

PreventConnect

TEXT CHAT TRANSCRIPT

WEB CONFERENCE

Promoting Healthy Sexuality: A Strategy to Prevent Sexual and Domestic Violence

December 12, 2012

2:00-3:30 PM Eastern (11:00 AM – 12:30 PM Pacific)

Presenters and Guests

Pat McGann, PhD, Director of Strategy and Planning, Men Can Stop Rape
Tonya Turner, Director of Legal Services, Break the Cycle
Jonathan Grove, Men Against Violence Coordinator, Pacific Lutheran University Women's Center
Tina Robinson, Tina Robinson, Contact Lifeline, Delaware

Host

David Lee, PreventConnect Project
California Coalition Against Sexual Assault

Participant names have been removed from this chat record, unless provided by the participant in text.

-
- <http://preventconnect.org/2012/11/promoting-healthy-masculinity/>
 - website: A Men's Project - www.AMensProject.com - 2300+ URLs - resources for men's issues
 - What does healthy masculinity mean to you?
 - Respect for yourself and others
 - no more binaries
 - Healthy intimacy
 - Being able to be yourself fully.
 - Men being able to be themselves
 - Respect of all individuals
 - Confidence in who you are
 - Acknowledgement of Male Privilege
 - equal balance of power; belief in gender equity

- Respecting others
- Genuine
- Respecting boundaries
- Men who want great relationships
- Happiness for all men and family.
- Being a responsible male who respects himself and others
- A balanced human being that can have any human trait.
- Being "present" as a sharing, caring, loving individual
- viewing women as equal
- Having strength but not trying to exert power over others
- Respect, confidence,
- Men being able to be their selves
- a whole person, able to express the full range of emotions
- Respect for all genders and a belief in equality
- understand that men and women are not different, one is not to control the other one but to support each other
- Being about to step outside of the gender roles. Having it be okay for men to step outside if the 'man gender box'
- sacrificing male privilege
- understanding my own humanity, so I can see the humanity in others...
- being a gentleman
- speaking out and seeking help
- What you want it to mean.
- free and open expression of self
- equality in power, ability to be a complete person
- men being able to express their strength in a way which does not oppress or harm others
- comfort with vulnerability
- Freedom from societal pressure to define one's self and to have a wealth of emotions
- humility, integrity
- free from gender stereotypes
- moving past gender and masculinity
- Adopting relationships that promote good health
- Respect for yourself...treating others as equals
- self management and control of their sexual urges
- Being yourself, not feeling like you have to fit a particular mold.
- men are not weak if they show emotion
- Respectful relationships for self
- respect and empowering
- an understanding of the power that masculinity has, and the ways it works in society.

- Equality and Respect
- embracing the whole person - emotions, feelings included
- stepping out of the man box, accepting accountability for actions
- Knowing that you are ok being who you were made to be.
- hi Mira!!
- respect towards gender equality,
- Being Healthy in spirit, soul (mind and emotions) and body. Respect for self and others
- HM means being secure with yourself without having to diminish others
- Liberation from violent gender expectation. Compassion.
- hi!!!
- not needing to fit into the box that society defines as masculinity, but being comfortable with who you are
- Being able to share emotions and being respected for yourself
- Boys being raised in ways so that they don't feel the need to "prove" their masculinity with violence, acting out, having power over others
- a love for himself
- Being able to be a healthy person, rather than performing a gender
- Not feeling superior to others
- servant attitude
- Balanced in relationships with all sentient beings as an equal partner
- self respect and humility
- Respect
- restraint in using one's power while respecting others
- I see it as an ideal for men to be truly themselves without fear of being seen as weak. Being able to be a holistic self.
- being authentic, exploring what it means to you not what the man box says you should be or shouldn't be
- strength does not mean domination
- positive use of privilege, connection to community
- authentic freedom of expression for self and others
- When a man can respect himself and know his place in the world
- This would be great to see as a WORD CLOUD
- Comfort with yourself and harnessing the power you have in society to create equality
- Strong sense of self and respect of others' differences
- Respecting people - not based on male or female
- If the Captioning is not working for you, click on the "CC" button in the top right corner.
- not feeling held back by gender expectations
- And, the whole range of masculinity and femininity
- Boys and Men are encouraged to embrace emotions other than

aggression/anger

- accountable for privilege - critiquing patriarchy
- harmonious co-existence
- Men who can respect women as equals and share control and power
- awareness of violence and it's harm in any form
- non violence, respecting a culture of consent, fluidity of identification not bound by stereotypes
- Respect for self and others
- accountability, compassion with self and others,
- understanding healthy femininity
- confidence and security in who you are and where you come from and being willing to talk about it
- Being Present with Others - and Reaching Out to support others
- well rounded, feeling all of their feelings
- to love and be loved
- liberation from male gender competition
- men being able to express who they are and respecting others
- Respecting people as individuals not as preconceived gendered stereotypes. Speaking out against sexism and other disrespectful behavior.
- Not being afraid to be kind and gentle and in touch with emotions
- Being able to express a range of emotions
- Oh, I like how some of you are bringing culture into the conversation!
- Being our "little boy"
- listening and being accountable
- Others feel safe physically and emotionally
- seeing and valuing our shared human experiences
- respectful to self and others
- respect fro human rights.
- Responsible for actions, honest with self and others. I love the interactive piece, compared to just sitting and watching passively.
- inner security
- equal reciprocal in all relationships
- men respecting women and children
- Equally valuing the feminin and masculin whether it's present in men or women.
- Love Linley's response!
- For me, it was like realizing that masculinity isn't a thing.
- Slides from today's session are located at <http://preventconnect.org/2012/11/promoting-healthy-masculinity/>
- Using their strength and man-ness to make the world a better place
- Can we get a copy of this word cloud?

