

Welcome, this web conference will begin soon

# PIVOTS IN PREVENTION:

## COLLEGE CAMPUS SEXUAL VIOLENCE PREVENTION AND COVID-19



Tuesday,  
October 19, 2021  
11 AM-12:30 PM PT/  
2 PM-3:30 PM ET



**prevent  
connect**  
A ValorUS PROJECT

# Meet the PreventConnect Team



**Ashleigh Klein-Jimenez**

Director of Prevention  
she/her/hers



**Tori VandeLinde**

Project Coordinator  
she/her/hers



prevent  
connect  
A ValorUS PROJECT

## **PreventConnect.org**

info@PreventConnect.org

PreventConnect.org/email – email group

Learn.PreventConnect.org – eLearning

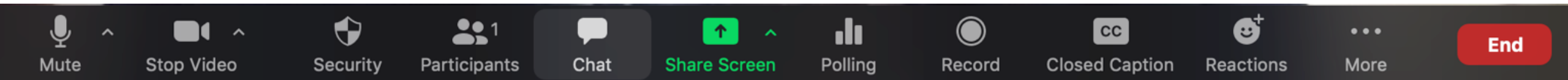
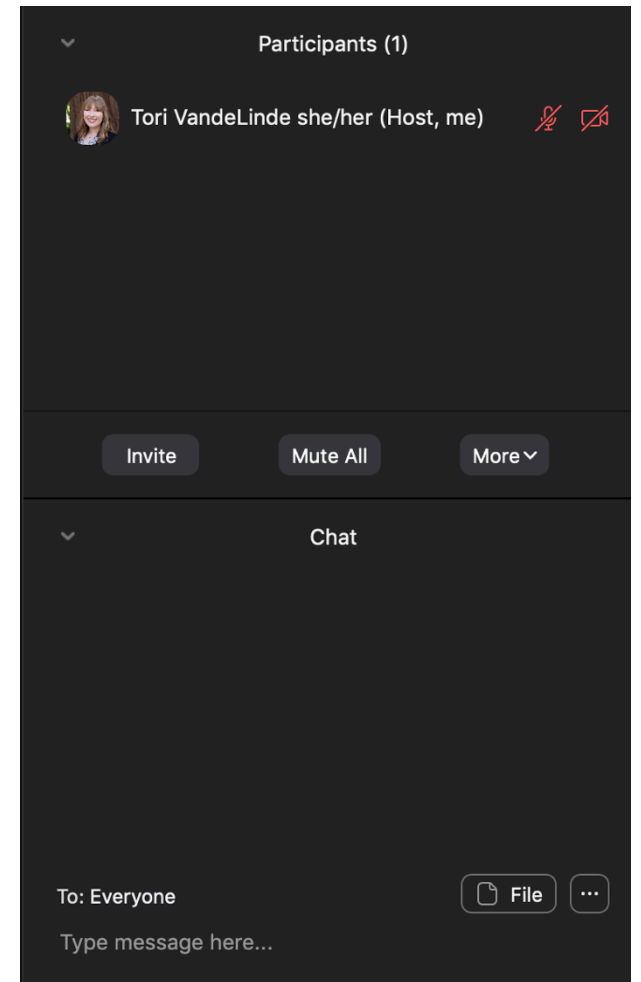
## **Follow Us**

