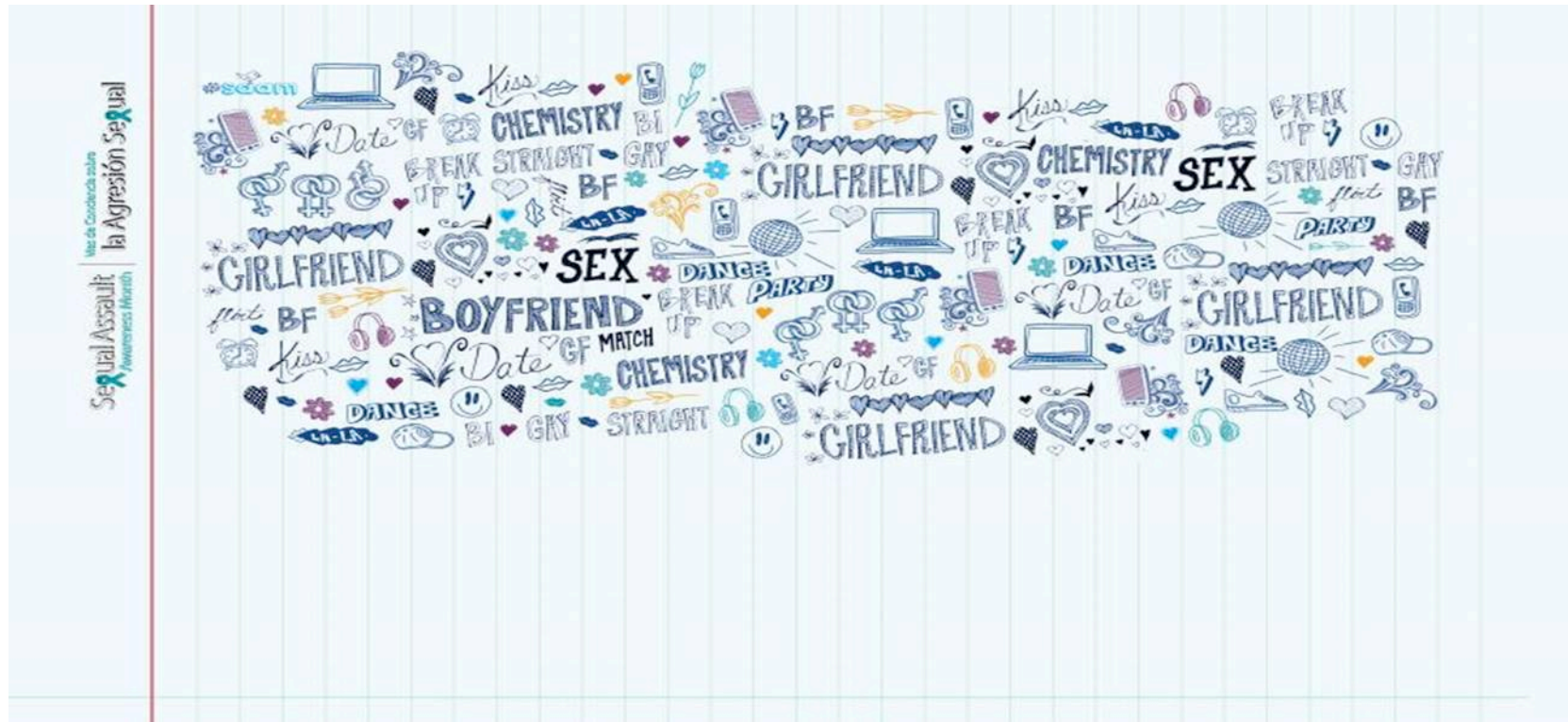
Teach Skills to Prevent SV (cont.)

- Promoting healthy sexuality
 - Strong African American Families (SAAF)
 - Safer Choices
- Empowerment-based training
 - Enhanced Assess, Acknowledge, Act



