

Welcome, this web conference will begin soon

# **HOLISTIC APPROACHES TO YOUTH WELLBEING:** SUPPORTING MENTAL HEALTH AS A STRATEGY FOR SEXUAL AND INTIMATE PARTNER VIOLENCE PREVENTION

Wednesday, January 12, 2022  
11 AM PST / 2 PM EST



**prevent  
connect**  
A ValorUS PROJECT



**PREVENTION  
INSTITUTE**

# Meet the PreventConnect Team



**Ashleigh Klein-Jimenez**  
Director of Prevention  
she/her/hers



**Tori Vandelinde**  
Project Manager  
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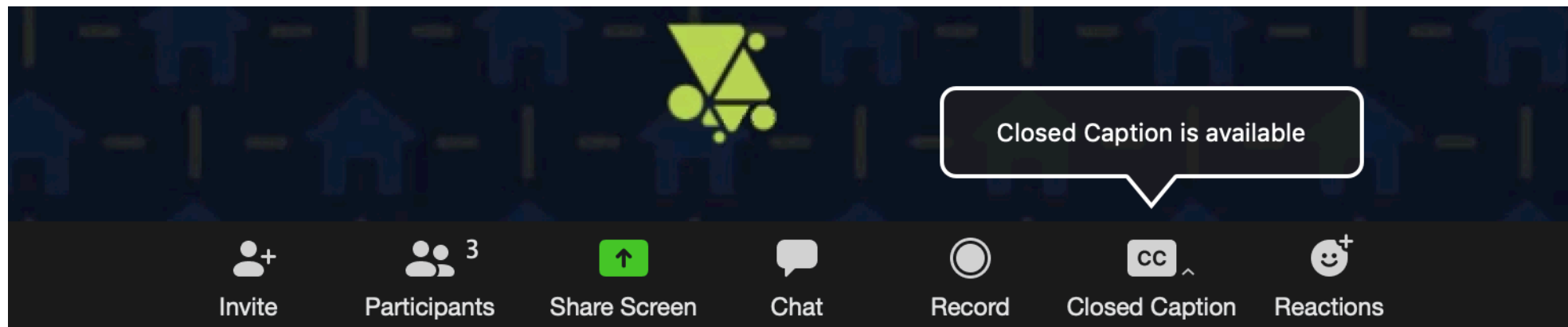
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## How to use Zoom

- ▶ Text chat
- ▶ PowerPoint Slides
- ▶ Polling Questions
- ▶ Phone
- ▶ Closed Captioning
- ▶ Web Conference Guidelines



# PreventConnect

- ▶ Domestic violence/intimate partner violence
- ▶ Sexual violence
- ▶ Violence across the lifespan, including child sexual abuse
- ▶ Prevent before violence starts
- ▶ Connect to other forms of violence and oppression
- ▶ Connect to other prevention practitioners

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PreventConnect is a national project of ValorUS sponsored by the U.S. Centers for Disease Control and Prevention. The views and information provided in this web conference do not necessarily represent the official views of the U.S. government, CDC or ValorUS.



# Meet the Prevention Institute Team



**Wil Crary**

Associate Program Manager  
he/him/his



**Lisa Fujie Parks**

Associate Program Director  
she/her/hers



**Zachary Tarro**

Program Coordinator  
he/him/his

# Objectives

- ▶ Describe the connection between youth mental wellbeing and preventing sexual and dating violence, especially within the context of distressed school and social environments exacerbated by COVID-19.
- ▶ Identify strategies that authentically engage young people that integrate violence prevention into a holistic approach for mental wellbeing.
- ▶ Discuss best practices and opportunities to partner with young leaders in a way that honors their vision of how their environment can foster mental health and safety from violence.



