

**Welcome,  
This Web Conference  
Will Begin Soon**



A Project of



**Preventing Intimate Partner Violence Across  
the Lifespan: A Technical Package of Programs,  
Policies, and Practices**

**PreventConnect**  
**1215 K Street**  
**Suite 1850**  
**Sacramento CA**  
**95814**

**Website:** [preventconnect.org](http://preventconnect.org)

**Email:** [info@preventconnect.org](mailto:info@preventconnect.org)

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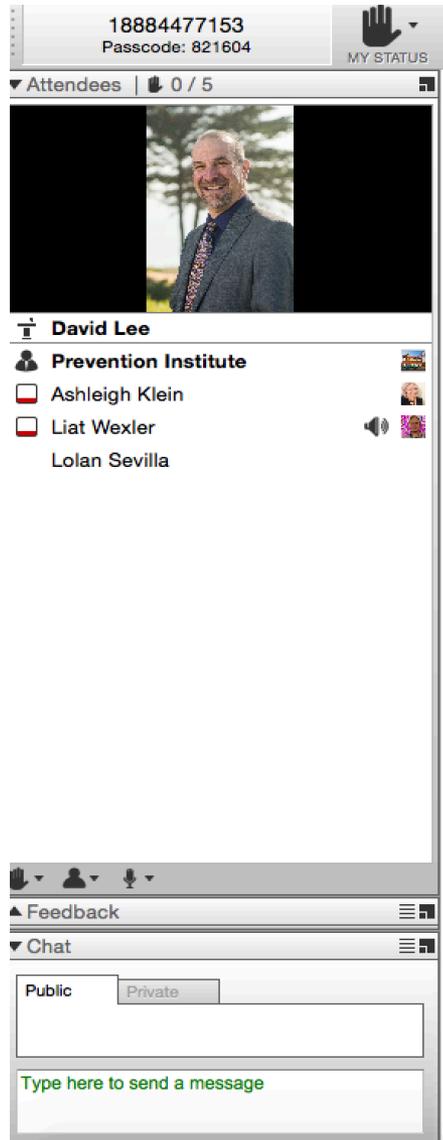
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# How to use this technology



- Raise hand
- Text chat & private chat
- PowerPoint slides
- Polling questions
- Phone
- Closed captioning
- Web conference guidelines

Please send a private chat message for help.

Call iLinc Technical Support at 800.799.4510.



# PreventConnect

- Domestic violence/intimate partner violence
- Sexual violence
- Violence across the lifespan
- Prevent before violence starts
- Connect to other forms of violence & oppression
- Connect to other prevention practitioners



# Upcoming Web Conferences

**June 27: Preventing Intimate Partner Violence Across the Lifespan: A Technical Package of Programs, Policies, and Practices**

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June 28: From private to community accountability: Building capacity to make sexual and domestic violence prevention a community responsibility

---

July 19: Organizing for economic opportunity : Movements and strategies to improve economic opportunities for sexual and domestic violence prevention

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July 25: #PowerInPrevention Ending Child Sexual Abuse: New Look at Addressing Children with Problematic Sexual Behavior

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August 16: A safe place to call home: Strategies and movements to transform the physical/built environment for sexual and domestic violence prevention

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September 20: From research to practice: Addressing shared underlying factors to prevent sexual and domestic violence

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# Preventing Intimate Partner Violence Across the Lifespan: A Technical Package of Programs, Policies, and Practices



**NRC DV**



A Project of



**CALCASA**

**June 27, 2017**

**11am-12:30pm PT; 2pm-3:30pm ET**

PreventConnect is a national project of the California Coalition Against Sexual Assault sponsored by U.S. Centers for Disease Control and Prevention. The views and information provided in this web conferences do not necessarily represent the official views of the U.S. government, CDC or CALCASA.

# Welcome



Anne Menard



Casey Keene



**Preventing Intimate Partner  
Violence Across the Lifespan:  
A Technical Package of Programs,  
Policies, and Practices**

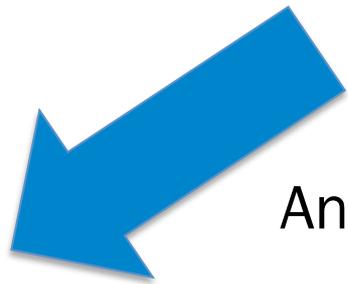
National Center for Injury Prevention and Control  
Division of Violence Prevention

<https://www.cdc.gov/violenceprevention/pdf/ipv-technicalpackages.pdf>



# Audience Question

How familiar are you with the “Preventing Intimate Partner Violence Across the Lifespan: A Technical Package of Programs, Policies, and Practices”?



