



DATINGMATTERS[®]

STRATEGIES TO PROMOTE HEALTHY TEEN RELATIONSHIPS

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Division of Violence Prevention

Teen Dating Violence is a Public Health problem

1 in 5 

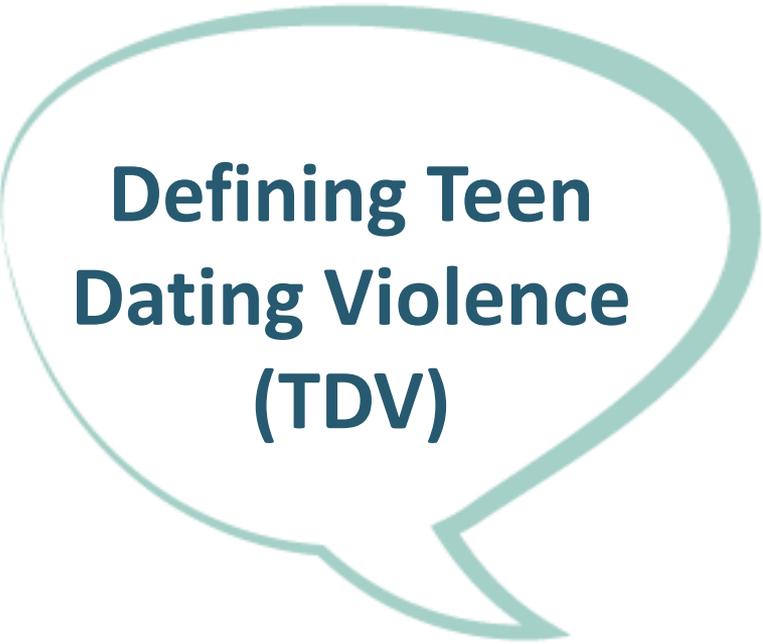
1 in 10 

high school youth
physically and/or
sexually victimized
by a dating partner
in last year*



Vagi, Olsen, Basile, & Vivolo-Kantor (2015)

*Combined data from the 2013 YRBS



Defining Teen Dating Violence (TDV)

- ✓ Physical
- ✓ Sexual
- ✓ Emotional/Psychological
- ✓ Stalking

- Current or former partners
- Short, casual or serious, long-term relationships
- Electronically or in-person perpetration



Need Early Intervention to Stop TDV Before it Starts



**Negative mental
and physical
health effects**

- ✓ subsequent victimization and perpetration
- ✓ poor academic achievement
- ✓ depression/anxiety
- ✓ substance use
- ✓ injury
- ✓ sets the stage for problems in future relationships, including IPV/SV





A Comprehensive Teen Dating Violence Prevention Model

- Multiple, coordinated prevention strategies across the social ecology
- Reduce the risk for teen dating violence and promote healthy teen relationships
- Engages local public health sector as leaders
- Builds on evidence-based and evidence-informed interventions

Youth Programs

- ✓ Classroom-based in middle school
- ✓ Social-emotional learning
- ✓ Healthy relationship skills-based
- ✓ Health Educator or Teacher-Facilitated



Dating Matters

CDC-developed

6th Grade (7 sessions)

- General healthy relationship skills

7th Grade (7 sessions)

- Dating relationships
- Social media/technology
- Sexual coercion
- Substance use

Safe Dates

Evidence-based

8th Grade (10 sessions)

- Effective for dating violence at 4 years follow-up

Parent Programs

- ✓ Community-based facilitators
- ✓ In-person or at-home sessions
- ✓ Parent-child communication
- ✓ Positive parenting
- ✓ Dating violence education and safety



Parents Matter! for Dating Matters

Evidence-based, CDC-Adapted

6th Grade (6 sessions)

- In-person groups

Dating Matters for Parents

CDC-Developed

7th Grade (6 sessions)

- 3 in-person sessions
- 3 at-home sessions

Safe Dates for Families

Evidence-based

8th Grade (6 booklets)

- Mailed home to parents
- Effective for physical dating violence

Training for Educators

- ✓ 1-hour online training
- ✓ For teachers, coaches, mentors, other youth-serving professionals
- ✓ CEUs available



DATING MATTERS®
UNDERSTANDING TEEN DATING VIOLENCE PREVENTION

Launch Training ↗

DATING MATTERS®: UNDERSTANDING TEEN DATING VIOLENCE PREVENTION TRAINING FOR EDUCATORS is a free, online course available to educators, school personnel, youth mentors, and others dedicated to improving teen health. Follow a school administrator throughout his day as he highlights what teen dating violence is and how to prevent it through graphic novel scenarios, interactive exercises, and information gathered from leading experts.

The graphic features a dark background with white and teal text. At the bottom, there are two groups of stylized cartoon characters. On the left, three characters (two boys and one girl) are walking towards the right. On the right, three characters (one girl and two boys) are walking towards the left. The central text is arranged in a clear hierarchy, with the title 'DATING MATTERS' in large letters and the subtitle below it. A 'Launch Training' button with a right-pointing arrow is prominently displayed.

i2i YOUTH COMMUNICATIONS PROGRAM

- Reinforces messages with near-peer ambassador program
- Social media
- Community events



•GreenText = Provided by CDC
•Red Text = Customizable
★ = For 13-14 year olds

Capacity Assessment and Planning Tool

DATING MATTERS[™]

Capacity Assessment and Planning Tool

[log in as a different user](#)

Capacity Assessment
Home

Hello and welcome to the Dating Matters Capacity Assessment and Planning Tool (DM-CAPT). Capacity in this refers to the information, skills, resources, abilities, and supports needed to develop, evaluate, and sustain a public health approach to prevent teen dating violence. DM-CAPT is a free online tool that allows comprehensive teen dating prevention initiatives to assess their capacity to implement comprehensive teen dating violence prevention programs by surveying stakeholders. The insights learned from using this tool will assist teen dating violence prevention initiatives in identifying strengths and areas for improvement in their capacity.

This online survey was designed to make assessing a comprehensive teen dating violence prevention initiatives' capacity easy and straightforward:

- 1. Create Assessments**
Assessment coordinators create new assessments for health department, school, and coalition stakeholders.
- 2. Invite Survey Respondents:**
A link and code to complete the assessment will be generated to be sent to initiative stakeholders via e-mail. Draft text for the invitation will be generated through the system, then can be copied and pasted into an e-mail by the assessment coordinator.
- 3. Complete the surveys**
Assessment coordinators can monitor survey completion progress by clicking on the Assessment Report button in the menu.
- 4. Review the Report**
Once surveys have been completed, a report can be generated which summarizes the results of all submitted surveys.
- 5. Make a Plan**
After reviewing the assessment report, sites can use the tools provided on this website to make an action plan to monitor and manage taking steps towards increasing their initiatives' capacity to implement comprehensive teen dating violence prevention programs.

[Get Started!](#) (if you are not already logged in to the Veto Violence site, you will be prompted to log in or register.)

helps communities...

- ✓ assess their capacity to implement Dating Matters by surveying stakeholders
- ✓ identify strengths and areas for improvement in capacity

Interactive Guide on Informing Policy

helps local health departments...

- ✓ assess existing policies related to TDV prevention
- ✓ address local policy gaps
- ✓ enhance relevant existing policies

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INTERACTIVE GUIDE ON INFORMING POLICY

One important component of a comprehensive approach to teen dating violence prevention is ensuring that the best available data, evidence, and practice are included in policy development, implementation, and evaluation. The Dating Matters Guide to Informing Policy provides a framework for evaluating Teen Dating Violence (TDV) and TDV-related policies and synthesizing the information to inform policy.



OVERVIEW
Describes policy as a mechanism for TDV prevention



KEY CONSIDERATIONS FOR INFORMING POLICY
Important considerations to keep in mind when informing policy



RESOURCES AND TOOLS
Worksheets, tools and resources related to policy efforts, reaching consensus, evaluation, and partnership building

THE POLICY PROCESS

Policy development is not a linear process. Often the phases of the policy cycle overlap or occur out of order.

Problem Identification	Policy Analysis
Strategy and Policy Development	Policy Enactment
Policy Implementation	Evaluation



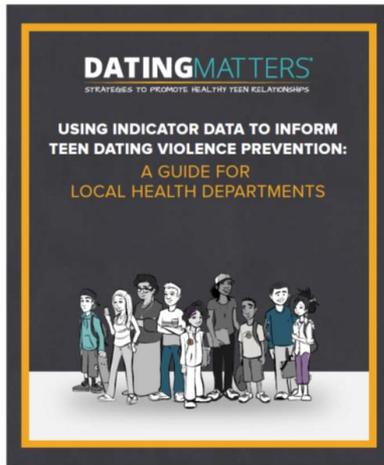
Stakeholder Engagement and Education
Evaluation

1. Problem Identification
2. Policy Analysis
3. Strategy and Policy Development
4. Policy Implementation
5. Policy Evaluation

Dating Matters comprehensive prevention model is an initiative designed to promote healthy, respectful, nonviolent dating relationships among youth in high-risk urban communities. The initiative supports communities' efforts to implement prevention strategies in schools, with families, and in neighborhoods. CDC recognizes the National Association of County and City Health Officials (NACCHO) for developing the Dating Matters Guide to Informing Policy and for their assistance in developing the web-based Dating Matters Policy Tool.

