

Welcome, this web conference will begin soon

Preventing Sexual and Domestic Violence in Rural Communities

# FROM RESISTANCE TO RESILIENCE

Wednesday March 25th, 2020  
11 AM pst | 2 PM est



# Meet the PreventConnect Team



**Ashleigh Klein-Jimenez**

Project Manager  
she/her/hers



**Tori Vandelinde**

Project Coordinator  
she/her/hers



prevent  
connect

## **PreventConnect.org**

info@PreventConnect.org

PreventConnect.org/email – **email group**

Learn.PreventConnect.org – **eLearning**

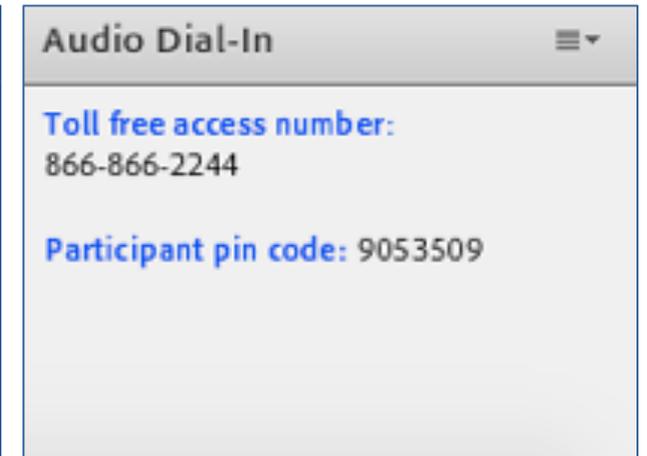
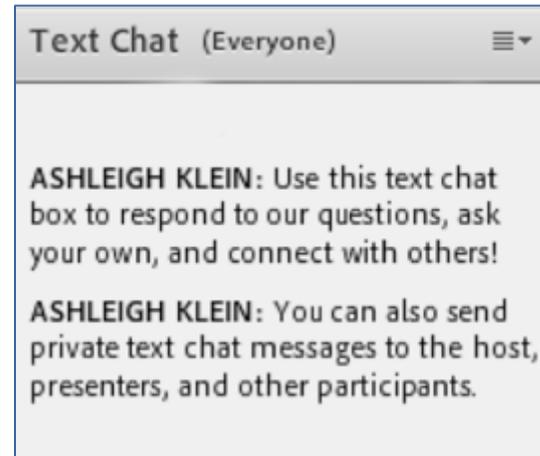
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# How to use Adobe Connect

- ▶ Text chat and private chat
  - ▶ Please send a private chat message for help.
- ▶ PowerPoint Slides
- ▶ Polling Questions
- ▶ Phone
- ▶ Closed Captioning
- ▶ Web Conference Guidelines