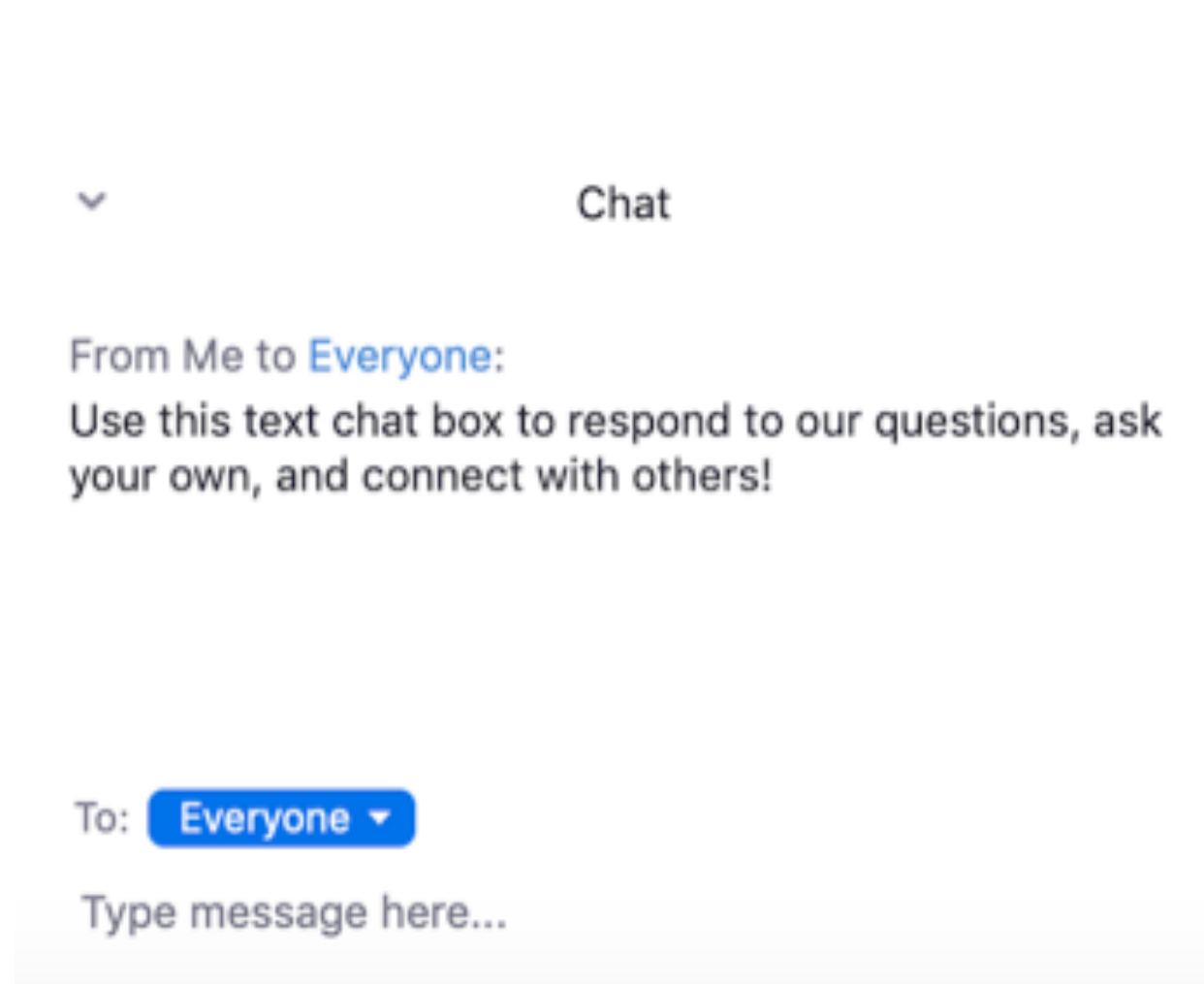
# Grounding exercise



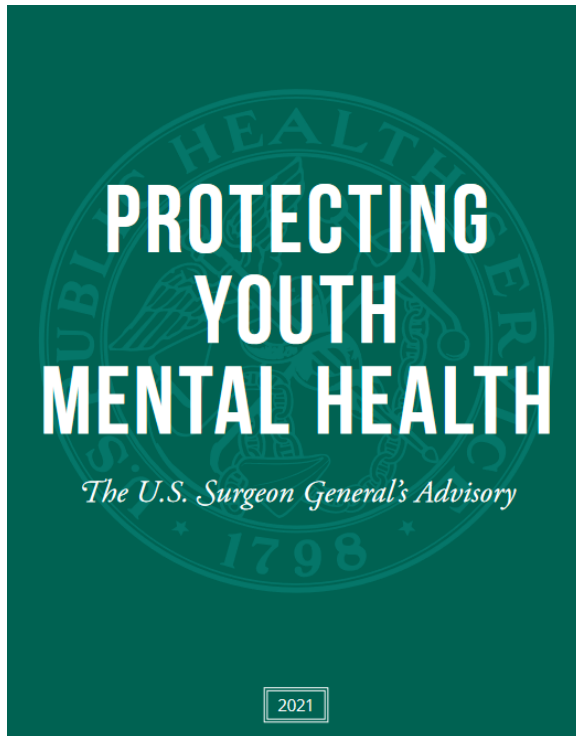
## Text Chat Question

What are you noticing in your community