Using Indicator Data to Inform Teen Dating Violence Prevention: A Guide for Local Health Departments

helps local health departments...



- ✓ identify and use publicly-available indicator data
 - ✓ to track local trends in teen dating violence
 - ✓ to identify needs and strengths
 - ✓ conduct program evaluation

The Dating Matters Demonstration Project

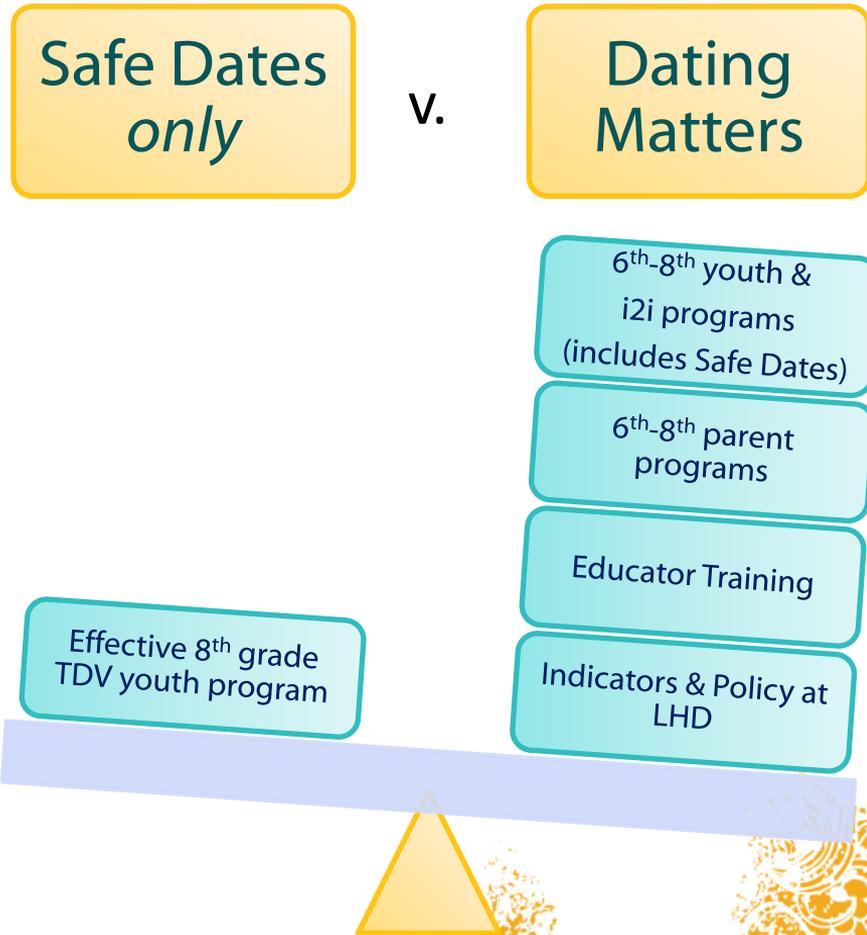


- Implemented in middle schools in four high-risk, urban communities from 2011-2016



Evaluating **DATING**MATTERS®

- 46 schools in high-risk, urban neighborhoods randomized
- Comparison condition received effective *standard-of-care* intervention
- Students assessed Fall/Spring of 6th, 7th, and 8th grades in middle school
- Longitudinal follow-up: students assessed in Spring of 9th, 10th, and 11th
- Data collection completed in 2018
- Middle school analyses completed



Analytic Sample

- Two “full-exposure” cohorts who had opportunity to participate in Dating Matters (DM) in 6th, 7th, and 8th grade
- Full Sample: N= 3,301
 - 53% female
 - 50% non-Hispanic black
 - 31% Hispanic
 - *M* age = 12
- For TDV outcomes, only “daters” included: N = 2,349

