# Welcome, This Web Conference Will Begin Soon

### Prevention through Understanding and Addressing Sexual Behavior of Children

#### **#PowerInPrevention**

Ending Child Sexual Abuse Web Conference Series



A NATIONAL PROJECT OF C A L C A S A

#### **#PowerInPrevention** Ending Child Sexual Abuse Web Conference Series

#### PreventConnect 1215 K Street Suite 1850 Sacramento, CA 95814

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Email Group: http://groups.yahoo.com/group/Prevent-Connect/







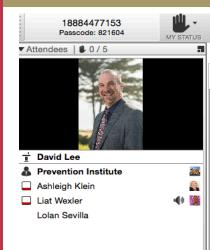


FLICKR CONTACTFACEBOOK TWITTER VIDEO

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# How to Use this Technology



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- Raise hand
- Text chat & private chat
- PowerPoint slides
- Polling questions
- Phone
- Closed captioning
- Web conference guidelines
- iLinc Technical Support: 800.799.4510

**PreventConnect.org** is a national project of the <u>California</u> <u>Coalition Against Sexual Assault</u> (CALCASA) and is sponsored by the <u>U.S. Centers for Disease Control and Prevention</u> (CDC). The views and information provided in PreventConnect.org activities do not necessarily represent the official views of the United States Government, the CDC, or CALCASA. For more information, visit <u>PreventConnect.org</u>.



#### Past and Upcoming Web Conferences

May 23: #PowerInPrevention Ending Child Sexual Abuse: A Practical View of the Role that Youth Serving Organizations can play in Preventing Child Sexual Abuse

May 31: Healthy Masculinities: Mobilizing men and boys to foster positive gender norms

June 28: From private to community accountability: Building capacity to make sexual and domestic violence prevention a community responsibility

July 19: Organizing for economic opportunity : Movements and strategies to improve economic opportunities for sexual and domestic violence prevention

July 25: #PowerInPrevention Ending Child Sexual Abuse: Prevention through Understanding and Addressing Sexual Behavior of Children

August 16: A safe place to call home: Strategies and movements to transform the physical/built environment for sexual and domestic violence prevention

September 20: From research to practice: Addressing shared underlying factors to prevent sexual and domestic violence



Previous #PowerInPrevention Ending Child Sexual Abuse Web Conferences

#### Answer on the left



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- A. This is the **first** #PowerInPrevention Web Conference I have attended
- B. I have attended **one previous**#PowerInPrevention Web Conference
- C. I have attended **more than one** previous #PowerInPrevention Web Conference
- D. | regularly attend both

#PowerInPrevention and PreventConnect Web Conferences



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#### Prevention through Understanding and Addressing Sexual Behavior of Children

Tuesday, July 25, 2017

**#PowerInPrevention** Ending Child Sexual Abuse Web Conference Series







#### **Cordelia Anderson**

#### Joan Tabachnick

#### Series Co-Hosts

# **#PowerInPrevention** Ending Child Sexual Abuse Web Conference Series



#### Past #PowerInPrevention ECSA Web Conferences

Unique Opportunities for Child Sexual Abuse Prevention: Learning from Migrant Farmworker Communities (September 29, 2014)

Child Sexual Abuse Prevention at the Intersections: Commercial Sexual Exploitation of Children (October 22, 2014)

Restorative Justice: A Promising Approach to Ending Child Sexual Abuse (November 25, 2014)

Preventing the Harm, Promoting the Helpful: Healthy Sexuality (January 21, 2015)

Bridging Knowledge in Child Sexual Abuse Prevention: Promising Practices in Indigenous Communities (February 18, 2015)

Pillars of Policy for Child Sexual Abuse Prevention: A Discussion (March 18, 2015)

2012-2013 Series

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2013-2014 Series

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# Learning Objectives

- Describe typical sexual development and problematic sexual behavior
- Name key elements of effective ways to support healthy relationships and address problematic sexual behavior of children
- Identify new resources available for professionals



### Why this Session?







 How have you heard media refer to a Child whose committed a sex offense?



# **Perpetration Prevention**

"It would be easier to say my 13 year old son was a murderer than to say he sexually abused our 6 year old neighbor."

