



## Bystander Intervention: Building the Evidence Base for Sexual and Domestic Violence Prevention

26 June 2017

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AKJ: 10:45 AM: Hello everyone! Welcome to our web conference today. We will be getting started at the top of the hour.

MG: 10:56 AM: Slides and the handout for this session are available on <http://www.preventconnect.org/2017/06/bystander-intervention-building-the-evidence-base-for-sexual-and-domestic-violence-prevention/>

MG: 11:05 AM: For audio over the phone-- please call 1-888-619-1583 with Password: 879 736#

MG: 11:08 AM: Our next web conference "Preventing Intimate Partner Violence Across the Lifespan: A Technical Package of Programs, Policies, and Practices" is happening tomorrow- 27 June <http://www.preventconnect.org/2017/05/preventing-intimate-partner-violence-across-the-lifespan-a-technical-package-of-programs-policies-and-practices/>

MG: 11:09 AM: Our Wed web conference is on Community Accountability: <http://www.preventconnect.org/2017/05/community-accountability-for-safety-building-capacity-to-make-sexual-and-domestic-violence-a-community-responsibility/>

MG: 11:09 AM: RCT Testing Bystander Effectiveness to Reduce Violence article is available here: [http://www.ajpmonline.org/article/S0749-3797\(17\)30027-2/fulltext?cc=y=](http://www.ajpmonline.org/article/S0749-3797(17)30027-2/fulltext?cc=y=)

MG: 11:13 AM: Text Chat Question: Describe how Bystander Intervention is helpful in sexual violence and domestic violence prevention efforts?

BA: 11:13 AM: It gets everyone involved in the solution

DS: 11:13 AM: Engages folks on different levels of the SEM. Focused on prevention vs. intervention to end DV/SV.

EA: 11:13 AM: start changing the culture

CJ: 11:13 AM: supports victim

JS: 11:13 AM: engages society in addressing the problem

MBlack: 11:13 AM: Empowers bystanders to be active and involved

SER: 11:13 AM: It helps folks see their role in prevention

EB: 11:13 AM: It's a great way to empower individuals in preventing violence

KP: 11:13 AM: It meets people where they are

BM: 11:13 AM: it involves the public, everyone can get involved not just professionals

JK: 11:13 AM: Social norming around pro-social behaviors

JH: 11:13 AM: expands responsibility

SS: 11:13 AM: Opportunity to get everyone involved, not just targeting perps and vics

SSladky: 11:13 AM: model by example

MP: 11:13 AM: Takes blame OFF of victims!

MM: 11:13 AM: makes sexual violence a public issue

CH: 11:13 AM: letting youth know they can do something

CG: 11:13 AM: It brings in everyone; Beyond the potential perpetrators and victims.

MS: 11:13 AM: increases community ownership of the problem

CL: 11:13 AM: It helps providing individuals with the skills to speak up

GB: 11:13 AM: Everyone can make the call. It's not just an at-home issue!

RC: 11:13 AM: Extremely helpful. Because it clearly gives people examples of what to do!

RM: 11:13 AM: Changing social norms to lower the tolerance of sexual violence

JS: 11:13 AM: Creates a community of responsibility

SS: 11:13 AM: It involves the entire community in preventing violence

AS: 11:13 AM: It helps reduce the stigma that SV/DV are

AW: 11:13 AM: does not paint men as perpetrators and women as victims

KT: 11:13 AM: Creates practice for real world experiences

JK: 11:13 AM: power in numbers! There are so many bystanders!

LS: 11:13 AM: it puts responsibility for stopping it on all of us

SN: 11:13 AM: educating others, especially youth

P-TM: 11:13 AM: Provide bystanders the tools to intervene

BS: 11:13 AM: To show that abusive behavior is not allowed and should not be tolerated

CW: 11:13 AM: Helps make a change

NP: 11:13 AM: Create a culture of accountability and care

AL: 11:13 AM: Awareness. Allows the community to be involved

SN: 11:13 AM: Gets people comfortable with speaking out when they see things that are wrong when most tend to lower their head

AW: 11:13 AM: stops victim blaming

LM: 11:13 AM: Involvement in society!

LH: 11:13 AM: shifts focus of this as a problem to the whole community

CM: 11:13 AM: potentially prevents SV, empowers the public,

MA: 11:14 AM: shows active support

KD: 11:14 AM: it encourages youth see how to get involved and to know they are not alone, expands societal responsibility

RC: 11:14 AM: When an entire community engages as active bystanders it challenges the social norms that support violence

NB: 11:14 AM: Empowers people to take individual responsibility.

CR: 11:14 AM: stop the 'blind eye' that society perceives

LS: 11:14 AM: it keeps us from telling boys they're all rapists which is so awful

AS: 11:14 AM: personal problems. It involves everyone, the community. Reduces apathy.

TS: 11:14 AM: Lets victims know that someone will do something when they see it. A lot of people do not get the opportunity to report it themselves.

DP: 11:14 AM: Brings Accountability

JM: 11:14 AM: An example of upstream and downstream prevention. Responds to an individual situation but also changes rape culture

RA: 11:14 AM: allows the dialogue to begin

CM: 11:14 AM: It shows people that they can make a difference in their communities.