- True manhood that begins with a healthy male role model (ideally a great example of a consistent father)
- Why are stories useful?
- People connect to stories
- they are real, personal
- there relatable
- less intimidating, but still moving
- it helps it become tangible
- Thanks, Ashley
- Balances power
- the take us from an analytical mind to an emotional mind
- makes it personal and real for people
- people can relate to stories
- Stories are useful because they can be passed down from generation to generation in order to teach
- puts things into context, provides space for empathy.
- personalizes the issue in a healthy way
- Because people need to feel personally connected to an issue
- Stories are powerful because they're relatable
- Make it personal, so powerful
- stories convey values morals what you want to pass along
- Culturally story telling is universal.
- Makes it tangible
- Validation
- to see results and have hope
- we often hear our own stories in the stories of others
- stories provide an accessible context to explore theory
- They operate on our emotions
- can use them as an examples instead of talking about themselves
- They're experiential, people can hear their voice in another's story
- Calls out "invisible" privilege & cultural expectations
- get the attention .
- they can't be invalidated
- People can realize that others have similar experiences and that they are not alone in feeling a certain way that society at large says is abnormal
- to teach values and culture
- It's inspirational to hear what others have lived through.
- Makes it more personal
- Relatable
- men connect to important issue through stories
- the whole reason for the success of www.iamsecond.com
- makes things more interesting as well

- It sends a more powerful message!
- It makes it personal and meets the individual at their level
- relate-able. gets you interested in how it ends--like the curiosity factor
- Because its the way lots of history has been passed down for years.
- To understand and engage with abstract concepts
- humanizes the statistics
- personal experiences, vulnerability,
- Helps you to see you aren't the only one
- makes the conversation less of a lecture
- can find universal patterns
- Starts a conversation so they can be comfortable talking about their situation
- Obviously not the usual media hype
- They ground theory in life
- Makes things real for yourself and others
- stories have a meaningful message...it makes things real
- Stories and art can go hand in hand, as a prevention strategy.
- Breaks down barriers. builds a level of "understanding"
- Makes it more applicable to life!
- to give others insight into different cultures and communities
- Experience starting as a way of communication.
- Knowledge gap theory
- Stories make people want to believe in others.
- helps avoid barriers we have to certain terms/concepts
- discourage generalizations made towards a topic by making it about a person(s)
- The little kid in us, adventure in stories
- They make us feel less alone in our struggles.
- engages emotion
- Stories are transformative and shift peoples way of being from a very deep place
- Story telling is how all movements begin
- Support for victims-empathy!
- Stories open our minds to what is real vs. perceived
- Oh, and connecting, not talking down to. I'm done
- I like that Tanya's story helps us think about the information young men need to learn so they can be respectful.
- Thank you for sharing your story!
- Thank you for sharing Tonya
- The idea that 'No means try harder'
- Expectation to be aggressive, dominating.
- Teasing about not having sexual experience

- no empathetic drive
- The feeling that you must prove your manhood
- Not listening, respecting others
- I am recently out of college, and this is a huge problem with males in college (especially fraternities) that seem to have an idea of what they are supposed to do
- What in this story would you connect with unhealthy masculinity?
- stereotypical masculinity
- Not listening the first time.
- Peer pressure on boys to fit into a certain mold!
- dominance
- Assuming the privilege of sex.
- expectation
- aggression, victim blaming
- pressure to "prove" masculinity with sexual conquest
- That intimacy can be hurried.
- not hearing the "no" the first time
- the idea that when a girl says no she really means yes
- pressure to be having sex and giving in to that pressure
- Peer Pressure
- Peer pressure can be difficult to manage, especially as 17 yr old
- Thank you Tonya.
- Having something to prove to the world
- social expectation that young men engage in sex
- Virginity being a weakness for a man.
- My way or the highway.
- being a virgin equated with being nerdy
- young men feeling pressure to take control or even know what they're doing when it comes to sex
- peer pressure
- Putting one's own interest ahead of others
- Expected to be part of the men's box
- aggression and expectations
- Unhealthy masc.= self of self-entitlement
- concept of man as an island - no community, or connections, even to self at a deep level
- It's about consent
- being the aggressor
- Mindsets that men are above women and men cannot be virgins!
- Not having control of your emotions and feelings.
- "Not OK to cry" or be vulnerable
- the need to validate your masculinity