twitter.com/PreventConnect

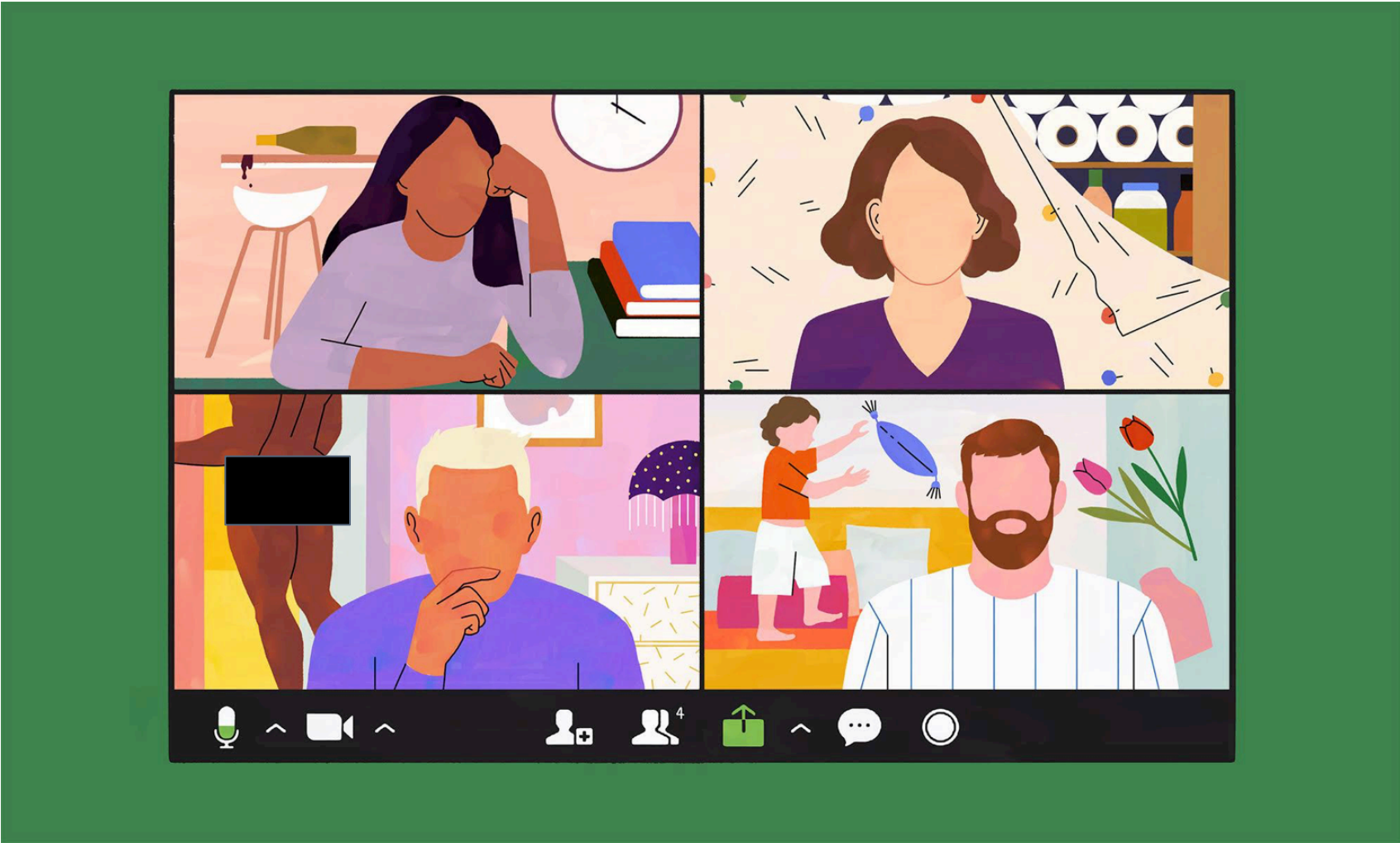
facebook.com/PreventConnect

# How to use Zoom + Housekeeping

- ▶ Text chat and private chat
  - ▶ Please send a private chat message for help.
- ▶ PowerPoint Slides
- ▶ Polling Questions
- ▶ Phone
- ▶ Closed Captioning
- ▶ Web Conference Guidelines



# How this landscape is impacting us



# PreventConnect

- ▶ Domestic violence/intimate partner violence
- ▶ Sexual violence
- ▶ Violence across the lifespan, including child sexual abuse
- ▶ Prevent before violence starts
- ▶ Connect to other forms of violence and oppression
- ▶ Connect to other prevention practitioners

# PIVOTS IN PREVENTION: COLLEGE CAMPUS SEXUAL VIOLENCE PREVENTION AND COVID-19



Tuesday,  
October 19, 2021  
11 AM-12:30 PM PT/  
2 PM-3:30 PM ET



PreventConnect is a national project of ValorUS, formerly known as the California Coalition Against Sexual Assault sponsored by the U.S. Centers for Disease Control and Prevention. The views and information provided in this web conference do not necessarily represent the official views of the U.S. government, CDC or VALOR.

# Objectives

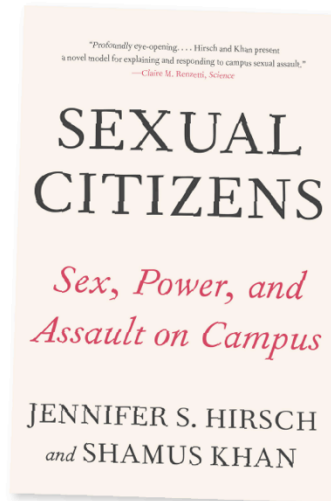
- ▶ Describe the impact and context of COVID-19 on campus sexual violence prevention programs
- ▶ Identify opportunities for innovative on and off-campus partnerships
- ▶ Discuss the possibilities of community-engaged prevention on college campuses



# Recent PreventConnect campus resources

**A CONVERSATION WITH THE AUTHORS  
OF *SEXUAL CITIZENS: A LANDMARK STUDY  
OF SEX, POWER, AND ASSAULT ON CAMPUS***

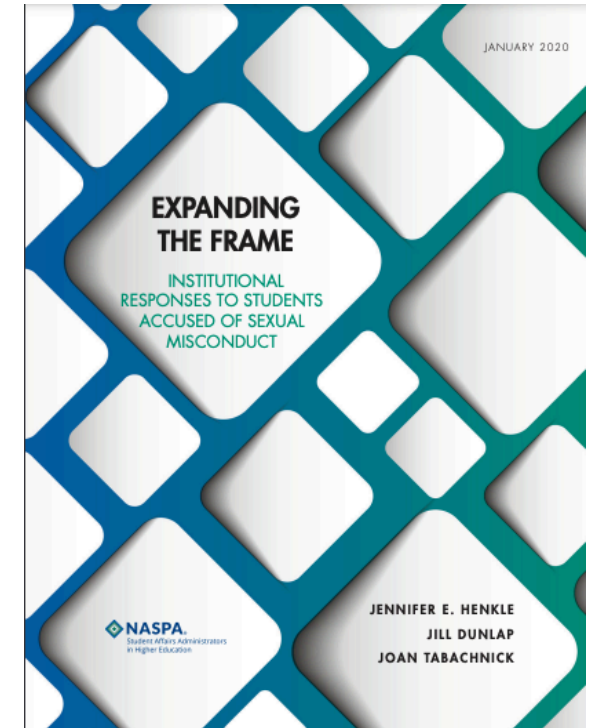
Wednesday, September 29, 2021  
11 AM-12:30 PM PT/2 PM-3:30 PM ET



<http://www.preventconnect.org/2021/09/a-conversation-with-the-authors-of-sexual-citizens-a-landmark-study-of-sex-power-and-assault-on-campus/>



<http://www.preventconnect.org/2019/12/introducing-enhancing-campus-sexual-assault-prevention-efforts-through-situational-interventions/>



<http://www.preventconnect.org/2020/06/institutional-responses-to-students-accused-of-sexual-misconduct-what-campuses-are-currently-doing/>



# Recent PreventConnect campus resources

## PREVENTION TOWN HALL:

Preventing Sexual and Intimate Partner Violence After One Year of the Coronavirus Pandemic



March 18, 2021 | 11 AM-12:30 PM PT/2-3:30 PM ET

<http://www.preventconnect.org/2021/02/prevention-town-hall-preventing-sexual-and-intimate-partner-violence-after-one-year-of-the-coronavirus-pandemic/>

## Sexual Violence Prevention during the COVID-19 Pandemic: Adapting in an Ever-Changing Landscape

**Workshop Two: Adapting Sexual Violence Prevention Curriculum During COVID-19**



<http://www.preventconnect.org/2021/02/adapting-sexual-violence-prevention-curriculum-during-covid-19/>

# COVID-19 web conference series



## **Sexual Violence Prevention during the COVID-19 Pandemic: Adapting in an Ever-Changing Landscape**



<http://www.preventconnect.org/2020/11/sexual-violence-prevention-during-the-covid-19-pandemic-adapting-in-an-ever-changing-landscape/>

# AACU National College Student COVID-19 Impact Survey

*“The preliminary results below—from data collected between September 2020 and January 2021 from more than nine hundred students at over seventy colleges and universities—show that students face **increased levels of anxiety, depression, suicidal thoughts and behavior, substance use, and financial stress.**”*

From “How COVID-19 Is Affecting Our Students:”

<https://www.aacu.org/aacu-news/newsletter/how-covid-19-affecting-our-students>

How would you describe  
your work to prevent  
sexual and intimate  
partner violence on  
campus prior to  
COVID-19?