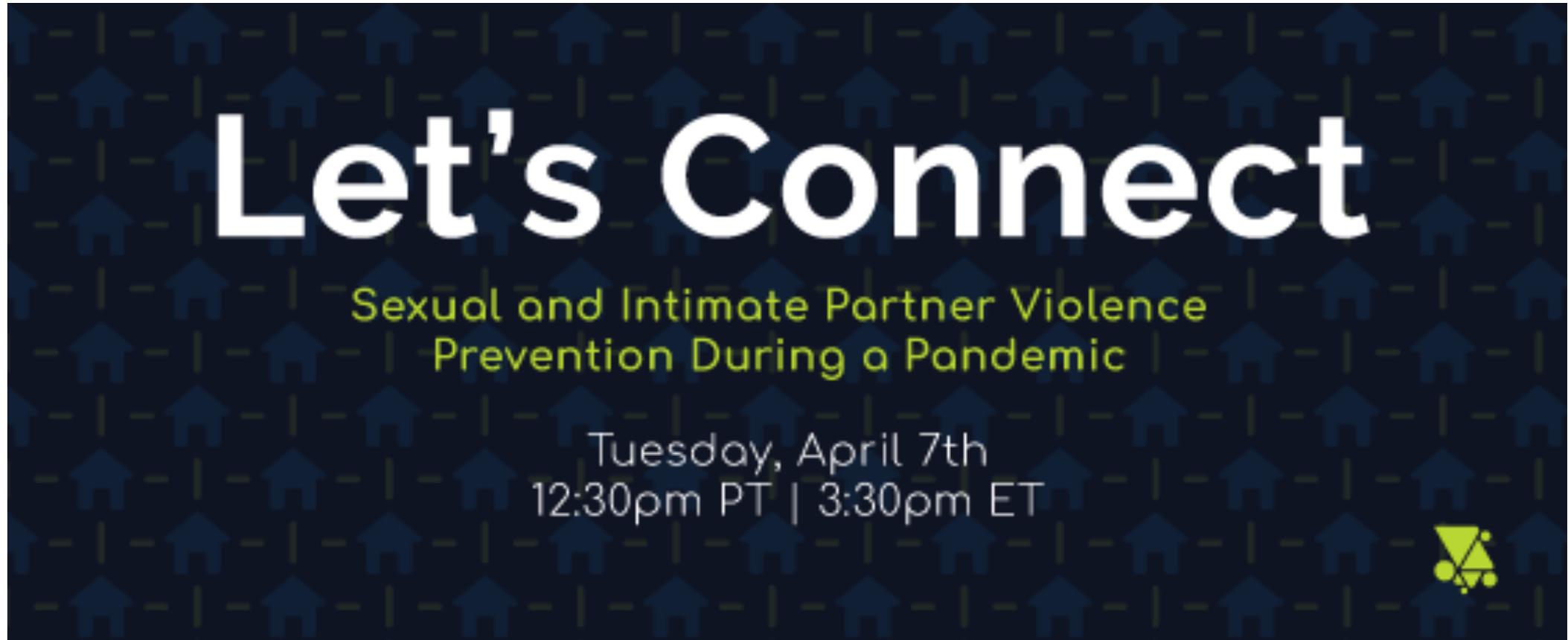
Contact Adobe Connect support at:

<https://helpx.adobe.com/adobe-connect/connect-support.html>

# PreventConnect

- ▶ Domestic violence/intimate partner violence
- ▶ Sexual violence
- ▶ Violence across the lifespan, including child sexual abuse
- ▶ Prevent before violence starts
- ▶ Connect to other forms of violence and oppression
- ▶ Connect to other prevention practitioners

## Upcoming web conference



# Let's Connect

Sexual and Intimate Partner Violence  
Prevention During a Pandemic

Tuesday, April 7th  
12:30pm PT | 3:30pm ET



<http://www.preventconnect.org/2020/03/lets-connect-sexual-and-intimate-partner-violence-prevention-during-a-pandemic/>

Preventing Sexual and Domestic Violence in Rural Communities

# FROM RESISTANCE TO RESILIENCE

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PreventConnect is a national project of the California Coalition Against Sexual Assault sponsored by the U.S. Centers for Disease Control and Prevention. The views and information provided in this web conference do not necessarily represent the official views of the U.S. government, CDC or CALCASA.



# Let's Breathe



# Objectives

- ▶ Describe the landscape of sexual and intimate partner violence prevention in rural communities
- ▶ Identify challenges and opportunities for prevention in rural communities
- ▶ Engage in a discussion about addressing considerations for sexual and domestic violence prevention in rural communities

Violence Prevention in  
**PRACTICE**



Violence Prevention in  
**PRACTICE**



# Meet Our Guests



**Jessica Bender**  
Community Coordinator,  
Family Refuge Center  
she/her/hers



**Alison Price**  
Community Engagement  
Program Manager, Rural  
Resources Victim Services  
she/her/hers



**Jennifer Martínez**  
Bilingual Social Change  
Associate/Organizer,  
Idaho Coalition Against  
Sexual and Domestic  
Violence  
she/her/hers/ella



**Darrel Harris**  
Social Change  
Coordinator, The  
Advocates  
she/her/hers

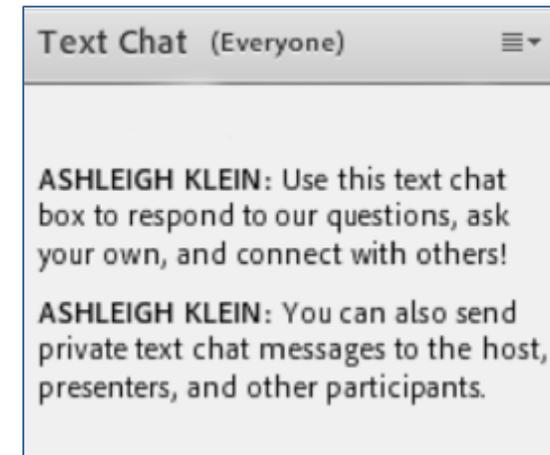


**Monica Reyna**  
Violence Prevention  
Educator, The Advocates  
she/her/hers

Tell us about your communities. What do you see? Hear? Smell? Taste? Feel?