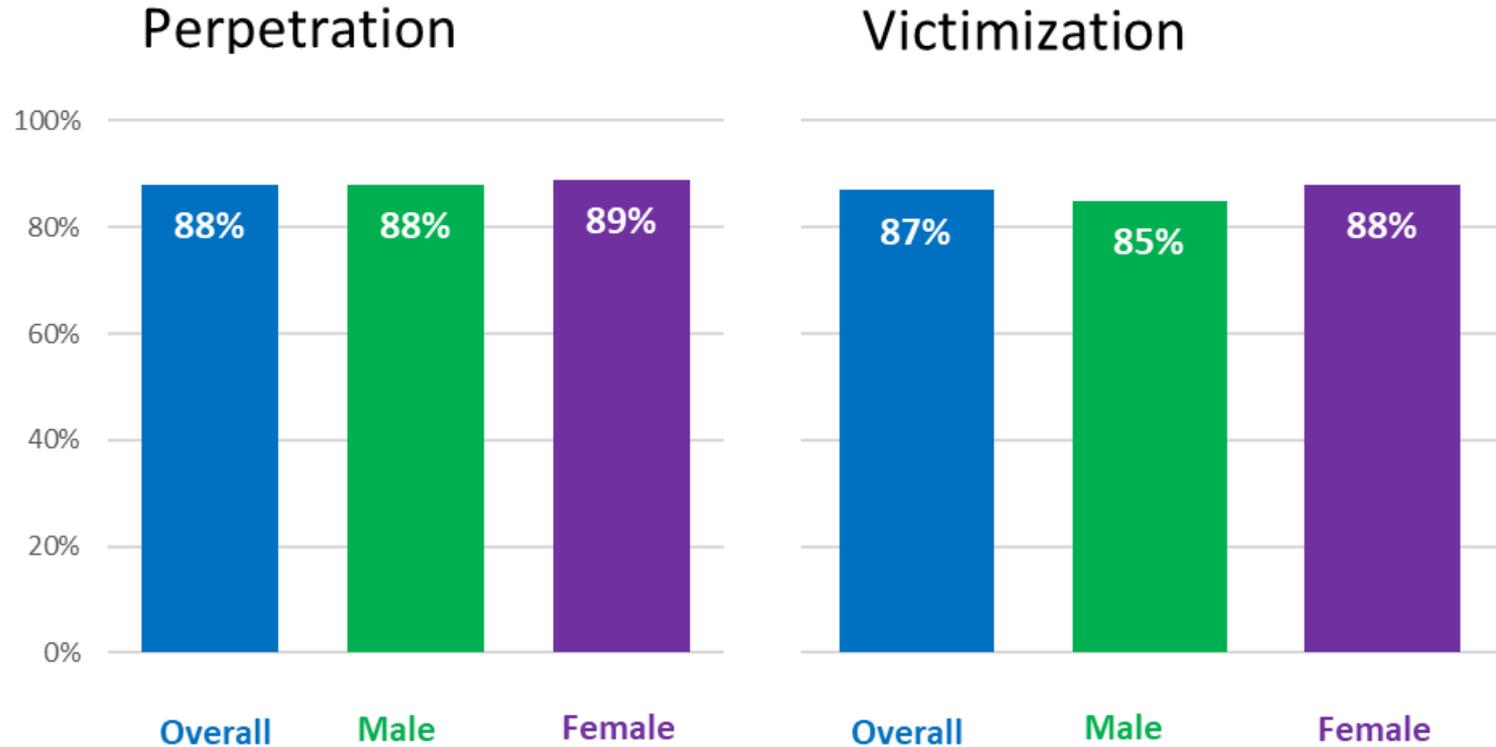


Measuring Teen Dating Violence

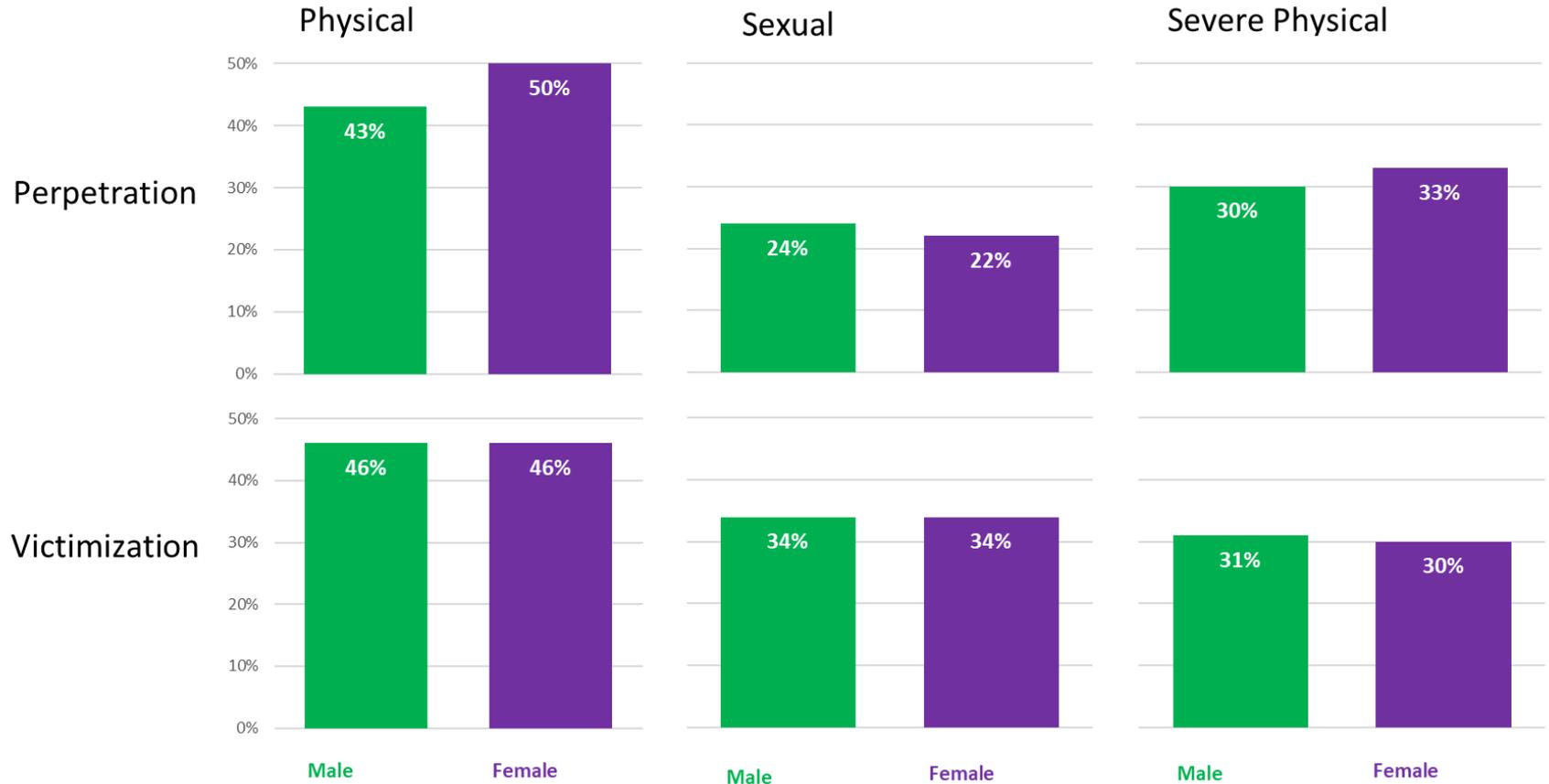
- TDV measured using multiple items for each subtype
 - Physical: 4
 - Sexual: 4
 - Severe Physical: 6
 - Verbal: 10
 - Relational: 3
 - Threat: 4
- Overall: 31 items used to measure TDV



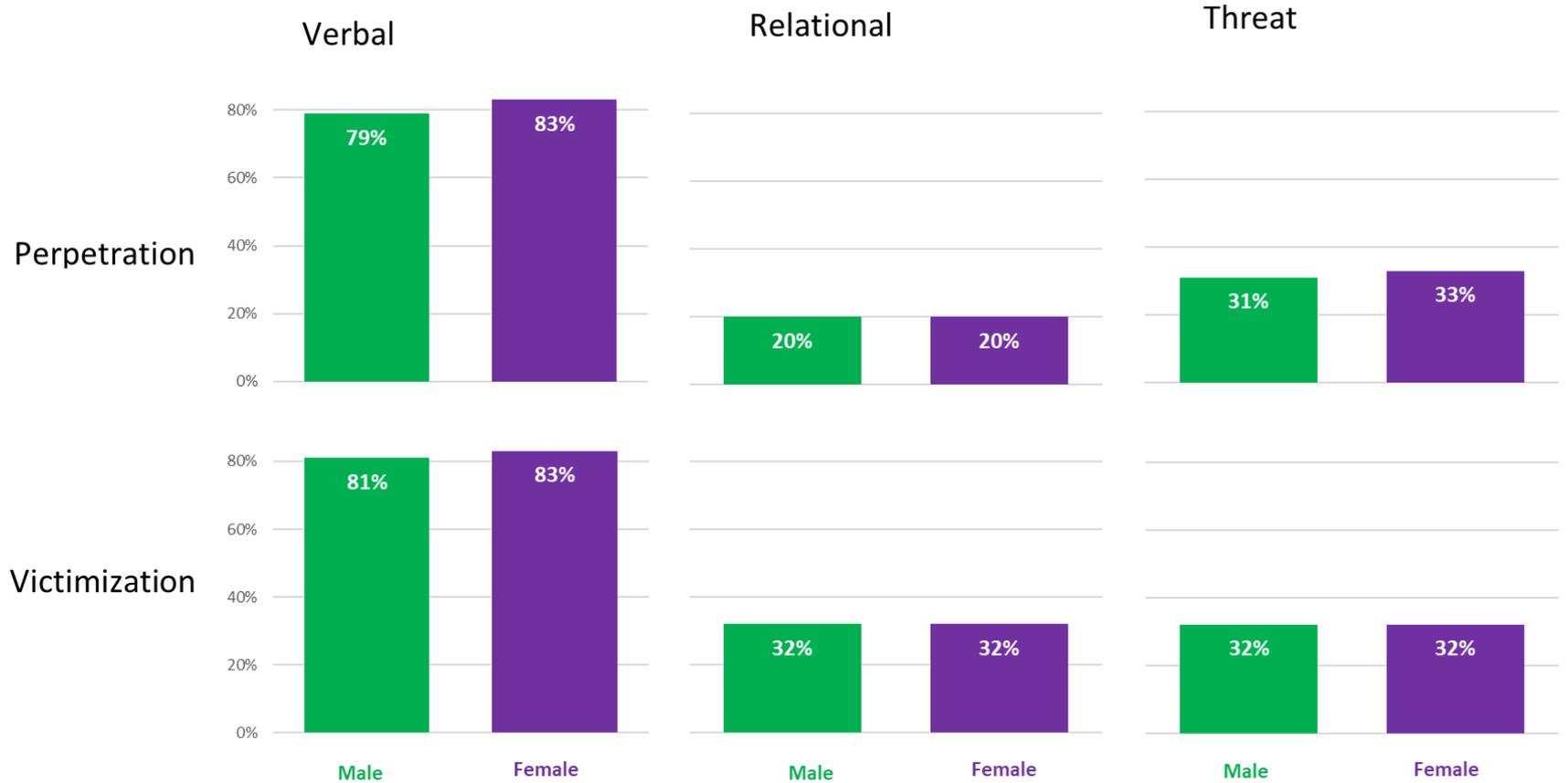
Prevalence of Teen Dating Violence Among Daters



Prevalence of TDV Subtypes



Prevalence of TDV Subtypes



Statistical Analysis



- Multiple Group Structural Equation models
- Compared DM and SoC for girls and boys, and for each cohort (8 group design) at 6 time points (fall/spring of 6th -8th)
- Results for each outcome shown as “average relative risk reduction” across groups and time points



Primary Outcomes in Middle School

(Published June of 2019 in the [American Journal of Preventive Medicine](#))

Assess effects of Dating Matters compared to the standard-of-care condition among middle school students on:

- TDV perpetration
- TDV victimization
- Use of Negative Conflict Reduction Strategies
- Use of Positive Relationship Behaviors

