Recommended Reading-Action Research and Arts-Based Research  
By Victoria L. Dickman-Burnett

**Books**

*Systemic Action Research* by Danny Burns
This book offers an overview of systemic action research—a way of using action research to tackle complex problems. This approach is great for multi-faceted projects, possibly within organizations or communities.

*Action Research* by Ernest Stringer
This book serves as an introduction to action research. It is a great starting point for people with no background in action research who wish to learn more.

*Inquiry as Stance* by Marilyn Cochran-Smith and Susan Lytle
This book offers an overview of practitioner inquiry—a branch of action research that features practitioners researching problems that arise related to their own practice. While this book focuses specifically on teachers as practitioner researchers, it can be applied beyond education to other practitioners.

*Community-Based Participatory Research For Health* by Meredith Minkler and Nina Wallerstien
This book is an introduction to Community-Based Participatory Research (CBPR) a branch of participatory or action research that emphasizes researcher-community partnerships for collective inquiry and social change. While this book focuses on health fields, the core ideas can be applied in any setting and is useful for anyone working within community partnerships.

*Methods for Community-Based Participatory Research for Health* by Barbara Israel et al.
This book is a companion book to *Community-Based Participatory Research for Health* and focuses on specific methods that can be used in CBPR. As with its companion book, it is health-focused but broadly applicable. This book is helpful because it provides specific methods of going about an action research project that can serve as a helpful guide.

*Method Meets Art* by Patricia Leavy
This book discusses the use of art in research. While it doesn’t discuss arts-based research in a participatory framework, it offers some guidance to arts-based approaches that can easily be modified for action research or social action in general.

*Pedagogy of the Oppressed* by Paulo Freire
This book is the foundational text for critical pedagogies, an approach to education that seeks to challenge existing power structures through transformative education. It is a useful background for anyone hoping to undertake a project involving education and social change.
Articles

General Action Research Articles


Arts-Based Methods Articles


Structured Ethical Reflection Articles