### Welcome, this web conference will begin soon

### Sport is Part of the Solution

to End Sexual and Domestic Violence







■ WEB CONFERENCE

### SPORT

is Part of the Solution to End Sexual and Domestic Violence

Wednesday, February 13, 2019 12:30рм рт | 3:30рм ет









### Meet the PreventConnect Team



Ashleigh Klein-Jimenez
Program Manager
she/her/hers



David Lee
Director of Prevention
he/him/his



Tori VandeLinde
Training & Technical
Assistance Specialist
she/her/hers







### **PreventConnect.org**

info@PreventConnect.org

PreventConnect.org/email - email group

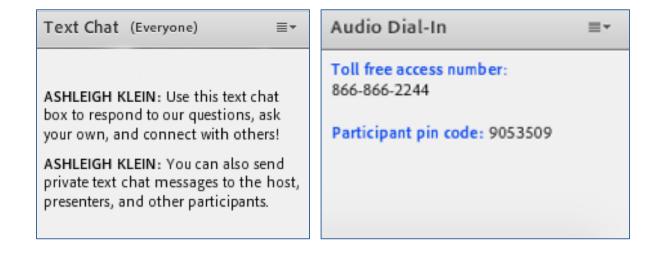
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### How to use Adobe Connect

- Text chat and private chat
  - Please send a private chat message for help.
- PowerPoint Slides
- Polling Questions
- Phone
- Closed Captioning
- Web Conference Guidelines



Contact Adobe Connect support at:

https://helpx.adobe.com/adobe-connect/ connect-support.html





### PreventConnect

- Domestic violence/intimate partner violence
- Sexual violence
- Violence across the lifespan, including child sexual abuse
- Prevent before violence starts
- Connect to other forms of violence and oppression
- Connect to other prevention practitioners

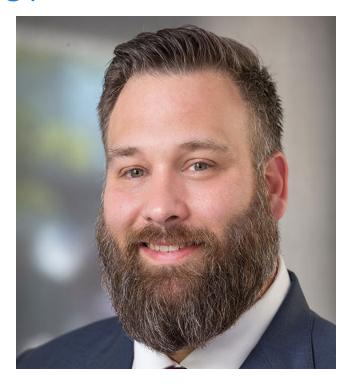


### Objectives

- Identify key elements of how secondary and youth athletic programs can instill personal responsibility and promote respectful behavior in working to prevent sexual violence and relationship abuse.
- Describe the values of partnerships between sexual and domestic violence prevention experts and high school sport programs and coaches.
- Identify challenges and solutions to working with and within athletic programs and administrators on sexual and domestic violence prevention.



### Meet Our Facilitator



Brian Pinero
Project Coordinator
RALIANCE



### RALIANCE

- Advancing research, influencing policy and supporting innovative programs
- Helping leaders establish safe workplaces and strong communities
- Partnering with a wide range of organizations



### **UBER**











01.

04.

05.

# How Sport Can End Sexual and Domestic Violence in One Generation

Sexual and domestic violence (SV/DV) is a pervasive problem throughout the United States  $^{1,\,2}$ . As a central component of American society, sport is an influential system that can contribute to the pervasiveness of SV/DV  $^{3}$  AND can be a powerful part of the solution  $^{4}$  to ending SV/DV.