Text Chat Question

Use the Text Chat feature to answer the question.



# Meet Our Guest

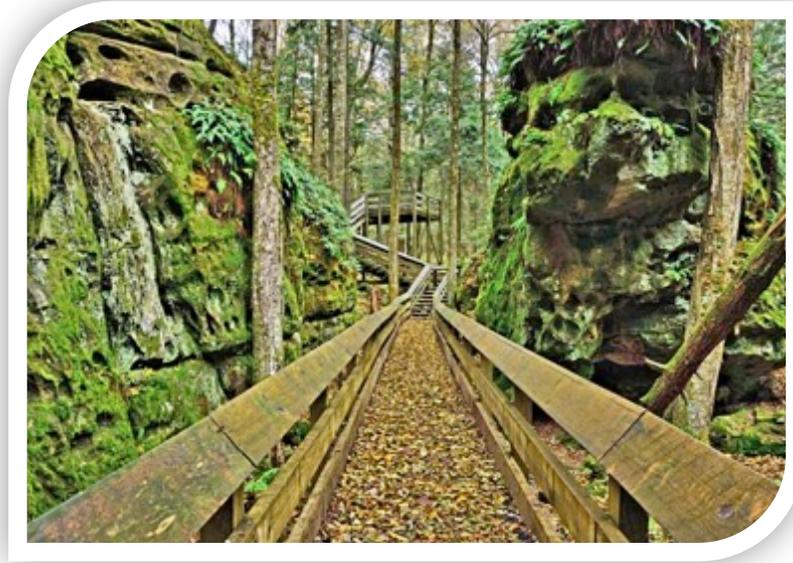


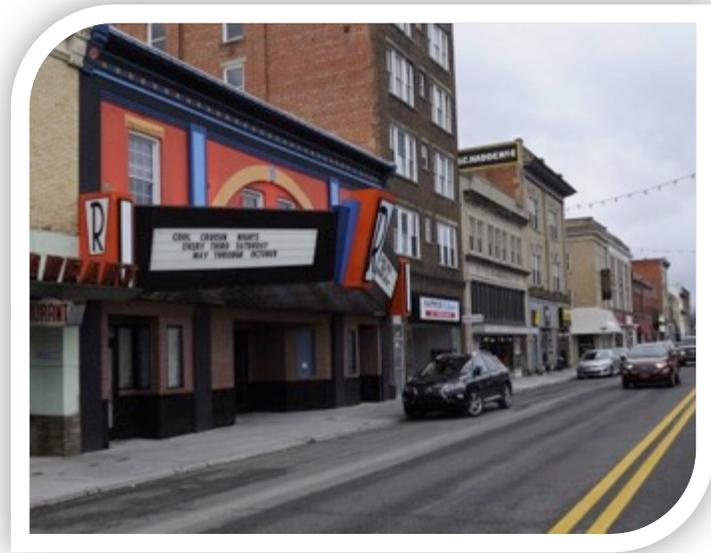
## **Jessica Bender**

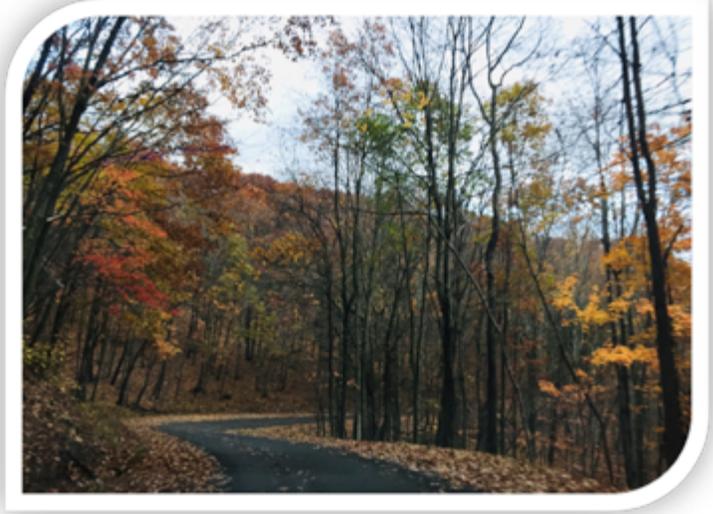
Community Coordinator,  
Family Refuge Center  
she/her/hers