Text Chat Question

Use the Text Chat feature to  
answer the question.

▼ Chat

From Me to **Everyone**:

Use this text chat box to respond to our questions, ask your own, and connect with others!

To: **Everyone** ▼

Type message here...

# Meet Our Guests



## **Huvona Watkins**

Partnerships Development Coordinator,  
Missouri Coalition Against Domestic and Sexual  
Violence  
she/her



## **mariana [má-di-á-na] matthews (she/ they) MPA/HA**

Reiki & Sound Healing Practitioner  
Prevention Manager for Undergraduate  
Programs  
UC Berkeley

# Meet Our Guest



## **Huvona Watkins**

Partnerships Development  
Coordinator,  
Missouri Coalition Against  
Domestic and Sexual Violence  
she/her

# Action Planning

Strengths  
Weakness  
Opportunity  
Threats





# Impact of Covid



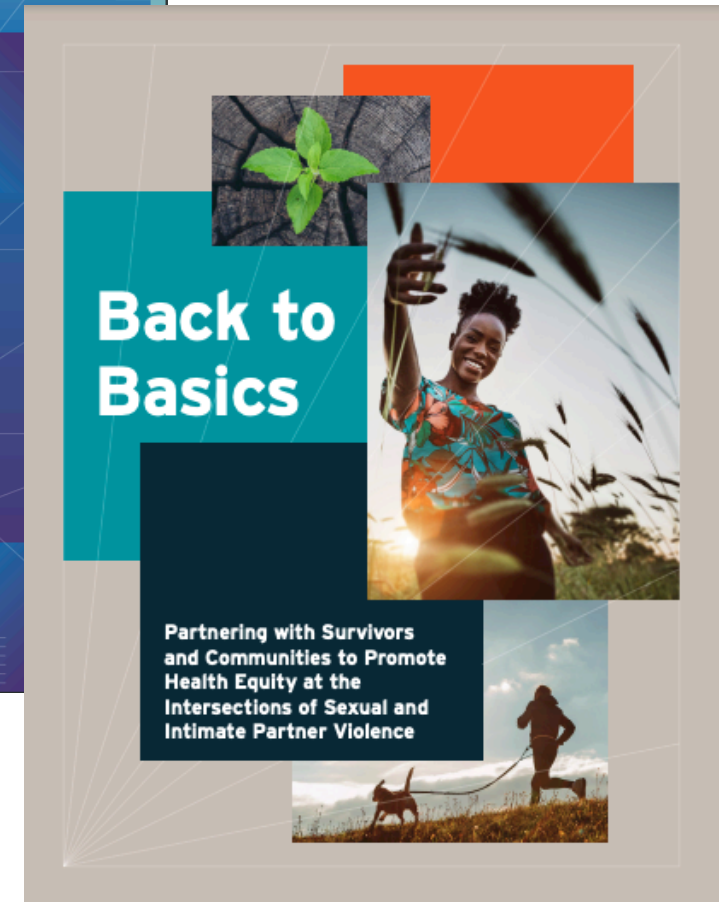
# Who are Community Health Workers?

- Trusted community members
- Promote healthy behaviors
- Maintain and improve individual and community health
- Informal counseling
- Health screenings



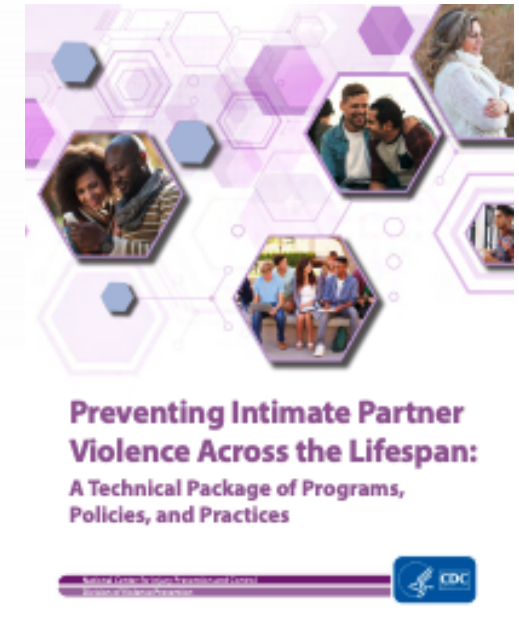
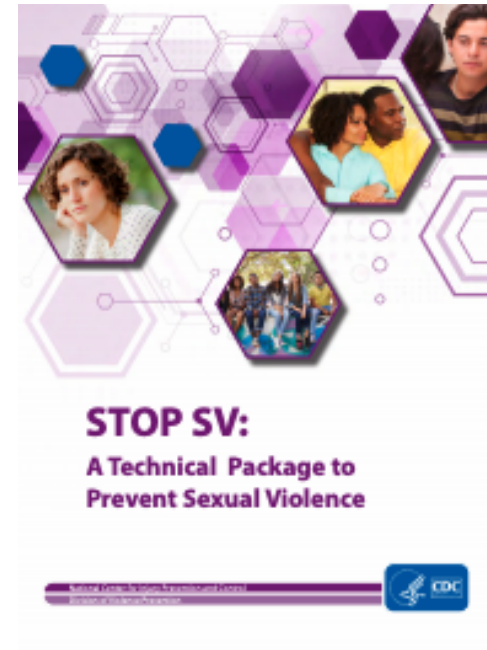
# Curriculum Creation

- ▶ 3 Modules
  - ▶ **Basic Foundation and intersection of Health Equity**
  - ▶ Toolkits
  - ▶ Safety Planning
  - ▶ Conversation starters and Resources



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# Curriculum Creation

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  - ▶ Toolkits
  - ▶ **Safety Planning**
  - ▶ **Conversation starters and Resources**