Teach Skills Resources

- Healthy Sexuality



Resources can be found at <http://www.nsvrc.org/stop-sv>



Teach Skills Resources

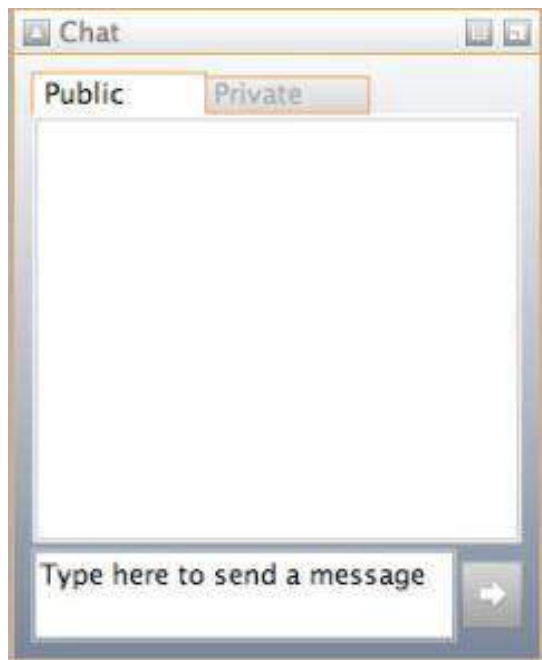
Healthy Sexuality Mobile App to be released
Summer 2016



Resources can be found at <http://www.nsvrc.org/stop-sv>



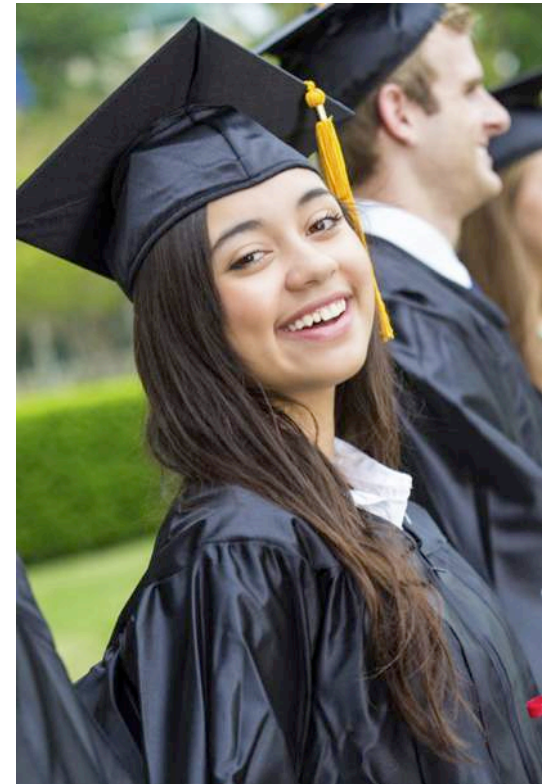
Text Chat Question



What resources are you familiar with using this strategy and approaches?

Provide Opportunities to Empower and Support Girls and Women

- Strengthening economic supports for women and families
 - Comparable worth policies
 - Adequate work supports (e.g., child care, paid leave)
 - Microfinance
- Strengthening leadership and opportunities for adolescent girls
 - Powerful Voices



Provide Opportunities Resources

Table 2: Sample Economic Advocacy Strategy, using the Spectrum of Violence Prevention as a model

Level 1	Working with individuals to implement strategies for expanding economic resources as a way to reduce the stress of poverty in their lives. Developing peer education programs to mobilize civic engagement and activism, thus changing social norms and increasing economic resources.
Level 2	Developing a mass media campaign that addresses the root causes of sexual violence and promotes alternatives to violence and ways to get involved in the community. Such media campaigns are reinforced by training and technical assistance in the community.
Level 3	Cross-training housing, substance abuse, mental health, public assistance, education, and other providers to help them identify and respond to sexual violence and promote violence-free norms within their respective workplaces and organizations.
Level 4	Establishing a community-based task force of multidisciplinary partners to foster systemic changes that sustain economic justice and violence-free norms.
Level 5	Contracting with a local school district to develop and implement school-wide sexual violence prevention policies and programs that are comprehensive in focus, culturally competent, and responsive to the link between sexual violence and various forms of oppression.
Level 6	Building support around legislation that reduces the multiple stressors of poverty and sexual violence, such as time off from work for victims and survivors of violence, expanded housing and shelter, minimum wage increases, increased access to affordable childcare, etc.



(Greco and Dawbert, 2007)



Provide Opportunities Resources

White House Council on Women and Girls



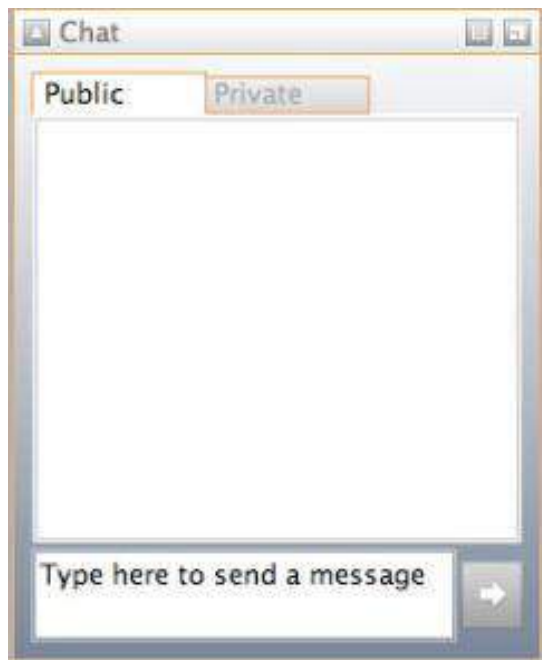
Photo: Doug Mills/The New York Times



Resources can be found at <http://www.nsvrc.org/stop-sv>



Text Chat Question



What resources are you familiar with using this strategy and approaches?

