

Planting the Seeds to Build Communities: Stories of healing, connection, and Prevention

Wednesday February 12, 2020
11 AM-12:30 PM PT/2 PM-3:30 PM ET

A: Welcome to the webinar! As you are joining, please share where you are in the world and let us know what a world without violence looks like to you.

A: Bowie, MD: for me a world without violence looks like being able to walk in the woods alone to be in relationship with land, water and animals without fear for my safety.

TV: For audio over the phone, please call 866-866-2244, passcode 9053509#.

TV: We are unable to join the phone line to the computer audio, please call in to the phone line above

TV: You can download the PowerPoint slides for this session here: <http://www.preventconnect.org/wp-content/uploads/2020/01/Planting-the-Seeds-final-02122020.pdf>

TV: Learn more about the Resonance Network seeds: <https://resonance-network.org/explore-engage/seeds/>

A: What are you seeing as evidence of the world you want in your own communities?

DD: I see children in my local high school building tiny homes to display in the community. a community that is "underserved"

KCH: a willingness to have conversations about the importance of healing and dealing with ongoing trauma as we continue to resist systems of oppression

LS: speaking truth to power even when the truth is inconvenient.

DD: I see art events being brought to my community in different forms - dance, music, painting, and movement.

DD: I see my neighbor asking others in the community to come practice yoga with her in her backyard

AS: I am seeing multi-systems especially multi-faiths organizations engage in dialogue and collaborate to address the impact of gender-based violence in institutions and communities.

DD: side ponytails!!

PH: Tannia, my deepest thanks

TV: Text Chat Question: What are you practicing for your own transformation? How will this impact your community?

DD: SOL!! In haitian kreyol, that is a short term money saving system in the absence of banks. Talk about beloved community. Thanks Tannia for helping me think of the connections

A: What are you practicing for your own transformation? How will this impact your community?

SD: so beautiful and powerful, thank you.

JR: Thank you so much for sharing that amazing story! Very much reminded me to hold my own Latinx community near and dear!

DR: working through my families' and people historical trauma. Healing the wounds and pain we carry so our children can be free from it

SS: practicing change in myself

CS: Using touchstones - small art objects - as a way to carry my commitment to healing and action. A way not to forget in the face of trauma daily. A way to be connected to others through art.

SZ: I am practicing finding the balance between gentleness, accountability, and forgiveness. Being able to see how that may look like helps me imagine how I may guide folks in my own community find their ways

LS: providing a space for incarcerated survivors of SV where their voices are heard. Facilitating a space where they hold the mic by leading storytelling.

JS: Understanding how my family/traditions/religious practices can contribute to a non-violent world

PH: Treating my codependent habits, amending the legacy of my settler ancestors

JC: practicing self care at monthly staff meetings

DGB: Practicing community engagement and listening. Sharing space with diverse voices and perspectives to build open and welcoming communities, promoting empathy and transformation.

LW: Recognizing my own experience and privilege and remaining vulnerable.

VW2: Facing my fears face on as a single-mother-by-choice in order to still live my dream as a mother and help raise a next generation of equality and respect.

N: striving for balance physically, mentally, emotionally, spiritually

DS: Self-awareness, meditation and working through and breaking through the generational trauma. I look within and do not blame others. I am accountable for my healing and me. I hope my growth will help others

ER: Bringing my actions in alignment with my values

DC: I am working through healing my own trauma and being kind to myself so that I may show up in my community with my whole self.

E: dismantle white privilege in tribal community.

A: I am practicing going bold and taking risks in my relationships -- practicing vulnerability, taking responsibility for harm, etc. I am finding that it is inviting more in my community to go big in relationships too!

TR: I love the idea of the healing justice circles. Vulnerability brings connection.

PH: Thank you Corrine

JS: Thanks Corrine!

TS: Thank you Corrine

CS: Each moment new

VW2: touching foreheads

PH: Begin here, now

SZ: Embrace healing, beauty, each other

N: interconnectedness

LS: lineage, present, nonviolent

LW: Back to our roots.

A: love, breath, collective journey

DGB: Earth, love, sharing

E: community, healing, strength

PZD: collective joy, practice, and hope

JN: healing, community, hope

BW: connected awareness & breath

PH: Thank you Q

TR: I love this discussion about masculinity

AS: Q, I appreciate the valuable time and space you share with the young black boys! I wish you continued success.

EDdL: Much love to Q and CONNECT, Inc.!

VW2: what incredible work, Q! And the poem really resonated with me...thank you for sharing!

LW: Q, this is a model that we utilize in Southern Oregon. Unlike your urban work, we have a very rural environment here. Trust, play (as you said many of these young adults still have a large amount of unmet child needs) and community building is our main focus. We are often asked to package our curriculum but we can't seem to get across that it's not what you do but how you do it.

AT: Thank you, Lindsey! "not what you do, but how you do it"

SS: Thank you Q

JR: Wow talk about power in numbers!

AS: I'm so inspired by ConnectNYC Inc.!!!

TS: Thank you Q

N: WOW!

A: What are your 3 word reflections from Quentin's story?

JS: Thanks Q!

TR: Well done Q

VW2: manchild

LS: trust, patience, nurture

TR: Keep up the amazing work!

CS: vulnerability / strength / connection

JS: Men, get involved!

JC: Wow! Thank you Q

SZ: Thank you Q! I reflected on the urgent need in our communities to have men's circle in which as your organization emphasizes, accountability with compassion is always so crucial

AK: powerful inclusive healing

SS: strength/ vulnerability/character

N: Everyone needs to PLAY - to make sure the unmet needs of the inner child are heard! Love the Father's Pledge to end Violence!

A: community building, vulnerability, being present with each other

BW: vulnerable nurturing

N: vulnerability is true strength!

E: remove the mask and regain their power of self-love, respect for family, children, balance.

JC: This is a great space for boys/men to enter into space and fellowship and engage with their communities

PH: lol

EDdL: I LOVE this Tannia! What an amazing storyteller!

JR: Wow!!!

EDdL: What a beautiful familia!

PH: Oh Tannia, thank you

ST: AMAZING

WG: Beautiful thank you Tannia.

A: What are your 3 word reflections from Tannia's story?

MH: You are an amazing storyteller!

TS: Thank you Tannia

JR: Tannia I am so inspired by you! Thank you!

SL: powerful, inspiring, hope

SS: beautiful/honor/grace

SZ: Inspired, grateful, peaceful

LS: generational, reflective, forgiving

WG: Honor womxn's work

E: family, love, happiness

MK: connection/rooted/courageous

SS: reflect/give/love

ST: empowering/unity/beautiful

RL: connection.ansestry, life

N: provide opportunities for people to share the wisdom of their ancestors as they see it.

SZ: Response to question: I am inspired to work in my community as a birth companion for families of color <3 to work towards forgiving those in my life that I

am still grieving

CS: Beautiful Sara we have a doula program

SS: thank you

DS: Thank you for all you do

MH: Thank you everyone!

CM: Thank you

SZ: I am so glad to hear that! Currently located in ATX, so I will connect with Mama Sana Vibrant Woman

E: I feel I need to look deep into my heart to see how and what I can do to make a difference in my community.

SZ: Wow this was so amazing. Definitely cried in joy at many points. Thanks so much to the presenters for sharing your stories, wisdom, and collective beauty