## **DOMESTIC VIOLENCE/SEXUAL ASSAULT SERVICE PROVIDERS IN ST. LOUIS**

**Assistance with Career Counseling and Employment Services (ACCESS)**  
mersgoodwill.org  
314.646.5845

**ALIVE Inc.**  
alivestl.org • 314.993.7080

**Bridgeway Domestic Violence and Sexual Assault Services**  
bridgewaybh.com  
636.224.1800

**DeafLEAD (statewide)**  
deaflead.com  
Deaf Video Phone Crisis Line:  
321.800.3323  
Office: 573.445.5005

**Healing Action Network, Inc.**  
healingaction.org  
314.833.4515

**Kathy J. Weinman Shelter**  
314.423.1117

**Life Source Consultants**  
lifeforceconsultants.org  
314.524.4130

**Lydia's House Inc.**  
lydiashouse.org  
314.771.4411

**The MICA Project**  
mica-project.org  
314.995.6995

**Pathways to Brightness**  
314.328.2428

**Redevelopment Opportunities for Women (ROW) programs of FamilyForward**  
familyforwardmo.org  
314.588.8300

**Safe Connections**  
safeconnections.org  
314.646.7500

**St. Martha's Hall**  
saintmarthas.org  
314.533.1313

**The Women's Safe House**  
twsh.org  
314.772.4535

**Women of Grace**  
wogww.org  
314.652.9196

**YWCA - Woman's Place/ Women's Resource Center**  
ywcastlouis.org  
314.645.4848

## **LEGAL SERVICE PROVIDERS IN ST. LOUIS**

**Crime Victim Advocacy Center, LAAW Programs**  
supportvictims.org  
314.652.3623

**Legal Services of Eastern Missouri**  
lsem.org  
314.534.4200



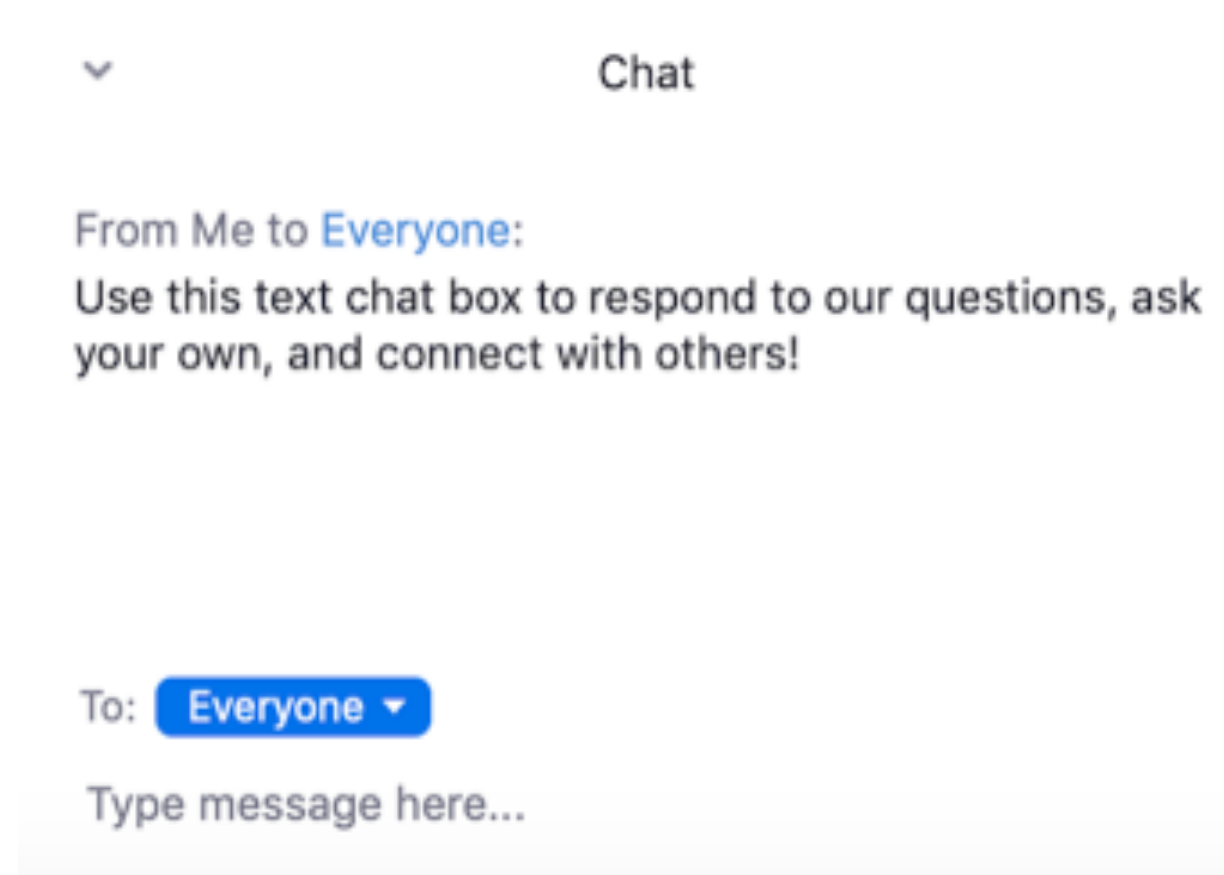
**mocadsv**  
Missouri Coalition Against  
Domestic and Sexual Violence

Please visit the MOCADSV website at [mocadsv.org](http://mocadsv.org) to find a local program for volunteer opportunities, to make a donation, or for a variety of services for victims and their families.

How can a health equity approach to preventing sexual and intimate partner violence help you connect and expand your prevention work to community colleges?

## Text Chat Question

Use the Text Chat feature to answer the question.



▼ Chat

From Me to **Everyone**:

Use this text chat box to respond to our questions, ask your own, and connect with others!

To: **Everyone** ▼

Type message here...

# Meet Our Guest



**mariana** [má-di-á-na] **matthews**

(she/they) MPA/HA

Reiki & Sound Healing Practitioner  
Prevention Manager for  
Undergraduate Programs  
**UC Berkeley**

## UC Berkeley Statement of Land Acknowledgement

*This acknowledgement was co-created with the Muwekma Ohlone Tribe and Native American Student Development and is a living document*

We recognize that Berkeley sits on the territory of Huichin, the ancestral and unceded land of the Chochenyo Ohlone, the successors of the historic and sovereign Verona Band of Alameda County. This land was and continues to be of great importance to the Ohlone people. We recognize that every member of the Berkeley community has, and continues to benefit from the use and occupation of this land, since the institution's founding in 1868.