Create Protective Environments

- Improving safety and monitoring in schools
 - Shifting Boundaries Building-level Intervention
- Establishing and consistently applying workplace policies
 - Proactive sexual harassment prevention policies and procedures
- Addressing community-level risks through environmental approaches
 - Alcohol policies (outlet density, pricing)



Protective Environments Resources

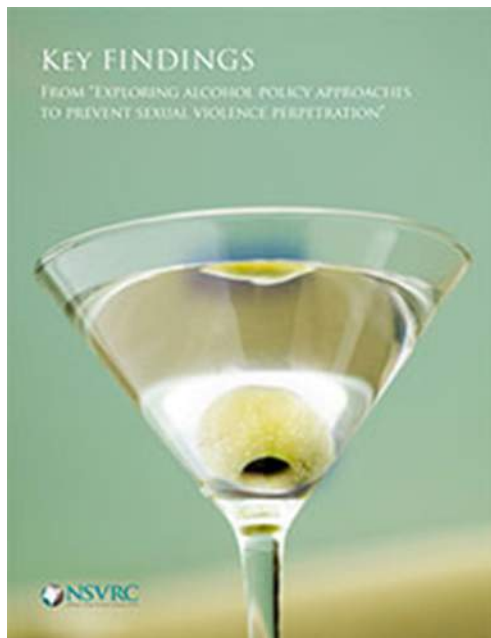


NSVRC.org workplace collection



Protective Environments Resources

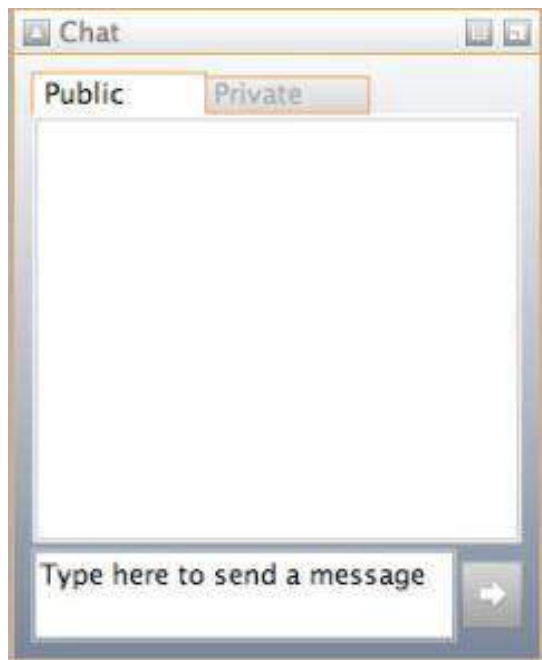
- Policies and Situational Prevention



Resources can be found at <http://www.nsvrc.org/stop-sv>



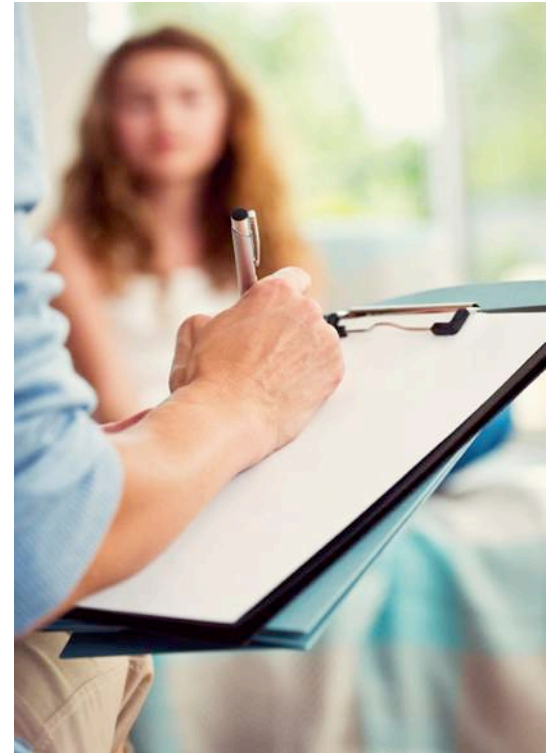
Text Chat Question



What resources are you familiar with using this strategy and approaches?