Answer on the left

- A. I know about it
- B. I have skimmed it
- C. I have read the entire Technical Package
- D. I have used the Technical Package in my work

A screenshot of a web-based feedback form. The window title is "Feedback". On the left side, there are five radio button options: "A" (grey square), "B" (green square), "C" (yellow square), "D" (pink square), and "No Answer" (blue square). The "No Answer" option is selected. On the right side of the form, there is a large, empty circular area.

# Learning Objectives

- Describe the six strategies highlighted in the technical package
- Identify resources to support prevention decision-making
- Identify potential sectors to involve in intimate partner violence prevention

# About the Guests



**Phyllis Holditch Niolon, PhD**



**Megan Kearns, PhD**

Division of Violence Prevention  
National Center for Injury Prevention and Control  
Centers for Disease Control and Prevention



# Intimate Partner Violence

- **Highly prevalent**
  - About 1 in 4 adult women and 1 in 7 men in the U.S have experienced severe physical violence from a partner in their lifetime
  - 16% of women and 7% of men have experienced contact sexual violence (i.e., rape, being made to penetrate someone else, sexual coercion, and/or unwanted sexual contact) from a partner in their lifetime
  - 10% of women and 2% of men have been stalked by an intimate partner in their lifetime
  - Nearly half (47%) of all women and men have experienced psychological aggression (e.g., humiliating or controlling behaviors)

# Intimate Partner Violence

- Starts early in the lifespan
  - 7% of adult women in the U.S. and 4% of men report first experiencing some form of partner violence before the age of 18
  - Among H.S. students dating in the past year, 21% of girls and 10% of boys reported either physical violence, sexual violence, or both forms of violence from a dating partner



Smith, S. G., Chen, J., Basile, K. C., Gilbert, L. K., Merrick, M. T., Patel, N., Walling, M., & Jain, A. (2017). *The National Intimate Partner and Sexual Violence Survey (NISVS): 2010-2012 State Report*. Atlanta, GA: National Center for Injury Prevention and Control, Centers for Disease Control and Prevention.

Vagi, K. J., Olsen, E. O., Basile, K. C., & Vivolo-Kantor, A. M. (2015). Teen dating violence (physical and sexual) among U.S. high school students: findings from the 2013 national youth risk behavior survey. *JAMA Pediatrics*, 169(5), 474-482..



# Intimate Partner Violence

- Associated with negative health and economic consequences
  - Physical injury and death
  - Cardiovascular, reproductive, gastrointestinal, and nervous system conditions
  - Mental health (e.g., depression, PTSD)
  - Missed days of school or work



Black, M. C. (2011). Intimate partner violence and adverse health consequences: implications for clinicians. *American Journal of Lifestyle Medicine*, 5(5), 428-439.

Warshaw, C., Brashler, P., & Gil, J. (2009). Mental health consequences of intimate partner violence. In C. Mitchell & D. Anglin (Eds.), *Intimate partner violence: a health-based perspective* (pp. 147–170). New York: Oxford University Press.



# Intimate Partner Violence

- Connected to other forms of violence
- Shares common risk factors
- Is **PREVENTABLE**
- Requires a comprehensive approach targeting multiple risk and protective factors across the social ecology



# IPV Technical Package

Select group of strategies with a focus on **PREVENTING** intimate partner violence from happening in the first place as well as approaches to **LESSEN** the immediate and long-term harms of intimate partner violence.



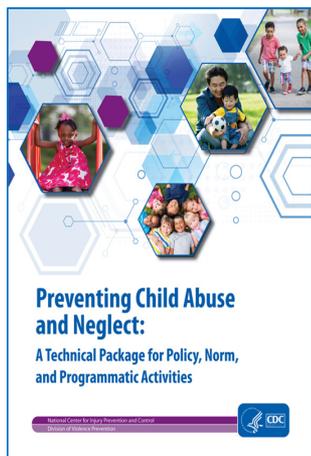
# Benefits of a Technical Package

Technical packages are one of the six key components for effective public health program implementation

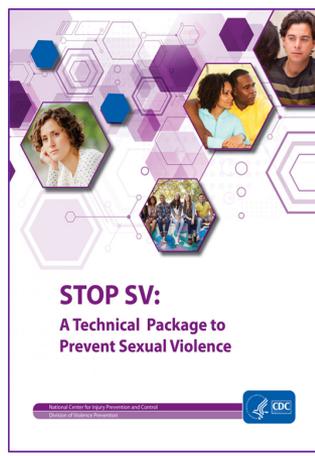
- Sharpen and focus what otherwise might be vague commitments to "action"
- Avoid a scattershot approach of a large number of interventions, many of which have only a small impact
- Achieve substantial and synergistic improvement in outcomes