and/or school environments related to these topics?

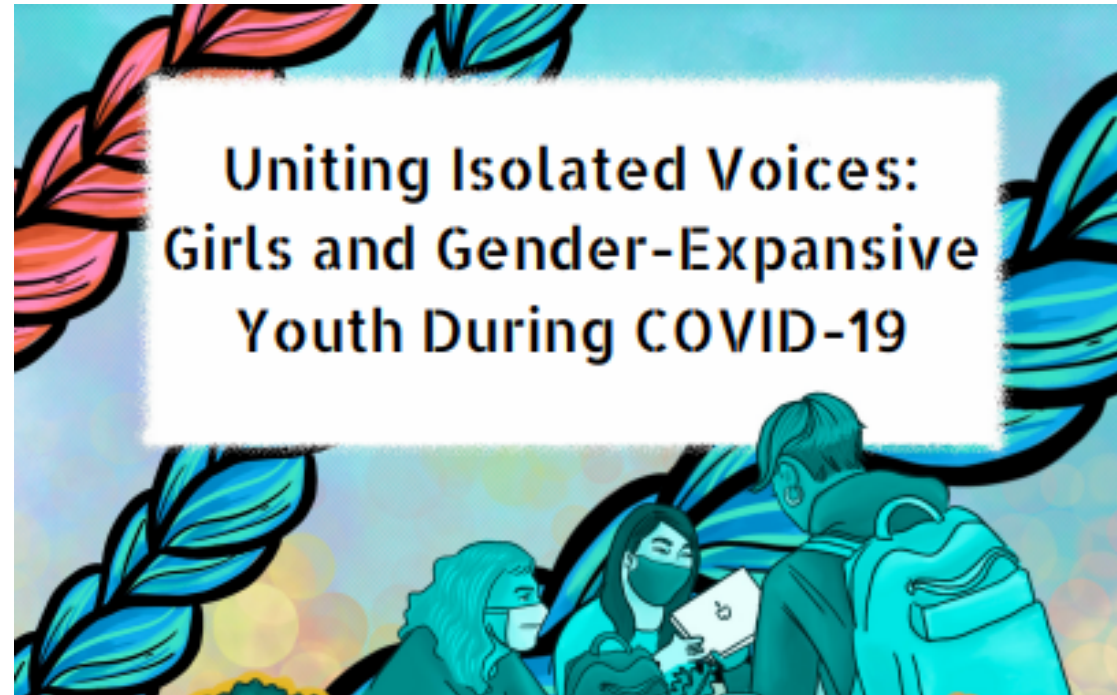
What questions or concerns are on your mind as we get started?