Support Victims/Survivors to Lessen Harms

- Victim-centered services
 - Crisis intervention, medical and legal advocacy, access to community resources
- Treatment for victims of SV
 - Trauma-focused Cognitive Behavioral Therapy (TF-CBT)
 - Cognitive Processing Therapy (CPT)
 - Prolonged Exposure Therapy (PET)



Support Victims/Survivors to Lessen Harms (cont.)

- Treatment for at-risk children and families to prevent problem behavior, including sex offending
 - Multisystemic Therapy— Problem Sexual Behavior (MST—PSB)
 - Children with Problematic Sexual Behavior Cognitive-Behavioral Treatment Program: School-Age Program (PSB—CBT)



Support Victims/Survivors Resources

- Building Cultures of Care



Resources can be found at <http://www.nsvrc.org/stop-sv>



Support Victims/Survivors Resources

- Coordinated Response



OFFICE OF JUSTICE PROGRAMS

The screenshot shows the homepage of the SART Toolkit. At the top right, it says "March 2011" and "OVC". The main heading is "SART TOOLKIT" with the subtitle "Resources for Sexual Assault Response Teams". Below this are navigation links: "About the Toolkit", "Message From the Director", and "Home". A row of five buttons is present: "Learn About SARTs", "Develop a SART", "Put the Focus on Victims", "Follow Innovative Practices", and "Find Tools". A large banner features a close-up of a woman's face on the left and the text "Welcome to the SART Toolkit, where you can..." on the right. At the bottom right of the banner, there are "Text size" controls and a "Send" button with an envelope icon.

Sexual violence affects many aspects of a victim's life—including safety and health, family and work situations, and finances—and often leads to perplexing legal questions. To receive basic assistance, victims often must navigate a complicated maze of governmental and community agencies.

SARTs, or sexual assault response teams, help victims through the maze.

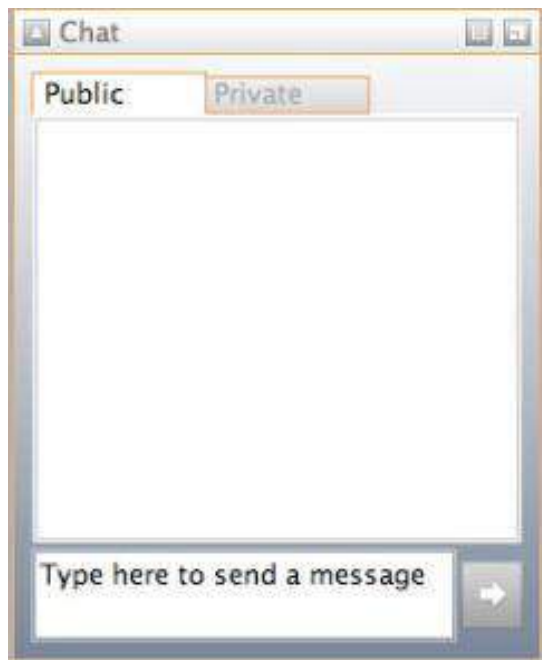
The SART Toolkit is a resource both for communities considering a SART response and communities that already have a coordinated response but want to make it better. Use it. Share it. Make it your own.



Resources can be found at <http://www.nsvrc.org/stop-sv>



Text Chat Question

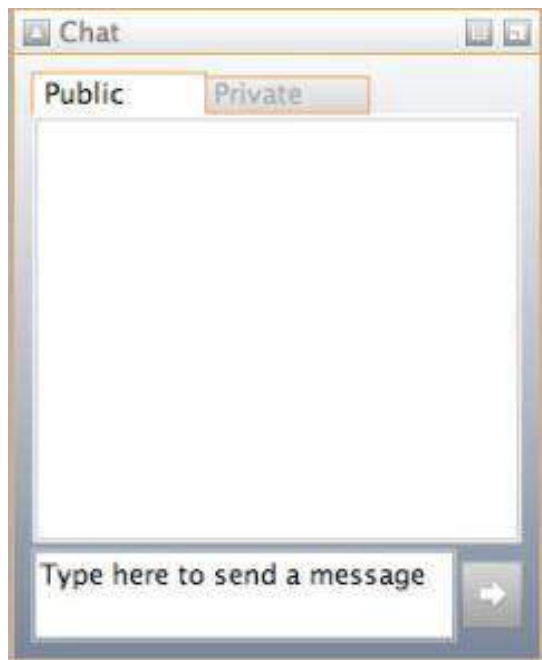


What resources are you familiar with using this strategy and approaches?