# Risk Factors



- ▶ A set of behaviors and/or conditions associated with a greater likelihood of violence perpetration

# Risk Factors for Sexual Violence



## Individual

Sexually explicit media,  
substance use, education,  
hypermasculinity



## Community

Poverty, employment, general  
tolerance of violence,  
resources



## Societal

Gender stereotypes, weak  
policies

# Special Circumstances of Rural Communities

- ▶ Individual
  - ▶ Higher rates of pornography consumption
  - ▶ Opioid crisis
  - ▶ Good ol' boys network
  - ▶ Emphasis on “keeping matters behind closed doors”



# Special Circumstances of Rural Communities

- ▶ Community
  - ▶ High levels of poverty
  - ▶ Lack of employment opportunities
  - ▶ High alcohol outlet density
  - ▶ Lack of resources and services



# Special Circumstances of Rural Communities

- ▶ Societal
  - ▶ Strong rural patriarchy
  - ▶ General tolerance of violence
  - ▶ Geographic isolation
  - ▶ Gun ownership



# Key Strategies for Prevention Programming



- ▶ Assess your community
  - ▶ Federal Reserve Bank of St. Louis
  - ▶ Statewide coalitions
  - ▶ Ask community members

# Key Strategies for Prevention Programming



- ▶ Engage your community
  - ▶ Knowledge is power
  - ▶ Meet them where they are
  - ▶ Shared values

# Key Strategies for Prevention Programming

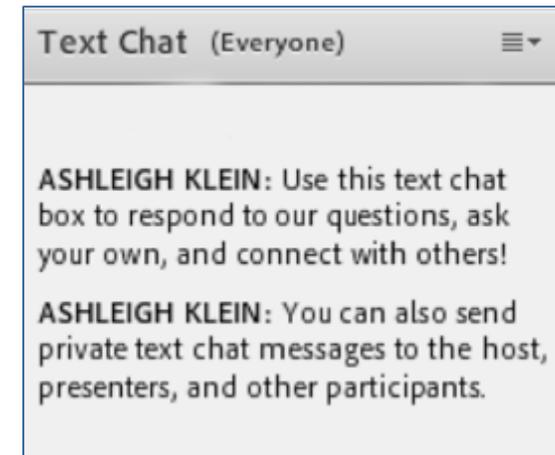


- ▶ Change your community
  - ▶ Objectives and goals
  - ▶ Strong partnerships
  - ▶ Celebrate your successes

How are you using  
community-specific  
risk and protective  
factors to inform your  
prevention efforts in  
rural areas?

Text Chat Question

Use the Text Chat feature to  
answer the question.



# Meet Our Guest



## **Alison Price**

Community Engagement Program Manager,  
Rural Resources Victim Services  
she/her/hers



## Rural Resources Victim Services – Eastern WA State





**"ART IS NOT ALWAYS ABOUT  
PRETTY THINGS. IT'S ABOUT WHO  
WE ARE, WHAT HAPPENED TO US,  
AND HOW OUR LIVES ARE  
AFFECTED."**

