



Sport is Part of the Solution to End Sexual and Domestic Violence

Wednesday, February 13, 2019
12:30-2 PM PT / 3:30-5 PM ET

AKJ: Hi Everyone! Thanks for joining us today.

AKJ: We will be getting started right at the mid hour mark in about 10 minutes. Thanks to you all for joining us!

TV: You can download the PowerPoint slides for this session here: <http://www.preventconnect.org/wp-content/uploads/2019/02/Sport-is-Part-of-the-Solution-to-End-Sexual-and-Domestic-Violence.pdf>

TV: For audio over the phone, please call 866-866-2244, passcode 9053509#.

GH: I can't see poll

LF: both DV and SA

AJ: Domestic Violence/Homelessness/Child Sexual Abuse/Sheltering

TV: Contact Adobe Connect support at <https://helpx.adobe.com/adobe-connect/connect-support.html>

EM: Thank you

AJ: I am really looking to expand my horizon with Violence Prevention. Looking forward to making connections.

TV: RALIANCE Sport + Prevention Center: <http://www.raliance.org/sport-prevention-center/>

DH: Hi! I'm from Salinas, CA where is cloudy and really windy!

AH: Great to have AJ from Friends of the Family joining today's webinar!

AH: Scotland is in the house - Graham Goulden, welcome!

AJ: Thank You Mr. Alan

TV: Sport + Prevention Center Prevention Database: <http://www.raliance.org/prevention-database/>

RC: Cleveland Browns just hired a DV offender and the NFL is silent.

GG: Hey alan - here for the next half hour or so

WU2: Hi Graham!

AKJ: @Valyncia I went to Cerritos!!

CC: Rebecca Cline-the team hiring him was a disappointment but not surprising. It's awful they did that.

RC: Carolyn Curtis - agreed. I live in NE Ohio and am a fan, such a conflict.

VP: sad to hear that really

TV: Coaching Boys Into Men from Futures Without

Violence: <https://www.futureswithoutviolence.org/engaging-men/coaching-boys-into-men/Athletes> as Leaders from Futures Without

Violence: <http://www.coachescorner.org/healthy-relationships-advocates/#athletes-as-leaders>

AKJ: PreventConnect did a web conference with Rebecca highlighting Athletes As Leaders -
- check out the recording and materials

here <http://www.preventconnect.org/2017/08/supporting-women-and-girls-leadership-in-sport-to-prevent-sexual-and-domestic-violence/>

CB: It's very important-especially for boys- to encourage healthy relationships with their own emotions and to encourage sensitivity and positive communication

VP: yes!

LF: Do you have any secret ways to get coaches involved and to follow through?

AKJ: @Lucia I will ask!

PR: Can you provide examples of how you or a school builds on having both programs in their schools (CBIM & AAL) to improve climate?

CF: As a female health educator, I find it challenging to promote this program to male coaches. Does anyone else have this issue?

SH: Do you think that the ease of relationship building in a small private school is affected by the homogenous identities typically held by administrators?

ED: TGNC students also need to be included and centered

TV: Text Chat Question: What are some other groups in athletics we should include in the discussion of prevention?

KS: LGBTQ+ community and their involvement in sports!

EB: Athletic trainers in the college setting, has been very helpful for us.

VR: athletic trainers! They get a lot of disclosures and they spend a lot of time with athletes

KB: Athletic trainers, Title IX coordinators, working with captains specifically

DW: Parents

SW: Remember cheer/spirit teams; golf & archery.

CB: I second Kathryn on LGBTQIA+ !!

HB: At our program at Napa Valley College, we have athletic trainers, and the athletic counselor as well as the equipment manager at the table. They see and hear so much of what is really going on with the teams

JP: A huge struggle is getting coaches/staff to go beyond legal requirements and actually provide ongoing programming.

EB: @Chelsea - find a male ally in the department. One of our Athletic directors has been an amazing resource and voice for our programming

JS: In Wyoming, we partner with the Wyoming Coaches Association as well as the Wyoming High School Activities Association. We are able to provide training on both CBIM and AAL at their annual coaches clinic

VR: @ashleikhlein! yay #falcon pride...come back and visit!