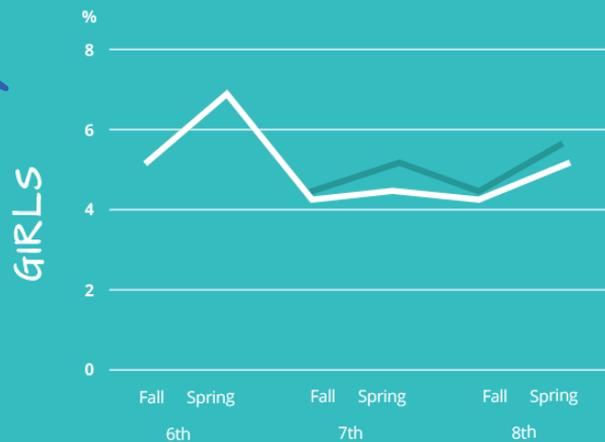


POMS

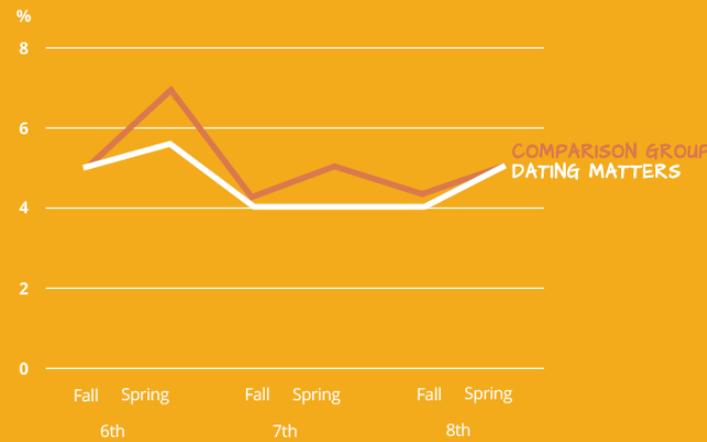
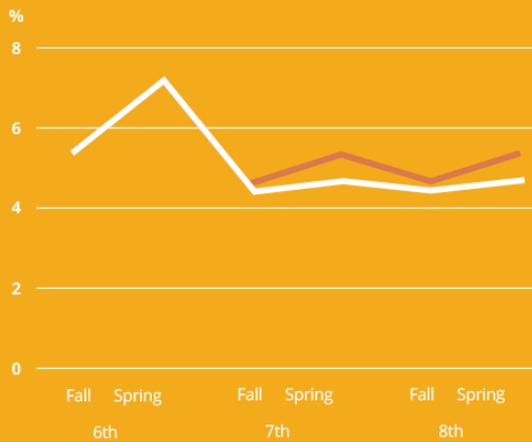
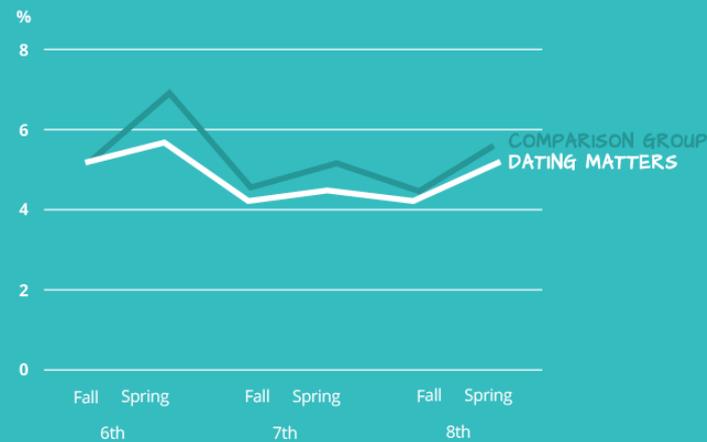
Teen Dating Violence Perpetration



YEAR 1 COHORT



YEAR 2 COHORT



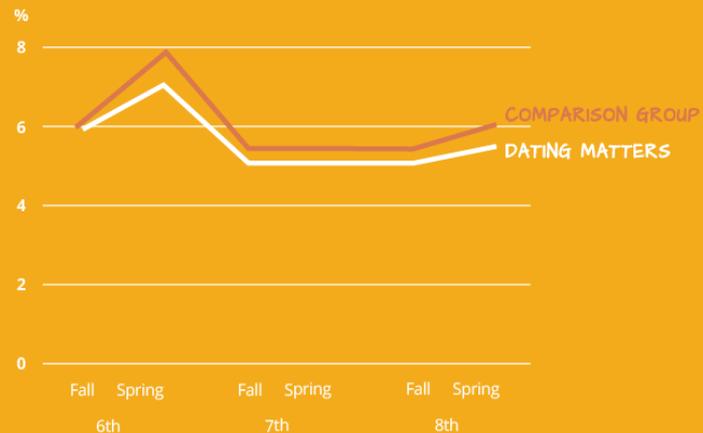
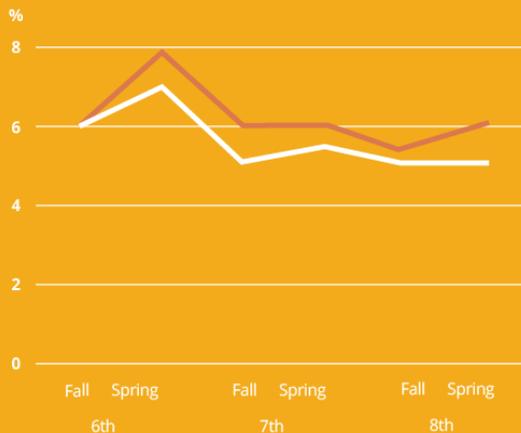
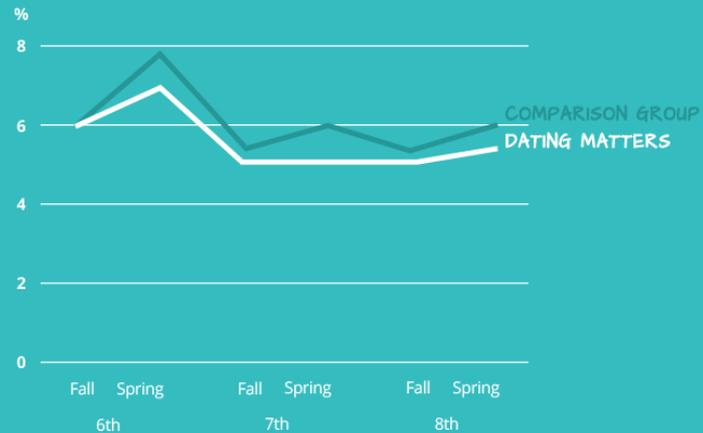
Teen Dating Violence Victimization



YEAR 1 COHORT



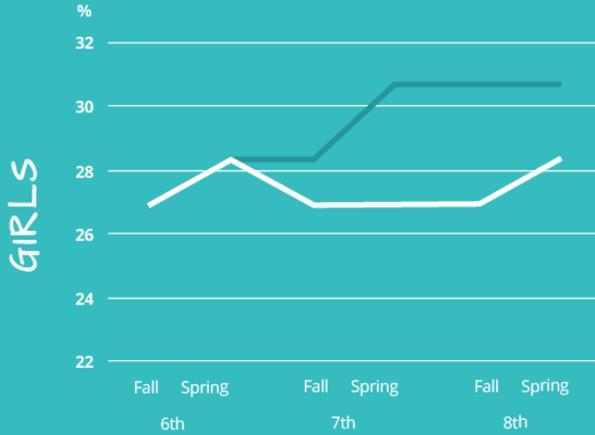
YEAR 2 COHORT



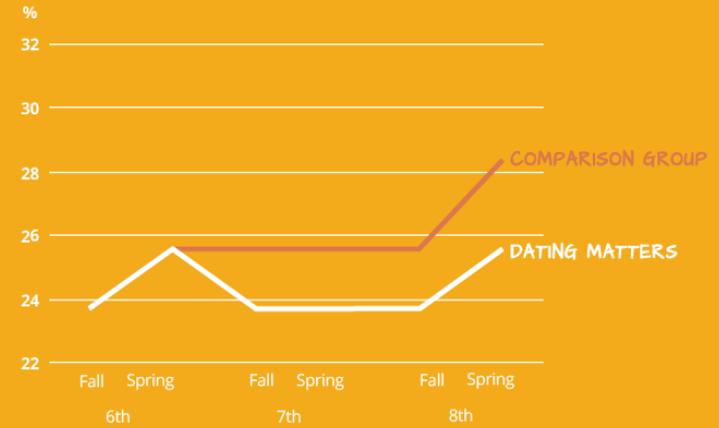
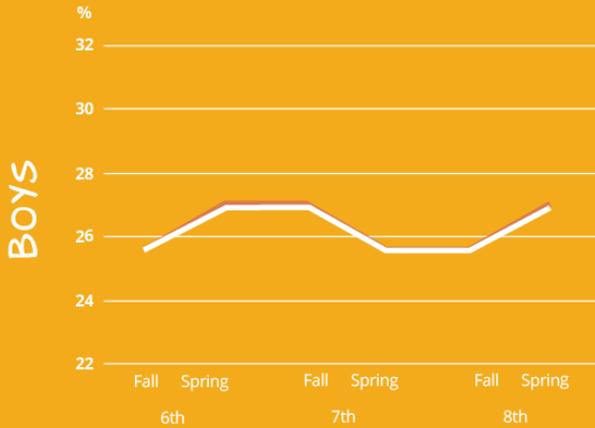
Use of Negative Conflict Resolution Strategies



YEAR 1 COHORT



YEAR 2 COHORT



DATING MATTERS®

STRATEGIES TO PROMOTE HEALTHY TEEN RELATIONSHIPS

TEEN DATING
VIOLENCE
PERPETRATION



TEEN DATING
VIOLENCE
VICTIMIZATION



NEGATIVE
CONFLICT
BEHAVIORS



Dating Matters® reduced risk for **teen dating violence and related behaviors** by 6 to 10%, on average, compared to the effects of another evidence-based program.