- "no" is something playful to use during sex
- considering some behavior better or superior
- Masculinity is proven through sexuality or sexual experience
- peer pressure, risk taking behaviour
- The young man obviously had mixed messages and was only doing what he thought he was supposed to do.
- Unhealthy Mas = doing what you think others expect
- It's context specific
- Thanks Tonya. What he thought what it meant to "be a man" was skewed. I think there is a difference in personal stories vs. a parable story.
- peer views on how sexual experience relates to masculinity
- not knowing to look for enthusiastic consent
- a raised voice means a greater chance of being listened to
- What did he do with his embarrassment/shame? If he didn't apologize, or try to make it right, how does that play into expression of feelings males are "allowed" to have?
- masculinity means you have to prove you are a man; is linked to your ability to have sex.
- sexuality, at 17, is a badge of honor
- strength defined as exclusively physical
- Definitely peer pressure is huge...just look at bullying in our society.
- for men
- looking at partners as objects
- insecurity
- Assuming the roles/duties of genders
- Thinking that male needs supersede the needs of women. Feeling of superiority over women as entitlement based on role expectations.
- entitlement to sex - the assumption that consent to some sexual contact means consent to everything
- Man thinks he's doing what's expected.
- Oh sorry -- in this story -- In that case
- trying to live up to expectations of others rather than self.
- boils down to not understanding who you are created to be as a male - and Who you were created to reflect.
- Believing that being sensitive and emotional means that you are a weak person
- Many young men who are unsure of their masculinity feel they must "prove" it through force and domination
- Thank you for sharing that.
- What in this story would you connect with healthy masculinity?
- I also heard some positive masculine message. How had the cognitive dissonance been planted in his head? Did the cognitive conflict prevent the

rape?

- Regret, remorse, realizing that he did something wrong
- He stopped when she said No!
- that he did stop
- Strong spirituality, leads to strong self esteem and self-control, leading to less need to use sex as a means to promote self or prove themselves to others.
- Hi listened the second time.
- Eventually realizing his effect on another human being.
- he finally recognized no
- taking a "no" and still being a decent human being
- Vulnerability
- respecting that no means no
- he respected you eventually and made the connection
- Finally backing off/respecting her
- No means no
- Enough respect to stop
- His willingness to stop when he saw that she meant no.
- His guilt, realization, and leading to behavior change.
- That he stopped and walked away rather than continuing to force.
- That he did stop eventually when she said so
- at least he had the decency to stop; that he did feel conflicted
- Taking in the needs of another and deciding not go forward
- but is stopping when someone said "no" a sign of healthy masculinity or basic human courtesy and empathy??
- Ongoing attempts at communication
- He did stop, but I like that you addressed what did he do with the shame and embarrassment--how important it is to have a place for Tonya and him to process that, and make it a teachable, growth experience.
- That he had enough self control to stop and not backlash with her the next day.
- great question Mira
- key is to plant the seed early.
- healthy shame
- I agree w/Mira..
- Hopefully he will be able to stop and think the next time
- Great he and some conflict-a positive sign that he thinks about situation. Makes better decisions when conflict present.
- Realizing that self-worth is more than sexual experience
- what Cheryl said--we don't plant trees, we plant seeds.

- Unfortunate he did not have healthy coping skills to deal with the situation better (during and especially the next day)
- I wouldn't take much from the story as an example of healthy masculinity - healthy masculinity would have meant it never got that far
- respecting NO was the right choice
- early sexual psychology should be promoted just like sexual education..
- stopping isn't healthy masculinity...that situation should have never occurred if he had healthy gender expression
- healthy masculinity IS basic human courtesy...
- Healthy masculinity entails mind, body and spirit strength, when one is weak, then men use sex instead of their self to try to fit in. They must be balanced and then will be healthy.
- I have found that we as a society do not support taking responsibility for hurtful actions. People tend to defend rather than reflect and learn from their mistakes.
- I think healthy masculinity is be able to treat everyone equal especially when it comes to working mostly with women. In labor jobs if a man is not use to do most the labor he may feel less efficient as a man
- Basic human courtesy and respect is healthy masculinity.
- What men learn in childhood is brought with them into relationships, work, school and how they deal with women. Boys need to be taught early how God wants them to treat women and others. It starts in the spirit-what they are fed growing up, early experiences-like fatherlessness/child abuse-negative effects on spirit but can be changed to positive through counseling. Mentoring is good also, when no dad was present.
- What in this story would you connect with unhealthy masculinity?
- Healthy Masculinity is having been taught and developed good coping skills early in life.
- Thanks for sharing Pat.
- Inability to tap into honest emotion easily
- Limited skills to recognize & process/deal with emotions
- "big boys don't cry"
- Thanks so much for sharing.
- Lack of healthy coping skills.
- not being able to cry and learning from other men that it is not okay past childhood
- Thank you for sharing. Unhealthy masculinity would be feeling as though you shouldn't or can't cry?
- You had to THINK about crying.
- emotional stoicism seriously impacts ability to connect with self and others
- anger as single method of expression
- thanks Pat. keeping things bottled up