#### **Be Part of the Solution**

**Explore the Resources** 

Check out the Roadmap

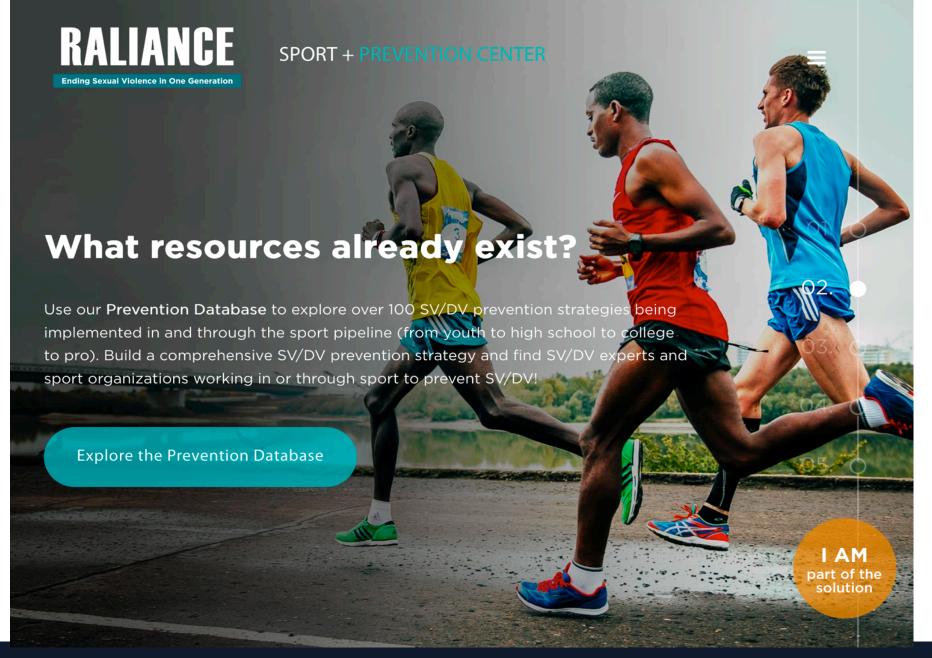
Read the Research

Join the Learning Exchange

Part of the solution

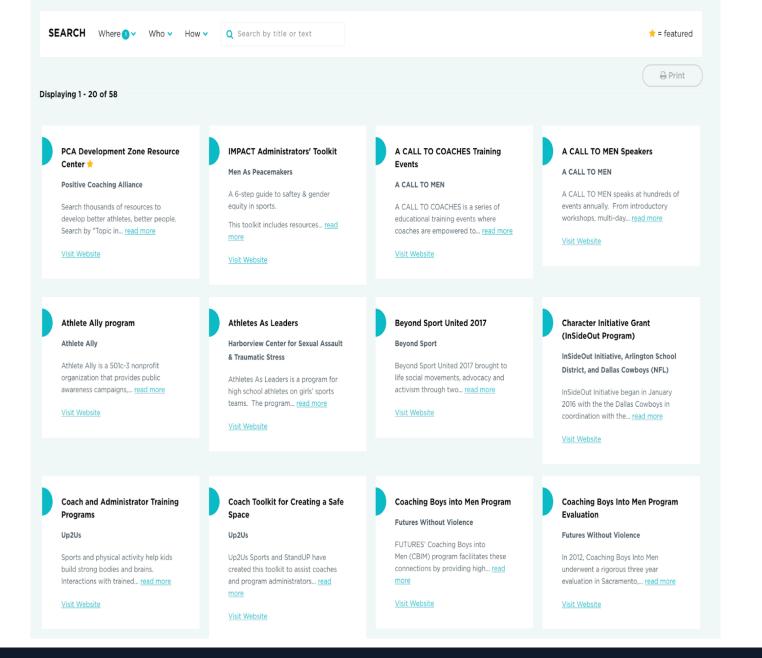
















### Meet Our Guests



Ward Urion LifeWire



Valencia Peterson
Open Door Abuse
Awareness & Prevention



**Alan Heisterkamp**University of Northern lowa





Ward Urion LifeWire











### Our Mission

LifeWire believes that the only way to end domestic violence is by changing individual, institutional and societal beliefs, attitudes and behaviors that perpetuate it.





### Coaching Boys Into Men Works!

In a rigorous randomized control trial, funded by the CDC, CBIM has been proven to positively affect male athletes' bystander behaviors and to reduce abuse perpetration among athletes who receive the program, supporting the effectiveness of an athletics-based approach as one strategy to prevent dating violence among teens.

\* Evaluation conducted by a research team now at the Children's Hospital of Pittsburgh/University of Pittsburgh Medical Center. Special thanks to Dr. Elizabeth Miller, MD, PhD and Maria Catrina Virata, MPH.







### Athletes As Leaders Works!

In a national evaluation using preand post- surveys with 12 teams in 8 states, athletes who completed the program had statistically significant changes in 3 key areas: 1) improved ability to identify abusive behaviors; 2) improved believe in gender equity; 3) increased self-image and confidence.