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STRATEGIES TO PROMOTE HEALTHY TEEN RELATIONSHIPS

DATING MATTERS TRAINING FOR EDUCATORS: AT-A-GLANCE

Dating Matters: Training for Educators is an online training for teachers and other individuals who work with youth, such as school personnel, coaches, and youth mentors. The training provides information about teen dating violence as well as skills and strategies for preventing violence based on the latest research. The training also provides educators with proven resources to help them set up violence prevention activities in their schools. The training follows a school administrator throughout his day, defines teen dating violence, and explains how to prevent it through a mixture of illustrations, exercises, and information from experts. The Dating Matters Training for Educators is one component of the Dating Matters comprehensive teen dating violence prevention model.

WHY IS TRAINING EDUCATORS IMPORTANT?

Between going to school and participating in other activities, many teens spend as much of their time in adult-led groups as they do at home. Educators, including teachers and counselors, along with coaches, mentors, and other individuals who work with youth can be important points of influence, positive role models, and safe havens for teens at risk. Dating Matters Training for Educators provides all of these youth-serving professionals with the knowledge, strategies, skills, and resources they need to recognize the warning signs of teen dating violence; to carry out prevention activities in their school or organization; and to join or lead

Dating Matters: Strategies to Promote Healthy Teen Relationships

is a comprehensive teen dating violence prevention model. Dating Matters focuses on 11 to 14-year-olds and is based on the best available evidence on what works to prevent teen dating violence. It includes multiple components that target individuals, peers, families, schools, and neighborhoods. These components work together to promote respectful, nonviolent teen dating relationships.

In addition to the Training for Educators, the Dating Matters model also includes:

- Capacity Assessment and Planning Tool
- Parent Programs
- Youth Programs
- Guide to Informing Policy
- QI Youth Communications Program
- Guide to Using Indicator Data

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STRATEGIES TO PROMOTE HEALTHY TEEN RELATIONSHIPS

Welcome to the Dating Matters Toolkit! This site has everything you need to implement Dating Matters. You'll find trainings, implementation guidance, access to the program materials, and many other resources here - the tools you need to promote respectful, healthy, and nonviolent relationships among teens in your community and to prevent dating violence.

Dating Matters: Strategies to Promote Healthy Teen Relationships is a comprehensive teen dating violence prevention model developed by the CDC to stop teen dating violence before it starts. Dating Matters is based on the current evidence of what works to prevent teen dating violence. It focuses on teaching 11-14 year olds healthy relationship skills. The model includes prevention strategies for individuals, peers, families, schools, and neighborhoods.



Available at: <https://vetoviolence.cdc.gov/apps/dating-matters-toolkit>

Navigating the Toolkit Website

DATING MATTERS[®]
STRATEGIES TO PROMOTE HEALTHY TEEN RELATIONSHIPS

EXPLORE

DATING MATTERS

By Component ▾

- Parent Programs
- Youth Programs
- i2i Youth Communications Program
- Training for Educators
- Capacity and Planning Tool
- Guide to Using Indicator Data
- Guide to Informing Policy

By Role ▶

◀ Go Back

Welcome to our town! Use the icons on the map - at home, school, or in the community - or choose from the menu on the left to explore each of the program components and roles that make up Dating Matters.



Already know what you need?

QUICK Links

Date published: Sept 23, 2019

Exploring by Component

DATING MATTERS®

STRATEGIES TO PROMOTE HEALTHY TEEN RELATIONSHIPS



Youth Programs

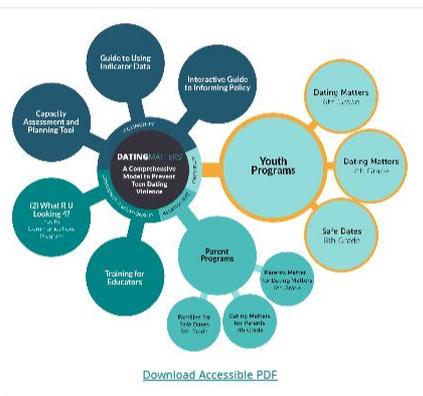
The Dating Matters youth programs provide middle school students—11- to 14-year-olds—with the knowledge and skills they need to have healthy, safe relationships. Each program focuses on supporting teens' social-emotional health, encouraging positive nonviolent attitudes and behaviors, and fostering the development of healthy, safe relationships. The programs are designed to be delivered in school by teachers or prevention educators, and include:

- Dating Matters for 6th Graders
- Dating Matters for 7th Graders
- Safe Dates for 8th Graders

 [Learn More](#)

[Download Youth Programs At-A-Glance](#)

[← Go Back](#)



Ready to get started?

Dating Matters youth programs are led by trained **Youth Program Facilitators**.

[Learn more about Youth Program Facilitator role >](#)

Dating Matters At-A-Glance

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STRATEGIES TO PROMOTE HEALTHY TEEN RELATIONSHIPS

DATING MATTERS YOUTH PROGRAMS: AT-A-GLANCE

The **Dating Matters Youth Programs**—one component of the Dating Matters comprehensive prevention model—provide middle school students with the knowledge and social-emotional skills they need to identify and engage in healthy, safe relationships. Healthy relationship attitudes and behaviors start developing early. Research shows that supporting healthy emotional development can prevent a wide variety of negative outcomes, including teen dating violence.

Dating Matters includes three programs designed for youth in 6th, 7th, and 8th grades to:

- support their social-emotional health,
- reinforce positive, nonviolent attitudes and behaviors, and
- foster the development of healthy, safe relationships before dating begins.

HOW WILL YOUTH BENEFIT FROM THE PROGRAMS?

The Dating Matters Youth Programs teach skills and knowledge to promote respectful, nonviolent dating relationships through strong parent-child communication and relationships. By using a mixture of information sharing, discussion, role play, and group exercises, these programs aim to improve student knowledge, attitudes, and behaviors regarding teen dating violence and healthy relationships.

WHAT ARE THE DATING MATTERS FOR YOUTH PROGRAMS?

Dating Matters includes three grade-specific (6th, 7th, and 8th), school-based programs that teach youth to identify and develop the skills and behaviors that lead to safe and healthy relationships while recognizing and avoiding actions that could lead to teen dating violence.

- **Dating Matters for 6th Graders** is designed to provide youth with opportunities to learn and enhance relationship skills in an engaging and non-threatening manner. Through seven 50-minute sessions, youth learn about healthy teen dating relationships by first exploring what it means to have healthy friendships. CDC developed Dating Matters for 6th Graders as part of the Dating Matters comprehensive prevention model.

Dating Matters: Strategies to Promote Healthy Teen Relationships

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In addition to these Youth Programs, the Dating Matters model also includes:

- Capacity Assessment and Planning Tool
- Parent Programs
- Guide to Informing Policy
- Training for Educators
- I2I Youth Communications Program
- Guide to Using Indicator Data

- **Dating Matters for 7th Graders** reinforces the information and skills developed in the 6th grade program. There are seven 50-minute sessions with modules that provide further information on sexual violence, teen dating safety, and relationship rights, as well as access to supportive resources. CDC developed Dating Matters for 7th Graders as part of the Dating Matters comprehensive prevention model.
- **Safe Dates** is an evidence-based program delivered in 8th grade that builds upon the skills and knowledge students learned in the Dating Matters programs for 6th and 7th grade. **Safe Dates** is an evidence-based program delivered in 8th grade that builds upon the skills and knowledge students learned in the Dating Matters programs for 6th and 7th grade. This 10-session program is designed to be delivered in the classroom and includes a school-wide poster contest and play. **Safe Dates** was developed by researchers and was found to be effective in preventing teen dating violence perpetration and victimization when students were re-assessed four years after participation.
- **Build Knowledge** by educating youth on:
 - healthy, unhealthy, and unsafe teen dating relationships,
 - warning signs for unhealthy teen dating behavior, and
 - the role of technology in teen dating (texting, social media, etc.).
- **Take Action** to promote the growth of healthy relationships and discourage engagement in unhealthy and unsafe relationships.
- **Empower youth** to:
 - trust in what they know,
 - listen to their inner voice instead of outside pressures, and
 - define their own healthy and safe boundaries and comfort levels in teen dating relationships.
- **Access Resources** by directing youth to people who can help them navigate their teen dating relationships (e.g., trusted adults) and provide resources (e.g., hotlines, websites) for more information.