Consistent with our values of community and diversity, we have a responsibility to acknowledge and make visible the university's relationship to Native peoples. By offering this Land Acknowledgement, we affirm Indigenous sovereignty and will work to hold University of California Berkeley more accountable to the needs of American Indian and Indigenous peoples

# PATH to Care Center

## Prevention, Advocacy, Training, & Healing

**Vision:** We envision a campus community **free of violence and grounded in social justice**. This vision will be realized when every member of our community is a beacon of support and respect for those around them.

**Mission:** The PATH to Care Center leads the efforts to transform our campus into a community that is free of sexual violence, sexual harassment, intimate partner violence, and stalking through prevention, advocacy, training, and healing. We collaborate with the campus community to **make social change** with the goals of **preventing, intervening in, and responding to** harassment and violence, eliminating oppression, and **creating the culture and environment we all aspire to and deserve**.

### Survivors Support Services

#### Direct Services

- Advocacy
- Healing Services
- Resources & Information

#### Response Coordination

- Consultation
- Critical Incident Management

#### Training

- Response to disclosures
- Protocols for providers

### Prevention Initiatives

- Prevention leadership development
- Toolkits and guides for organizational change
- Leader-delivered efforts
- Positive social norms campaigns
- Compliance education
- Increase in positive knowledge, skills, attitudes, and behaviors
- Holistic, overall health and wellbeing

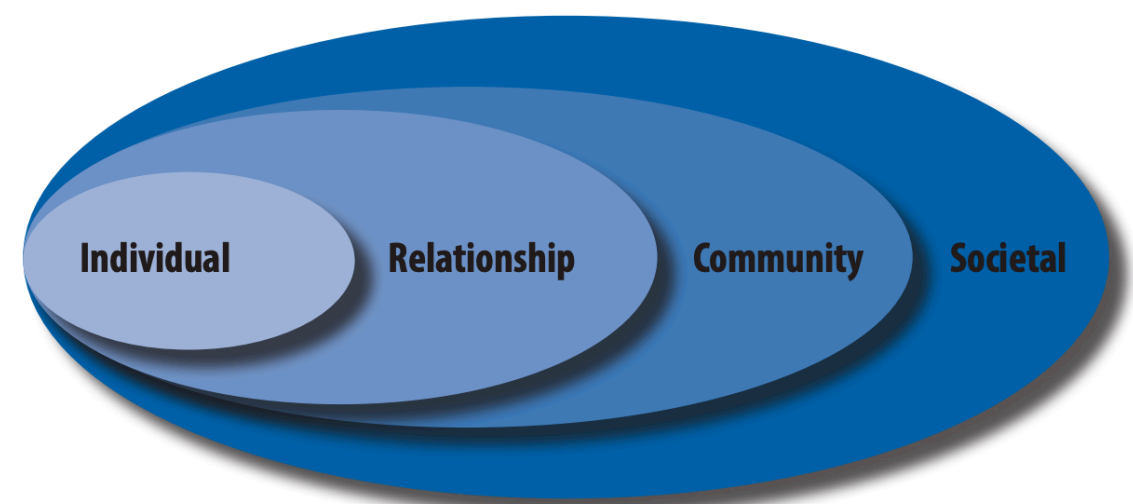
### Institutional Improvement

- Initiatives: MyVoice Survey, OVW Grant, CCRT & Core Team, Collaboratives
- Systemic Problems & Institutional Harm & Systems of Oppression
- Institutional trust (e.g. legislation, policy and procedure, media, internal communication, and litigation)

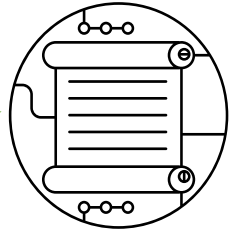


# Principles that guide the work at the PATH to Care Center

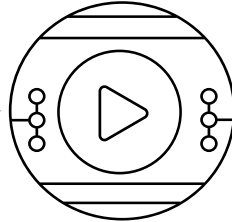
- Evidence and research-informed approach
- Social Ecological Model and change theory
- Grounded in anti-oppression; deeply influenced by radical feminists of color
- Trauma-informed and survivor-centered
- Sustained and systematic evaluation
- Comprehensive primary prevention
- For communities, with communities
- Empowering, inspiring agents of change
- Infuse a culture of care, respect, consent



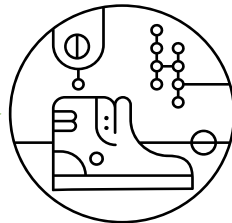
**Consistent messages across campus policies and programs**



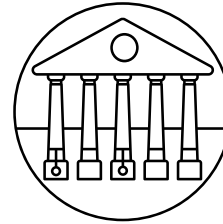
Using **affirming language**



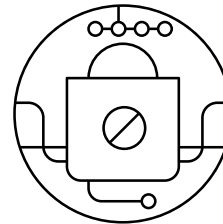
Promoting **inclusivity, equity, and empowerment**



Ensuring **collective community responsibility**



**Respecting boundaries**



**Challenging assumptions**

# COVID Impact



## MARGINALISED VOICES NOT HEARD

The spaces in which marginalised groups can be heard are being closed



**NO SOCIAL PROTECTION**

55% of the world have no or inadequate social protection to protect from COVID-19 shocks

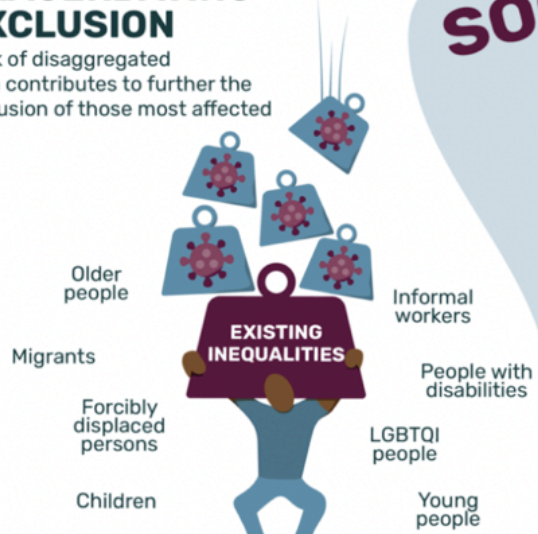


In Africa, 80% aren't covered



## LACK OF DATA EXACERBATING EXCLUSION

Lack of disaggregated data contributes to further the exclusion of those most affected