- That men have limited options in terms of expressing their emotions, or even having certain emotions.
- yes Carlin
- Unhealthy masculinity is not having those coping skills.
- Unable to think over emotions
- Had to "dig deep" to be even able to cry
- If your partner sees you cry, he/she will think you are weak.
- Using anger to cover up vulnerable feelings
- inability to express emotions, especially sadness
- not recognizing that he had a deep rooted pain, so he averted right to anger
- It's not okay to talk about what is going on emotionally
- reacting with anger as sole expression of emotion
- inability to connect with feelings feeling + actions
- expression limited to anger, and acceptable expression in through physical violence
- I couldn't cry - my father died when I was 13 - didn't cry then - (being a man) - didn't cry later on - "be a man" - how does this compare with losing my father?
- men aren't supposed to show their feelings (other than anger). Crying will get your Man-Card revoked
- A real men does not show any kind of emotions but can show anger
- Feeling that crying was the only way to express sadness
- I think anger is healthy or natural but not being able to deal with it is an issue
- Couldn't talk about his anger rather than act on it
- Negative skills available to deal with the emotions. Anger is not bad in and of itself.
- not able to recognize where anger comes from
- Inability to navigate complex emotions
- how is this still perpetuated?
- can't be vulnerable, not being able to cry; only being capable of anger (at first)
- emotions are human nature...we have to allow those emotions to come out in a healthy way
- Not feeling comfortable to cry, we are taught to believe girls cry to show how they feel and men are supposed to keep it together.
- men really only understand anger, but the primary emotions that precede anger are not taught to men not socialized to notice when they feel hurt instead of angry
- hitting walls
- Being Alone - bottled up - good word - emotional isolation

- I see selfish behavior leading to unjustified anger
- Anger is actually an emotion associated with FEAR
- a lot of think they Men shouldn't show their emotions
- Boys are taught to act aggressively and that combined with not being allowed to cry can be a really unhealthy (and potentially dangerous) situation
- good thought, Lamont Humphrey
- We have to be better about teaching that sensitivity is not weakness
- Holding in emotions is only going to fuel those emotions into passiveness, resentment, anger, lash out at others.
- good point Anise.
- Pat, thank you so much for sharing that story. I'm thinking about the piece about punching walls -- way of expressing emotion of anger, but the person doing so may or may not realize that it can be scary to other people who are there
- A lot of men think they shouldn't show their emotion.
- I think what was unhealthy was thinking that there was a "right way" to express an emotion
- ie., by crying
- their...
- a group of us are having discussion with regard to within the story - punching walls - not clear how much of this Abby was aware of with regard to violence versus expressing anger
- its really hard to understand, as a woman, that you hadn't cried for several years preceding this event... I feel bad. some people just need a good cry
- ANGER is hidden FEAR
- No way out - see no options- besides expressing anger- screaming/fighting outward - boiling inside
- the root of anger is sadness
- I know some women who can't or don't cry. Do you need to cry to be healthy?
- is it a parent's issue? we need to teach parents to stop this concept?
- Thank you Diane Harmon, for me, Anger is just another emotion, one that tells me something is wrong
- we are not taught the true benefits to releasing emotions have on our health and personal being
- What do the men do - who don't have the "savior" you had -
- I would debate Trina that the root of anger is a fear of loss of power
- Diane...I don't think you need to but it's important to know how to manage your emotions.
- Sometimes we choose to be angry to avoid feeling pain

- I think sometimes is healthy to cry, I believe showing emotions and having positive coping skills is very important
- there should be a healthy medium, male and female.
- sometimes I hear women will not cry, because the man will say " I knew you would cry" like they expected it from a woman
- Stereotypically masculine attributes are advantaged in our culture to advance in business, in academics, etc.
- Tonya I agree whole heartedly. I am glad you made that point. Thank you!
- it doesn't matter what the emotion is (sadness, anger happiness) the important part is being able to express it in a positive and healthy way
- Or as easy as saying I feel sad, I feel afraid
- Good point Paola!
- What in this story would you connect with healthy masculinity?
- Should women have to have a firm handshake to get the job?
- thanks Pada
- Agree with Paola
- @ Nikki - agreed, or that crying is intentionally manipulative by women
- knowing you needed to cry
- realizing the need to cry
- If we were designed to cry, I don't understand why people would degrade it.
- Awareness of the need to cry
- loss=sadness or fear of being sad
- being able to admit the existence of bottled up emotions
- His willingness to talk about the story now!
- showing emotions
- He allowed himself to be touched and comforted.
- recognizing that crying might help release the emotions that were coming out in more aggressive/angry ways, and then making conscious effort to tap into that.
- identifying
- Starting to work through one's issues
- the fact that he cried and discussed it with his girlfriend...communication key
- being comfortable to accept the physical comfort
- open communication
- empathy
- having some insight in the situation, through the strong emotions
- Should Sec. Clinton be allowed to cry and be the head diplomat?
- Learning from the experience
- Working through your emotions in a healthy way
- surrendering to partner's love

