

enough secrets.  
enough secrets.  
enough shame.  
enough hurt.  
enough confusion.  
enough denial.

**enough child sexual abuse.**

## **Enough Abuse Campaign Child Sexual Abuse Prevention Resources ~ 2020**

### **PREVENTION TRAINING CURRICULA**

#### In-Person Trainings:

The Enough Abuse Campaign offers educational trainings to parents, youth, professionals, and other concerned adults to prevent adults from victimizing children today and to prevent children from developing abusive behaviors in the future. These training are provided by certified trainers in the organizations, communities, and states that have adopted the Campaign.

The curricula have been independently reviewed by the University of New Hampshire's Crimes Against Children Research Center for their accuracy and reflect the latest knowledge in the field. Over 100 references and citations from peer-reviewed articles and studies, back up the data and facts presented in these "research-based" tools. Evaluations from parents, professionals, and youth who have participated in community trainings using these curricula routinely rate the tools high on a 5-point scale of excellence.

**"Enough Abuse: Strategies for Your Family and Community"** - the Campaign's core training curriculum, this is a well-referenced and attractively depicted presentation used by certified Campaign trainers who may use a longer or shorter version based on level of expertise of participants and length of available training time. The curriculum is divided into three major sections: Part I. Understanding Child Sexual Abuse as a Public Health Problem; Part II. Conditions that Support Child Sexual Abuse; and Part III. Preventing Child Sexual Abuse.

The curriculum is available in English and Spanish. See comments from training participants : <http://www.enoughabuse.org/the-campaign/training-tools/14-the-campaign/the-campaign/33-comments-core-curriculum.html>

**"Enough Abuse: Strategies for Your School"** - Intended specifically to educate school administrators, teachers, school coaches, parents, and other school employees. Elements includes:

- The impact of child sexual abuse on learning and academic achievement
- Defining the nature and scope of child sexual abuse and sexual exploitation
- Preventing sexual abuse and sexual misconduct in schools
- Legal obligations of school personnel to report child sexual abuse
- List of physical and psychological boundary-violating behaviors that schools should consider when reviewing or developing their Code of Conduct.

**“Enough Abuse: Strategies for Private Schools”**- Intended specifically to educate heads of school, trustees, faculty, employees, coaches, and parents of children and youth in private, independent schools and boarding schools. Elements includes:

- The impact of child sexual abuse on learning and academic achievement
- Defining the nature and scope of child sexual abuse and sexual exploitation
- The unique challenges of preventing sexual abuse and sexual misconduct in private schools; and in boarding schools which serve in the role of “in loco parentis”
- Legal obligations of school personnel to report child sexual abuse
- List of physical and psychological boundary-violating behaviors that private schools and boarding schools should consider when reviewing or developing their Code of Conduct.

**“Enough Abuse: Strategies for Youth Organizations”** – designed to train staff and volunteers in a broad range of organizations serving children and youth. Elements include:

- The nature and scope of child sexual abuse and exploitation;
- Preventing sexual abuse and misconduct in youth-serving organizations;
- Specific physical and psychological boundary-violating behaviors that youth organizations should consider when reviewing or developing their Code of Conduct;
- Handling disclosures and reporting child sexual abuse

The curriculum is available in English and Spanish.

**“It’s Not Just Jenna”** – a 30-minute video co-produced by MassKids and Alvid Productions (updated in 2020) to educate middle and high school youth, their parents, and other youth-serving professionals. The accompanying 30-slide “Learning and Discussion Guide” promotes and facilitates post-viewing discussion about the lessons Jenna’s story teaches us about child sexual abuse and how to prevent it. The learning goals of this video and discussion are to educate participants about:

- Behavior signs to be aware of in adults that might indicate they pose a risk to children and teens;
- Ways sexual abusers “groom” or establish trust with potential victims and their families;
- Behavior signs to look for in children or teens that may indicate they are being or have been sexually abused;
- Reasons that make it difficult for victims or child sexual abuse to tell;
- How to respond if we see behavior signs in an adult that indicate they might pose a risk to children and teens; and
- How to respond if we see behavior signs in a child or teen that raises concerns they may have been or are being sexually abused.

The training is rated highly by students. See evaluation comments here:

<http://www.enoughabuse.org/the-campaign/training-tools/14-the-campaign/the-campaign/35-comments-its-not-just-jenna.htm>

The curriculum is available in English and Spanish.

**“Understanding & Responding to Sexual Behaviors of Children”** - an interactive training curriculum designed to prevent child-on-child sexual abuse which researchers indicate may represent 50% or more of substantiated cases reported to authorities. It is intended for parents, early education and care professionals, and others who have direct contact with children and/or their families. Elements include how to:

- Identify “developmentally expected” sexual behaviors of children and youth;
- Distinguish developmentally expected behaviors from those that might be inappropriate, coercive, abusive, or illegal;
- Respond to all sexual behaviors in ways that promote healthy development of children and that support bystanders who may be affected.
- Identify “yellow light” behaviors of children and teens that require correction and monitoring and “red light” behaviors that require referral or reporting to local child protection agencies.