SECTOR INVOLVEMENT

Sectoral Involvement



What sectors can use the Technical Package to engage in sexual violence prevention?

Sector Involvement

- Public health
- Education
- Government (local, state, federal)
- Social services
- Business/labor
- Health services
- Justice
- Housing
- Media
- Non-governmental organizations such as rape crisis centers, SV coalitions



Monitoring and Evaluation

- Necessary to monitor extent of problem and evaluate impact of prevention efforts
- Should occur on a regular, ongoing basis
- Alignment across federal, state-level, and local partners & agencies

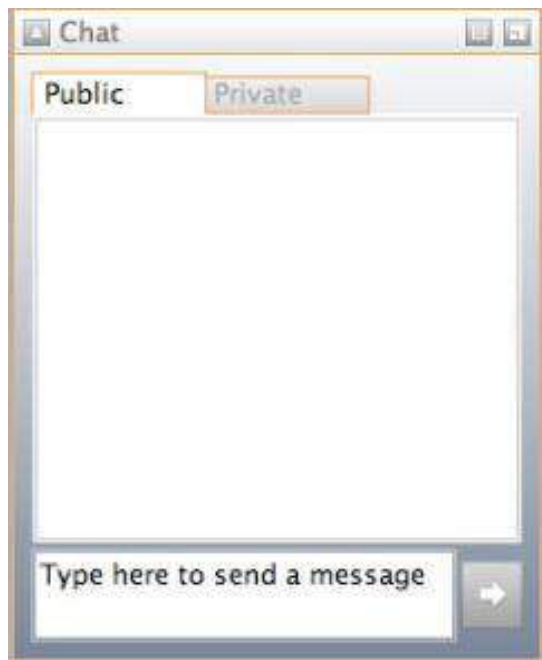


Using STOP SV

- Already engaged in SV prevention
 - Do your current efforts align with information included in the technical package?
 - Are there ways the technical package can advance your work?
- Not yet engaged in SV prevention
 - You can use the package to plan and prioritize your efforts
- Program planning and implementation resources can be found at vetoviolenace.cdc.gov.



Text Chat Question



How do you plan to use the SV Technical Package in your sexual violence prevention work?

Prevent Sexual Violence

STOP SV is a tool to help states and communities take advantage of the **best available evidence** to inform and guide prevention decision-making.

Join us!



STOP SV Resources

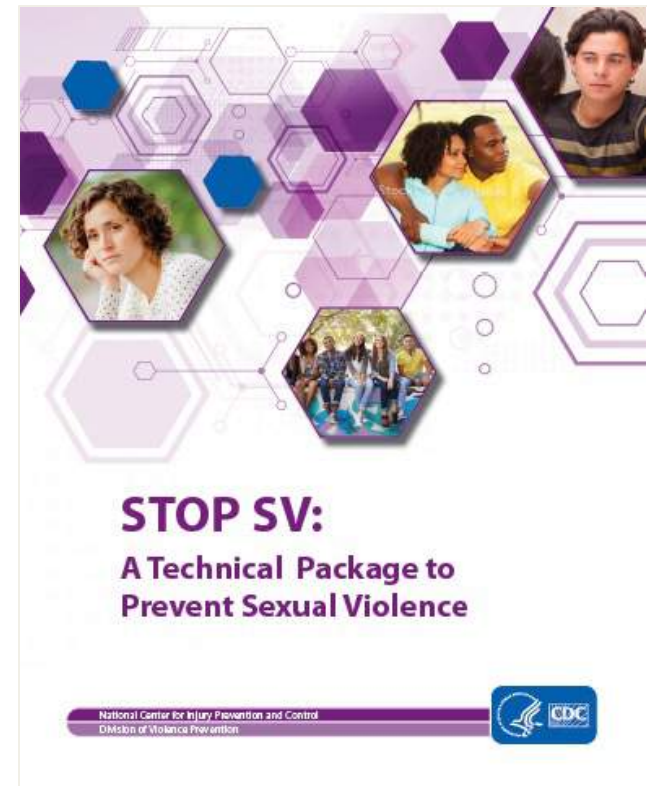
- STOP SV: A Technical Package to Prevent Sexual Violence

www.cdc.gov/violenceprevention/pdf/sv-prevention-technical-package.pdf

- STOP SV Infographic
COMING SOON

- NSVRC STOP SV Resource
Page

www.nsvrc.org/stop-sv



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