ELIZABETH BROUN

# Types of Art



## xstcawt – Prevention Through Decolonization



# Marketing Materials

## Īsłcawt FAQ

A PROGRAM OF RURAL RESOURCES VICTIM SERVICES

### What is Rural Resources Victim Services?

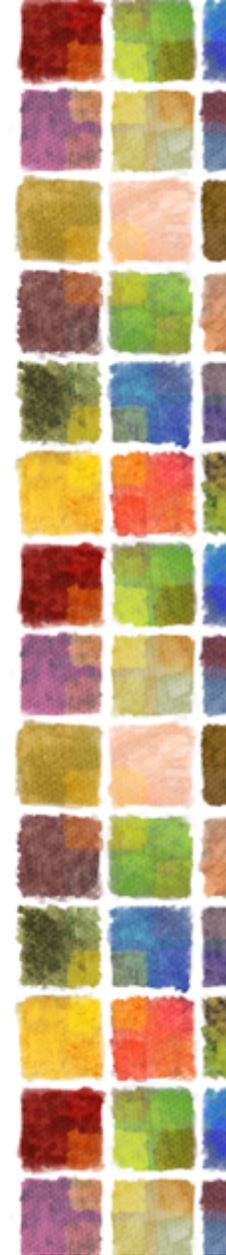
Rural Resources Victim Services serves victims of crime and abuse in Stevens, Ferry, and Lincoln counties through direct service and advocacy. This can include services like emotional support, crisis intervention, emergency shelter, 24/7 helpline, assistance with protection orders or other legal advocacy, information and referrals to community resources, medical responses to local hospitals, and safety planning. All of our services are free, confidential, and non-judgmental.

Rural Resources Victim Services is also home to the Community Engagement Program, which is responsible for outreach about our services, community education, and prevention of future abuse and victimization.

Rural Resources Victim Services is a nonprofit - we're funded through federal, state, and community grants and donations.

### What is Īsłcawt?

Īsłcawt is a weekly, indigenous culture-based curriculum developed by local tribal members and Rural Resources Victim Services to meet the specific needs of our service area's tribal communities. The program facilitators engage youth using various hands-on cultural and language activities to help them reconnect to their culture and traditions while building the skills they'll need to grow into healthy, responsible community members. Through partnership with The Boys and Girls Club of Inchelium, program facilitators stay with the same cohort throughout the year when possible to facilitate the greatest amount of individual growth.



# Marketing Materials

## ǵstcawt FAQ

A PROGRAM OF RURAL RESOURCES VICTIM SERVICES

### What topics do we cover?

Each class covers a combination of social-emotional learning topics as well as key components of the interior Salish traditions and knowledge. Skills such as empathy, healthy communication, boundaries, emotions, healthy coping skills, conflict resolution, bystander intervention, and supporting survivors of violence are taught in conjunction with traditional Salish values and experiences to empower our youth and families in their healing from trauma experienced as a result of colonization. In addition, we gather feedback from the youth and community to design activities that take into account their interests and needs.

### Why do we cover these topics?

Many of those topics are "protective factors", or skills that promote individual emotional health and positive relationships. Research shows that by targeting risk factors such as lack of empathy, lack of healthy relationships, unhealthy coping skills, etc. and by increasing protective factors, rates of violence drop significantly. Further research suggests that culture revitalization in tribal communities creates a reduction in violence, abuse, addiction, and suicide rates.

### What are our goals?

Our ultimate goal is preventing violence and abuse by helping youth build important social skills and become rooted within their cultural identity. In the short term, we strive to create positive, measurable change in protective factors, and decrease risk factor behaviors. We measure youth learning in each class through surveys, observation, and other evidence-based evaluation methods.

### Contact us:

Rural Resources Victim Services, Community Engagement Department  
956 S. Main St. Colville, WA  
509-684-3796  
24/7 Helpline: 1-844-509-7233



## Developing Administrative Buy-In



Find topics that have overlapping risk and protective factors and highlight those intersections

Ex: mental health or youth violence (gun violence)