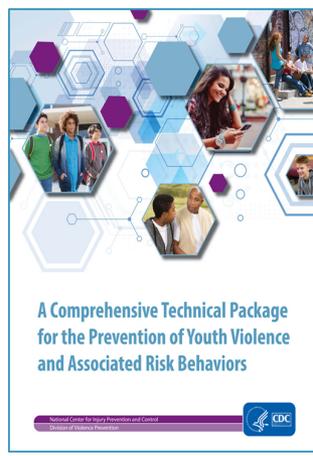
# Helping States and Communities Take Advantage of the Best Available Evidence



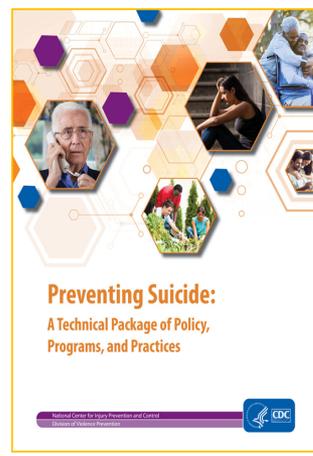
2016



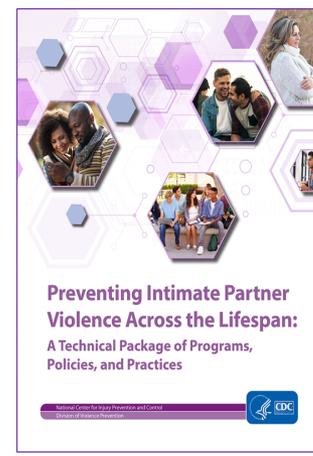
2016



2016



2017



2017

# Structure

- A Technical Package has three components:
  - **Strategies**: direction or actions to achieve the goal of preventing violence
  - **Approaches**: specific ways to advance the strategy
    - Example programs, practices, and policies
  - **Evidence**: for each approach in preventing violence or impacting its associated risk and protective factors

# Technical Package Development



Niolon, P. H., Kearns, M., Dills, J., Rambo, K., Irving, S., Armstead, T., & Gilbert, L. (2017). *Preventing Intimate Partner Violence Across the Lifespan: A Technical Package of Programs, Policies and Practices*. Atlanta, GA: National Center for Injury Prevention and Control, Centers for Disease Control and Prevention.



# Considerations for Inclusion

- Example programs, policies, & practices selected based on the best available evidence:
  - Meta-analyses, systematic reviews, or rigorous evaluation studies showing impacts on perpetration, victimization or risk/protective factors
  - Beneficial effects on multiple forms of violence
  - Similar outcomes with different settings/populations
  - Feasibility of implementation in U.S. if evaluated in another country
  - No evidence of harmful effects on specific outcomes or with subgroups



# STRATEGIES AND APPROACHES

# Preventing Intimate Partner Violence Across the Lifespan

Strategy	Approach
Teach safe and healthy relationship skills	<ul style="list-style-type: none"><li>• Social-emotional learning programs for youth</li><li>• Healthy relationship programs for couples</li></ul>
Engage influential adults and peers	<ul style="list-style-type: none"><li>• Men and boys as allies in prevention</li><li>• Bystander empowerment and education</li><li>• Family-based programs</li></ul>
Disrupt the developmental pathways toward partner violence	<ul style="list-style-type: none"><li>• Early childhood home visitation</li><li>• Preschool enrichment with family engagement</li><li>• Parenting skill and family relationship programs</li><li>• Treatment for at-risk children, youth and families</li></ul>
Create protective environments	<ul style="list-style-type: none"><li>• Improve school climate and safety</li><li>• Improve organizational policies and workplace climate</li><li>• Modify the physical and social environments of neighborhoods</li></ul>
Strengthen economic supports for families	<ul style="list-style-type: none"><li>• Strengthen household financial security</li><li>• Strengthen work-family supports</li></ul>
Support survivors to increase safety and lessen harms	<ul style="list-style-type: none"><li>• Victim-centered services</li><li>• Housing programs</li><li>• First responder and civil legal protections</li><li>• Patient-centered approaches</li><li>• Treatment and support for survivors of IPV, including TDV</li></ul>



Teach Safe and Healthy Relationship Skills

# Teach Safe and Healthy Relationship Skills

- **Social-emotional learning programs for youth**
  - *Safe Dates*
  - *Fourth R*
  - *Expect Respect Support Groups*

