

"Greening & Growing" Strategies to Create Protective Environments and Prevent Sexual & Domestic Violence January 17, 2024 PACIFIC (PST/PDT) | 11:00 AM - 12:30 PM

AKJ: Sexual Violence Prevention Resource for Action:: chrome-extension: <u>https://www.cdc.gov/violenceprevention/pdf/SV-Prevention-Resource_508.pdf</u>

AKJ: Intimate Partner Violence Resource for Action: <u>https://www.cdc.gov/violenceprevention/pdf/IPV-Prevention-Resource_508.pdf</u>

AKJ: What Good is a Land Acknowledgement - Dr. Cutcha Risling Baldy: <u>https://www.youtube.com/watch?v=-WgxfugOtAY</u>

AKJ: Learn more: New York Times film, Long Line of Ladies: <u>https://www.nytimes.com/2022/11/15/learning/film-club-long-line-of-ladies.html</u>

AKJ: Sogorea Te' Land Trust: <u>https://sogoreate-landtrust.org/public-education/</u>

AKJ: Michigan Coalition to End Domestic and Sexual Violence: <u>https://mcedsv.org/</u>

AKJ: Learn more about how CDC's DELTA recipients have been creating safe spaces in communities: <u>https://preventipv.org/innovation/DELTAFOCUS/creating-safe-spaces-communities</u>

AKJ: DELTA AHEAD Program: <u>https://www.cdc.gov/violenceprevention/intimatepartnerviolence/delta/ahead/i</u> <u>ndex.html</u>

CD: Big issues for Rural areas: contractors and land "development"

CD: Removing topsoil, compacted soil, BRADFORD PEAR TREES.

CD: clearing out native pollinators.

SKB: Josef, Amanda, or others, do you have any peer-reviewed studies that show the correlations between green spaces and SV prevention in rural areas?

K: focus on native plants, fungi, and critters.

CJ: Replying to "Josef, Amanda, or ot..." that's a good question, I'm curious as well.

JS: Replying to "Josef, Amanda, or ot..." Thank you for this question! We will make sure to uplift this question verbally.

LP: Replying to "Josef, Amanda, or ot..." We will ask this question soon.

ST: Replying to "focus on native pl..." Yes, also composting.

JE: Replying to "Josef, Amanda, or ot..." If you would like to contact our team directly (prevention@mcedsv.org) we would love to send what we have.

JE: Replying to "Josef, Amanda, or ot..." that prevention email will go to me, Amanda, and Josef.

SKB: Replying to "Josef, Amanda, or ot..." Thank you, will do.

EN: Replying to "Removing topsoil, co..." ok but on the note of Bradford pears - I learned that the trees bred for cities to "beautify" with are primarily male because they didn't want fruit, so that preference for fruitless trees (male) makes allergies worse, etc. The Bradford Pear Tree Crisis – The Megaphone (southwestern.edu) (I read something else but found this in a quick Google search, haha) JK: Replying to "focus on native plan..." this! part of gentrification is the sterilization of what green space there is. leaf litter and dormant plants during winter provide a space for bees and native insects to stay warm through the winter, but much of that is removed for the sake of 'neatness'.

AKJ: Replying to "Removing topsoil, co..." @emily Nicholls (she/her) Yes! They are worse for allergies. I learned this when I moved to Sacramento and had sinus infection after sinus infection. I call it toxic tree masculinity ha-ha

EN: Replying to "Removing topsoil, co..." That is the PERFECT description for this.

JL: Replying to "Removing topsoil, co..." toxic masculinity tree neatly covers many layers haha.

CJ: Replying to "focus on native plan..." That's why my neighbors dislike me because I leave that stuff for the bugs and animals. I'm trying to get fireflies back to my property because the previous owners used a lot of chemicals, we've been chemical-free for years. I'm just trying to get my husband to let things go a little longer before he has to make everything look "neat".

EN: Replying to "focus on native plan..." 🏶 let it go 🏶 for the critters.

MA: I'm curious if you have data on the communities in which you have helped with these green spaces.