HOW IS EACH PROGRAM DELIVERED?

Dating Matters includes three universal, classroom-delivered programs developed for students in 6th, 7th, and 8th grade. The programs consist of 7 to 10 weekly or bi-weekly sessions, each carried out during the school year by teachers, school staff, or outside program facilitators who are coordinated by the local health department or a community organization. The **Dating Matters Guide to Implementation** provides more detailed information on program delivery.

	Dating Matters for 6th Graders	Dating Matters for 7th Graders	Safe Dates
Total sessions	7 sessions	7 sessions	10 sessions
Session length	50 minutes	50 minutes	50 minutes
Other components	None	None	School-wide play and poster contest
Session topics	<ul style="list-style-type: none"> • Healthy relationships • Understanding feelings • Staying in control of feelings & making healthy decisions • Healthy communication • Unhealthy & unsafe relationships • Staying safe in relationships 	<ul style="list-style-type: none"> • Healthy relationships • Understanding feelings • Staying in control of feelings & making healthy decisions • Healthy communication • Unhealthy & unsafe relationships • Sexual violence & dating safety • Relationship rights & getting help 	<ul style="list-style-type: none"> • Caring relationships • Dating abuse • Skills to help friends • Overcoming gender stereotypes • Skills to recognize and handle anger • Effective communication skills • Preventing sexual assault

STAFFING

Multiple staff are important to implementing the Dating Matters Youth Programs as part of the Dating Matters comprehensive prevention model—from a Prevention Lead who coordinates all activities at the community level to Dating Matters coaches and program facilitators who carry out the programs with youth. The key responsibilities and skill sets for each of the staff roles are described below. The Dating Matter Guide to Implementation provides more detail on each of these roles.

- **Prevention Lead:** Prevention Leads should have the skills and experience to oversee comprehensive prevention activities and engage community stakeholders in teen dating violence prevention.
 - Oversees the initial set up of Dating Matters at the health department or community-based organization level
 - Enhances the community's capacity to implement teen dating violence prevention programs
 - Recruits and builds relationships with local schools
 - Engages community stakeholders and partners through a community advisory board
 - Supervises coaches and youth program facilitators
 - Monitors the budget and ensures sustainability
- **Youth Program Facilitator:** Youth program facilitators should have experience and skills working with youth, especially teens, to provide health education and facilitate an engaging, open dialogue about difficult topics. Teachers, school staff, or community-based health educators can deliver youth programs in the classroom.
 - Completes facilitator training
 - Engages in ongoing efforts with the Dating Matters Coach to improve program quality and fidelity
 - Delivers session content to youth
- **Dating Matters Coach:** Coaches are staff of the health department or community organization overseeing Dating Matters who are responsible for supervising and supporting youth and parent program facilitators. Coaches should have experience providing health education to youth and supervising prevention program implementation.
 - Supervises and supports youth program facilitators
 - Oversees access to facilitator training and program materials for youth program facilitators
 - Completes in-person interactive portions of training for youth program facilitators
 - Observes youth program facilitators and provides ongoing feedback and skill development in program facilitation
 - Completes fidelity checks to ensure adherence to session content

FACILITATOR TRAINING

Organizations can access free training for Dating Matters coaches and youth program facilitators through the **Dating Matters Toolkit** website. Facilitator certification is required to start the Dating Matters Youth Program. Facilitator training, including online modules and in-person supplemental activities with a Dating Matters Coach, should take about 10 hours.

PROGRAM MATERIALS

The CDC provides all materials needed to carry out Dating Matters Youth Programs (6th and 7th Grade) at no cost. Printing costs, estimated below, may apply. Materials include:

- Youth Program Facilitator Guides
- Youth Handbooks
- Coaches' Playbook

Safe Dates (8th grade) materials are available for purchase from the publisher (<http://www.hazelden.org/web/public/safedates.page>). Price estimates are provided below. For more detailed information on accessing or ordering Dating Matters program materials, please see CDC's [Dating Matters Toolkit website](#).

FACILITY NEEDS

All sessions for the Dating Matters Youth Programs can be held in a school classroom setting with access to projection equipment.

COST

Dating Matters Youth Program implementation costs can vary by community depending on staffing, administrative, facility, and printing costs as well as the number of students and classrooms served.



Exploring by Component

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Youth Programs

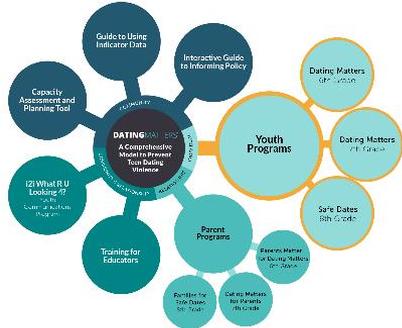
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- Dating Matters for 6th Graders
- Dating Matters for 7th Graders
- Safe Dates for 8th Graders

 [Learn More](#)

[Download Youth Programs At-A-Glance](#)

[Go Back](#)



[Download Accessible PDF](#)

Ready to get started?

Dating Matters youth programs are led by trained **Youth Program Facilitators**.

[Learn more about Youth Program Facilitator role](#) >

Date published: Sept 23, 2019

Already know what you need?

[QUICK Links](#)

Exploring by Role



Youth Program Facilitator

Youth program facilitators deliver the Dating Matters youth programs in the classroom to 6th, 7th, and 8th graders. Facilitators create a safe and accepting learning environment, and manage group dynamics.

Youth program facilitators should have experience and skills for working with youth, especially teens. The ideal facilitator has experience providing health education about difficult topics in engaging and open dialogue.

Are YOU a Youth Program Facilitator?

All of the **Materials**, **How-To Guides**, **Training**, and **Tools** you need are on this page.



Start where you see this icon.

Ask your [Dating Matters Coach](#) for access to the Facilitator Training Portal.

[← Go Back](#)

Materials



✔ [Youth Programs At-A-Glance](#) Learn more about the youth programs and resources needed to implement them.

✔ [Youth Program Facilitator Guides and Youth Handbooks](#) All of the program materials needed to implement the 6th and 7th grade youth programs are available to trained facilitators. The materials are available in the Facilitator Training Portal.

✔ [Safe Dates® \(for 8th graders\)](#) This evidence-based teen dating violence prevention program is part of Dating Matters and serves as the 8th grade youth program. It is available for order from [Hazelden Publishing](#).



How-To Guides and Training

✔ [Training for Educators](#) This 1-hour training about teen dating violence is designed for school personnel. It is also required for all youth and parent program facilitators and should be completed prior to the Program Facilitator Training.

✔ [Program Facilitator Training](#) This required, three module training teaches facilitators how to deliver the Dating Matters youth and parent programs. It is available in the Facilitator Training Portal.