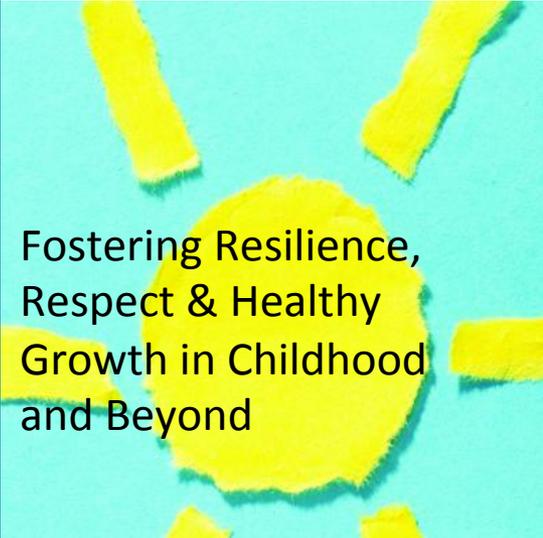


# Teach Safe and Healthy Relationship Skills

- **Healthy relationship programs for couples**
  - *Pre-marital Relationship Enhancement Program (PREP)*
  - *Behavioral Couples Therapy (BCT)*



# Social-emotional Learning Programs for Youth



Fostering Resilience,  
Respect & Healthy  
Growth in Childhood  
and Beyond



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# Healthy Relationship Programs



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# Teach Safe and Healthy Relationship Skills: Text Chat Question



**What resources are you familiar with using this strategy and approach?**



Engage Influential Adults and Peers

# Engage Influential Adults and Peers

- **Men and boys as allies in prevention**
  - *Coaching Boys into Men (CBIM)*
- **Bystander empowerment and education**
  - *Bringing in the Bystander*
  - *Green Dot*
- **Family-based programs**
  - *Families for Safe Dates*



# Men and Boys as Allies in Prevention

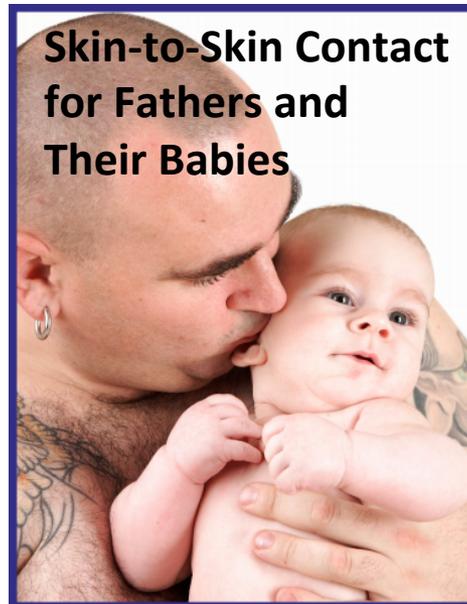


Men & Boys:  
Preventing Sexual and  
Intimate Partner  
Violence

# Bystander Empowerment and Education



# Family-based Programs



# Engage Influential Adults and Peers: Text Chat Question



**What resources are you familiar with using this strategy and approach?**



# Disrupt the Developmental Pathways Toward Partner Violence

# Disrupt the Developmental Pathways Toward Partner Violence

- **Early childhood home visitation**
  - *Nurse Family Partnership (NFP)*
- **Preschool enrichment with family engagement**
  - *Child Parent Centers (CPCs)*
  - *Early Head Start (EHS)*



# Disrupt the Developmental Pathways Toward Partner Violence

- **Parenting skill and family relationship programs**
  - *The Incredible Years*
  - *Parent Management Training – Oregon Model*
- **Treatment for at-risk children, youth and families**
  - *Multidimensional Treatment Foster Care (MTFC)*
  - *Multisystemic Therapy (MST)*

# Early Childhood Home Visitation

**WEBINAR**

## ADDRESSING DOMESTIC VIOLENCE IN HOME VISITATION SETTINGS

This webinar will help home visitors understand how to screen, refer, and document these activities as part of routine programming.

[LEARN MORE](#) ➔



## Realizing the Promise of Home Visitation: Addressing Domestic Violence and Child Maltreatment

A GUIDE FOR POLICY MAKERS



**Family Violence Prevention Fund**



**AVON Foundation for Women**

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# Preschool Enrichment with Family Engagement



Head Start Trauma Smart: Creating Trauma-Informed Head Start Communities



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# Parenting Skill and Family Relationship Programs



Fostering Resilience,  
Respect & Healthy  
Growth in Childhood  
and Beyond



**THE AMAZING BRAIN**



**INVOLVED FATHERHOOD  
PROJECT**



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# Treatment for At-risk Children, Youth and Families



Promising Futures

**Enhanced Services  
for Children & Youth  
Exposed to Domestic  
Violence**



**FYSB** Family & Youth Services Bureau  
Family Violence Prevention & Services Program

**Building Promising Futures:  
Guidelines for Enhancing Response of Domestic  
Violence Programs to Children & Youth**

Eleanor Lyon, PhD, Julia Perilla, PhD  
and Anne Menard  
for Futures Without Violence

**FUTURES  
WITHOUT VIOLENCE**  
National Resource Center  
on Domestic Violence



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# Disrupt the Developmental Pathways Toward Partner Violence: Text Chat Question



