#### Welcome, this web conference will begin soon

## STORYTELLING FOR NORMS CHANGE & COMMUNITY ENGAGEMENT TO PREVENT SEXUAL AND INTIMATE PARTNER VIOLENCE





#### Meet the PreventConnect Team



Ashleigh Klein-Jimenez Director of Prevention she/her/hers



Tori VandeLinde Project Coordinator she/her/hers





PreventConnect.org info@PreventConnect.org PreventConnect.org/email - emoil group Learn.PreventConnect.org - eLeorning

Follow Us twitter.com/PreventConnect facebook.com/PreventConnect

### How to use Zoom

- Text chat
- PowerPoint Slides
- Polling Questions
- Phone
- Closed Captioning
- Web Conference Guidelines





#### How this landscape is impacting us





#### PreventConnect

- Domestic violence/intimate partner violence
- Sexual violence
- Violence across the lifespan, including child sexual abuse
- Prevent before violence starts
- Connect to other forms of violence and oppression
- Connect to other prevention practitioners



## STORYTELLING FOR NORMS CHANGE & COMMUNITY ENGAGEMENT TO PREVENT SEXUAL AND INTIMATE PARTNER VIOLENCE



PreventConnect is a national project of the California Coalition Against Sexual Assault sponsored by the U.S. Centers for Disease Control and Prevention. The views and information provided in this web conference do not necessarily represent the official views of the U.S. government, CDC or CALCASA.



### Objectives

- Describe how storytelling can be instrumental in promoting positive social norms and engaging the community to prevent sexual and domestic violence.
- Identify strategies to engage communities in candid, constructive dialogue and stories that promote social norms change to prevent violence
- Identify potential hurdles and ethical considerations while using these tools in communities and strategies to overcome them



#### Stories and Culture Change



#### CREATING STORIES FOR GENDER JUSTICE

A Narrative and Culture Change Strategy to Prevent Sexual and Domestic Violence

http://www.preventconnect.org/2020/06/creating-stories-forgender-justice-a-narrative-and-culture-change-strategy-to-preventsexual-and-domestic-violence/

#### MESSAGING THE CONNECTIONS

Explaining the links between strengthening economic supports and preventing sexual and intimate partner violence

National Resource Center on Domestic Violence

http://www.preventconnect.org/2020/07/messaging-the-connections-explaining-thelinks-between-strengthening-economic-supports-and-preventing-sexual-and-intimatepartner-violence/



#### Meet Our Guest



Meghna Bhat, PhD Project Manager, California Coalition Against Sexual Assault she/her/hers



"Stories move in circles. They don't move in straight lines. So it helps if you listen in circles. There are stories inside stories and stories between stories, and finding your way through them is as easy and as hard as finding your way home. And part of the finding is getting lost. And when you're lost, you start to look around and listen."

—Corey Fischer, Albert Greenberg, and Naomi Newman A Travelling Jewish Theatre from Coming from a Great Distance Excerpted from Writing for Your Life by Deena Metzger

<u>Digital Storytelling Cookbook</u> (StoryCenter, 2010)



## What is "Storytelling"

- True & personal narratives
- Lived experiences
- First-Person





## My Story















## Who am I? Activity: BREAKOUT ROOMS



## Storytelling Icebreaker Prep

- Make sure you're in a quiet space, free of distractions
- Have a notebook and pen nearby
- Sharing is optional but encouraged
- Be present and deeply listen
- Positive affirmations are welcome
- What is shared here stays within the breakout rooms
- The breakout room sessions are <u>not</u> recorded



## Respond to this Prompt:

Write a statement about yourself using these starting prompts:

- lam...\_\_\_\_,
- I come from... \_\_\_\_\_ and
- I come as a....

(e.g: place, or sight, sound, or smell/ aroma, family, community, ethnicity, race, gender, identity, role etc.)

• Total Breakout Room Activity [10 minutes]



How could you use this storytelling activity in your work to prevent violence? Text Chat Question  $\sim$ 

Chat

#### From Me to Everyone:

Use this text chat box to respond to our questions, ask your own, and connect with others!