The curriculum is available in English and Spanish.

#### Online Trainings:

**“Enough! Preventing Child Sexual Abuse in My School”** - a nationally available, evidence-based online learning course developed exclusively to address the specific needs of schools and the challenges they face in preventing child sexual abuse - a problem the U.S. Department of Education reports is affecting as many as 1 in 10 students from Kindergarten to 12<sup>th</sup> Grade.

A study conducted by researchers at Simmons University School of Social Work of teachers in 3 states, confirms at the highest level of statistical significance, gains in: knowledge about child sexual abuse, ability to identify boundary-violating behaviors, and willingness to report suspected or disclosed cases. Over 98% of teachers said they would recommend the course to their colleagues.

In this one-hour, interactive course, public and private school employees from teachers, administrators, counselors and coaches, to office personnel, transportation providers, food service workers, security guards, and custodians will learn about the nature and scope of sexual abuse and how they can take actions to prevent it *from ever occurring*. Parents, school volunteers, and members of Parent Teacher Organizations and local School Committees will also benefit from this course.

The course includes knowledge checks, a short pre- and post-test to measure knowledge gains, and a brief evaluation survey to document self-reported anticipated changes in responding and reporting behaviors. A resource bank is provided with over a dozen downloadable prevention resources that teachers and administrators can use to support post-viewing discussions and policy actions. A certificate of completion is available for download. The course is Closed Caption for those with hearing impairments.

The course is available for free preview for administrators of schools and school districts, state department of education, and schools of education by contacting [info@masskids.org](mailto:info@masskids.org). Learn more at: <https://elearning.enoughabuse.org/>

**“Enough! Preventing Child Sexual Abuse in My Youth Organization”** - “Enough!” is a comprehensive training course developed exclusively to meet the specific needs of youth organizations, and to address the challenges they face in preventing sexual misconduct and abuse. The one-hour, online course with available closed captions provides learners with an engaging and interactive experience, while increasing their knowledge about child sexual abuse, their ability to identify boundary violating behaviors before they can escalate to legally reportable sexual offenses, and their confidence in reporting sexual misconduct and suspected cases of child sexual abuse.

Every year, in youth-serving organizations (YSOs) across the U.S. an estimated 35 million adults come into contact with more than 70 million children and teens. Within these organizations our children learn new skills, build self-esteem, and are challenged to explore worlds that might not be available to them at home. Unfortunately, the same factors that create a nurturing environment for children may also increase a child’s vulnerability by providing “cover” and access to children that sexual abusers seek. Without a comprehensive strategy to prevent sexual abuse, those who work in youth-serving organizations and programs are not sufficiently equipped to protect our children from this risk or the organization from financial and legal liabilities. A key prevention strategy is to educate all staff and volunteers about child sexual abuse and how it can be prevented.

The course, which includes pre and post tests, is available for free preview by youth organization directors. Email [info@masskids.org](mailto:info@masskids.org) for more information or click here to learn more:

<https://elearning.enoughabuse.org/yso>

#### **OTHER PREVENTION EDUCATION RESOURCES:**

**Sexual Abuse Safe Child Standards** - a 22-page report that identifies six safe-child Standards schools and youth organizations should consider implementing. It includes: action steps to help support implementation of each Standard which include: assessing risk of harm and strengthening identified gaps; educating staff, volunteers, children, and their parents about child sexual abuse and its prevention; developing codes of conduct detailing specific adult boundary violating behaviors; screening of prospective employees and volunteers; assessing and modifying physical spaces to reduce opportunities for sexual abuse; and reporting and responding appropriately to suspected abuse. The report is downloadable and available in hard copy. <http://bit.ly/1Rihfoc>

**Boundary Violating Behaviors Series** - a set of three separate resources on Boundary Violating Behaviors for 1.) youth-serving organizations, 2.) public schools, and 3.) private day schools and boarding school. These 3-page hand outs are intended for staff, students, and parents to help them identify and stop inappropriate behaviors of adults that, if left unchecked, could escalate to sexual misconduct and/or legally reportable sexual offenses. Schools and youth-serving organizations engaged in training and consultation services from MassKids are provided with these resources as they assess, revise or develop their Codes of Conduct.

**Staff Self-Assessment Resources** – four self-administered assessment tools that help adults identify thoughts and behaviors that might pose a potential threat to the children they serve and to their own role as a teacher, school employee, coach, or youth organization staff. The resources are made available to schools and YSOs engaged in training and consultation services from MassKids.