KA: These strategies also work to reduce things like physical assault, gun violence, (as I think Amanda said earlier - multiple forms of violence) - from a limited resources perspective they're super cost-effective and there are a lot of potential partners.

JS: Replying to "I'm curious if you h..." We will ask! Thanks, Melodi 🙂

DL: I appreciate the focus on greening to create physical environments to create a sense of belonging. I did some on situational prevention to look at physical environments on college campuses to create space that builds relationships toward preventing sexual violence - it was not "greening". but captures the same spirit. You can read more at https://www.valor.us/publications/enhancing-campus-sexual-assault-prevention-efforts-through-situational-interventions/

JE: Replying to "I'm curious if you h..." Melodi, I am the evaluator on this project; if you want to contact us directly we can chat up prevention@mcedsv.org

MA: Replying to "I'm curious if you h..." Thank you

AKJ: There is a cool farm in an urban community in my area that works "at the intersection of ecological land stewardship, sustainable food and agriculture, racial equity and justice, education and community building, and workforce development." They are called Yisrael Family Farm and the program is called the Urban Roots Initiative: <u>https://yisraelfamilyfarmshop.net/pages/urban-roots-initiative</u>

JS: For specific questions about MCEDSV's greening work, email prevention@mcedsv.org

LP: Replying to "I appreciate ..." Yes! Great took on all kinds of work that interface with physical/built/natural environments! So grateful for this resource.

LP: Replying to "There is a really co..." Thank you for sharing! Sounds amazing. I look forward to learning more. :)

JE: And by "winter" we mean half the year!

JM: How diverse is Dearborn?

CL: Replying to "And by "winter" we m..." What's "winter"? I don't think we're familiar with that in Los Angeles. :)

EL: My mom is from Dearborn, and I grew up in the Detroit area--love this project!

JL: Replying to "And by "winter" we m..."^ It's me complaining about going out in 50degree weather hahaha

PA: Replying to "And by "winter" we m..." 3/4 of the year up here in Alpena 😂

JE: Replying to "How diverse is Dearb...Dearborn has the largest Arab American population in the U.S., and is the predominant demographic in the area.

AKJ: Hope Shores Alliance: https://hopeshores.org/

JM: Replying to "How diverse is Dearb..." Thanks!

JE: Replying to "How diverse is Dearb..." otherwise predominantly White NS,

TH: Hi! Some good info/sidebar chatting going on but hard to focus on the presentation and chats.

JS: Replying to "Hi! Some good info/ ..."We will save the text chat to send out after the web conference if that helps! And Lisa and I will uplift the major themes coming up throughout.

JE: Likewise, by "cold"..... it's 20 BELOW zero wind chill today

AJ: safety

CD: a shared life

RB: Connection

AJ: support

TI: belonging

CZ: Where I live, work, and play!

LK: Belonging

SB: How do you define community?

EN: togetherness

SS: Home, safe, comfort

MS: People coming together

AT: belonging and safety

SM: belonging

CS: Closeness

MM: Connection

AJ: belonging

JS: TEXT CHAT QUESTION: What does community mean to you?

AH: Acceptance

MA: a great connection

SK: Smiles

SE: A safe place to be myself

PS: Safety

CM: family

JB: belonging

LS: belonging and connected

EM: Unity

LW: connectedness and mutual-support

AL: support

DW: family

CB: The place and people where you live and grow

CL: shared fate and investment in a common goal/space

GR: safety

Dr.TT: belongingness

DH: Mayberry

OP: The community feels safe, empowering, and impactful.

SK: Sharing

CT: safe space

AJ: service to others

EN: support

ZC: Joy and Friendship

TR: a group of people supporting each other.

JH: it means that I'm appreciated.

AD: connection

JK: a group of people supporting, uplifting, and EMPOWERING one another

SB: Family

RB: All voices are heard and equal.

EP: collective purpose

SHN: Trust

AD: care for the people around you, even if they're strangers.

GR: love

SK: Peace

TR: Safety, consistency, people who love, emotional support.