<sup>\*</sup> Evaluation conducted by a research team at the Children's Hospital of Pittsburgh/University of Pittsburgh Medical Center. Special thanks to Dr. Elizabeth Miller, MD, PhD and Summer Miller-Walfish, MPH.









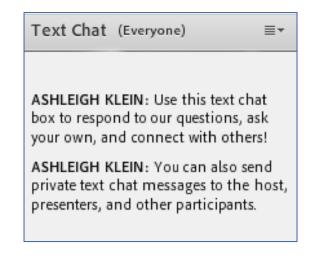




### Text Chat Question

What are some other groups in athletics we should include in the discussion of prevention?

## Use the Text Chat feature to answer the question.





Valencia Peterson
Open Door Abuse Awareness &
Prevention





# 'Coach of Culture' inspires championship change in PA high school

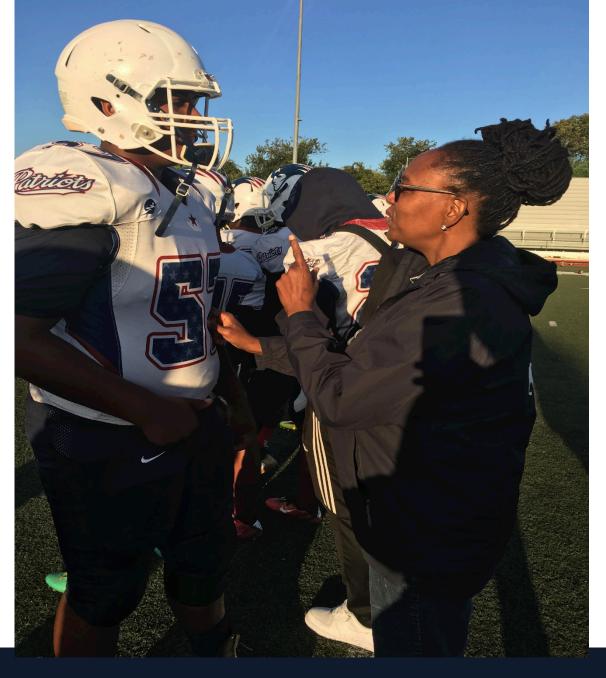
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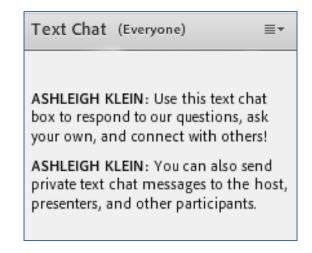




### Text Chat Question

What are some successes you have seen in prevention in athletics?

## Use the Text Chat feature to answer the question.





Alan Heisterkamp University of Northern Iowa





# **UNIVERSITY OF NORTHERN IOWA** CENTER FOR IOLENGE PREVENTION





### Working within athletics' framework in Iowa

Collaborated on CBIM pilot study with Futures Without Violence in 2008 (Iowa. Nebraska, South Dakota football coaches) Established partnership with IHSAA in 2014 Cross-training between IHSAA and the Center for Violence Prevention connecting "leadership" and "prevention." Promote training opportunities via IHSAA's social media reach (all athletic directors and principals in Iowa)







### Getting Buy-in and Support from Coaches and Athletic Directors



Trust and Relationship with leadership at the Iowa High School Athletic Association Connect CBIM program outcomes to goals and values of each schools' extracurricular activities and district goals. Personal concern(s) and hopes for the young men with whom they work. Leverage relationships with high-profile athletic directors and coaches to host trainings (coaches' video sessions).





Coaches' Perspectives on Support for CBIM (Percent indicating Strongly Agree to Somewhat

Agree)

Parents of Athletes	94
Athletic Director	94
Superintendent	87
Teachers at My School	83
Assistant/Associate Coaches	83
Parent Booster Club	81
Community members	79
Board of Education	78
Athletes	71



## What impact do you believe CBIM training will have on your work with student athletes?



Develop awareness
Helps me to understand a
way to begin and carry on
discussions
Fill in some missing pieces to
what I'm already doing
Points of reference for kids
when they encounter
situations





## How do you think the CBIM program will influence your athletes or school?



Improve leadership with their peers

Awareness of consequences and accountability Increase empathy and respect Plant a seed

"I think it changes the mentalities of the coaches to start, and then trickles down to the athletes. It's a subject matter that I didn't think much about until this training was available."