# Framing today's topic: *US Surgeon General and Alliance for Girls*

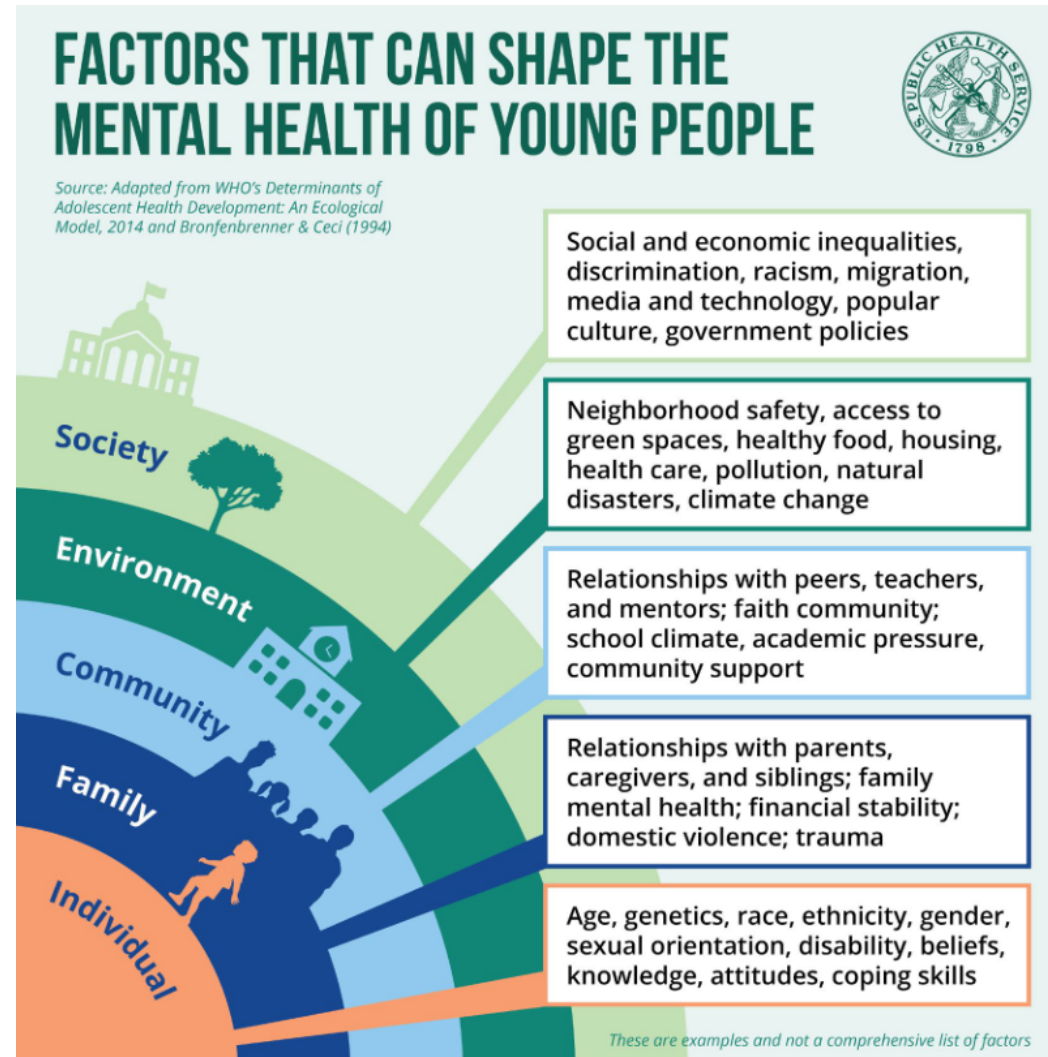
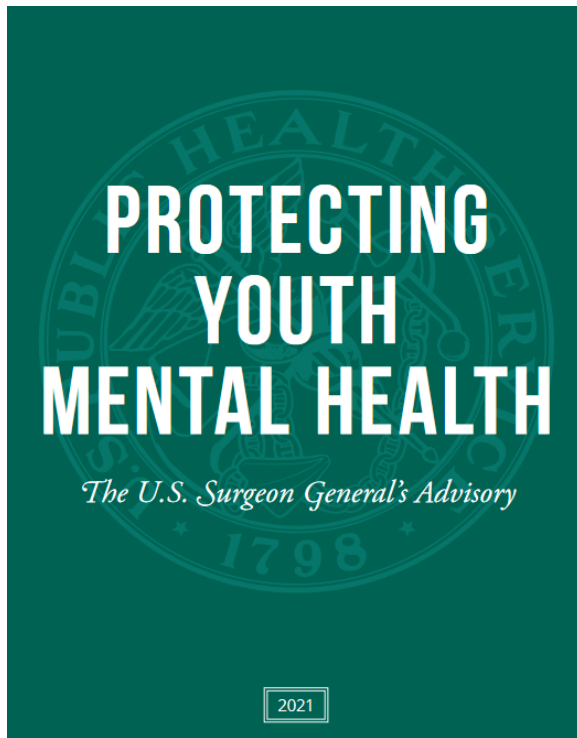


"Ensuring healthy children and families will take an all-of-society effort, including policy, institutional, and individual changes in how we view and prioritize mental health."