EB: not just varsity sports but also club sports

KS: How do we implement DV programs in school athletic programs when LGBTQ+ athletes are being forced to join either a boys or girls team, and also do so in our discussions with them!

MS: I'm implementing CBIM at a high school and Athletes as Leaders but the athletic director wanted Athletes, as Leaders to be more like CBIM as opposed to the girl's curriculum. How have you handled combining these curriculums? Also we have a girl on the boy's baseball team, suggestions on handling this?

JS: This past year we were able to train over 50 coaches at 20 different schools throughout the state.

AG: Athletic assistants perhaps and other aides

AG: They could be sounding boards to assist in ending harmful norms or possible disclosure personnel as well

JS: We also push to train an entire school's coaching staff at the beginning of each season. We do this on the same night as the parent-athlete-coach meeting.

VR: governing body commissioners - they don't always know what's going on

GH: Have there been students that have gone through your program participate in dating awareness for teens in the community?

VR: and they can be a partner in accountability and potentially pass rules to assist with training enforcement

NM: what about at community sport leagues?

LF: thank you!

DH: Kathryn - Thanks for broaching the subject of true inclusion - I'd love to hear from any college/universities that have a training plan, which works well with athletics!

VR: SAAC/ student athlete councils

VR: Valencia is such a great name (I'm biased)

KS: Deborah, yes! I am very curious to hear if anyone has established methods for this!

TV: https://www.huffingtonpost.com/entry/coach-of-culture-inspires-championship-change-in_us_5a021b8ae4b0230facb840e1

AKJ: @Kathryn I'm wondering if anyone else in the audience has any experience with this, thoughts from others?

AKJ: @Jody that is such an awesome success for you all in Wyoming!

EB: Babson has a train-the-trainer model for a program more specific to alcohol education, but we have been able to weave in value based discussions, consent and positive group bonding. I think it could be expanded/adjusted to work for many health topics, violence prevention included.

GH: absolutely awesome!!!!!!

WU2: Margaret, my colleague, Rebecca Milliman at rebamill@uw.edu has worked with multi-gender programs that I've supported with at Garfield High. Wrestling is a coed sport and what they've found is providing opportunity to do gender specific engagement and then combined gender education is helpful for these dynamics. With one girl on a team, that would be tough, but I think it is interesting to see how young women can identify the harms of traditional masculinity from a perspective where those harmful, toxic norms lead to abusive and entitled behavior that result in gender based violence.

MS: Thanks, Ward!

WU2: The State High School Athletic Associations are great for gaining access to coaches. Challenge can be assessing readiness to engage and commitment

TV: Here is that Huffington Post article again: https://www.huffingtonpost.com/entry/coach-of-culture-inspires-championship-change-in_us_5a021b8ae4b0230facb840e1

WU2: Adding on to my last comment...I experienced a large number of coaches who were "interested" but it resulted in a lot of chasing and exploring interest because of the large numbers who expressed interest but were really doing it as a response to peer pressure in the coaches' seminars where we presented.

AJ: Coach V doing amazing work

TV: Text Chat Question: What are some successes you have seen in prevention in athletics?

MT: Our relationship violence prevention campaign Stand Up Colorado created a series of ads with current/former players for the Denver Broncos, Colorado Rockies, Nuggets, Avalanche, Rapids and Mammoth.

MT: Our partner Project PAVE also partners with the Broncos on their True Man program, which teaches healthy masculinity and relationship behaviors to middle school football teams.

AKJ: @Michael that's really cool! Thanks for sharing.

AKJ: Other successes?

HB: We were given coach in-service time to host a coach clinic, post clinic we now have 5 coaches at the table from both men and women's teams who want to help develop the department's prevention program at Napa Valley College and utilize the college editions of CBIM and a sister program Athletes Leading Change.

SMP: Our main prevention program is a partnership with Penn State athletes- we train the athletes to facilitate the multi-session prevention program at middle schools in town.

TV: View Alan's video

here: <https://www.youtube.com/watch?v=OQklOhB1phc&feature=youtu.be>

VP: have a look at our camp www.odaap.org

AKJ: @Bailie hey!!!! I owe you an email -- I know!

HB: @Ashleigh No worries!

AJ: Coach V how do outside agencies get involved? More so, how do I?