- healthy--he didn't drink or drug it away--he found a safe place/person to take a risk and open up
- He pushed himself to access his tears even though his training was against it
- pacing... finding a way to let out some of the negative energy
- some awareness of emotional state
- ability to name emotions, embracing human vulnerability
- tears are loaded with cortisol, our stress hormone; crying is literally releasing stress from the body
- going beyond the immediate situation
- Masculinity is not synonymous to macho. Its ok to talk or let out an emotion like crying.
- recognizing that you were having emotional struggles and conflicts
- Recognized there was something underneath the anger & was willing to at least try to feel it; able to feel anger without taking it out on partner; letting her in; accountability afterwards
- need to cry; acceptance of a hug/physical contact; overall it was a healthy response
- its okay to exist in your heart space.
- acknowledging that emotions should be expressed in unique ways (not just as anger)
- Persuading yourself to cry and getting the negativity out and getting in touch with your emotions. Not running away from letting Abby see you cry.
- Letting himself cry and be validated and acknowledged
- I want to teach my son (10) that it is acceptable to cry but his dad never does - which speaks louder to him.
- Not having forgotten the story or minimized it
- in this context, I see the need to cry as a need to identify the source of the anger, this is an important and difficult step for a man, and, to a degree, courageous
- thank you for your vulnerability Pat!
- Thank you for being vulnerable and leading by example. This is a really important discussion.
- If President Obama had not been involved in killing Bin Laden would he have been allowed to cry when he addressed his volunteers after his election?
- we need to work on shame resilience and practice being vulnerable, men and women, together!
- vulnerable?
- When - are we as men- available - for others? Other men - to listen? Female or male partners? When do we listen and feel and hear and support - and not simply "solve the problem"?
- embracing pain and insecurity

- it probably meant so much to her to be able to console you in that situation
- Being willing to be vulnerable and share in order to make a difference for others coming after you.
- courage- speaking from your heart and knowing how to connect with that.
- The full range of emotions allows for crying because of anger, sadness, happiness, accomplishment, etc.
- You never hear these stories from men unless you're at an AA meeting.
- Mary, that's pretty telling...
- how do we create safe environments to promote that?
- maybe we need MA meeting's
- I've seen mom's say "don't cry" to girls as a protective factor.
- Its ironic that he said he has not been that angry since. A maturation process took place there. reflecting is a great way of learning and growing.
- You will hear these stories from men when they feel they have a safe place to communicate their experience.
- <http://www.npr.org/2012/12/07/166735842/manhood-football-and-tragedy>
- <http://msmagazine.com/blog/blog/2012/12/06/im-mad-as-hell-at-conventional-manhood/>
- <http://www.theatlantic.com/sexes/archive/2012/11/the-end-of-violent-simplistic-macho-masculinity/265585/>
- Should healthy masculinity be connected to the impact of the behavior?
- So crying is not the end goal, but being able to identify your feelings, especially the ones associated with grief, and process through them in a building, safe way
- yes - great question Michael
- Why does men's vulnerability need to be anonymous?
- on college campus'. hold monthly safe space groups
- sports teams!
- In the classroom
- I can do it with my indigenous community when we are sitting around the social fire.
- fraternity houses
- Where can we hold conversations about masculinity?
- fraternity houses
- In schools - middle and high school, college
- marriage preparation classes
- I think we need to be honest about the fact that men having this conversation with other men is the most effective way. As a woman, the impact I will have in those conversations is lessened.
- school, church, campus, athletics

- 64K\$ question
- In Jr. High and High School health classes. In church youth groups.
- school-based clubs
- Parents1
- movies and television
- at home when the kids are still young
- classrooms, sports teams,
- Parents!
- elementary, middle and high school classrooms and sports teams
- preschool
- With ourselves.
- pre-school through college
- Families - across generations of men.
- in juvenile jail
- at home!
- elementary school
- military groups
- workplaces
- media
- We are working on having them with athletes and coaches on campus
- performance-based performances for college students
- Around the holiday dinner table
- Men of Strength clubs
- We can also incorporate these stories into our storytelling with small children
- (Coalition of Sailors Against Destructive Decisions, for example)
- When training during advocacy seminars
- Through the sports program Coaching Boys into Men. Our coach asked his team what healthy masculinity meant to them and it was amazing how they responded
- community centers, churches, men groups.
- EVERYWHERE
- Facebook
- hospitals, youth groups, middle schools, 4-H clubs, or community events, daycare
- classrooms definitely. churches. family meetings
- again, Parenting!!!!
- at home--at work, in the checkout line, unintended wait times would be more one on ones.
- I have asked my clients to tell the story in a way a positive outcome wplays out