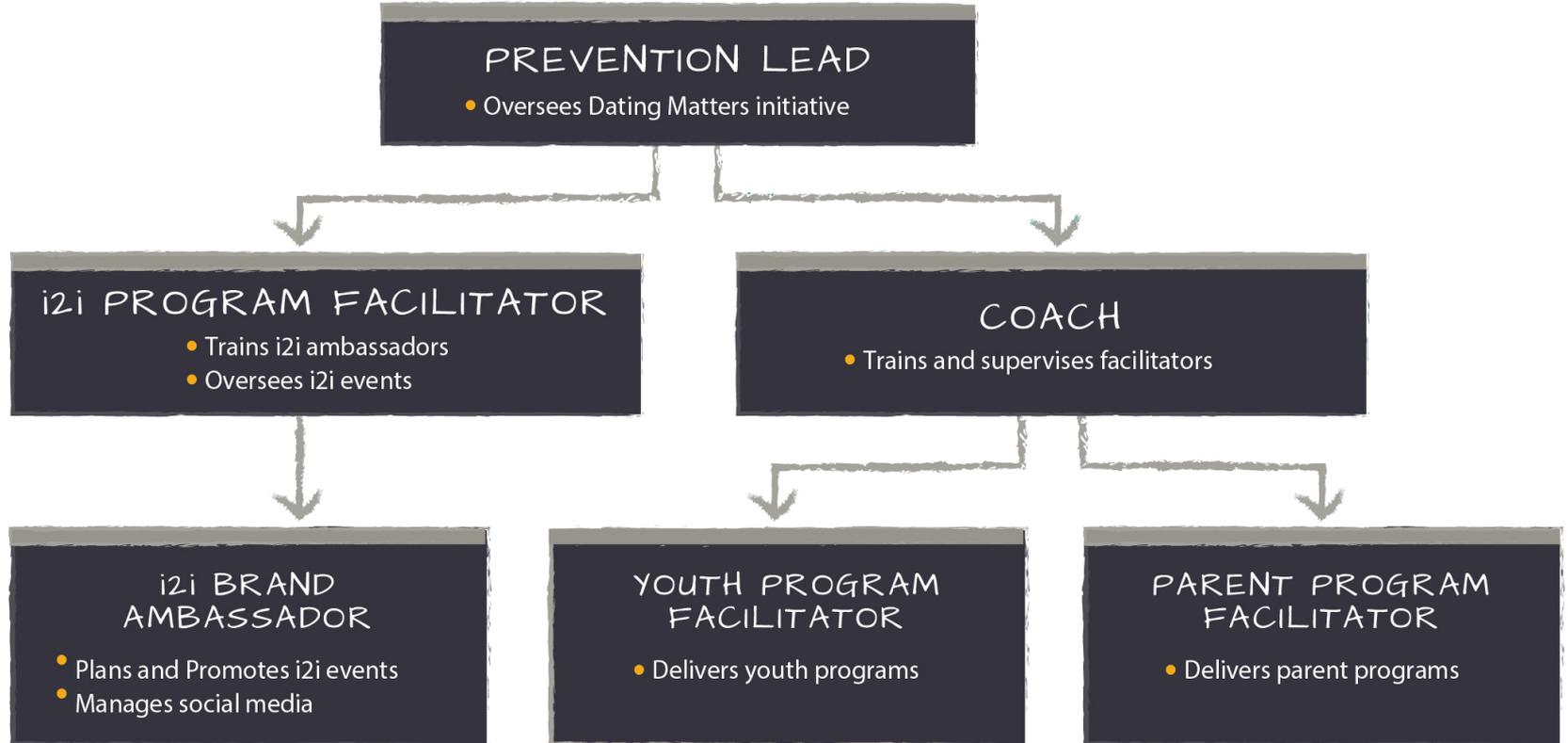
✔ [Program Facilitator Training Manual](#) This manual summarizes key information and lessons from the Program Facilitator Training and should be used as a resource for facilitators. It is also available in the Facilitator Training Portal.



Tools

✔ [Team Up! for Dating Matters](#) This online community of practice is designed to be a peer-led discussion group for communities implementing Dating Matters. It is available on Slack.com or mobile application, but you must complete a user agreement to join.

The Dating Matters Implementation Team



The Guide to Implementation

DATINGMATTERS®

STRATEGIES TO PROMOTE HEALTHY TEEN RELATIONSHIPS

GUIDE TO IMPLEMENTATION



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The Coaches Playbook

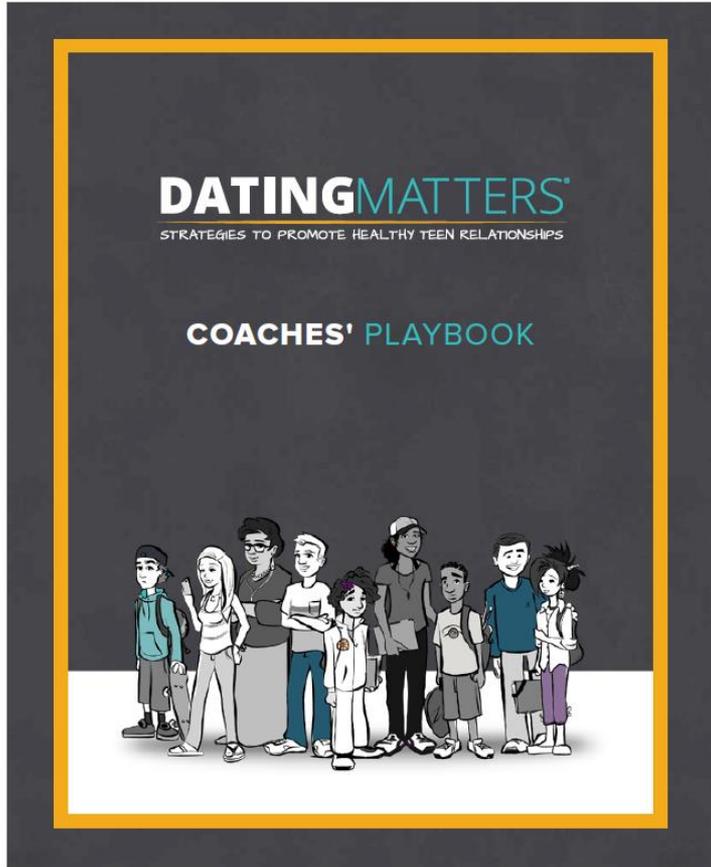


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Overview of the Facilitator Training Portal



To access the Training Portal, enter your Community Access Code here:

Dating Matters Training for Program Facilitators

What is the Program Facilitator Training?

The Program Facilitator Training helps facilitators learn how to deliver the Dating Matters youth and parent programs in their local community. The training includes three online modules as well as in-person training sessions with the Dating Matters Coach. This training provides an opportunity to learn about the youth and parent programs, practice leading actual sessions, and give and receive feedback from the Coach.

- **Module 1** of this online training provides important information about Dating Matters and the skills you need to deliver it effectively. All facilitators must complete this module first.
- **Module 2** provides specific information on the content and delivery of sessions in the 6th and 7th grade youth programs. It is required for all youth program facilitators.
- **Module 3** provides specific information on the content and delivery of sessions in the 6th and 7th grade parent programs. It is required for all parent program facilitators.

Do I Need This Training?

The Dating Matters Facilitator Training is required for Prevention Leads, Dating Matters Coaches, and all Program Facilitators.

Do you have an access code?

Yes! Click the link below to enter your community access code and start the training!

[Start Program Facilitator Training >](#)

Not yet! Ask your Prevention Lead or Coach for your community access code.

An orange arrow points from the text 'To access the Training Portal...' to the 'Start Program Facilitator Training' button.

Inside a Teen's World



YOUTH

6th 7th 8th

Approx
50 MIN

Information
Discussions
Activities



PARENTS

6th 7th

Facilitators in
IN-PERSON groups

8th

Self-guided by
parents **AT HOME**
No group facilitation.

Session 5: Parents Are Role Models

PARENTS MATTER!
FOR
DATING MATTERS

6TH GRADE PROGRAM

SESSION 5

PARENTS ARE ROLE MODELS

Interception #3: There's No I In Team

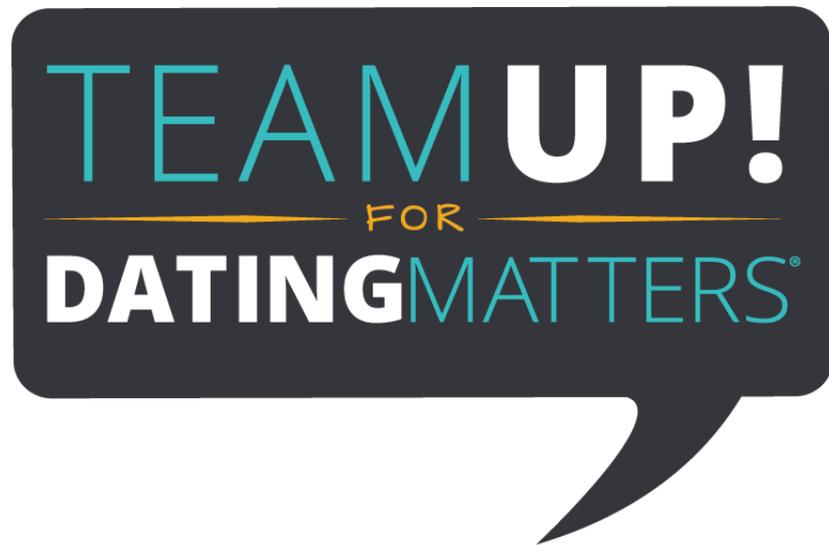


PROBLEM:

The session is going off topic and getting out of control

HOW WOULD YOU RESPOND?

- A. Tell Caleb that he's taking the class off-topic and needs to stay focused.
- B. Ask everyone to take a five minute break.
- C. Turn the class into a comedy improv session to lighten the mood.



- Online community of practice
- Free mobile/desktop app



DATINGMATTERS®

STRATEGIES TO PROMOTE HEALTHY TEEN RELATIONSHIPS

Team Up! for Dating Matters

Team Up! for Dating Matters is a free, peer-led online community of practice for everyone involved in Dating Matters. Team Up! is a platform to share tips, post questions, and discuss ideas for improving implementation in your community. Team Up! is housed on the Slack application available for free on Android, iPhone, or Windows. The app makes it easy to receive notifications and share questions or ideas on the go. It keeps you connected to the Dating Matters community when you need it.