VP: odaapinc@gmail.com please email me glad to chat about it

VP: you would love camp!

AJ: Thank you and I will definitely be sending out an email. That is what I needed, very inspiring.

MS: Is there a different training to do with college athletes? Also, is there a clinic for training college athletes to do the lessons with middle/high school teams?

WU2: We recently recruited a producer from our local ESPN radio station onto our board. His station has adopted CBIM as their charity of the month and doing promotional on air throughout the year. Even before airing this has led to partnership opportunities with the Seahawks and Mariners which will likely lead to opportunities for incentives and rewards for coaches who do sustained CBIM/AAL .

WU2: CBIM has been tested with college athletes as effective. MVP Strategies is another great opportunity for collegiate athletes as well.

AJ: Great Job! Alan

AH: AJ - you rock! I'll be in touch!

AJ: Looking forward to it and taking a trip to Philadelphia!

TV: Text Chat Question: What are some other ways you can get buy-in by coaches and administrators for DV/Sexual Violence prevention?

KS: to add to successes, the NY Giants have partnered with my organization, My Sister's Place to implement a program such as CBIM and AAL in Westchester County Schools!

KS: We are working to implement a new program based on our agency guiding principles

EB: Our coaches and administrators are motivated by data; disclosure numbers, investigations, etc. Very high level to ensure confidentiality for our survivors, but showing that our community is not in a bubble when it comes to this issue has been helpful.

VR: @Tori, I am a T9 Coordinator.

RC: Honestly, I don't know. One of Ohio's BIG campuses want us to come in and do one and done which is not effective. We've talked with them about investing in evidence-based practices. Still they counter with one hour of training.

VR: @Tori to get the coaches trained I had the President, VPSS and Athletic on board to make the training mandatory

VR: @Tori "and Athletic Director**"

EB: We currently have a grant for our alcohol education, which was a high priority for athletics. Our hope is to sustain it beyond the grant and expand it to provide holistic wellness training for the athletes, and due to the success of the grant and partnership, we feel positive about our transition into violence prevention work with athletics

KS: What methods did you use Alan, to evaluate for end of training and follow up how the program impacted coach-athlete/team conversations?

MT: @Rebecca Is the campus you're talking about is in Columbus. If a school is working on repairing their image (like Colorado was 2 years ago), they are ripe to get involved. However, when a school responds the way OSU did then I don't even know how you'd open that door.

HB: Is there anyone online here who is working with coaches and athletes at community colleges? I am very interested in connecting with you! bailieh@napanews.org

TV: Alan Heisterkamp: alan.heisterkamp@uni.edu

KS: Thank you!

AKJ: @Bailie have you connected with Valyncia at Cerritos College yet?

VR: Thanks Ashleigh! @bailieh I'll email you.

HB: @valyncia please do - I once attended Cerritos!

VR: Heather, sorry I butchered your name - multi-tasking...email sent

MT: @Valencia, the way we were able to get all of Denver's pro teams involved was through our Attorney General. If you have access to statewide influencers like that, they might be able to get you in with the teams in Philly.

VR: I've had success with interactive theatre trainings (interACT, etc). What other innovative programs/ organizations have you used to engage and train athletes?

AJ: When we talk about implementing a new curriculum. If someone has ideas, where would be the starting point?

KS: @ashleigh: thank you for bringing the question of LGBTQ+ inclusion up

AKJ: @Kathryn you got it!

MT: Have any of you gone beyond training to engage larger audiences through cross-promotional marketing campaigns with a school or athletic program

WU2: Working on it right now, Michael. We're going to be recording a PSA with coaches and athletes for our local ESPN radio station.

HB: This was AWESOME! Thanks everyone.

TV: Ward Urion: wardku@lifewire.org

TV: Valencia Peterson: odaapinc@gmail.com

TV: Alan Heisterkamp: alan.heisterkamp@uni.edu

SK: great info!!

TV: Brian Pinero. MSSW: bpinero@raliance.org

SK: thank you :)

LH: This webinar was energizing and helpful! Thank you to all the presenters. I cannot wait to share the information I learned with my peers!!

CC: Thank you, that was very interesting!

KC: Thank you!

AJ: Thank you all it was great

YC: Thank you!

VR: this was so great, thanks!

CL2: Thank you!