KH: 11:14 AM: Allows our volunteers to empower others at special events and handle conflict in an appropriate way

BW: 11:14 AM: in order for negative masculinity to be changed, new social norms must be communicated through bystander intervention

DS: 11:14 AM: It helps communities to recognize perpetrators behavior.

ER: 11:14 AM: It helps give people the dynamics of abuse and how to support survivors and hold perps accountable.

JB: 11:14 AM: Foster a normative culture that promotes gender equity, discourage violence and encourage helping whether or not they are present at the time in situations of risk

P-TM: 11:14 AM: Involve society to see it takes all of us to victim blaming to empowering victims

AR: 11:14 AM: Offender accountability

GP: 11:14 AM: empowers individuals and victims society can work together4

P-TM: 11:14 AM: from victim blaming to empowering victims

RC: 11:14 AM: Engages men and boys as allies

AL: 11:14 AM: emphasizes society's role in prevention and education

PS: 11:14 AM: It empowers the victims

NB: 11:14 AM: Welcoming to everyone - everyone can be allies!

RA: 11:15 AM: great responses... Allies is critical

SE: 11:15 AM: changes how we all look at our ethical and social responsibilities

MW: 11:15 AM: lowers society's tolerance and acceptance of what they previously perceive as the social norm

MG: 11:19 AM: For more details on Green Dot as a Prevention Strategy by KASAP, click here: <https://www.kasap.org/get-info/prevention>

RA: 11:27 AM: I know that this statement may be premature... But will we be provided with pamphlets, brochures or poster literature so that we may post at our institutions???

SA: 11:28 AM: With others from the Department of Defense Sexual Assault Prevention and Response Office

BT: 11:29 AM: What Infusion Innovation theory?

BA: 11:29 AM: Diffusion of Innovation theory

DS: 11:30 AM: We use the green dot analogy to help our preventionists reframe the discussion to include more than rescuing potential victims, but to change social norms and get to things that are way earlier than a perpetration situation - Corina Klies

DL: 11:31 AM: Welcome You can learn about the Diffusion of Innovation theory on the PreventConnect Wiki <http://wiki.preventconnect.org/Prevention+Theory>

BT: 11:34 AM: I thank you and my question influenced by not hearing what was said. Appreciate your thoughtfulness.

SE: 11:35 AM: I am in Vancouver, British Columbia, Canada and am interested in how many Forensic Nurses are on this webinar out of the 289 attendees. You could respond to me at sheila\_early@bcit.ca

DS: 11:39 AM: Did the evaluation for the school include climate change? Beth Malchus-Stafa

SE: 11:41 AM: Also is this webinar going to be archived and will slides be available in PDF.. just so I know to take notes or not. Thank you.. great information.

MG: 11:42 AM: @Sheila- The slides and the handout for this session are available on <http://www.preventconnect.org/2017/06/bystander-intervention-building-the-evidence-base-for-sexual-and-domestic-violence-prevention/>

SA: 11:42 AM: Why were data imputed for one of the control schools in 2011?

MG: 11:43 AM: the recording will also be available on this site and an email will be sent to all participants in a few days

RM: 11:44 AM: Can you give an estimate of how many (what percentage of the student body at an individual school) received the 5 hour bystander training (i.e. key influencers, etc)?

SE: 11:45 AM: Thank you Meghna, very much appreciated.

MG: 11:46 AM: @Sheila- you are welcome!

BA: 11:46 AM: Was there a reason the focus was on perpetration instead of on victimization?

BT: 11:49 AM: Will there be more in the future that focuses more on the victimization? Victims and perpetrators see the act VERY differently.

DS: 11:49 AM: We think it is very helpful for including this aspect. Not much research on this and again - very helpful... focus on perpetration. Beth Malchus-Stafa

DV: 11:49 AM: thank you for the message that youth can do something as a bystander.

RC: 11:51 AM: "Preventing perpetrator from getting to victim"? Do you think bystander intervention may lead to shifting culture to such that people do not become perpetrators?

MG: 11:51 AM: Slides for this session are available on

<http://www.preventconnect.org/2017/06/bystander-intervention-building-the-evidence-base-for-sexual-and-domestic-violence-prevention/>

MG: 11:52 AM: PreventConnect hosted a web conference discussing the NISVS state report findings and its implications on prevention: <http://www.preventconnect.org/2017/04/the-national-intimate-partner-and-sexual-violence-survey-nisvs-2010-2012-state-report-implications-for-prevention/>

MG: 11:52 AM: The NISVS State report is available here:  
<https://www.cdc.gov/violenceprevention/nisvs/summaryreports.html>

SD: 11:54 AM: In response to Rebecca Milliman's question above: Between 6-15% of students in each school were trained with the 5 hour training. I think the average was around 9%.

RM: 11:54 AM: @Sarah DeGue thank you!

SD: 11:55 AM: You're welcome!

NS: 11:55 AM: sarah swan article in WI law journal about Bystander interventions

MS: 11:55 AM: Do you have any best guess for why there also appeared to be declines in the control schools during the same time period?