~Mother





#### What is it that we are really trying to prevent?





# **Talking To Our Children**

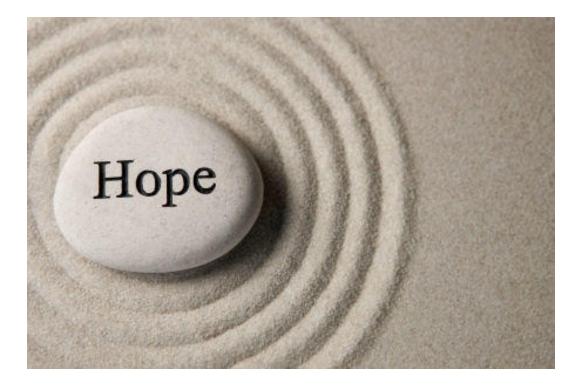
- No one has the right to touch you
- YOU do not have the right to touch anyone else















Jane Silovsky, PhD



Michelle Miller, PhD

#### Presenters

#### **#PowerInPrevention** Ending Child Sexual Abuse Web Conference Series





#### Jane Silovsky, PhD

#### Presenter

#### **#PowerInPrevention** Ending Child Sexual Abuse Web Conference Series



# **Typical Sexual Development**

- Part of overall development
- Curiosity
- Learning about the world
- Language
- Mimicking
- Agreement







## Impact of Technology

#### Devices



#### Modalities



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Friendship, relationships, communication, nurturance and intimacy are challenging to manage well.



Some children are in need of extra support through the process.









# Promote Healthy Relationships

- Modeling,
- Guidance, supervision, monitoring,
- Knowledge and skill building education, and
- Clear rules about privacy, boundaries, and behavior,
- Positive peer interaction options,
- Supports for decision making,
- Open communication
- Prevent trauma exposure

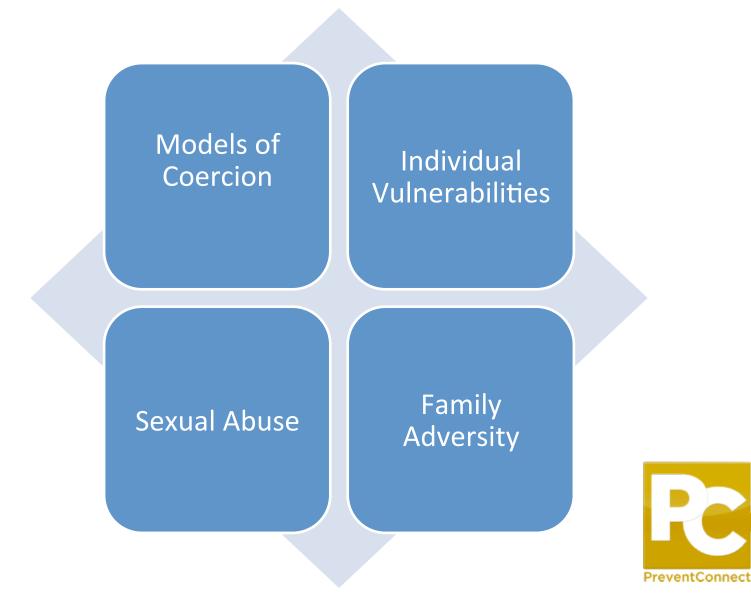


## **Problematic Sexual Behavior**

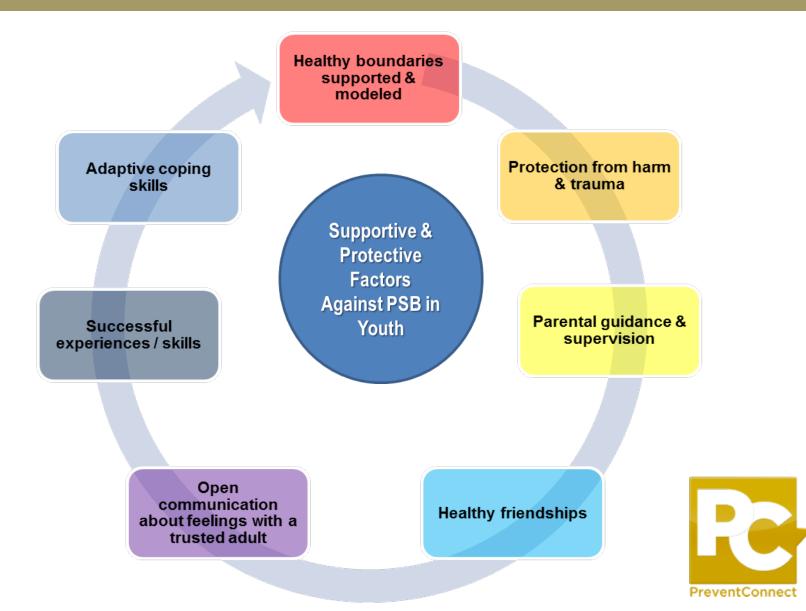
Frequency	Developmental Considerations	Harm
High Frequency	Occurs between Youth of Significantly Divergent Ages/Developmental Abilities	Intrusive Behaviors
Excludes Normal Childhood Activities	Behaviors are Longer in Duration than Developmentally Expected	Includes Force, Intimidation, and/or Coercion
Unresponsive (i.e., does not decrease) to Typical Parenting Strategies	Behavior Interferes with Social Development	Elicits Fear & Anxiety in Other Children