## MARGINALISED GROUPS MOST AFFECTED

Existing inequalities have been exposed and worsened by COVID-19

## SOCIAL IMPACTS OF COVID-19 IN LOW- & MIDDLE-INCOME COUNTRIES



## POOR AND NEAR POOR AT RISK OF EXTREME POVERTY

Up to 395 million more will fall into extreme poverty in 2020

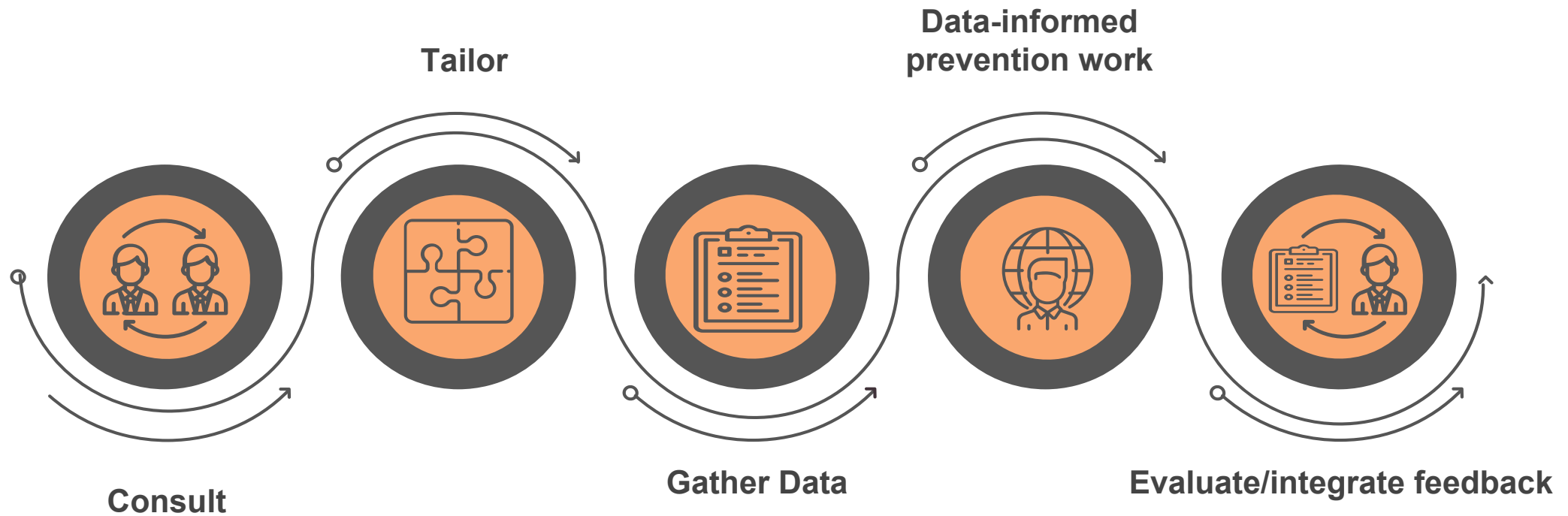
## GENDER EQUALITY

## WOMEN & GIRLS MOST AFFECTED

COVID-19 has the potential to reverse decades of progress in their development and rights