NS: 11:55 AM: <http://wisconsinlawreview.org/wp-content/uploads/2015/12/1-Swan-Final.pdf>

MT: 11:58 AM: Is there conclusions as to why it was more effective in terms of alcohol/drug-facilitated sex?

DS: 11:59 AM: the schools who implemented green dot - did you see teachers begin to implement "teachable moments" and "change or enforcing policy"?

SS: 11:59 AM: I have had a very difficult time with this service for audio via phone. I have tried numerous times, and each time I get a message that 879 736# is not a password they can confirm. I got one once, but had to get off part way through to pick up another call, and can't get back on. I suggest you discuss this with your provider to find out what has been wrong with their service.

RM: 11:59 AM: Am I reading this [previous slide] correctly, even after the reduction there was an average of 45 events of sexual violence perpetration (alcohol and drug facilitated) per student in the past 12 months?

AKJ: @Sarah Silverman, I sent you a private text chat.

SD: @MichealTeague-- Possibly because those tactics are more likely to involve an opportunity for bystander intervention? Just a guess.

LS: That's a legitimate question though - what does 'per student' mean?

AC: Have their been similar studies conducted in the higher ed environment?

P-TM: How did you get schools to participate?

LS: What other components were part of it? Did they have events and boosters?

LS: And what did those look like?

SD: @RebeccaMilliman, I think that was 45 events per school per year, not per student.

DS: Are your educators Mandated Reporters?

DV: I'm here through Freedom House in Illinois. Weather is in the mid 70's and breezy. DVoice

LK: @denise Scotland KY RCC Educators are mandated reporters yes.

LS: How did they ask the question to find out if students perpetrated?

BS: Are you scheduled to be in AZ to train any agencies?

MG: Text Question: Should bystander training be gender-neutral (same for males and females)? What are the advantages or disadvantages specific to gender and sexual orientation?

BS: I am implementing the CBIM and SLAY (girls version) in local area high schools.

LS: advantages mostly. But I think guys have particular situations when they are more likely to be the bystander

SE: Absolutely both genders..

MP: Advantage to gender inclusiveness: full inclusion of all youth, including trans and non-binary youth

AL: disadvantage: easier to create a safe space for dialogue while segregating genders

RM: Advantage: Opportunity to discuss internalized sexism (both privilege and oppression)

NP: I don't think it should ignore the role of gender, but neither do I think it should target people of different genders differently. I think it should involve a conversation about the relationship between gender and violence in an all-gender setting.

BB: Gender-neutral is all-inclusive.

BA: I think it is important for people of all genders to gain the skills, but at times we can lose rich conversations if we ignore how harassment impacts different genders.

RM: Disadvantage: not inclusive of transgender and gender-queer

JM: I agree both genders

CG: I think it would be great to offer gender-specific settings as an OPTION.

SN: I have found that segregating genders doesn't work as well as coed interventions. I'm sure there could be examples of toxic masculinity and such, but the general theme should be gender neutrals.

P-TM: There are disadvantages to bystander training gender neutral because the factors are different based on genders and sexual orientation

LS: we try to cover gender in a separate space but with the same students

P-TM: I feel making it bystander training specific to genders, sexual orientations and cultural backgrounds

BT: There advantageous to treat the issues for gender specific

JM: Does the research publication include description of the training content? And how the training was delivered?

MG: You can access the "Engaging Bystanders in Sexual Violence Prevention" report here: [www.nsvrc.org/publications/nsvrc-publications/engaging-bystanders-sexual-violence-prevention](http://www.nsvrc.org/publications/nsvrc-publications/engaging-bystanders-sexual-violence-prevention)

MA: I think gender specific has advantages

RC: How sustainable is green dot? These schools will have to train 6 - 15% annually, right?

KP: @rebecca, your goal with the longer bystander training is to have at any given point, there are between 10-12% of your school population that is trained. This can look different from school to school depending on the size of the school and the size of your team

KP: Long term sustainability depends largely on having a strong team.

RC: Thanks, Kristen!

NS: a key finding from 10 yrs. of NIJ funding for Shifting Boundaries was that Classroom lessons alone were less effective than school-wide interventions. I would urge you all to consider implications for Green Dot which seems very training centered

BA: Green Dot is a combination of both school-wide and specific trainings.

KP: Someone had a question about booster sessions. Yes, we did those and we had some specific guidelines we followed to make sure they were pretty similar across the board in our follow up with students who were trained

KP: We had specific questions we asked to see how much info they retained.

ML: [prevention@nsvrc.org](mailto:prevention@nsvrc.org)

ML: We can talk about adaptation of curricula, and any of these take-away points!

PM: Great job everyone!

LS: can you share your booster session guidelines with us? We are STRUGGLING with these!

LS: [prevention@saracville.org](mailto:prevention@saracville.org)

BT: Thanks for reflection on the exciting study...

KP: Of course! Please feel free to email me at [parcs@livethegreendot.com](mailto:parcs@livethegreendot.com) for any green dot specific questions (either implementation or getting trained)!!

MG: Thank you everyone!