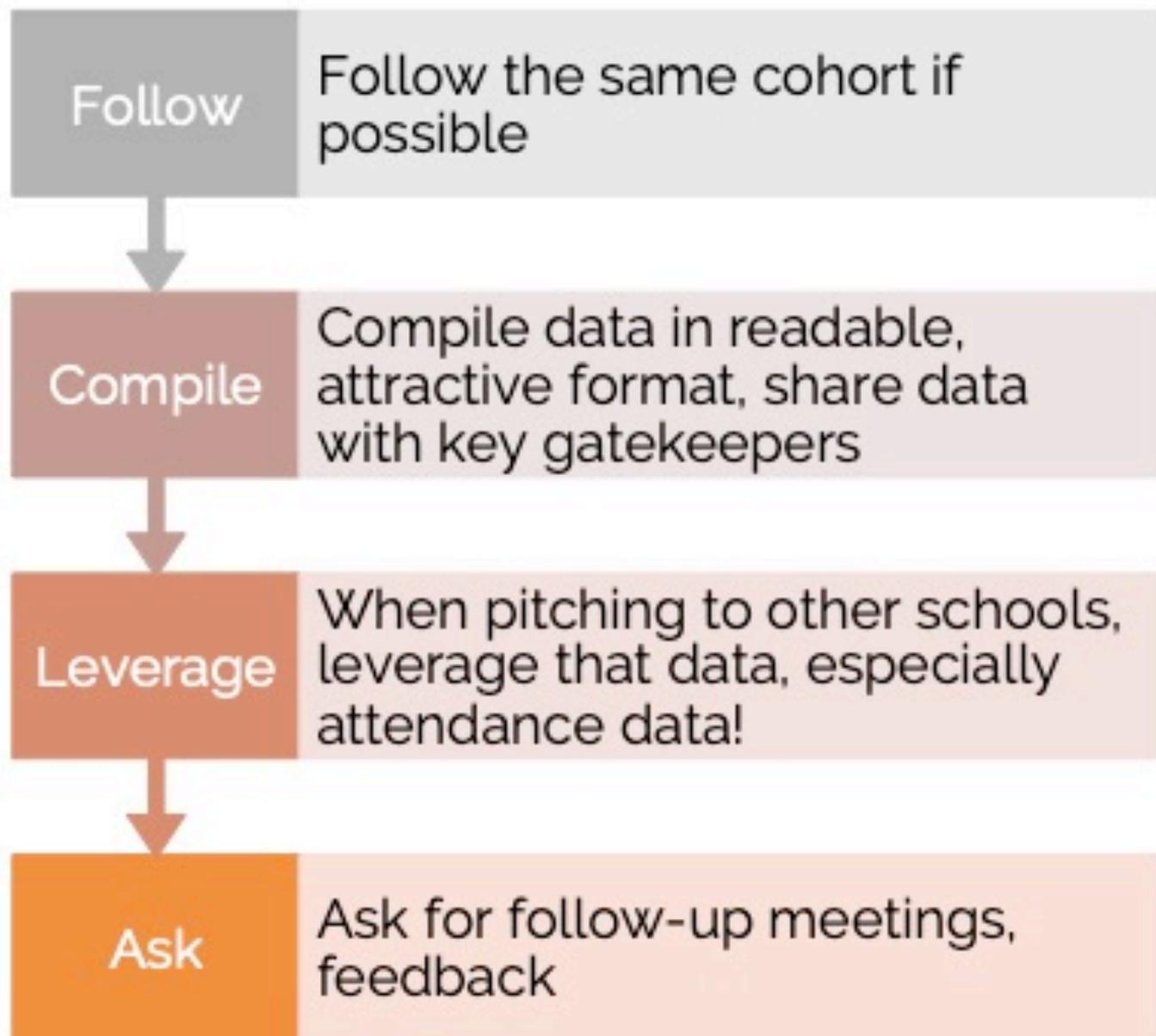
Focus on positives of student or youth participation

Ex: "Opportunities for community service, add to high school resume"



Focus on positive-skill building, creating "healthy and productive community members"

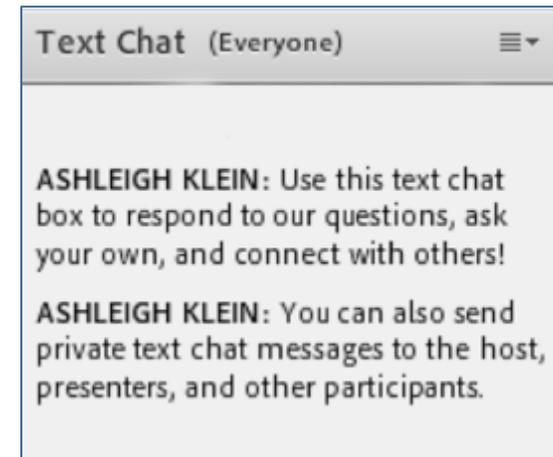
## Maintain Administrative Buy-In



What ideas do you have for developing community buy-in in rural communities in your area?

Text Chat Question

Use the Text Chat feature to answer the question.



