

**CENTRAL MICHIGAN UNIVERSITY**  
**THE HERBERT H. AND GRACE A. DOW COLLEGE OF HEALTH**  
**PROFESSIONS**

Department of Physical Education and Sport

**COURSE SYLLABUS**

<u>PES 508</u>	<u>Education on Sexual Aggression for School/Community 3(Spec) HSC 508</u>	
Design. No.	Title	Cr./Mode Cross Ref.

- I. Bulletin Description:** This course addresses the realities of sexual aggression, and how schools, corporations, and communities can educate their respective populations on these topics. Identical to HSC 508. Credit may not be earned in more than one of these courses.
- II. Prerequisites:** PES 143 or permission of instructor.
- III. Rationale for Course Level:** Historically this course has been offered at the 500 level as a means to meet the needs of students ready to enter the work force, as well as non-traditional UG students and graduate students. The mix in background enhances the discussion component of the course.
- IV. Textbooks and Other Required Materials to be Furnished by the Student:**  
None required.
- V. Special Requirements of the Course:** None
- VI. General Methodology Used in Teaching the Course:**  
  
Lecture, Small Group Discussion, Research Reviews and Reading, Individual Presentations, Class Discussion
- VII. Course Objectives:**  
After completing this course, the student will be able to:
1. Compare police, court, school and societal responses to stranger and familiar rape.
  2. Compare police, court, school and societal responses to sexual harassment and stalking.
  3. Describe the basic types of child molesters.
  4. Compare current methods as they relate to the teaching of sexual aggression avoidance and prevention.
  5. Explain and demonstrate the four "C's" as it would apply to the breaking or disruption of the assault sequence.
  6. Describe the legal responsibilities of the school as they would relate to reporting and victim assistance in assault and harassment.

7. Describe the legal responsibilities of the community as they would relate to reporting and victim assistance in assault and harassment.

**VIII. Course Outline:**

**WEEKEND ONE**

- A. Definitions and Statistics
- B. History of Sexual Assault Laws
- C. Global Perspective of Violence Against Women
- D. Theories of Cause
- E. Media Influence on Rape Myths
- F. Pornography and Sexual Assault
- G. Behavioral Analysis of Stranger Assault

**WEEKEND TWO**

- A. Behavioral Analysis of Familiar Assault
- B. Child Sexual Assault
- C. Harassment
- D. Stalking
- E. Post Traumatic Stress Disorder

**WEEKEND THREE**

- A. Intimate Partner Violence
- B. Workplace Violence
- C. Evolution of Teaching Content and Methods in Sexual Aggression
- D. Prevention Strategies
- E. Teaching the Four "C's" of Avoidance
- F. Constructing and Starting a Sexual Aggression Awareness and Avoidance Program for School and Community

**IX. Evaluation: Undergraduate**

1. Critique of three research articles 25%
2. Quizzes – Weekends I, II & III 45%
3. Final Exam 30%

**Evaluation: Graduate**

1. Critique of three research articles 25%
2. Quizzes - Weekends I, II & III 45%
3. Position Paper 20%
4. Final Exam 10%

## Grading Scale

90% A  
85% B+  
80% B  
75% C+  
70% C  
ETC..

### X. Bibliography:

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Syllabus prepared by:  
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(Signature)

February 20, 2003

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