TI: friends

JL: safety, accountability, sharing, acceptance.

JM: Safety, family,

PS: being accepted; safe; resources.

JB: community to feel accepted and belong.

TH: Community is safe, loving.

PZ: Like-mindedness-Shared Vision.

ST: Communing together with others. A beautiful union.

MM: trust

AR: being around others, interdependence, support.

IC: mutual support

CN: Foundation

HJ: Acceptance

CY: connections, mutual aid, and support.

AM: Connection

TL: belonging/connection/support systems.

dg: fun

KY: Sharing

PA: Joy

SO: Shared goals with equitable word loads.

JF: safety, a place where I can trust others.

ZC: Reciprocity

RC: shared general location.

PZ: Shared Vision

SM: stability

AD: similar values

SF: Needing other people / being needed by others.

JW: Culture and heritage.

EL: safe place

KW: shared experiences

AP: A shared space full of support, kindness, and resources.

TH: jointing in the connecting with others. Belonging.

LW: Kindness, security, belonging.

PZ: Identity

PSIVS NA: common good.

CM: oneness

KW: the sense of peace I feel knowing I have a great community supporting me.

JD: Shared communal language with an intent to create a positive holistic vision for future generations.

CAFB: Shared relationships with the weather, flora, and fauna.

AP: This chat was just so beautiful!

SB: How do you define belonging?

K: you don't have to explain or justify yourself when you belong.

MS: Acceptance

LS: heard, respected, and supported.

JL: authenticity

AT: reciprocity

JS: TEXT CHAT QUESTION: What does belonging mean to you?

SF: feeling known

PS: I can be vulnerable

KW: peace

CY: space where I am both affirmed and accountable.

AM: Acceptance

HJ: unconditional acceptance.

DW: acceptance no matter what.

DH: being at peace.

JB: sense of peace.

GR: mutual support and love.

LC: lack of judgment.

IC: support and safe space

QT: authenticity

TH: a warm feeling of being connected

TD: acceptance

SHN: Love

PZ: Representation

SM: authentically wanted in a place/space

AT: validation, encouraged, challenged, trusted

JF: you can be you without fear

SK: Hug

CS: knowing those around me, having a routine with others

RB: It's just a feeling in my chest of ease and comfort

JB: love and acceptance

ED: can be vulnerable and bear witness

TR: Consistency and emotional safety

LA: valued

AD: It is a sense of comfort for yourself while around others

TL: feeling of acceptance

SS: support and understanding

SB: Nonjudgmental

AGM: sense of belonging

CL: I am

CD: rooted

BF: Acceptance and connection.

TR: being able to be myself without judgment or fear.

LH: Heard

JD: loved

AR: when people in a group remember details about me with admiration!

JB: self of being normal

TL: Non-judgmental.

NM: Unable to see the difference as a deficit.

AL: not having to explain everything because there is some baseline understanding.

AP: a feeling of freedom that says you are safe to be you

AT: JOY HUMOR FREEDOM

SM: investment in what happens in the community.

JH: I have a purpose there and I know how to contribute and accept help.

TH: acceptance and being able to be around others without being afraid.

MG: Being around others who care about me.

CAFB: Raw, unfiltered communication among a group concerning individual differences.

AKJ: Contact the prevention team at MCEDSV: preventionstaff@mcedsv.org

HJ: Also, can you explain the difference between this and a community garden?

Dr.TT: I would love to see that follow-up impact evaluation work. congratulations everyone!!!

AKJ: It sounds like a key feature of your greening and growing work was being intentional about how to create a sense of belonging and community.

PSIVS NA: Here's a good resource for greening and gender-based violence. <u>https://rb.gy/juevo</u>

DL: Here is a link the MCEDSV DELTA toolkit on greening <u>https://mcedsv.org/wp-content/uploads/2023/03/DELTA-Toolkit-ONLINE-USE.pdf</u>

JS: If anyone is having trouble keeping up with the text chat, we will send out a transcript following the web conference. :)

CL: Gracias!