“Are You Crossing the Line with a Student? A Self-Assessment for Public School Staff “

“Are You Crossing the Line with a Student? A Self-Assessment for Private School Staff”

“Are You Crossing the Line with a Youth? A Self-Assessment for YSO Staff”

“Are You Crossing the Line with a Student Athlete? A Self-Assessment for Coaches”

**Assessment Tool for Youth-Serving Organizations** - a tool designed to guide small to mid-sized youth organizations and schools as they explore and consider various questions and strategies needed to create a safer space for children and adolescents. The goal is to increase organizational strengths while decreasing the risks inherent within any organization that serves children and teens. The 10-page Assessment includes 68 questions in 6 categories that members of the organization's leadership team fill out individually or as a guided group process. This tool is available to organizations engaged in training and consultation services provided by MassKids and its Enough Abuse Campaign.

**Engaging Foundations and Funders in Preventing Child Sexual Abuse** - Two ways foundations can become leaders in raising the safe child standards of the youth-serving organizations they support are 1.) to embed expectations about the responsibility of youth organizations to improve their child sexual abuse prevention policies and practices as part of the foundation's grant application process, and 2.) to provide foundation program officers with tools to assist them in their review of youth-serving grantees.

To support foundations and funders in prevention work, we have developed the **Children and Youth Sexual Abuse Prevention Form for Foundations** so they may assess a grant applicant's current policies and practices as they relate to child safety from sexual misconduct or abuse. Available upon request.

**Straight Talk: A Prevention Guide for Parents** – a resource that gives parents the information and skills they need to strengthen safety within their families, and to reduce the risks of sexual abuse in their communities. The tool is intended to support parents who have not spoken to their children about body boundaries because they feel they don't know enough, don't know what to say, or how to approach the subject. Armed with this booklet, parents can gain knowledge, skills and confidence to help protect their child from sexual abuse and its devastating consequences.

This downloadable Guide is free for individuals. Hard copies can be purchased in bulk and can be localized with state or county prevention, reporting and treatment resources. A Spanish version is available with national resources. <http://bit.ly/1NWezjl>

**Straight Talk: A Prevention Guide for Parents of Children with Disabilities** –This version of the Straight Talk prevention guide gives parents and caregivers of children with disabilities specific knowledge and skills to keep their children safe. The 28-page guide can be downloaded online for free. It is also available for bulk purchase and can be localized with specific state or county resources. <http://bit.ly/2xKUeHE>

**GateKeepers for Kids Resource Bank** – a free subscription service on the Enough Abuse website that provides a rich source of information for school and youth organization leaders about policies on sexual abuse prevention, key reports on the issue, latest research, videos, and specific tools that can be adopted/adapted to improve responses to sexual abuse. Over 75 annotated resources are currently included in the Resource Bank and more are added as they are identified and reviewed. <http://bit.ly/1JQjPgM>

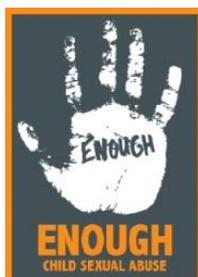
**A Practical Guide to Making Your Organization Safer** - a 12-page primer for small to mid-size organizations includes 6 companion "Fact Sheets" on organizational assessment, training, screening, reporting, etc. Developed for MassKids by consultant Joan Tabachnick, the primer and fact sheets are downloadable. <http://bit.ly/2wgbhDD>

**10 Conversations** - a free, educational email series developed to provide individuals with key information about child sexual abuse and ways to prevent it. It also serves as a post- training resource and refresher for individuals who have participated in free in-person trainings delivered by the Enough Abuse Campaign's certified trainers. Each conversation includes a specific prevention action that subscribers are encouraged to take. Data is collected at the end of each subscriber's course to assess their experience, knowledge gains, and prevention actions taken. Subscribers receive bi-weekly emails over five months on the following topics:

1. What is Child Sexual Abuse? Defining the Problem
2. Who are the Abusers?
3. Behavior Signs of Abusers: Grooming Tactics Used by Sexual Abusers
4. Behavior and Physical Signs that Might Indicate Sexual Abuse
5. Sexual Behaviors of Children: What's Typical? What's Problematic?
6. Responding to Sexual Behaviors of Children: Skills you can learn to respond appropriately
7. Talk to Your Children: Start Early and Communicate Often
8. The Impact of Child Sexual Abuse on Children: Tactics Abusers Use So Children Won't Tell
9. Internet Safety: Keeping Your Children Safe Online
10. The Public's Opinion on Child Sexual Abuse: Prevention is Possible

**Student Safety Poster** – This 18"x 24" size poster was developed to encourage students who feel unsafe to tell a trusted adult, e.g. parent, teacher, school resource officer, school nurse, or call the Massachusetts Child-at-Risk line (24/7) for help.

The poster is endorsed by the Massachusetts Association of School Superintendents and the Massachusetts School Nurses Organization. For details on adopting, localizing, and printing for your state, contact [info@masskids.org](mailto:info@masskids.org)



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