**What resources are you familiar with using this strategy and approach?**



Create Protective Environments

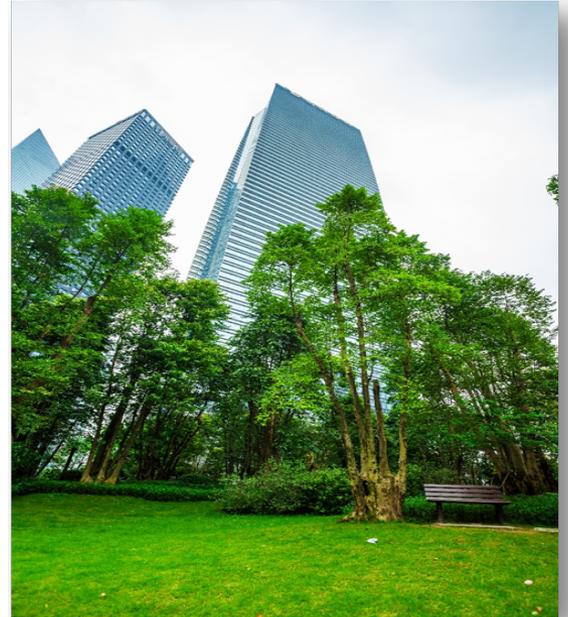
# Create Protective Environments

- **Improve school climate and safety**
  - *Shifting Boundaries Building-Level Component*
- **Improve organizational policies and workplace climate**
  - *IPV and the Workplace Training*
  - *U.S. Air Force Suicide Prevention Program*



# Create Protective Environments

- **Modify the physical and social environments of neighborhoods**
  - *Greening urban spaces*
  - *Changing, enacting, or enforcing laws and regulations*