Dr.TT: all the best!! happy new year everyone!!!

PSIVS NA: Thx

LP: Thank you!

AM: Thank you!

SF: thank you

TD: Thank you! Great information.

JM: Thank you!

LS: Replying to "If anyone is having ..." Thank you :)

AKJ: Greenhouse17: <u>https://greenhouse17.org/</u>

CY: so great! thank you, Josef and Amanda!

LP: Amazing work and so many gems of insights and wisdom!!!

ST: That is amazing!! Everything is right there :)

Dr.TT: Wonderful!!!

EN: a horse farm! how freaking cool

LS: That's my dream! having a therapeutic horse farm <3

EN: love that y'all centered survivor needs down to the "where do our community members feel safe & see familiarity?"

ST: Many don't know, but horse manure is great for growing produce and for the health of soil.

Dr.TT: Darlene is my new best friend!!!

EN: Replying to "Darlene is my new be..." we're all planning our next field trip, ha-ha

AKJ: Replying to "Many don't know, but..." Yes! Pig and duck manure too!

LP: Replying to "Darlene is my new be..." Darlene is amazing!!!

QT: that was so beautifully put, Darlene.

LS: Replying to "Darlene is my new be..." I want to go on the field trip ha-ha

EN: "What feeds your culture" 🛽

JS: Yes Darlene! Wow, what a great analogy.

dg: Houston!

EN: yay Austin!

ST: Replying to "Many don't know, b..."Yes indeed Ashleigh!! We have chickens and they are great for that as well. Rabbit manure is another great resource. It's healthier than the stuff they sell in stores!

ds: Tyler!

MD: El Paso, TX!

JS: Paying survivors to stay at the shelter - what an incredible intersection of economic justice and greening. Truly focusing on protective environments.

DK: I need to go to another meeting. Thank you for your important work!

JS: Replying to "I need to go to anot..." Thanks for being here, Deb! We will send out a recording of the entire web conference later this week.

Dr.TT: So incredibly cool.... Congratulations Darlene... Blessings to all you continue to do!!! Go Greenhouse 17!!!

LW: I'm so impressed by all of this - just wow!

JM: Wow!

CT: That's Amazing!

OG: I am excited to share this with our rural members who are looking for other outlets for prevention!

OG: this is great!

MA: Way to go Darlene! It's a great endeavor with tremendous effort. Well done.

TH: Nice to have a safe space to be and come to heal.

CJ: that's an awesome idea! I'd love to see our shelters do this.

PW: getting your hands in the dirt can be so healing - bravo Greenhouse 17.

EN: be proud to live here 🔞 😭 so beautiful!

JM: Wonderful new name and a great reflection of the numerous communities you serve!

HJ: beautiful.

ST: The bok choy in that picture looks wonderful!

MS: This is beautiful!

MG: CSA - Community-Supported Agriculture 😌

HJ: "Survivors add value to the community" - thank you for this.

JS: "Survivors add value to our community." I love that.

ST: I grow rosemary, coneflowers, and calendulas just for my salves, balms, and soaps. LOVE THIS DARLENE!!

AKJ: Replying to "I grow rosemary, con..." Sayama I think we should be friends! I do the same and use milk from my goats to make the soap!

EN: how mindful of *all* survivors <3

EN: Shop Handmade By Survivors - GreenHouse17 - in case anyone else is now replacing all of their items with Greenhouse 17 products, ha-ha

JS: As a reminder, please put any questions you have for Darlene in the chat for us to lift up.

ST: Replying to "I grow rosemary, c..." Yes indeed Ashleigh! I grow other flowers for teas, bath soaks, salads, etc... I even used my fig leaves for tea after the season was over. It is so AMAZING!!

AKJ: Cannot wait to see a Prevention Farmer job announcement in the future!

AKJ: Replying to "I grow rosemary, con..." That all sounds so incredible! I love that!

JS: Replying to "Cannot wait to see a..." Ashleigh you would be perfect for that ha-ha

Dr.TT: Darlene is Courageous and she is my new best friend!!! #PreventionIsBeautiful

MS: Wow! Good job! keep bringing new beginnings to DV survivors.