# Peer-led prevention programs

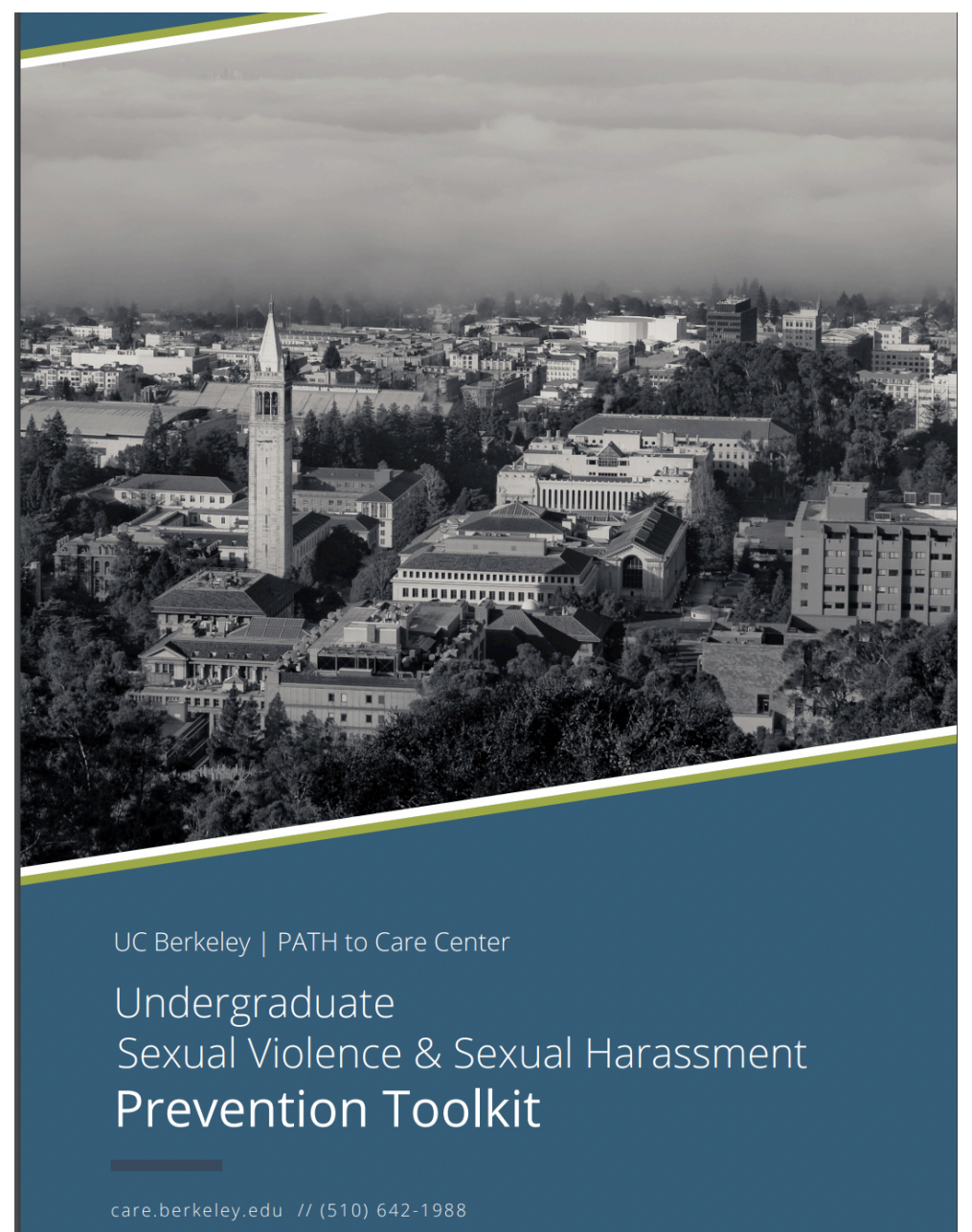
Coaching student leaders in prevention



# UG SVSH Prevention Toolkit

## Goal of the toolkit:

- ▶ Provide input in identifying risk factors and problem areas that are unique to undergraduate student populations
- ▶ Support student leaders in developing trauma-informed, survivor-centered violence prevention practices, policies, and guidelines



UC Berkeley | PATH to Care Center

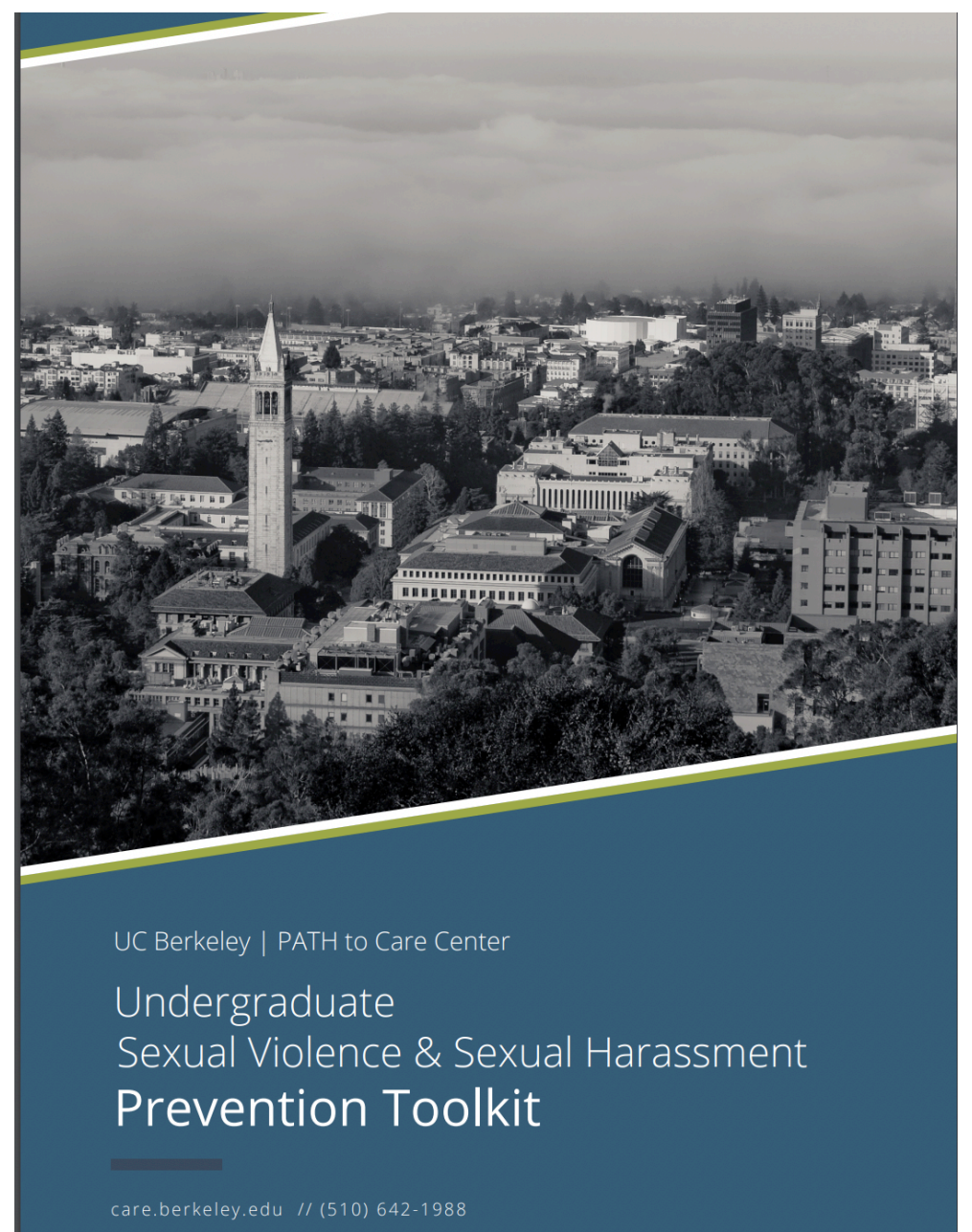
## Undergraduate Sexual Violence & Sexual Harassment Prevention Toolkit

[care.berkeley.edu](http://care.berkeley.edu) // (510) 642-1988

# UG SVSH Prevention Toolkit

## Goal of the toolkit (cont.):

- ▶ Six-part Undergraduate Sexual Violence and Sexual Harassment Prevention Toolkit provides practical prevention strategies
  - ▶ Identifying your Champions & Allies
  - ▶ Looking at Data
  - ▶ Individual knowledge & understanding
  - ▶ Interpersonal Relationships
  - ▶ Community Events
  - ▶ Policy



UC Berkeley | PATH to Care Center

## Undergraduate Sexual Violence & Sexual Harassment Prevention Toolkit

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# Coaching Athletes as Leaders

CAL is a comprehensive training program that empowers student athletes to take an active role in promoting respect, inclusivity, equity, allyship and leadership.

Coaches lead a 12-week, 30 min discussion around topics such as respect & accountability, communicating boundaries, facing rejection, reflecting on identity, healthy relationships and more.

## LANGUAGE MATTERS

### This session will help athletes:

1. Understand what makes certain language harmful.
2. Discuss the impact that harmful language has on the team.
3. Identify the type of language we use to communicate with each other within the team.
4. Think about ways we can confront harmful language and hold each other accountable.