"This report demonstrate[s] the need for coordinated, systemic response to girls' needs throughout the pandemic"

# Protecting Youth Mental Health: *U.S. Surgeon General Advisory*



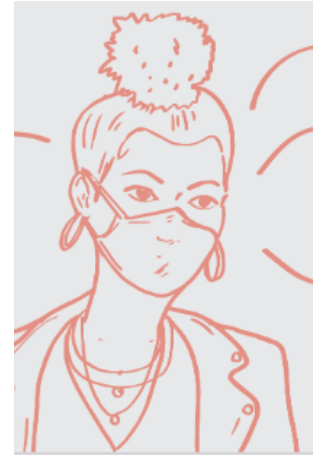
# Uniting Isolated Voices: Girls and Gender Expansive Youth during COVID-19



## KEY TAKEAWAYS

# Uniting Isolated Voices: Girls and Gender Expansive Youth during COVID-19

1. Redefine Schools As Ecosystems for Girls' Wellness
2. Leverage Policy and Advocacy Organizations as True Allies
3. Provide Dedicated Funding to Uplifting Girls



CALLS TO ACTION

## Text Chat Question

How do  
these  
frameworks  
resonate with  
your current  
work?



Chat

From Me to **Everyone**:

Use this text chat box to respond to our questions, ask your own, and connect with others!

To: **Everyone** ▼

Type message here...

# Meet the Speakers



**Fardosa Osman**

Youth Coordinator, United  
Women of East Africa  
*She/her/hers*



**Mohamed "Kobe" Musse**

Youth Coordinator, United  
Women of East Africa  
*He/him/his*



**Marcia Perez**

Mental & Behavioral Health  
Systems Strategist,  
Multnomah Education  
Service District  
*she/her/hers*



**Denise Wright**

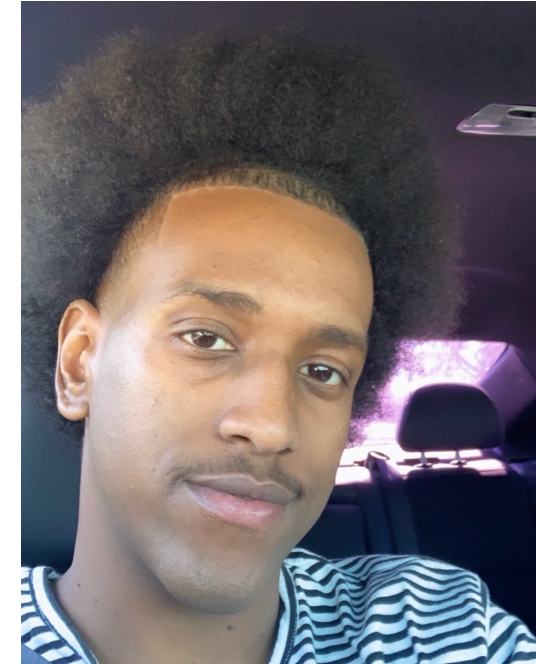
Director of Student  
Services, Centennial  
School District  
*she/her/hers*



# United Women of East Africa Support Team



**Fardosa Osman**  
Youth Coordinator, United  
Women of East Africa  
*She/her/hers*



**Mohamed "Kobe" Musse**  
Youth Coordinator, United  
Women of East Africa  
*He/him/his*





## Text Chat Question

What resonates for you about what Fardosa and Kobe have shared about strategies supporting wellbeing for young people?



Chat

From Me to **Everyone**:

Use this text chat box to respond to our questions, ask your own, and connect with others!

To: **Everyone** ▼

Type message here...