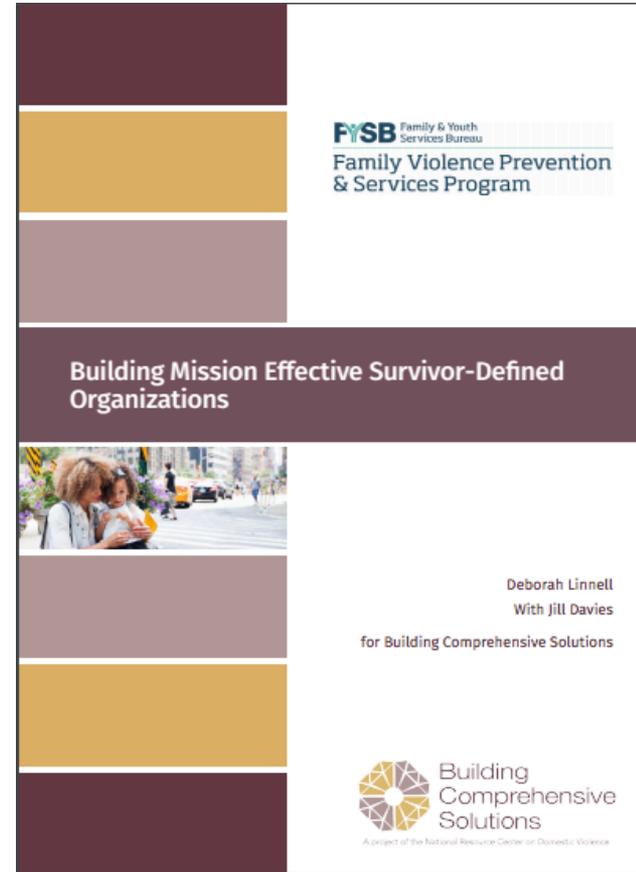
# Improve School Climate and Safety



# Improve Organizational Policies and Workplace Climate



**WORKPLACES RESPOND  
TO DOMESTIC & SEXUAL VIOLENCE**  
A NATIONAL RESOURCE CENTER

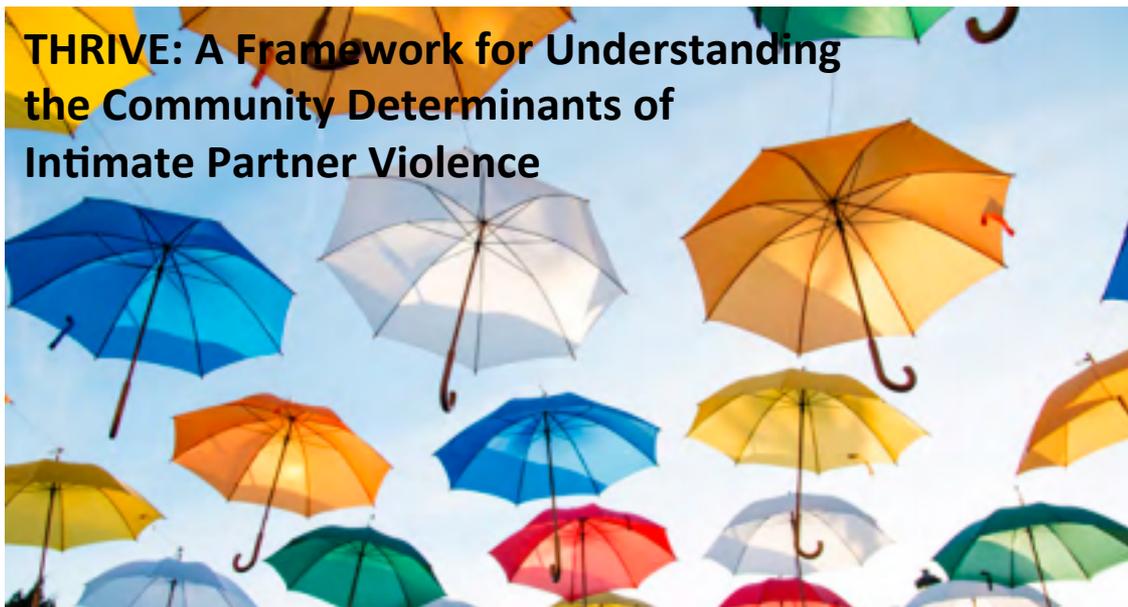


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# Modify the Physical and Social Environments of Neighborhoods

**THRIVE: A Framework for Understanding the Community Determinants of Intimate Partner Violence**



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# Create Protective Environments: Text Chat Question



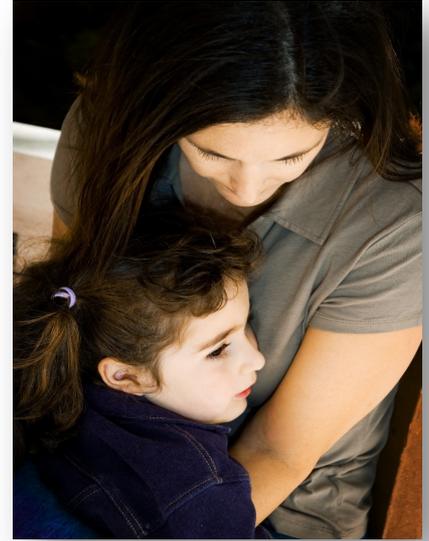
**What resources are you familiar with using this strategy and approach?**



Strengthen Economic Supports for  
Families

# Strengthen Economic Supports for Families

- **Strengthen household financial security**
  - *Income supports (e.g., tax credits, child care subsidies, cash transfers)*
  - *Microfinance programs*
  - *Comparable worth policies*
- **Strengthen work-family supports**
  - *Paid leave policies (parental, sick, vacation; job-protected)*



# Strengthen Household Financial Security



**Purple  
Purse**

**Allstate Foundation**



Building Credit and  
Assets



EITC and Other Tax  
Credits



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# Strengthen Work-Family Supports



**LEGAL momentum**

The Women's Legal Defense  
and Education Fund



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# Strengthen Economic Supports for Families: Text Chat Question



**What resources are you familiar with using this strategy and approach?**



Support Survivors to Increase Safety  
and Lessen Harms

# Support Survivors to Increase Safety and Lessen Harms

- **Victim-centered services**
  - *Domestic Violence Advocacy Services*
- **Housing programs**
  - *Washington State's Housing First Program*



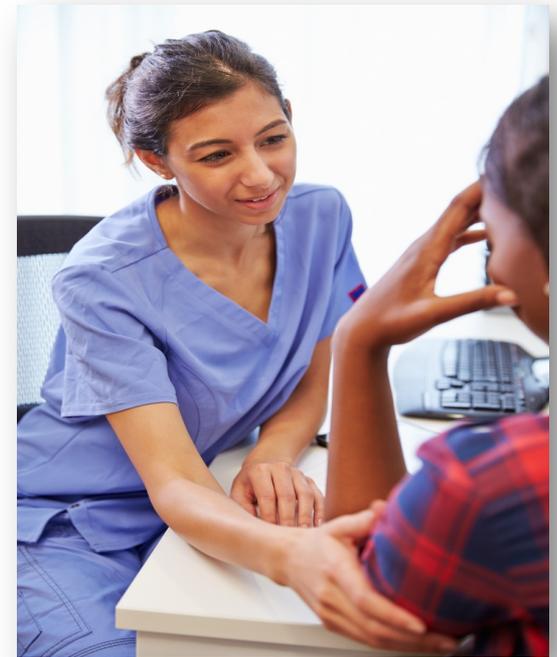
# Support Survivors to Increase Safety and Lessen Harms

- **First responder and civil legal protections**
  - *Lethality Assessment Programs*
  - *Supervised Visitation and Exchange*
  - *Protection Orders (PO)*
  - *Reduced access to lethal means for people convicted of IPV-related crime or a restraining or PO against them*