- i am able to do so in 7th grade classrooms- talk about gender socialization... give boys permission to express other emotions than anger and happiness- talk to boys about their feelings of anxiety, frustration, worry, sadness-
- in the safety of ones home
- social media forums
- Staff meeting!
- A men's group within counseling serviclubes, university living groups/clubs/athletics, informal conversations-dinner, when unhealthy masculinity presents itself
- all adults around children of any age... Everyone always
- At home with my sons
- right on Wendi!
- home!
- around the kitchen table
- I would love to talk to boys and men about this issue, but I only get invited to talk to women. SA and DV are seen as "women's issues"
- With our children or grandchildren.
- The conversation doesn't have to be a conversation. It can be an action, a reframe of the social norm.
- I also parents to make up stories about the values, morals they want their child to emulate
- Texting with my grandson.
- Men's Recovery groups, and Domestic Violence for men.
- if we don't have our own story to tell, how do we initiate one of these?
- I love what you said Tonya...It's every opportunity!
- This is a question, but what ideas do you have to counteract the overwhelming support for jokes about women and rape, especially in non-traditional media forms like YouTube comedians? There are SO MANY rape jokes out there and with millions of subscribers and likes, it sends the message to young people that it's acceptable!
- NYTimes article about Sweden and their daycare centers and training teachers to look how they treat genders different. Specifically, training to treat gender equal.
- I second that Michael. Actions can be a powerful way to intimate that conversation
- Safe for men and women even when women are not in the room.
- Anywhere in everyday life. I learn more that way vs. classroom.
- I think you take safety with you--then you can feel safe anywhere, regardless of your audience's reactions or biases
- ...& that was supposed to be a :p face, not a happy one
- tough guise and call to men videos

- How about have Bob Costas talk about healthy masculinity instead gun control?
- Tough Guise is a great vid
- Walk the talk - best way for males to learn
- We men - need to reach out to More Men - Het men reaching out to Gay Men, Older Men reaching out to younger men, White - to Men of Color, etc.
- Hi Jonathan!
- men need to be trained, educated, HIRED in anti violence orgs and then take the info to the community. Sports community barber shops schools bars etc.
- Hi Julia!
- MOST = Men of Strength
- men need to be informed by women's voices and women's experience or its just recreating the patriarchy
- Tina, so glad to hear street harassment being addressed
- Contact Lifeline <http://www.contactlifeline.org/>
- if men join this movement to "save" women they are in it for the wrong reason...if that's the reason its simply replaying out the "white knight" in a pseudo-feminist context
- I just saw Tony Porter at a conference in Meridian, MS. He is amazing
- right on Tim!
- Tim I understand what you are saying but even though that is not the best reason it is a good reason instead of believing that women are something to possess and keep in a straight line, that the tougher the man the better
- Tina, do you meet with men or do you send men in to the barber shop (bastion of African American male masculine development)
- I come from a culture where some men believe that treating women tough means they are not showing weakness
- Thank you, Tim. As a woman, I don't want to be protected or saved. I want to be in partnership with men at multiple levels.
- I sat in circle with Tony at the communities that care conference at Harvard Law school
- Ugh...have to jump off because only tuning in on a lunch break. Is there a way to leave a parking lot question?
- it should be for the right reason Paola. We should not have to settle for less.
- while I'd love to take credit for the last two comments under my name, my coworkers and I are participating together and I have to give credit to my coworker
- Paola treating women as an object- either as an object to save or harm- is the same root problem...men viewing women as objects...both are equally problematic

- yes I understand...but in order to get there we need more men involved
- No wrong reason is acceptable
- and to get educated
- totally agree with her, though
- "Power over others is weakness disguised as strength."
- Jonathan - you are an amazing, wonderful man!!!!
- I think the fact that you go in and have found success is informative. Many women feel that men won't engage in these conversations honestly with women in the room.
- good modeling Tim - giving credit where due!
- Pacific Lutheran University Men Against Violence
<http://www.plu.edu/mav/>
- people DO need to be informed by women's voices but men need to be included in the discussion as they are the majority of the perpetrators...
- is that because men think its a waste of time, or they cant make a difference, or they don't see the problem?
- women's
- Having to log off - back to work. Thanks for the great discussion and insight!
- Patriarchy allows men to privilege of not looking at privilege and the destructive impact it has on relationships
- young boys -12/1132
- i agree that men need to be apart of the discussion, but they need to be trustworthy allies who are ready to do the transformative work to dismantle masculinity in themselves and in society at large
- werd Tim
- this is were the education and awareness comes in
- I think need to be a part of the discussion and to be accountable to women in the same way that white people working on undoing racism need to be accountable to people of color
- One issue we encounter is people (men and women) becoming defensive and insisting that men are abused just as much as women. Also, the idea that "she gave as good as she got". This is a challenge we're facing in our community.
- Strong Oak - great observation
- FYI-resource I recommend are the dvd's available from Media Education Foundation-especially the works of Jackson Katz
- Tim, that's an extraordinary but worthwhile challenge.
- absolutely strong oak
- good point Linley
- We need to talk - WITH men - not AT men - yes we do Confront (at) - but Until we talk with Men - as they and we listen - we don't get anywhere-

Jonathan - is Very Good at This!