# Multnomah Education Service District & Centennial School District



**Marcia Perez**  
Mental & Behavioral Health Systems  
Strategist, Multnomah Education  
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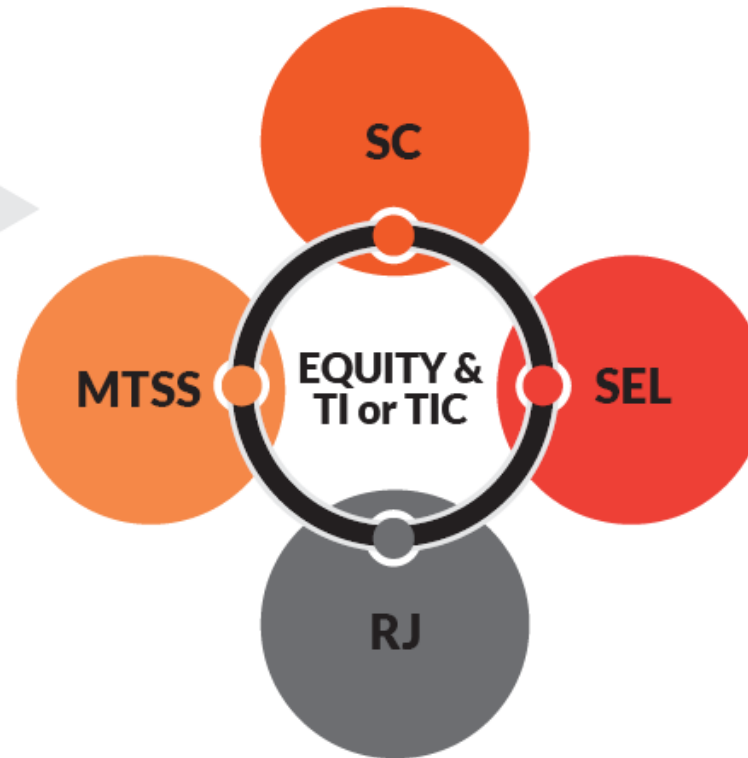
**Denise Wright**  
Director of Student Services,  
Centennial School District  
*she/her/hers*

# Safe & Connected Schools

All these strategies need to be **Equity Centered** and **Trauma Informed**.

## STRATEGIES

- **MTSS** - Multi-Tiered Systems of Support
- **TI** - Trauma-Informed
- **RJ** - Restorative Justice
- **SEL** - Social Emotional Learning
- **SC** - School Climate & Culture



## SAFE & CONNECTED SCHOOLS GUIDING PRINCIPLES

Connection through authentic relationship

Physical and psychological safety

Transparency and accountability

Equity, inclusion, and justice

The co-creation of transformative responses to systemic and individual harm, ensuring that power is shared with those most impacted



Photographs courtesy of Centennial School District Facebook Page

## Text Chat Question

What resonates for you about what Denise and Marcia have shared about strategies supporting wellbeing for young people?



Chat

From Me to **Everyone**:

Use this text chat box to respond to our questions, ask your own, and connect with others!

To: **Everyone** ▼

Type message here...



# Panel Discussion



**Fardosa Osman**

Youth Coordinator, United  
Women of East Africa  
*She/her/hers*



**Mohamed "Kobe" Musse**

Youth Coordinator, United  
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**Marcia Perez**

