

expectrespect®

A Program of SAFE



Promoting healthy relationships builds safer schools and communities.

Who we are

Expect Respect is an innovative and research-based program of SAFE, a nationally-recognized, Central Texas nonprofit that has been working to stop abuse and build healthy relationships for over 45 years. The Expect Respect program uses an ecological and trauma-informed approach to engage students in grades 3-12, in building strong, positive relationships with peers and adults.

The Expect Respect team provides materials, training, and technical assistance for implementing the program in your school or community.

What we offer

Curriculum

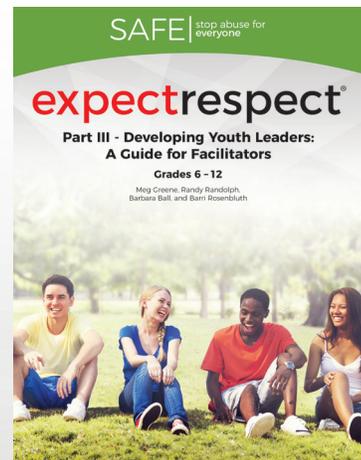
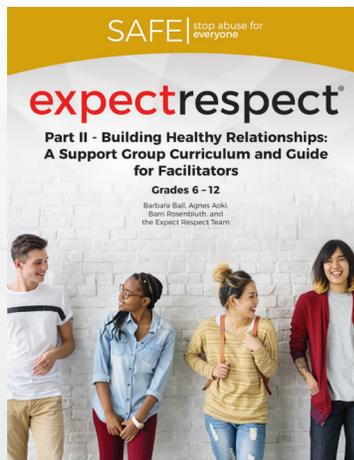
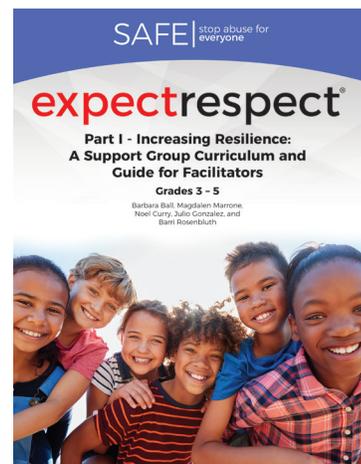
The complete manual set includes:

- Strategies for supporting vulnerable youth and increasing resilience
- The role of youth leaders in preventing sexual harassment, bias, and abuse
- Detailed lesson plans and student handouts
- Instructions and tips for effective group facilitation

On-site training

Educate your implementation team on:

- Why it works - the science behind the program model and components
- Effective responses to incidents and disclosures among students
- Skills for facilitating support group and leadership sessions



Why work with us?

- **Safe, supportive relationships are key to good health and academic success.** Unfortunately, each year 60% of school aged children in the US are exposed to violence. These students need extra tools and support to help them succeed in school and life.
- **Teen dating violence is a serious and pervasive public health problem.** In 2018, 1 in 7 female students and 1 in 13 male students experienced physical or sexual dating violence. Survivors are at increased risk for unintended pregnancy, STIs, eating disorders, substance abuse, and suicidal thoughts and behaviors.
- **Expect Respect creates real change.** In 2017, the CDC completed a 5 year study on Expect Respect** and found significant reductions in peer and dating violence, particularly among high risk boys participating in the program.
- **Young people have the power to change social norms.** Expect Respect provides opportunities for youth to support each other, and to promote positive relationships among their peers.
- **Save lives in the community.** Your investment in our program directly supports survivors of sexual assault, domestic violence, child abuse, and human trafficking. Last year alone we served over 6,500 survivors in Central Texas.

*Statistics from Finkelhor, NCVS & NCPC, CDC, Youth Risk Behavior Surveillance – United States

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“The Expect Respect program was very valuable to our students. The groups provided a safe place to process difficult experiences. I noticed that our students often appeared calmer and more prepared to focus in class following groups. For certain students in particular, I noticed positive behavior changes including greater openness to help from adults on campus.”

-Manor ISD School Counselor

“I am so thrilled to be bringing the Expect Respect curriculum to Pittsburgh for evaluation among 7th and 8th grade students in 36 middle schools in western Pennsylvania. Providing safe spaces for young people to further develop communication skills, understand the different forms of abuse, and learn tools for building healthy and safe relationships is so vital. In partnership with Center for Victims, University of Pittsburgh School of Social Work, Slippery Rock University, VOICE, The SAFE Alliance, and multiple stakeholders, we are excited to implement Expect Respect as a model for enhancing resiliency of young people.”

Liz Miller, MD, PhD, Director, Division of Adolescent and Young Adult Medicine, UPMC Children’s Hospital of Pittsburgh, Professor of Pediatrics

Visit safeaustin.org/expectrespect to contact our team today!

SAFE | stop abuse for everyone