To: Everyone 🔻

Type message here...

## Intergenerational Trauma



## Intergenerational Trauma

- "when trauma is not resolved"
- "when trauma is subsequently internalized"
- "when passed on from one generation to another"
- present trauma <u>versus</u> intergenerational trauma



## Intergenerational Cycles of Violence

- May look different for everyone
- Complexities and Nuances
- Shame and stigma
- Cultural values and perceptions
- Forgiveness & Reconciliation:
  - may not apply to many families/survivors





#### Mapping Our Roles in a Social Change Ecosystem (2020)



O

O

#### Deepa lyer, Solidarityls and Building Movement Project



## Stories of Home Dear Aayee...

## a digital film <u>https://www.youtube.com/watch?v=NRIgE5R2DE4</u>









## Personal Storytelling & Social Change





## What is your intention with storytelling?





## Benefits of Sharing Stories





Increases Empathy Community Building Skill-building tools Increase in Representation



Physical & Mental Health Improves well-being Sensitize to social problems



Finding your own voice Reaffirming your values Take action for change Influence public policy







## Digital Storytelling



# **Digital Storytelling**



**Digital Storytelling:** "A short, first-person video-narrative created by combining recorded voice, still and moving images, and music or other sounds."





## Storytelling GUIDE & RESOURCE SHEET:

## Our Checklist:

- Prepare and Find your Story
- Write a Story
- Finalize a story script
- Identify Materials or Platform
- Create a Storyboard [if digital]
- Edit and Finalize Video [if digital]
- Send to trusted folks for review [optional]
- Decide if and how you wish to share [optional]









# I guess I don't hate blueberries

# a digital film

<u>https://www.youtube.com/watch?</u> <u>v=1Mj4sQTyMWw&list=PL2zMrq22-Y2t-</u> <u>vKELM2K5jdxzwej54cmF&index=6</u>









How does storytelling humanize prevention and make sexual and intimate partner violence relatable and personally identifiable? Text Chat Question ۶

Chat

#### From Me to Everyone:

Use this text chat box to respond to our questions, ask your own, and connect with others!

To: Everyone 🔻

Type message here...

# Engaging & Supporting Our Communities


# Comprehensive Prevention Approach



NSVRC, Primary Prevention Primer





Darker = what is typically seen, noticed, taken seriously

Lighter = what is typically unseen, hidden, not taken as seriously

> prevent connect

# Community Engagement:







# What's the purpose of using storytelling?







COMMUNITY DIALOGUE BREAKING SILENCE MOVEMENT-BUILDING COMMUNITY- BUILDING INTERGENERATIONAL AWARENESS COMMUNITY VISION



# What Narratives Do You Want to Shift?









Freely Given Reversible Informed Enthusiastic Specific

Planned Parenthood'





# Who is your priority audience?







#PreventionWorks

"Prevention is more than just handing out flyers and doing a series of 1 hour presentations. It's finding new, innovative ways to engage our community to have a conversation on issues we are having, then empowering them to 'be the change'."

-Rubi Gutierrez Prevention Educator YWCA-Silicon Valley



OUR ELDERS PARENTS & FAMILIES MALE-IDENTIFIED TRUSTED ADULTS

#### YOUTH TEENS

#### PREVENTION EDUCATORS ADVOCATES

### CULTURALLY RESPONSIVE AGENCIES



# Adapting Storytelling Activities



# Breaking down story writing:



- Tailor these questions to your potential storytellers & their needs and capacity
- Use positive or neutral-triggering prompts like:
  - ✓ What was growing up as a child in your city/community like?
  - ✓ What is your first memory of attending school?
  - ✓ What was your first experience of leaving home like?
  - Do you remember a time when you were told by someone you inspired them or your action/ gesture made their day?
  - If you had to write a short letter to your younger self describing their strengths or awesomeness...

\*\*Li, Cun et al. 'Facilitating Intergenerational Storytelling for Older Adults in the Nursing Home: A Case Study'. 1 Jan. 2020 : 153 – 177.