- young men in middle and high school really enjoy speaking about these topics using stories in the news- last weeks murder suicide, chris brown, etc – they are very articulate and can really understand the mask men wear and the connection to violence
- We need to acknowledge- violence against men - But Not get into - "equal" - games - abuse of boys - particularly is an issue - needs to be tied to violence against women - not used in competition
- I am fascinated by the choice of ultimate frisbee.
- My concern is that there is a woman's DV movement and a men's DV movement and that they run parallel with men still taking the lead in THEIR program. We are trying to integrate the programs in our Engaging Men and Boys project
- i think we are looking at healthy masculinity as opposed to unhealthy because we agree that there is a place for masculinity within the male structure but not to equate that with macho bullying type actions
- If you are having problems with online audio, try call in on your telephone instead.
- Could we look at healthy gender identities as whole? For both men and women?
- From listening to the men speaking on this conversation, it is obvious to me that men suffer from living in a patriarchal structure, too. It may be harder for men enjoying privilege to see it!
- not with macho bullying type, but with mastery of some sort. frisbee-type activities definitely build relationships and teach healthy fun, but being able to learn and master, and feel capable--I think there has to be a place for that in healthy masculinity.
- The "trustworthy allies" seems to be the important part. Men have historically joined as allies, and then made the discussion about them/us at the exclusion of the impact of violent masculinity on women.
- Robert, I know that some people believe that there is a place for masculinity, but some of us find this conversation problematic because it is the binary of male/female, masculine/feminine that is at the root of the problem
- Well said Tim.
- yes, Tim!
- At the summit we began talking more about masculinities instead of masculinity.
- Great work
- Because just like being female and feminine is multi-faceted, so is being male and masculine.

- sorry I'm late, all you wonderful people - my computer wasn't working until just now! but I've been listening over the phone.
- I think there could be a distinction made between masculinity and violent masculinity. I think this can address multiple gender identities.
- Men and women are different, that is not anything that can be taken out of the work. Different is normal in humanness, and in healthy sexuality, and in males/females
- the binary perhaps is part of "meeting people where they are"
- If you can't see the captioning, click on the small arrow next to the "CC" button in the top right corner of your screen. Then select "Select Stream" and then "Aberdeen Captioning"
- Tim - it isn't "male/female" - but "MEN" - engaging men- getting men involved- my website
- exactly Carlin
- I think in gender neutral terms and that we fall on a continuum somewhere between these binary positions
- Men, women and multiple gender identities are different in those categories and within those categories.
- opens the conversation to explore socialization
- I appreciated Tonya's comments about women's anger, and women's vulnerability. I think sometimes men's vulnerability is valued more than women's vulnerability. Men's is sometimes mocked, but sometimes treated with reverence - women's vulnerability is taken for granted, or we assume that women's vulnerability is manipulative to men.
- I agree. If we tell teen boys they should buy into losing 'masculinity' we lose them. We need to help redefine what 'masculinity' means
- George --are you talking about male role models? I think there is definitely a need fo that. good male role models, sexually healthy male role models.
- Yes, I think sometimes that the non-binary framework can parallel the "I don't see color" idea.
- Interesting comment, Reva.
- i.e., gets in the way of recognition of power/privilege dynamics
- I think finding a way to honor non-binary identities and promoting diverse gender expressions is crucial in today's world, especially for young people, but that has to also pay attention to power within the continuum.
- The media and the Man Box needs to be stepped too like we step to government legislation
- QUESTION_ what % of MEN VS WOMEN attended the SUMMIT
- Agree, Reva.
- I think trans* and gender queer people also need a seat at this table critiquing stereotypes and tropes of masculinity
- It seemed like there were 70% men and 30% women at the summit.

- Once we men dare step out of the Paul Kivel "Act Like a Man" box, our tears are treated like diamonds. Our feelings of vulnerability are often privileged over women's.
- I attended a transgender remembrance celebration and found it liberating to look at masculinity and femininity from a more expansive perspective
- GREAT- so happy to hear so many men
- The model of male/female co-facilitation or trustworthy male led facilitation are ideal but in some communities might not be realistic because of limited resources.
- How do you plan to incorporate healthy masculinity into your prevention work?
- It was amazing and disarming! To be at a national conference with so many men.
- Engaging men through bystander intervention
- Define Healthy Masc. as the behaviour we want instead of violence
- this has been a main focus of our agency's prevention coalition
- We want to do a project with girls and boys at the local high school, ask them to make a movie about what it means to be a man and what it means to be a woman. Start a local dialogue... see where it takes us.
- We plan to have discussions locally about healthy masculinity as a means of ending the demand for the commercial sex trade.
- summits, informative sessions, messaging campaigns
- Tell the youth I serve the truth. The facts
- Asking the audience when we talk about prevention and engaging bystanders.
- We are going to try to replicate this model in Ohio using regional forums and a statewide summit.
- We have a fabulous healthy relationship program and a really successful teen dating violence awareness program in the middle and high school
- Collaborating with peer leaders in the Navy to start conversations about conceptualizations of masculinity and how they connect to both healthy sexuality and violence.
- engaging students about gender stereotypes
- set up a healthy masculinity summit on local university campuses, have similar conversations
- We train our peer educators on healthy gender identities so they can engage other students in this conversation.
- capture and share healthy/positive masculinity stories
- Here at Keene State College we have partnered with our community DV org to initiate Healthy Masculinity conversations on campus and in the community as part of the ongoing Healthy Masculinity Project.
- recruitment of (more) men into our student organization on campus - leveraging peer leadership. Would love to talk more to y'all at PLU!