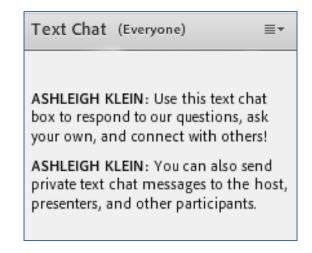




### Text Chat Question

What are some other ways you can get buy-in by coaches and administrations for DV/Sexual Violence prevention?

## Use the Text Chat feature to answer the question.



# How do you evaluate the effectiveness of your programs?



Ward Urion LifeWire



Valencia Peterson
Open Door Abuse
Awareness & Prevention



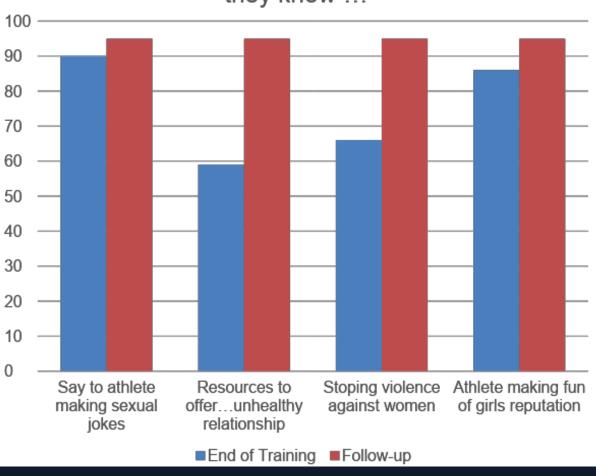
Alan Heisterkamp
University of Northern
Iowa





### Coach-Athlete/Team Conversations

Percent indicating they agree/strongly agree they know ...

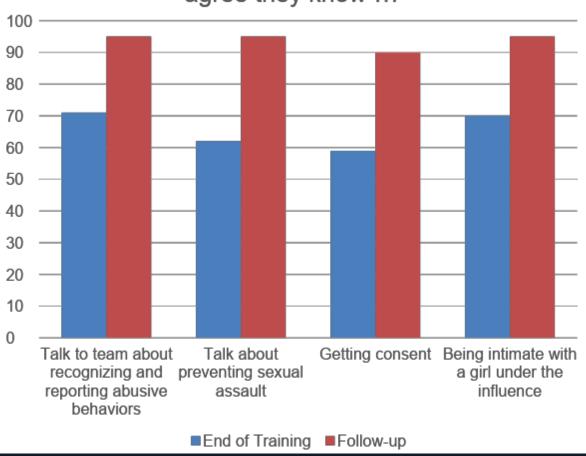






### Coach-Athlete/Team Conversations

Percent indicating they agree/strongly agree they know ...







# What advice would you give a person/program looking to start working with secondary school athletic programs around prevention?



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Valencia Peterson
Open Door Abuse
Awareness & Prevention



**Alan Heisterkamp**University of Northern
lowa





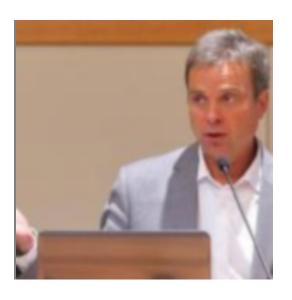
# What are some of the road blocks you overcame along the way?



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Alan Heisterkamp
University of Northern
Iowa

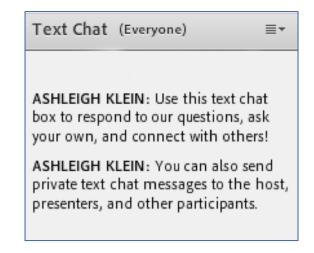




### Text Chat Question

What questions do you have for our guests?

### Use the Text Chat feature to answer the question.



### Contact us

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