# Meet Our Guests



**Jennifer Martínez**  
Bilingual Social Change  
Associate/Organizer,  
Idaho Coalition Against  
Sexual and Domestic  
Violence  
she/her/hers/ella



**Darrel Harris**  
Social Change  
Coordinator,  
The Advocates  
she/her/hers



**Monica Reyna**  
Violence Prevention  
Educator,  
The Advocates  
she/her/hers



# Rural Collaborations to End Teen Dating Violence

# Meaningful Access for Underserved Youth



**Collaboration  
is key**

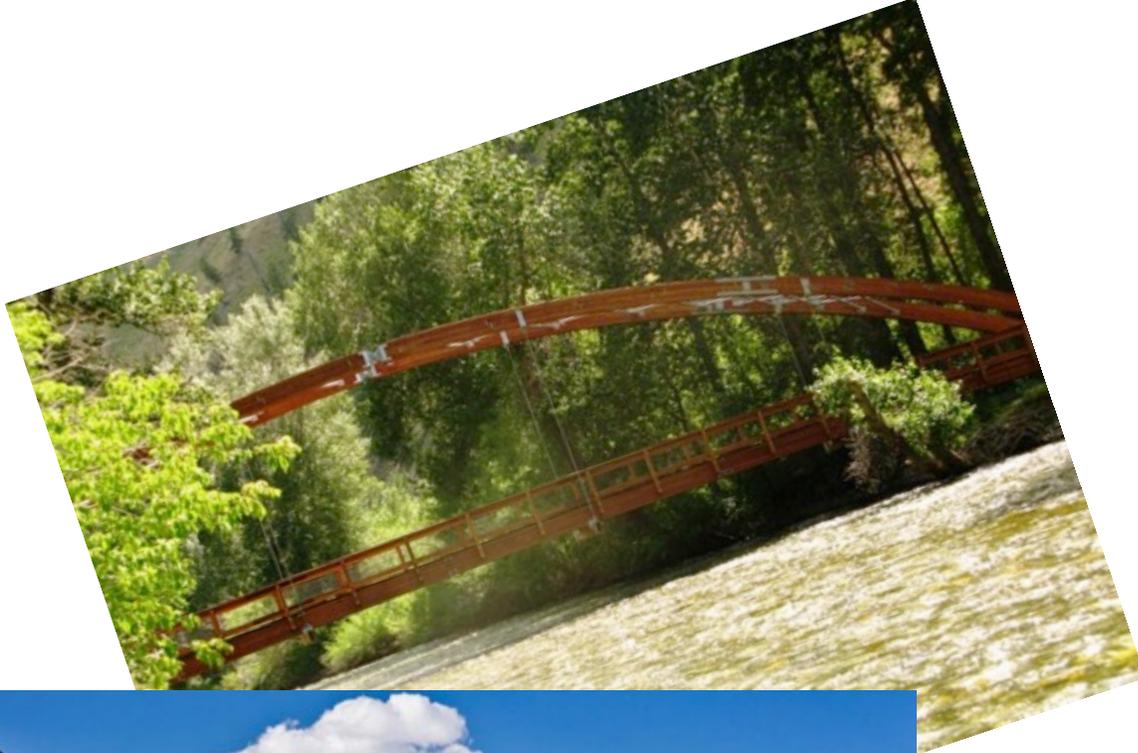


# Awareness of Policies and Protocols



# Successful Collaborations















The Advocates' mission is to teach people of all ages how to build and maintain healthy relationships. We accomplish this through education, shelter and support services.