Prevention Leads and Coaches are encouraged to participate in Team Up! For Dating Matters. Other facilitators and members of your team may also benefit from joining.

How do I join?

Fill out [this form](#) to agree to the Team Up! rules of behavior and request access. You should receive a response from CDC within 5 business days. If you have questions or do not receive a response, please contact CDC at datingmatters@cdc.gov.



Already know what you need?

QUICK Links

Date published: Sept 23, 2019

Edit your profile



Full name

Display name

This could be your first name, or a nickname — however you'd like people to see you.

Custom rules for this workspace:

This is how your name will show up in Slack. To keep with HHS guidelines, use only your first name or nicknames, NO last names.

What I do

Let people know what you do at Team Up for Dating Matters.

Phone number

Enter a phone number.

Time zone

Your current time zone. Used to send summary and notification emails, for times in your activity feeds, and for reminders.

Skype

This will be displayed on your profile.

[Add, edit or reorder fields](#)

Profile photo



[Upload an Image](#)

[Remove photo](#)

[Cancel](#)

[Save Changes](#)

- Team Up for Da...
 - Dating Matters Team
- Jump to...
- Threads
- Channels
 - # coachescorner
 - # communitychange
 - # i2iprogram
 - # meetandgreet
 - # parentprograms
 - # preventionleads
 - # slacksupport
 - # thelatest
 - # youthprograms
- + Add a channel
- Direct Messages
 - Slackbot
 - Dating Matters Team (y...)
 - Aisha, TeamUp MVP
 - Carlein
 - Jennifer
 - Jessica
 - John
 - Lianne
 - Liz
 - Mauro, Team Up MVP
 - Phyllis
 - Vi
- + Invite people
- Apps
 - + Add apps

#meetandgreet
☆ | 👤 16 | 🗨️ 3 | Add a topic

#meetandgreet

You created this channel on August 15th. This is the very beginning of the #meetandgreet channel. Description: Welcome to Team Up! This channel is to get to know more about each other, so go on and introduce yourself! ([edit](#))

+ Add an app + Add people to this channel

Thursday, August 15th

★ Pinned by you

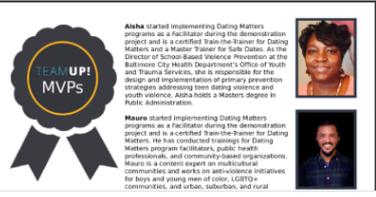
 **Dating Matters Team** 2:31 PM
We would love to get to know you! If you're new here, tell us a little something about yourself in this #meetandgreet channel. Tell us a little about yourself and what role or interest you have in Dating Matters. Remember, do not use personal identifiers (i.e. your last name) here or in any of the channels. (edited)

Wednesday, September 11th

★ Pinned by you - starred

 **Dating Matters Team** 12:49 PM
Meet the Team Up! MVPs. They are experienced Dating Matters implementers here to share their experiences and answer any questions you may have!

 **Team Up MVPs.pptx**
6 MB PowerPoint Presentation



The slide features a central graphic with a ribbon that says "TEAM UP! MVPs". To the right of the graphic are two small portrait photos of women. Text on the slide describes the MVPs: "Alpha started implementing Dating Matters programs as a facilitator during the demonstration project and is a Certified Brain-Trainer for Dating Matters and a Master Trainer for Safe Dates. As the Director of School-Based Violence Prevention at the Baltimore City Health Department's Office of Health and Trauma Services, she is responsible for the design and implementation of primary prevention strategies addressing teen dating violence and youth violence. Alpha holds a Masters degree in Public Administration." and "Mauro started implementing Dating Matters programs as a facilitator during the demonstration project and is a certified Brain-Trainer for Dating Matters. He has conducted trainings for Dating Matters program facilitators, public health professionals, and community-based organizations. Mauro is a content expert on multigenerational communities and works on anti-violence initiatives for boys and young men of color, LGBTQIA+ communities, and urban, suburban, and rural."

★ Pinned by you - starred

 **Dating Matters Team** 1:09 PM

Message #meetandgreet

🗨️ B I 🔊 🔍 📄 📁 📧

About this channel

📄 Channel Details

🌟 Highlights

📌 3 Pinned Items

 **Dating Matters Team** Sep 11th at 1:09 PM
Meet CDC's Dating Matters team! We are here to answer any q...
PowerPoint Presentation

 **CDC's Dating Matters Team.pptx**
544 kB PowerPoint Presentation



The slide features a vertical "ATING MATTERS" logo on the left. To the right are five small portrait photos of team members. Text on the slide describes the team: "Alpha started implementing Dating Matters programs as a facilitator during the demonstration project and is a Certified Brain-Trainer for Dating Matters and a Master Trainer for Safe Dates. As the Director of School-Based Violence Prevention at the Baltimore City Health Department's Office of Health and Trauma Services, she is responsible for the design and implementation of primary prevention strategies addressing teen dating violence and youth violence. Alpha holds a Masters degree in Public Administration." and "Mauro started implementing Dating Matters programs as a facilitator during the demonstration project and is a certified Brain-Trainer for Dating Matters. He has conducted trainings for Dating Matters program facilitators, public health professionals, and community-based organizations. Mauro is a content expert on multigenerational communities and works on anti-violence initiatives for boys and young men of color, LGBTQIA+ communities, and urban, suburban, and rural."

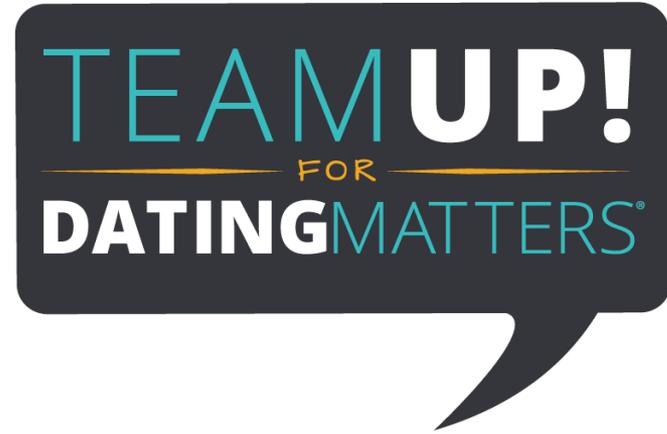
#meetandgreet [View message](#)

 **Dating Matters Team** Sep 11th at 12:49 PM
Meet the Team Up! MVPs. They are experienced Dating Matters...
PowerPoint Presentation

 **Team Up MVPs.pptx**
6 MB PowerPoint Presentation



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Mauro Sifuentes, EdD

Team Up! MVP

Mauro's Experience: Dating Matters Implementation

- Demo Project Experience
 - Importance of facilitator training
 - Maintaining flexibility at implementation/school sites
 - New Dating Matters Toolkit
 - Balancing “best foot forward” and realistic expectations
 - Collaboration and clarity are key across partner agencies
 - Team Up! Support
- 

Learn More about Dating Matters:

<https://www.cdc.gov/violenceprevention/datingmatters>



About Dating Matters
Overview and components



The Science
Development and building evidence



Success Stories
Dating Matters at work in communities



Get Started
Dating Matters Toolkit



Publications and Resources
Links to research articles and resources

The screenshot shows the Dating Matters website interface. On the left is a vertical navigation menu with the following items: Our Approach (+), Child Abuse & Neglect (+), Elder Abuse (+), Intimate Partner Violence (-), Dating Matters® (-), About, Get Started, Science, Success Stories, Publications and Resources, Definitions, Data Sources, Risk and Protective Factors, Consequences, Prevention Strategies, Additional Resources, Featured Topic: Teen Dating Violence, Publications (+), Sexual Violence (+), Suicide (+), Youth Violence (+), Funded Programs and Initiatives (+), and Social Media (+). The main content area features a header with the title "Dating Matters®" and social media icons for Facebook, Twitter, and YouTube. Below this is a large banner image with the text "DATING MATTERS® STRATEGIES TO PROMOTE HEALTHY TEEN RELATIONSHIPS" and an illustration of diverse teenagers. A section titled "What is Dating Matters?" provides a detailed description of the program. Below the text are four interactive buttons: "ABOUT DATING MATTERS" (Overview and components), "GET STARTED" (Dating Matters Toolkit), "THE SCIENCE" (Development and building evidence), and "PUBLICATIONS AND RESOURCES" (Links to research articles and resources). On the right side of the main content area, there is a "Promotional Brochure" section with a thumbnail image of a brochure and the text "Coming soon! Information about how Dating Matters works in communities".