# Support Survivors to Increase Safety and Lessen Harms

- **Patient-centered approaches**
  - *Universal prevention education with tailored intervention for specific risks such as reproductive coercion*
  - *Education and screening in the context of other prevention programs (e.g., home visitation)*

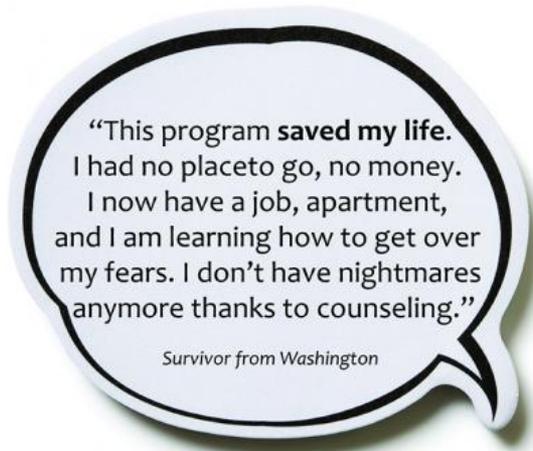


# Support Survivors to Increase Safety and Lessen Harms

- **Treatment and support for survivors of IPV, including TDV**
  - *Cognitive Behavioral Therapy (CBT)*
  - *Cognitive Trauma Therapy for Battered Women (CTT-BW)*



# Victim-centered Services



Meeting Survivors’ Needs



Trauma-Informed Domestic  
Violence Services



# Housing Programs



## SAFE HOUSING PARTNERSHIPS



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# First Responder and Civil Legal Protections



Navigating the Legal System



**Safe Havens:**  
Supervised Visitation and Safe Exchange Grant Program

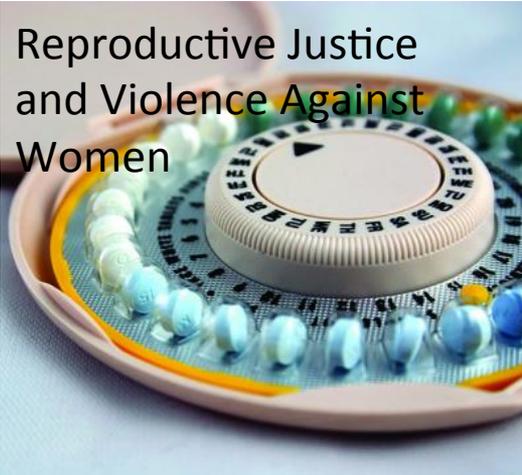


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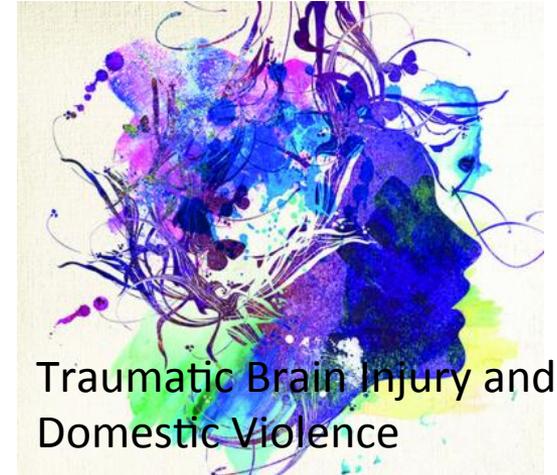


# Patient-centered Approaches

Reproductive Justice  
and Violence Against  
Women



Intimate Partner Violence  
and HIV/AIDS



Traumatic Brain Injury and  
Domestic Violence

**NATIONAL HEALTH RESOURCE  
CENTER ON DOMESTIC VIOLENCE**



**NRC** DV



# Treatment and Support for Survivors of IPV & TDV



Trauma-Informed Domestic  
Violence Services

NATIONAL  
**Center** on  
*Domestic Violence, Trauma & Mental Health*

Building  
Comprehensive  
Solutions



**NRC**DV



PreventConnect



# SECTOR INVOLVEMENT

# Text Chat Question



**What sectors can use the  
Technical Package to  
engage in intimate partner  
violence prevention?**

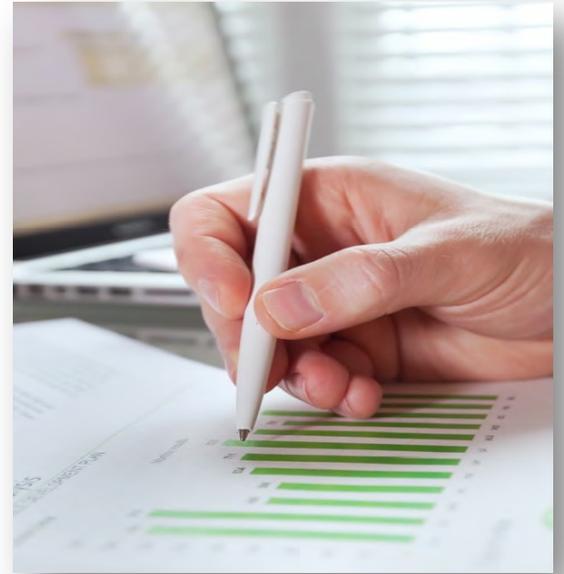
# Sector Involvement

- Public health
- Education
- Government (local, state, federal)
- Social services
- Business/labor
- Health services
- Justice
- Housing
- Media
- Domestic violence coalitions and other non-governmental organizations