- as opposed to "campaigns" bullying D.A.R.E etc
- take into the classrooms
- engaging a college campus community
- Good thought Garth.
- Thanks so much for the informative discussion.
- Consider the stories I can share with other men.
- we want to do a Men Engaging Men panel with local men who are involved in the cause and discussing what men can do to help
- recruiting men to share their stories and connections to domestic and sexual violence as a means of prevention
- Information from SIECUS on life behaviors of sexually healthy adults-- sharing this with parents, so they can know, role model, teach healthy sexuality to their boys and girls
- We teach prevention education at a local high school with freshman boys, and we plan on using music videos to point out healthy and unhealthy masculinity.
- Engaging through a Rites of Passage curriculum promoting Sexual Violence Prevention advocacy
- I am working in the high school in a week long course to discuss gender boxes, social norms, and boundaries
- We are working with males in detention (adult and youth) to resocialise them so that they do not perpetrate sexual or domestic violence.
- *working*
- Working in anti-bullying violence prevention.
- Define masculinity as non-violent behaviour
- train peers on college campuses to start peer facilitated workshops
- David, I think it would be great if Prevent Connect can provide a venue to continue the conversation on a regular basis.
- Create focus groups to talk openly about healthy relationships in general on both sides...maybe have a women's and a men's group
- I have been having conversations with men in Western Massachusetts about men's engagement in prevention work. There is a collaborative group across many agencies and college communities around becoming visible allies in the community.
- Involving our football team in our Walk a Mile in Her Shoes DVA month
- using music videos to identify healthy and unhealthy masculinity with our boys high school classes
- We also do gender stereotype presentations in the area middle schools
- Sexual intelligence - love it!
- incorporate this in the men's talk sessions with ethnocultural men
- Niobe Way, Deep Secrets
- Both men and woman, together in the battle to prevent violence!

- de-emphasizing men or masculinity as villainous, but encouraging men with positivity - stressing that men can and should identify as being part of the solution
- Appealing to athletes to take a leadership role on these issues.
- Sexual intelligence! That is brilliant!
- We are working with police and firemen in our community
- Niobe - Way - Crisis of Connection - great book
- using media literacy in our school prevention programs to identify how the media contributes to social norms around masculinity
- we are opening up conversations to youth and adults. we are giving boys and girls in schools barbershops churches sports leagues a definition of healthy masculinity.
- Working with middle and high schools students and with juveniles in Jail - many in gangs and do not know fathers. Using stories and art. Conversations
- increased participation in group settings, sharing MY OWN story will help other men
- collaborating with a wide range of organizations in our rural community to educate, awareness interceding in already formed groups using bystander and forming a violence prevention committee... shifting social norms community wide
- in working with youth, we explore the dangers of polarizing gender & look at how human goals & ideals are universal (the people we admire have similar qualities no matter their gender)
- White Ribbon, Bystander, Walk a Mile... all great opportunities
- we have a group called "booze, sex, and reality checks; keep offering groups on masculinity at university and in middle schools; calling people out in informal conversations; outreach to fraternities
- Examples of the impact unhealthy masculinity may have on Domestic Violence and some success stories available?
- Hlthy Masc = promoted behaviour choices. For all
- I was so honored to be at the Summit in October. It felt as if I was at a moment in time in which a breakthrough was being generated.
- The critical part is to offer multiple entry points at various levels and clear roles to help
- breaking stereotypes- our young boys in groups do a REAL MEN WEAR PINK DAY pretty often.. they all wear pink shirts and love the comments !!! they combat any negative comments with assertive, informative words
- Thank you, Jonathan, so true! Great coaching, too!
- Hlthy Masc. = a useful banner for a variety of organizations to work together under
- Be ready when opportunities arise, challenge to each one of us to be knowledgeable and ready to share when life interruptions come our way.

LOVE THIS, thank you!

- wonderful presenters, wonderful work!
- As we are not yet in a post racial society, we are not in a post gender society. We should have the courage to look at media stories through a gender/racial lens.
- yes! media literacy is so important to our work.
- Materials (recording, text chat transcript, slides) will be available here <http://preventconnect.org/2012/11/promoting-healthy-masculinity/>
- Thanks so much for all the great strategies and info sharing.
- As Diane said, take advantage of opportunities.
- Here's the article link <http://preventconnect.org/2011/06/engaging-men-to-prevent-sexual-violence/>
- thanks this was wonderful
- keep up the great work everyone!!
- How can I get one in my town?
- Got it!
- I loves the conversations on this chat line and the ones we had with the presenters as well. Time flew by very fast. J
- Here's a podcast about the summitt and next steps. Http://preventconnect.org/2012/11/hmap_podcast/
- fantastic conversation, we are eager to be more intentional about the work of engaging men at UT Austin - can't wait to report back our efforts!
- great conversation !!