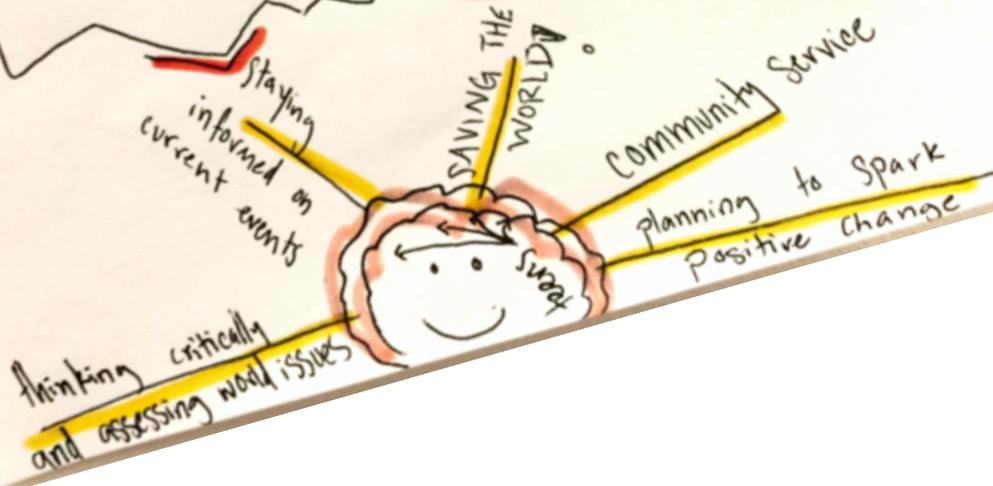
We envision a compassionate community, free from emotional and physical abuse.



The Advocates' ETC's are healthy relationship **peer educators and influencers** who inspire teens to use their voice, stand up, speak out, and **create positive cultural change.**



“teens are just addicted to their phones... they don't talk to adults and they don't contribute to society...”



# WHY ARE YOUTH INTERNS IMPORTANT TO THE ADVOCATES?

- to get a youth's perspective on the advocates work
- young people are very good at connecting with other young people.
  - Teens teach teens
  - Teens can give a better perspective on relationships + adults
- New Ideas From teens
- New teen updating generation voices of today.
- Because we are the FUTURE leaders!

• his wide reach

2019-2020 ETC Contract  
COMPLETELY, signed and returned to Monica by Sept

This agreement must be signed by the student and the supervisor.  
Internship Student's Name: AUSTIN DAVIDSON

Learning Outcomes of Internship  
(Educational, professional and/or personal goals. What do you want to learn from this internship?)

- A Learn to be an advocate for children in/out
- B Create trust through positive interactions
- C Bringing awareness around community
- D Empower myself in order to empower
- E Represent the mission/vision of ETC

**STUDENT RESPONSIBILITIES:**  
I will fulfill the tasks and responsibilities assigned by my supervisor in job description outlined in this learning agreement.  
I will conduct myself in a professional and ethical manner at all times, as I am representing The Advocates. I will work to share and promote The Advocates values and treat others with respect.  
As an intern with The Advocates, I will treat all knowledge, information, and materials as confidential. I will protect its confidentiality. This is very important to the mission of The Advocates office in a timely manner of any change in schedule. For example, if I cannot make any meetings or required events or if I cannot complete my weekly hours.

I have read, understand and agree to abide by the guidelines described.  
Austin Davidson 8-19-19





Today I really appreciated how everyone cares about me. I always feel welcomed and happy when I'm here. I love how talking is so easy here and we are always able to have open discussions.

# Challenges, Opportunities, and Questions



**Jessica Bender**  
Community Coordinator,  
Family Refuge Center  
she/her/hers



**Alison Price**  
Community Engagement  
Program Manager, Rural  
Resources Victim Services  
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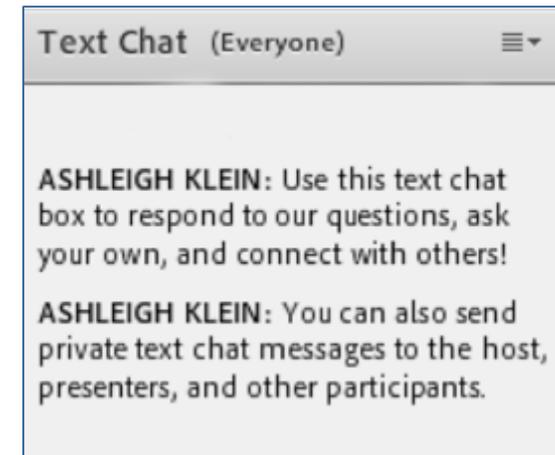


**Monica Reyna**  
Violence Prevention  
Educator, The Advocates  
she/her/hers

How will you advance  
sexual and intimate  
partner violence  
prevention in your rural  
communities?

Text Chat Question

Use the Text Chat feature to  
answer the question.



THANK YOU!





prevent  
connect

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[PreventConnect.org/email](http://PreventConnect.org/email) – email group

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