# Monitoring and Evaluation

- Timely and reliable data
  - Monitor extent of problem & evaluate impact of prevention efforts
  - Program planning, implementation and assessment



# Implementing the Technical Package



# Prevent Intimate Partner Violence

The technical package is a tool to help states and communities take advantage of the **best available evidence** to inform and guide prevention decision-making.



Join us!

# Text Chat Question



**How do you plan to use this  
Technical Package in your  
Intimate Partner Violence  
Prevention work?**



# USING THIS TECHNICAL PACKAGE & RESOURCES

# Resources



## Resources to Support the CDC's Technical Package: *Preventing Intimate Partner Violence Across the Lifespan (June 2017)*

NRCDDV offers practical examples and tools to support the key strategies and approaches outlined in *Preventing Intimate Partner Violence Across the Lifespan: A Technical Package of Programs, Policies, and Practices* (CDC, 2017). These resources are drawn from NRCDDV key initiatives and special projects including VAWnet, PreventIPV, Safe Housing Partnerships, and Building Comprehensive Solutions to Domestic Violence.

### Teach safe and healthy relationship skills

#### *Social-emotional learning programs for youth*

- Special Collection: [Fostering Resilience, Respect & Healthy Growth in Childhood and Beyond](#)
- Prevention Tool: [Hardy Girls Healthy Women](#)
- Prevention Tool: [Be Strong: From the Inside Out](#) (Peace Over Violence)

#### *Healthy relationship programs for couples*

- Special Collection: [Preventing and Responding to Teen Dating Violence](#)
- Prevention Tool: [Start Strong](#) (Futures Without Violence)
- Prevention Tool: [In Touch With Teens](#) (Peace Over Violence)
- Prevention Tool: [Native Love](#) (National Indigenous Women's Resource Center)
- Prevention Tool: [I Am Courageous](#) (Florida Coalition Against Domestic Violence)

### Engage influential adults and peers

#### *Men and boys as allies in prevention*

- Special Collection: [Men and Boys: Preventing Sexual and Intimate Partner Violence](#)
- Prevention Tool: [Current Practices and Challenges with Engaging Men on Campus](#) (Men Can Stop Rape)
- Prevention Tool: [White Ribbon Campaign](#)
- Prevention Tool: [Coaching Boys Into Men](#) (Futures Without Violence)
- Prevention Tool: [Te Invito](#) (National Latin@ Network for Healthy Families and Communities)

#### *Bystander empowerment and education*

- Prevention Tool: [Where do you stand?](#) (Men Can Stop Rape)
- Prevention Tool: [Hasta Aquí No Mas/Draw the Line](#) (Mujer)
- Prevention Tool: [See the Signs & Speak Out](#) (Avon Foundation for Women)

#### *Family-based programs*

- Prevention Tool: [The Involved Fatherhood and Gender Equity Project](#) (White Ribbon Campaign)
- Prevention Tool: [Stand4Respect](#) (Indiana Coalition Against Domestic Violence and the ICADV Youth Council)
- DV Evidence Project Program and Practice Profile: [Caminar Latino](#)
- Prevention Campaign: [Skin-To-Skin Contact for Fathers and Their Babies](#) (Indiana Coalition Against Domestic Violence)

<http://www.preventconnect.org/2017/05/preventing-intimate-partner-violence-across-the-lifespan-a-technical-package-of-programs-policies-and-practices/>



NRCDDV



# For more information

Division of Violence Prevention  
National Center for Injury Prevention and  
Control  
Centers for Disease Control and Prevention

1-800-CDC-INFO

Visit CDC's page on the technical packages

[https://www.cdc.gov/violenceprevention/pub/  
technical-packages.html](https://www.cdc.gov/violenceprevention/pub/technical-packages.html)

and other violence prevention pages

[www.cdc.gov/violenceprevention](http://www.cdc.gov/violenceprevention)



**PreventConnect**  
**1215 K Street**  
**Suite 1850**  
**Sacramento CA**  
**95814**

**Website:** [preventconnect.org](http://preventconnect.org)

**Email:** [info@preventconnect.org](mailto:info@preventconnect.org)

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