### **Contributing Factors**



#### **Protective Factors**



# Characteristics of Effective Interventions

- Caregiver direct and active involvement
  - Supervision
  - Parenting skills
  - Sex education
  - Rules and Boundaries
  - Abuse prevention



- Skill based
- Decision making



#### **Text Question**

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What messages help engage caregivers in this type of work?





#### Michelle Miller, PhD

#### Presenter

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# Background?

- History and Rationale for the Training Series
- National Children's Alliance (NCA) Leadership:
  - Oversight of project deliverables; Funding

#### Identifying the Need:

- Approximately 25% of all cases referred to Child Advocacy Centers (CACs) in 2015 were alleged offenses by youth under the age of 18
- 2016 NCA Census data showed that 12.4% of CACs have received some training in Problematic Sexual Behavior (PSB)- Cognitive Behavior Therapy (CBT)
- National Workgroup, Video Training Series, Fact
  Sheets and Webinars are steps toward addressing
  the needs in the field



Barriers Cited by CACs to Providing Evidence-Based Mental Health Treatment

- Low availability of qualified mental health providers 24%
- Lack of specified training and technical assistance 13.9%
- Client barriers which includes lack of followup and dropping out of treatment 30.2%



# **Outline of Training Series**

- Four Modules
- Video Training and Fact Sheets
- Topics
  - Overview of Youth with Problematic Sexual Behavior
  - Special Considerations for Child Advocacy Centers
  - Treatment Response
  - Community Engagement
- Resources



# Module 1: Overview of Youth with Problematic Sexual Behaviors (PSB)

- The differences between typical sexual play/ behavior and problematic or potentially illegal sexual behavior
- The prevalence of PSB
- Risk and protective factors associated with PSB
- Common misconceptions about youth with PSB



# Module 2: Special Considerations for Child Advocacy Centers (CACs)

- The strengths CACs can bring to serving youth with problematic sexual behaviors
- How the CAC mission and NCA Standards for Accreditation supports CACs and their teams doing this work
- The necessary infrastructure within a CAC and Multidisciplinary team (MDT) necessary to ensure safety for all kids and families when working with Youth with Problematic Sexual Behaviors
- What other CACs have done to provide evidence supported services to youth with problematic sexual behaviors

### Module 3: Treatment Response

- Identify the effective components of treatments for problematic sexual behaviors as found in research
- Learn about the unique and overlapping components of treatment of problematic sexual behaviors and trauma symptoms
- Understanding the research based support for the model
- Understand the components of an appropriate assessment



#### Module 4: Community Engagement

- Barriers communities face when responding to youth with problematic sexual behavior (PSB)
- Role and response of multi-disciplinary team (MDT) members commonly involved with youth and families dealing with PSB
- Lessons learned from communities where PSB interventions have been successfully implemented
- The importance of focusing on the family and engaging caregivers to successful outcomes



#### Fact Sheets

- Overview of Youth with Problematic Sexual Behavior
- Children's Advocacy Centers
- Caregivers



# National Children's Alliance (NCA)

 To achieve their goals of healing, justice, and prevention, NCA developed this video training series and fact sheets to support Child Advocacy Centers (CACs) addressing this issue and serving youth with problematic sexual behaviors (PSBs), their victims, and families.

#### http://www.nationalchildrensalliance.org/psb



national CHILDREN'S ALLIANCE®



# National Center on the Sexual Behavior of Youth (NCSBY)

- Mission: Promote better lives, through better choices by youth, caregivers, and professionals for healthier responses to and prevention of problematic sexual behavior of youth.
- NCSBY provides national training and technical assistance to improve the accessibility and strategic use of accurate information about the nature, incidence, prevalence, prevention, treatment, and management of children and adolescents with problematic sexual behavior.





### National Center on the Sexual Behavior of Youth

- Website includes resources and sections designed for caregivers and professionals
  - Topics include definitions, causes, treatment intervention and efficacy, safety planning, implications for public policy, and more
  - News, websites, factsheets, bibliography, and other resources are readily available





#### **Text Question**

Chat		
Public	Private	

How can we get the resources out to the field and caregivers?



### **Discussion with Speakers**





### Take Away





# 











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Joan Tabachnick Joantab@gmail.com

#### **Contact Information**

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### Thank you

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