# Storytelling may look like:

# Trauma informed, accessible & affordable creative alternatives:

- Art work, Zines, Photo storyboard, Scrapbook, Audio voice overs, Oral history projects etc.
- Picture Story Prompt: why this photo?
   Remember what were you feeling?



### Culturally-relevant and language accessible:

 Using a language they feel most comfortable writing/ talking in?



# Storytelling may also look like...





It HAppened WHEN i WAS 22

Artist: Chanel Miller





@cutecatalls

How will you facilitate, introduce, and/or support storytelling in your communities to shift social norms to prevent violence?

**Text Chat Question** 

 $\sim$ 

Chat

#### From Me to Everyone:

Use this text chat box to respond to our questions, ask your own, and connect with others!

To: Everyone 🔻

Type message here...

# Ethical Considerations & Overcoming Challenges



### Potential Hurdles



Trigger warnings Virtual disclosures Mandated reporting Limited emotional support



Community readiness may change Storytellers' mind/ consent may change Storytellers' frustration with technology



Funding



Staffing & Resources



# Trauma-informed, Confidentiality & Consent











# Storytelling with Youth

- Inadvertent disclosure of abuse
- Know who is the mandated reporter
- Inform storytellers about:
  - who is required to report
  - limitations of mandated reporting
- Discuss the power & impact of stories
- Consequences of digital footprints
- Respect storytellers' choices

reas mar that occi nam inac awa	ation of personal narrative art (art that tells a personal story) by both minors and Its could trigger a mandatory report of child abuse or neglect if it rises to the level of conable suspicion of abuse or neglect. Personal narrative art that could trigger a idatory report would have to include enough information about the abuse and harm a "reasonable person" in the mandatory reporter's position would think that abuse is urring or occurred. Although a powerful therapeutic and healing tool, personal ative art, whether written, spoken, visual, or multimedia, can also result in an lvertent disclosure of abuse. Youth engaged in this form of art creation should be re of the possibility of disclosure and how that could impact them. Consider the pwing when using personal narratives in art creation or in education programs.
0	Know who is a mandated reporter for child abuse and neglect and make sure that participants know who is required to report abuse. Participants should know the limits to confidentiality before they begin developing and sharing personal narrative art.
	Have a discussion about the power of personal narratives and the impact that these narratives can have. Include a discussion about how sharing your story inspires others to disclose and share their story. This can be a lot to handle sometimes.
•	Have a discussion about the consequences of creating personal narratives, including the digital footprint of creating art in these various formats and the long term nature of creating most forms of art.
•	Instruct/describe various methods of creating art and narratives that may or may not engage in personal storytelling.
	Inform participants of how development of personal narratives art can trigger a mandatory







### Important Considerations:

- Storyteller's readiness and consent
- Assessing community readiness
- Trauma informed spaces
- Ethical practices and intentions
- Accessibility and Capacity
- Sustaining Community Engagement
- The bigger picture? Why storytelling?





### **RESOURCES**:

- StoryCenter: <u>www.storycenter.org</u>
- Web Conference: <u>Storytelling Basics for Community Building</u> (CALCASA/ The Partnership)
- Web Conference: <u>Creating Stories for Gender Justice</u>...
   (PreventConnect/ CALCASA)
- Our Collective Future Story Circle Guide (ID Coalition Against Sexual and Domestic Violence)
- Story At Scale: <u>https://www.storyatscale.org/</u>
- Write It Out: Using Words and Art to Strengthen and Heal Family Bonds [Vermont Network]
- Storytelling Webinar Series [NSVRC/ StoryCenter]
- Storytelling Guide [Practice-Space]





<u>PreventConnect.org</u>
<u>info@PreventConnect.org</u>
<u>PreventConnect.org/email</u> - email group
<u>Learn.PreventConnect.org</u> - eLearning

Follow Us <u>twitter.com/PreventConnect</u> <u>facebook.com/PreventConnect</u>