Trans Specific Power and Control Tactics

A deliberate pattern of assaultive and manipulative behaviors done by one partner (or ex partner) to gain power and control over the thoughts, feelings, or actions of another partner. Partners may be married, dating, seeing each other, hooking up, or broken up.

Band Strain Stra Eroticizing /fetishizing body or parts • Forcing partner to calling partner "it" • Using transphobic slurs • Using partner's body or presentation Declaring "you are a engage in sex as wrong gender • > Isolation and Using terms for partner's genitals they find offensive • Touching ve Controlling finances to not allow for purchase of hormones surges **G** man/woman" • Saying parts of partner's body they Forbidding don't want touched nobody will ever love discussion with Saying "this is how real you, you don't deserve others about trans Extreme men/women have better and/or you will topics/access to support hormones, surgery, make sex" or that trans never find a better up, clothes, prosthetics • Forcing groups • Stating it would harm people like partner because the L,G,B and/or T community to speak up about abuse • Saying "nobody would believe you because you're " Using institutional transphobia to "rough sex" sex work • Using lack of employment trans people protections to keep partner in unhealthy are not work environment or unemployed · Stealing loveable" partner's identity or pretending to be partner to limit access to support access medical records or Intimidation and Threats Using Social Status/Privilege money Threatening to "out" belittling butch, femme, queer, trans, genderqueer, partner to employer, friends, family, spiritual etc. identity • Claiming to be more "politically Minimizing, and Blaming community, authorities, or immigration · Calling correct" or using status as L, G, B, cisgender, partner sick or crazy for being trans, and/or or "real transsexual" • Enforcing binary threatening to institutionalize them · Pressures gender (bathrooms, clothing, etc.) rtner agains. ill to impregnate or get pregnant • Mocks partner's infertility • to take away to take away to take away to take away Reminding partner of violence, partner against or a gender expression other harassment and murder of will to impregnate or than the partner's trans people ហ Denying access to medical care Denyir or hormones or be abusers • Accusation of use pressuring not to mutual abuse" • Saying that it's not pursue it • Hidina. negative things about trans people abuse, just anger over transition • destroving or throwing · Threatens to out partner Accusing partner of forcing them, away hormones, prosthetics, to child welfare services to change their orientation clothes, or other trans-specific Turns children against or identity to fit with Adapted from The items • Enforcing undesired partner partner's gender Power and Control clothing or wearing (or not) makeup Wheel developed · Punching, hitting, grabbing, etc. a by the Domestic Abuse Intervention partner's genitals, chest area, face or Project, Duluth, hair for being non-normative Minnesota and Trans-Specific Power and Control Tactics by Forge. Center for

Community Solutions 24hr Toll Free Crisisline | 1-888-385-4657 Web | www.ccssd.org Hope, Healing and Prevention Locations | Coastal: (858) 272-5777 East County: (619) 697-7477 North County: (760) 747-6282

Our mission is to end relationship and sexual violence by being a catalyst for caring communities and social justice. -CCS