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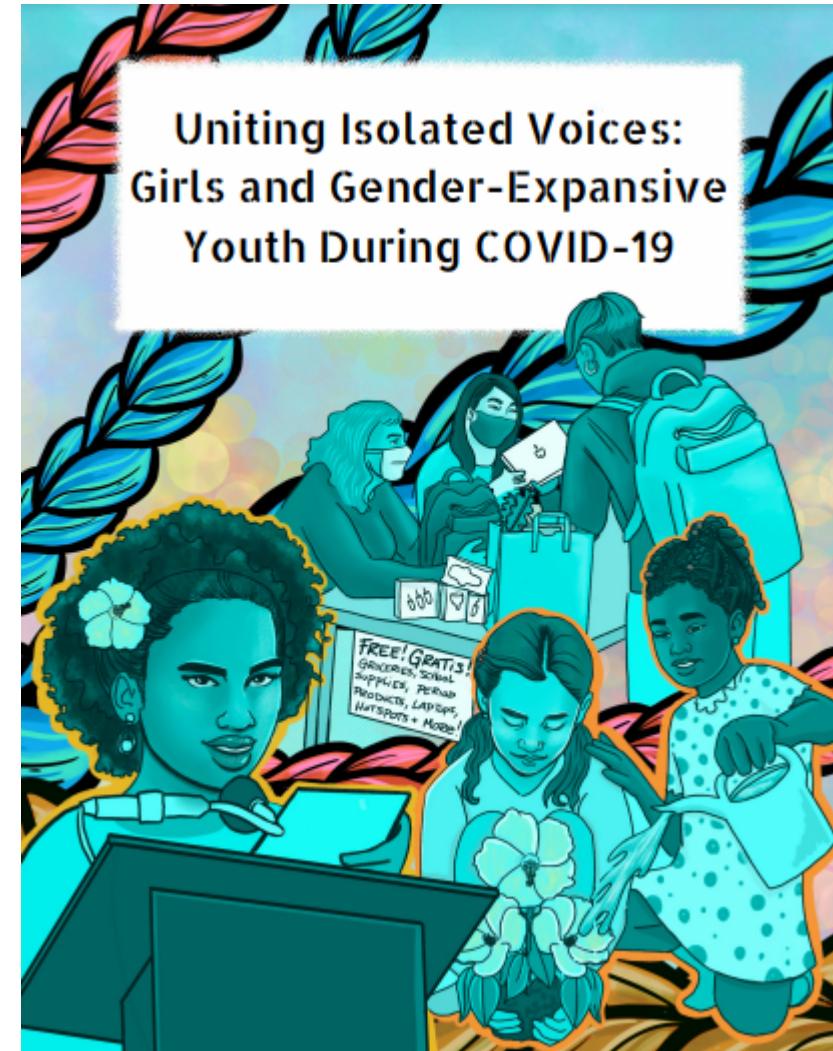


**Denise Wright**

Director of Student  
Services, Centennial  
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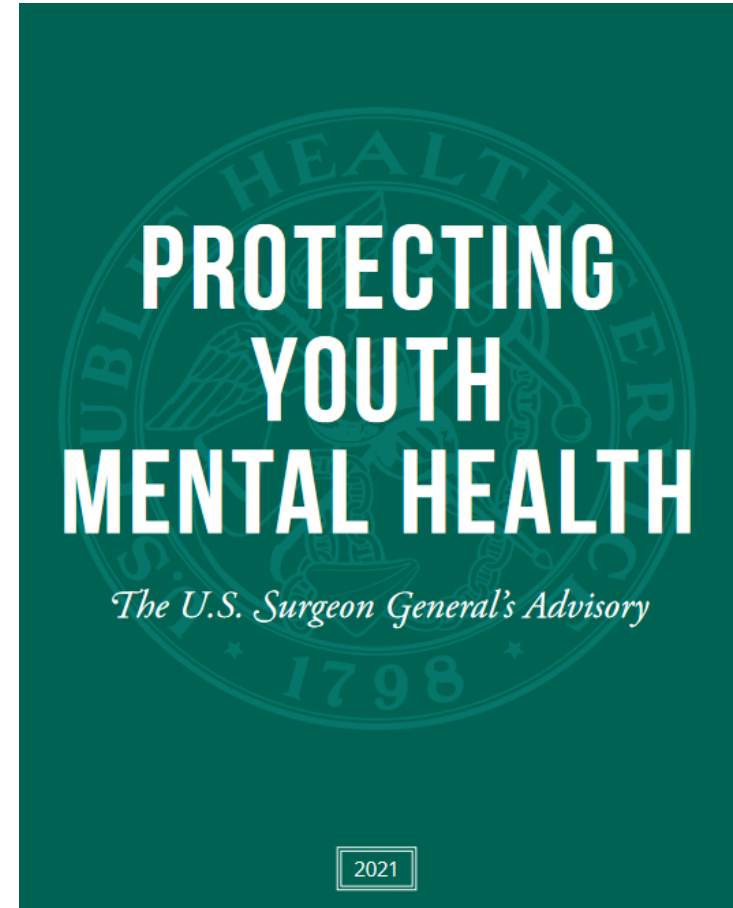
## Tools & Resources

- ▶ [Uniting Isolated Voices: Girls & Gender-Expansive Youth During COVID-19- Alliance for Girls](#)



## Tools & Resources

- ▶ [Protecting Youth Mental Health- The U.S. Surgeon General's Advisory](#)



## Tools & Resources

- ▶ [Safe & Connected Schools-](#) Multnomah Education Service District





## **Fardosa Osman**

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