### Ask The Players:

1. What are ways that you've seen a team's language be harmful and what impact does the use of harmful language have on a team?
  - How does harmful language contribute to the oppression of Black communities and other marginalized groups in this country?



2. What makes certain types of language harmful? Do words have to be used in a harmful context to be derogatory?
3. What language do we use to praise and encourage each other to work harder?
4. How can we ensure the language we are using is inclusive of all genders and sexual orientations?
5. How can we be mindful of the impact of harmful language and hold each other accountable within this team?

### Discussion Points & Wrap Up

1. Harmful language can have a huge impact that may not always be obvious.
2. Negative language choices adversely impact team cultures; and positive language choices can contribute to respectful and healthy environments.<sup>3</sup>
3. Practicing healthy communication is an important part of good sportsmanship.
4. The language we use to praise and/or criticize ourselves and each other has a huge impact on our self-confidence and ultimately on our athletic performance.
5. By confronting harmful language that occurs within this team, we can ensure that every member feels respected and included.
6. As a team, we want to assume that our intentions are positive, while also holding each other accountable for the impact our actions and language can have.

# Coaching Athletes as Leaders

How is it structured?

- Baseline survey
- Coaches Clinic
- weekly Refresher Courses
- 12-Week customized Training
- Post-season survey

## LANGUAGE MATTERS

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# Expand Campus Partnerships

- Expand campus partnerships, break down barriers of isolation, and build collaboration to better serve our campus community
- Institutionalize **primary prevention to transform** community values and organizational cultures, empower agents of change, and reduce perpetration
- Institutionalize trauma-informed responses and support services to **mitigate impacts of trauma**, disrupt educational and career consequences, and build a culture of support
- Mobilize allies and activate coalitions to **infuse prevention and culture of care** across the campus community
- Influence **organizational practices and policies to inspire, reinforce, and sustain change**
- **Promote institutional trust** and reduce risk (reputational, legal, compliance, life safety) through prevention

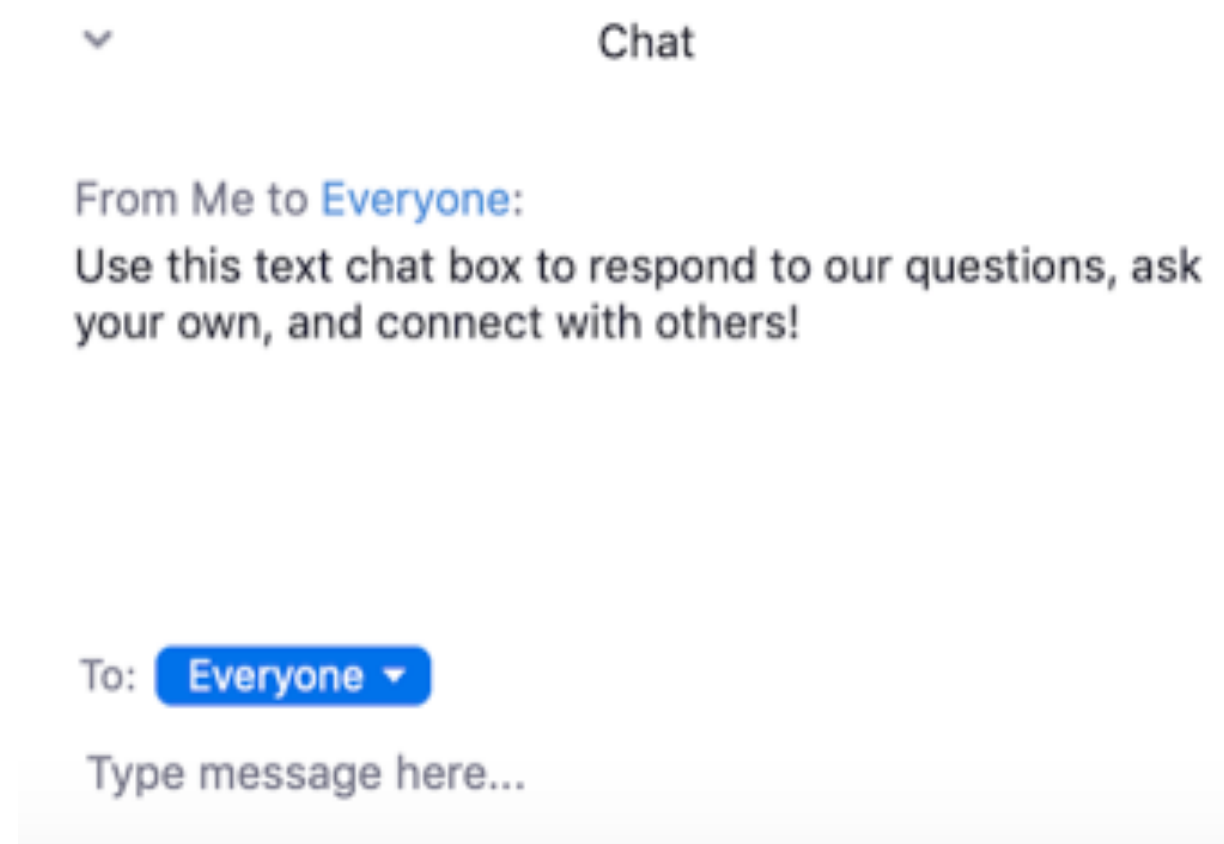
*Link to*

*PTC [Abbreviated Outcomes](#)*

What ways do you see a comprehensive prevention approach as a benefit to pivoting campus sexual and intimate partner violence prevention?

Text Chat Question

Use the Text Chat feature to answer the question.



▼ Chat

From Me to **Everyone**:

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# Q&A



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## **mariana [má-di-á-na] matthews (she/ they) MPA/HA**

Reiki & Sound Healing Practitioner  
Prevention Manager for Undergraduate  
Programs  
UC Berkeley

# Resources

- ▶ PreventConnect blogs on Health Equity resources:
  - ▶ <http://www.preventconnect.org/2021/08/health-equity-approaches-to-prevent-sexual-violence/>
  - ▶ <http://www.preventconnect.org/2021/09/back-to-basics-a-new-health-equity-resource-from-nsvrc-nrcdv/>



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PreventConnect.org/email – **email group**

Learn.PreventConnect.org – **eLearning**

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