JM: Love, love, love!!!!

JB: Great job!

AM: And the impact on their children!

JL: I'm curious how safety/security is upheld since the location is not confidential.

JM: This is reminding me of what I am truly passionate about and what brings me joy!!!!

JS: Replying to "I'm curious how safe..." Thank you, Joy! We will uplift this question.

LW: Replying to "This is reminding me..." me too!

ST: Darlene, have you considered growing luffa gourds? They can be used to clean around the house and for the skin. I have hundreds of seeds from my harvest last year that I can send to you if you desire to start it.

JL: Replying to "Darlene, have you co..."They're also so yummy!

LW: So glad you incorporated farm animals and pets as well. Watching both plants and animals change and grow is such a healing force. I've already got ideas for our rural county.

RB: Food!

EM: By listening

PZ: Listening and remembering

QT: presence

CL: time

SB: How do we show love to others?

AB: Food

TH: Great job! hug them. Spend time with them

SHN: Active listening

TD: quality time

JB: listening

TD: Listening, being present, quality time, food

PS: cook food for them, sit with them even in silence, hold each other.

AD: Listening without judgement!

EA: helping them - acts of service - making food

JM: I show and say I am not sure what you may need and how I can help, however, I am here.

ZC: Being there.

JM: Food & Quality Time.

TH: I share love by listening, and giving hugs.

DW: I'm there for them...time... presence...a hug if they ask for it.

Dr.TT: Ask THEM how they want to be LOVED.

MV: lending an ear.... gifting flowers and candles.

ST: Replying to "Darlene, have you ..." Yes, in its early stage, they are good!

JK: I always tell my friends that if I send them things that make me think of them, that's how I show love. I'm bad at talking, but I'm very good at sending a song or a meme that makes me think of someone and how that has a positive effect. also food! I love cooking for friends.

KS: Replying to "ask THEM how they wa..." love this.

TH: it can happen to anyone.

TH: It's nice to have a safe place out there. Thank you for what you do!!

QT: thank you, Darlene!

DW: this is wonderful

AB: Thank you so much!!!

CD: I am so inspired!!!

ZC: SO INSPIRING!

AKJ: COMING!!!

ME: amazing Darlene, thank you so much

TD: Thank you, Darlene!! Great information

Dr.TT: Thank you Darlene!!! Be well and blessings to you and your family this New Year!!!

CG: Thank you!

AP: incredible!

TW: I'm in WV, not too far away!

LW: I was just in Lexington last week - I wish I had known then!

EN: OMG! PETITION TO MOVE NSAC TO CENTRAL KY!

K: Very amazing person/work - thank for what you are doing and for sharing!

JB: Thank you Darlene

JB: Thank you, amazing work

LS: I'm doing a trip to Lexington soon :-)

SHN: Amazing work! So inspiring.

AM: Incredible work!

RL: In Kentucky. Glad to know about your work!

AK: Thank you very much! Great educational info!

LS: thank you so much <3

AA: Thank you!

GB: Thank you!

AP: This was a wonderful webinar, with absolutely fantastic speakers!

OG: Thank you all so much! Cannot wait to spread the love!

ds: Incredible work and great information, thank you!

KB: such a beautiful webinar. thank you

PSIVS NA: Thank you.

BA: thank you so much!

TH: Thank you

KB: Thank you! 💙

AD: Thank you!

JK: thank you!

MS: please send it to my email. <u>msantacruz@willowrising.org</u>

AV: thank you!

LW: Thank you - this was incredible!

ds: The speakers were awesome!

AM: Thank you!

RL: Thank you!!! 💙

Dr.TT: <u>ttriplett@policingequity.org</u>

JB: Thank you!!

NM: Thank you all! Incredible work

MS: Thank you so much!

AL: thank you

SO: Thank you.

RC: Thank you

AGM: Thank you. I feel inspired.

CJ: I'm going to suggest this for the shelters

SO: Will the recording be shared?